



Cognitive Area- Attention

24th -29th May 2021

Dear Parents,
Namaskar!

With the second unusual 'Summer Break' for our 'little learners', in the absence of physical 'Goodbye - till we meet again' saga between them & us, we need to be in connect with them to keep the positivity & facilitation 'going'.

"To remain in touch...without touch" is the emergent need of this extraordinary hour for everybody including our little learners. Isolation and the vacuum of not connecting seems to be a bigger fear than the Virus itself. 'Virtual Continuous Connect' has indeed emerged as a very important survival tool.

Here is a very touching message that got spotted on the social media, which is of high relevance in the education and growth of children in these times: -

"A parent narrated his experience that he missed 4 years of school during the Bosnia War. He reached Australia at the age of 13 with no knowledge of English and schooling since the age of 8. At the age of 33, he has a University degree and a good career. The parent commented that the children at these times need to feel safe and secure. They will be fine as the teachers, parents and those associated with children are doing their best. The children will not miss out anything."

With such optimistic attitude, we have the pleasure in bringing you light fun filled activities designed to help you connect with children whenever & wherever required.

Attention, Memory, Classification & Sequential Thinking and Problem Solving & Reasoning are the four important cognitive areas of development of little learners. In this Package of activities, we are focusing on 'Attention' – the most basic process of Cognition. Since 'attention' plays vital role in the initial growth as well as in the later years of a person's life, honing 'Attention' skills is of special significance especially in the present turbulent times and otherwise too..

A combination of happy environment and right toys improve the attention area/muscle of a child's brain. Exposure to toys & activities that require grip, play dough, clay, water, puzzles etc. are the active resources that create effective pathways from hands to brain for development of this cognitive skill.

Music is another soothing activity which when played in the background, improves attention span.

Let us encourage children to play freely with effective toys & activities.. in a happy and soothing environment fortified with light music in the background.

MAY

BAL BHARATI PUBLIC SCHOOL ADVENTUROUS SUMMER - PP II

*"On this exciting trip, let's ascend,
Fun filled activities, setting a new trend,
Tie your ropes and set your gears,
The adventure begins here..."*

Activity 1- TAPE GAME



Children are fascinated with tape. An exciting fun game can be created with this versatile tool to keep our little ones engaged.

Material required – Tape.

Make 6 separate lines of tape, each about a foot apart, on your floor. Label the first one as the "start" line and then give your child simple instructions:

- **Long jump:** See how many lines children can jump over.
- **Run 'n' Jump:** Now let them take a running start and see if they can jump even further!
- **Long Jump Backwards:** Let them take the challenge of performing the tasks jumping backwards.
- **Hop:** How far can they jump on one leg?
- **Reach 'n' Stretch:** How far can their leg reach with one foot on the "start" line?

ACTIVITY 2 – SPOT THE DIFFERENCE

An interesting visual perception & attention game. At the first glance, the two images look the same but as children pay attention, they can spot small differences.



SUMMER



ACTIVITY 4: ROLL A TASK YOGA

Here is a dice game for unlimited fun. The child will roll the dice, concentrate on the dots, count them and do the corresponding yoga pose.



ACTIVITY 4: TRIVIA TIME!

Here's the game...

Come one and all...

Guess my name!!!

LITTLE FLOWER

*I am a little flower,
Thin and tall,
Here are my petals,
Here is my stem.
Sun comes up,
Rain comes down.
I grow, grow and grow,
Up from the ground!!*

1. Guess the name of the plant?
2. What is the colour of the flower?



*I am round,
Yellow in colour*

You can pluck me from the plant,

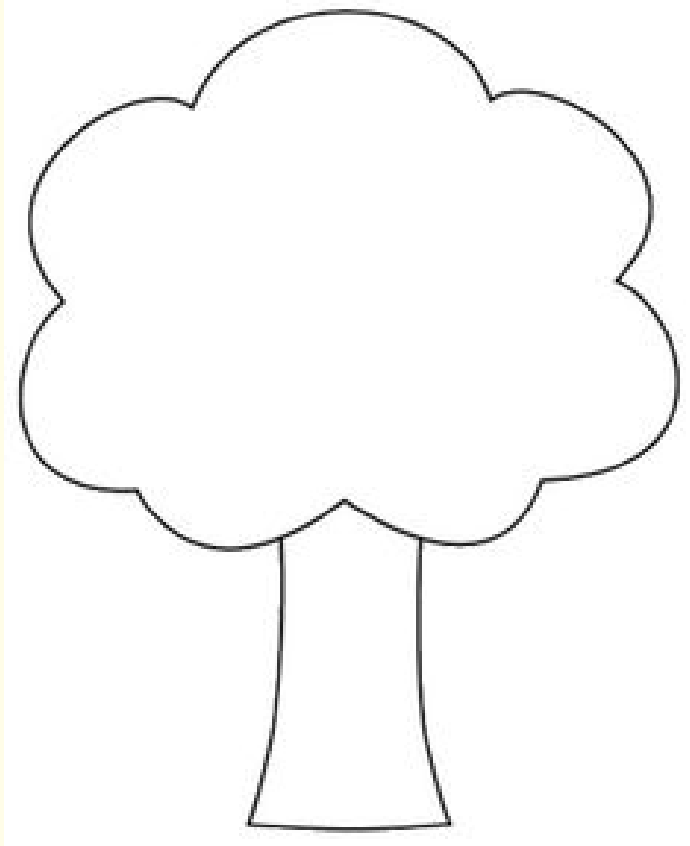
Fresh and juicy,

Full of vitamin C,

Can you guess what am I?

ART AND CRAFT ACTIVITY:

Paper tearing and pasting to be done on a picture of a tree.



VALUE- GREEN HABITS...Help children enact & recite the following rhyme -

Let's come together and save the water

Let's come together and save the trees

Recycle each and every day

Do not throw plastic and polythene on the way

Pool the car and clean the air

Do a little bit of your share.



ACTIVITY 5: -

FLOOR MAZE GAME: <https://youtu.be/yDBncO5KLRw>

An interesting 'KNOWLEDGE WITH BODY MOVEMENTS' game, wherein the child hops and climbs over a set of numbers, alphabets, words and colours. It improves attention and focus of the child as well as promotes physical fitness.

ACTIVITY 6: -

ROLE PLAY: -

A real-life enactment game wherein the child enacts real life roles with the help of a family member like Teacher-Student, Shopkeeper-Customer etc., keeping real objects and interacting.

For example, a child would be given a few fruits and vegetables and telling the cost of each fruit, he would interact with his family member as follows:

Vegetable vendor (Child)

Customer (any family member)

Vegetable Vendor: "Good morning, I have got fresh vegetables and fruits for all."

Customer: "How much is this apple for?"

Vegetable Vendor: "Only five rupees."

Customer: "Is it sweet in taste?"

Vegetable Vendor: "Very sweet."

Customer: "Okay. Give me one apple."

Vegetable Vendor: "Here (giving an apple to the customer), please give me five rupees".

Customer: "Thank you." (Handing five rupees to the vegetable vendor.)

Vegetable Vendor: "You are most welcome!"



KIDS MENU

ACTIVITY 7:

CHICKPEA RACES: -

Material required: -

- 3 bowls
- 2 cloth-line clips
- 4 spoons chick pea

Steps:

- Divide a handful of uncooked chickpeas in 2 separate bowls and have an empty bowl handy.
- Give your child a cloth-line clip and grab one for yourself.
- Then have a race to see who can be the first to transfer their chickpeas into the empty bowl using the cloth line clip.

