



COGNITIVE SKILL - MEMORY

31 May 2021 - 5 June 2021

Namaskar!

It's an *unusual* 'Summer Break' for our 'little learners'...there's been no physical 'Goodbye - till we meet again' saga between them & us. We need to be in *connect* with them to keep the positivity & facilitation 'going' as...*"to remain in touch...without touch"* is the *emergent need of this extraordinary hour!* It's not only about our little learners but, everyone around that, '*Virtual...Continuous Connect*' has emerged as a very important survival need...the *vacuum of not connecting* seems to be a *bigger fear* than the *Virus...somehow*.

So, we bring you a *light collection* of activities designed to help you connect with children whenever & wherever required. Though the **fun activities** prepared for the Summer Break are simple, these will give an instance for facilitating -age appropriately- four very important **Cognitive Areas** of a developing little learner - **Attention, Memory, Classification & Sequential Thinking and Problem Solving & Reasoning**. **Memory is one of the important Cognitive skills.**

There are four main factors involved in the development of Memory as a skill: Learning, Retention, and Recall & Recognition - each of these factors is equally important.

With increase in age, children are more likely to use mental strategies such as **rehearsal/practice, imagery & organization** to facilitate remembering and we as Facilitators should foster these strategies. In many cases younger children do not seem to spontaneously produce the kind of responses that assist in memory, but, can use them if *facilitation happens at the right time & in the required manner...as Memory is another functional skill like attention and needs to be sharpened.*

A few workable tips to hone Memory through Early Learning Instances would be-

1. Work on visualization skills of the child to help her form images.
2. Become a learner to the child so that, she masters!
3. Encourage active reading. ...as children grow
4. Break information into smaller portions
5. Make learning experience & activities multisensory...let them retrieve & store information one way or the other...through seeing, listening, smelling, playing etc.
6. Help learners integrate, relate & make connections between stimuli.



Pairing Activity

The Facilitator will first explain students the pairing activity like lock and key, shoes and socks, brush and paste, needle and thread, bread and butter etc. And later the facilitator will ask students to pair the given things. Let's see how much they

Shadow Match

Make pair of Cut outs for fruits on colourful as well as on black paper (as their shadows).
Facilitator to show cut-outs of colourful (3-5) fruits one by one.
Then show shadow cut-outs of each fruit to recognize & name the fruit.

Hide and Speak

The facilitator will show summer vegetables like cucumber, bottle gourd, pumpkin etc. and discuss with the children. Facilitator will hide all the vegetables and give students few cues. The students may be asked to name and get the vegetable/fruit based on their memory.

The students will memorize and recite the following rhyme along with actions and voice modulation:

गर्मी आई, गर्मी आई !
मीठे-रसीले आम है लाई,
लीची, चैरी और खरबूजा
इन फलों जैसा कोई न दूजा
फालसे, आइस -
क्रीम, आडू है लाई,
तरबूज की तो बहार है छाई,
गर्मी आई, गर्मी आई !

Remember the Sequence

Keep 5 plates in a row. Ask the child to keep his favourite toys on each plate. After 10 seconds ask the child to collect all the toys in a bag. After 5 seconds ask the child to keep all the toys kept as earlier.

Story Sequence

The facilitator will show the story video to the child by clicking on the link:-

<https://drive.google.com/file/d/1eaojKP-F9V1NgmuXG23lnElASs9oXYJ0/view?usp=sharing>

After the children enjoy the story "The Ant and The Grasshopper", the facilitator may ask the following questions to check the child's understanding and memory skills related to the story.

1. What was the Grasshopper busy doing the whole day?
2. Who said-"Come play with me" Bear, Owl or the Grasshopper?
3. Did the Owl, Bear and the Squirrel play with the Grasshopper?
4. Who helped the Grasshopper in the end?

Peek a boo activity

The Facilitator will show the things/ pictures related to summer to the children. She will name the objects and then hide them.

Then she will ask the children:

- 3 things we eat in summer
- 3 activities we love to do in summers
- 3 things we use in summers.