



Cognitive Area- Attention

24th -29th May 2021

Dear Parents,
Namaskar!

With the first unusual 'Summer Break' for our 'little learners', in the absence of physical 'Goodbye - till we meet again' saga between them & us, we need to be in connect with them to keep the positivity & facilitation 'going'.

"To remain in touch...without touch" is the emergent need of this extraordinary hour for everybody including our little learners. Isolation and the vacuum of not connecting seems to be a bigger fear than the Virus itself. 'Virtual Continuous Connect' has indeed emerged as a very important survival tool.

Here is a very touching message that got spotted on the social media, which is of high relevance in the education and growth of children in these times: -

"A parent narrated his experience that he missed 4 years of school during the Bosnia War. He reached Australia at the age of 13 with no knowledge of English and schooling since the age of 8. At the age of 33, he has a University degree and a good career. The parent commented that the children at these times need to feel safe and secure. They will be fine as the teachers, parents and those associated with children are doing their best. The children will not miss out anything."

With such optimistic attitude, we have the pleasure in bringing you light fun filled activities designed to help you connect with children whenever & wherever required.

Attention, Memory, Classification & Sequential Thinking and Problem Solving & Reasoning are the four important cognitive areas of development of little learners.

In this Package of activities, we are focusing on 'Attention' – the most basic process of Cognition. Since 'attention' plays vital role in the initial growth as well as in the later years of a person's life, honing 'Attention' skills is of special significance especially in the present turbulent times and otherwise too..

A combination of happy environment and right toys improve the attention area/muscle of a child's brain. Exposure to toys & activities that require grip, play dough, clay, water, puzzles etc. are the active resources that create effective pathways from hands to brain for development of this cognitive skill.

Music is another soothing activity which when played in the background, improves attention span.

Let us encourage children to play freely with effective toys & activities.. in a happy and soothing environment fortified with light music in the background.

Bal Bharati Public School

DIVE INTO SUMMER-PS

FREEZE!

Material required-

- Collection of fast and slow songs.

Method-

- Everybody dances and when the music stops – everybody freezes!
- Use a selection of both slow and fast music and have children dance slowly to slow songs and likewise.
- Challenge children by having them dance to opposite cues: dance fast to the slow songs and slowly to the faster music.



PAIR AND SHARE

Material required –

- A piece of cardboard/paper (whatever is available at home)

Method-

- Take coloured papers or cardboard and cut them in different patterns as shown in the reference picture.
- Scatter all the pieces on the table/floor and ask the child to complete the pattern by finding its pair.



WATERMELON PIZZA

Material required-

- 1 round slice of a watermelon
- Slices of 1 ripe banana
- 1 ripe mango(diced)
- 1 apple(diced)
- Fresh mint leaves for garnishing
- 1/2 teaspoon chat masala



Steps –

- Decorate round slice of a watermelon with diced seasonal fruits.
- Garnish it with fresh mint leaves.
- Sprinkle chat masala.
- Carefully slice the watermelon and enjoy summery treat.
- Be *ATTENTIVE* to spread & slice equal portions!!



FOLLOW THE FOOTPRINTS

Material required-

- Coloured papers
- Tape



Method-

- Paste footprints on the floor.
- Encourage your child to jump looking at the footprints.
- Alternate activity- Paste pieces of tape on the floor and let your child follow the directions.
- Link of a video has been attached for your reference.

<https://youtu.be/W83zHjhCRZg>



HOP HOP HURRAY!!

Material required-

- Old cartons/cushions/chairs/pillows/mats etc
- Any soft toy or doll

Method-

- The goal is to make a path for the child so that he/she can reach to the toy kept at the end.
- Keep few hurdles such as cushion/cartons etc in the path.
- Start & End points may be marked with toys.



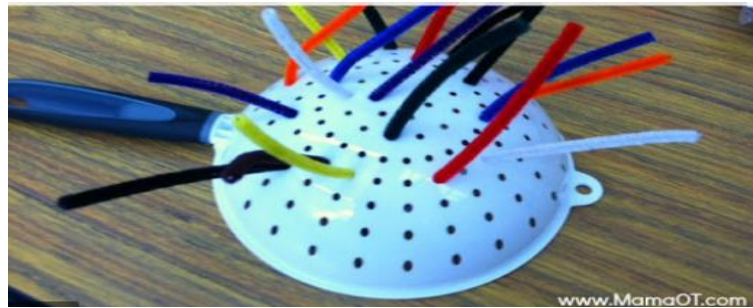
FUN WITH STRAIN BASKET

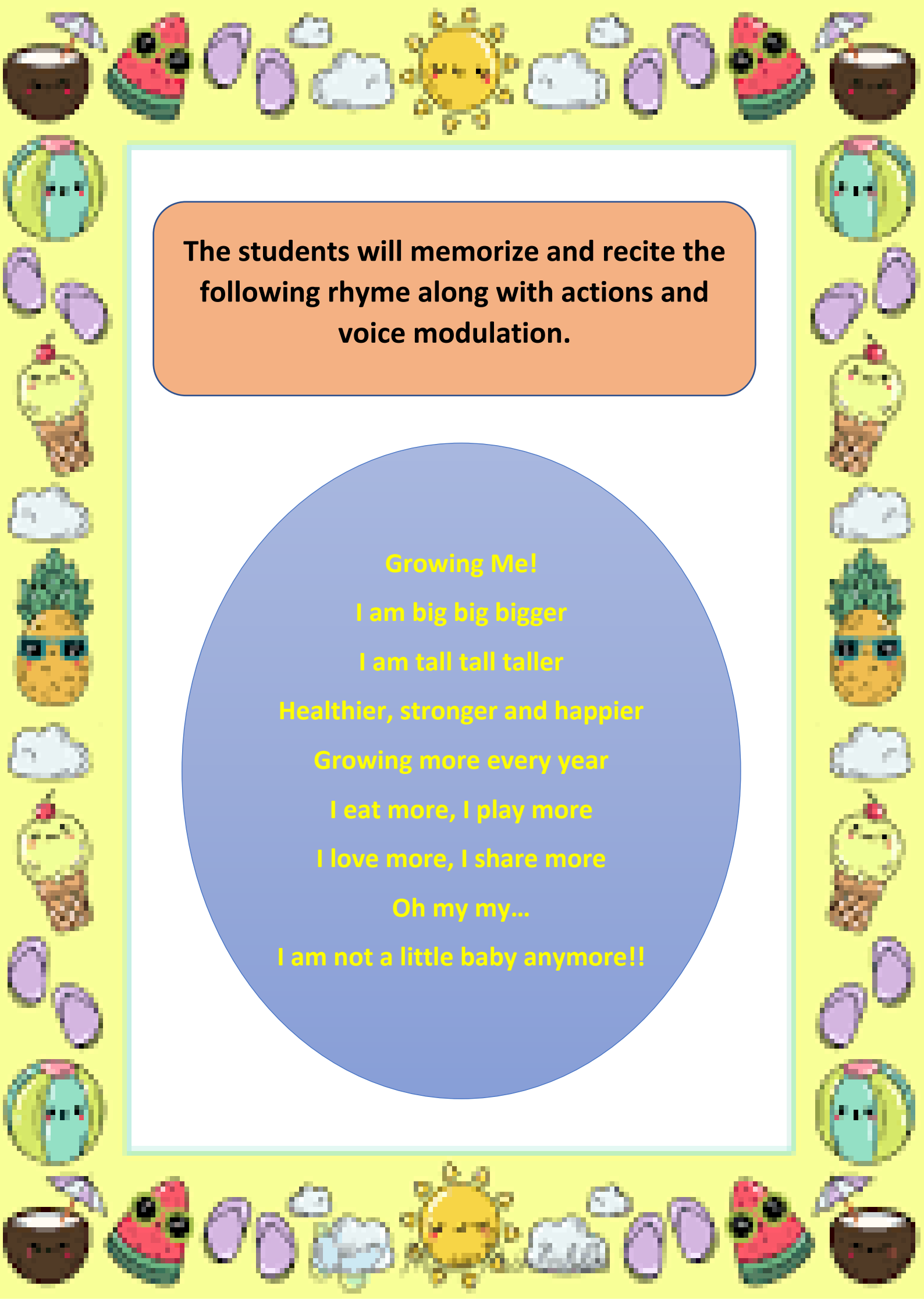
Material required-

- Strainer basket
- Pipe cleaners/Colourful laces/Mint sticks/Spaghetti

Steps-

- Hold a pipe cleaner/Colourful lace/Mint stick/Spaghetti (Whatever is easily available at home)
- Insert through a upside down strainer basket and enjoy your creativity.





The students will memorize and recite the following rhyme along with actions and voice modulation.

Growing Me!
I am big big bigger
I am tall tall taller
Healthier, stronger and happier
Growing more every year
I eat more, I play more
I love more, I share more
Oh my my...
I am not a little baby anymore!!