



Bal Bharati
PUBLIC SCHOOL

FACILITATION MODULE

PRESCHOOL

GUIDELINES TO NURTURE EARLY LEARNING

16th July 2021 - 31st July 2021

THEME OF THE MONTH: THE GROWING ME





Dear Parents & Facilitators

Our endeavour has always been to forge lifelong bonds with our children and their parents &, therefore, this relationship assumes a great value for all of us.

Dear Parents, heartfelt gratitude for your support and enthusiasm towards the "Virtual Circle Time" Activities. We, as facilitators are working & trying our best to keep the children engrossed, enthusiastic and happy with the activities planned in the module. This month, in accordance with the theme- "**The Growing Me**", Let us provide Our young champs an exciting learning experience by raising their awareness and understanding.

Each activity in the module is designed and in coherence with the NEP (2020) which covers all the domains of learning - physical and motor development, cognitive development, socio-emotional ethical development, and the development of communication of early language, literacy, and numeracy.

The activities designed are play, activity, and discovery based as divulged in NEP 2020. Also, the activities planned in the module focus on developing the social capacities, sensitivity, good behaviour, courtesy, ethics, personal and public cleanliness, teamwork, and cooperation.

We look forward to your continuous support and cooperation and thank you for your active presence and participation.

Warm Regards

THEME OF THE MONTH - THE GROWING ME

> VALUE/SOCIAL SKILLS

- Politeness & Punctuality

> LANGUAGE AND COMMUNICATION

- Dramatics (Role Play) Virtual Tour to a Vegetable Market.
- Rhymes on Health, Food & My Body
- Primary Colours

> LANGUAGE AND LITERACY

- VOCABULARY WORDS- hobby, dislike, good, bad, game, please, excuse me, sorry, thank you.

- Picture reading

> LITERACY ENGLISH- Letter sound recognition Tt, Ii

> HINDI LITERACY

शब्दावली- भोजन, गन्दा, मच्छर, मक्खी, रुमाल

> BLOCKS AND MATH

- Correlation of numbers 1,2 & 3
- Knowledge of Patterns clockwise & anticlockwise

> WRITING READINESS ACTIVITIES

- Fun with Pipette
- Pattern Writing Activities—Tracing Straight & Slanting lines

> DEVELOPING FINE MOTOR SKILLS

- Paper Tearing & Pasting
- Vegetable Printing
- Pegging Activity
- Velcro Frame

> GROSS MOTOR SKILLS

- Grab and Go-Play-based Activity

> CREATIVE EXPRESSIONS

- Origami

Dear facilitators

The early childhood experiences should progress from simple to complex, from known to unknown, and from concrete to abstract. In reference to this, the activities have been divided on weekly basis.

III Week (16th& 19th to 23rd July)

Politeness, Virtual Tour to a Vegetable Market, Rhymes on Health, Picture reading, vocabulary words - please, excuse me, sorry, thank you, Letter sound Activities, primary colours – Tracing Straight & Slanting lines, Paper Tearing & Pasting, Pegging Activity, Grab and Go.

IV Week (26th July to 30th July)

Punctuality, Rhymes on Food & My Body, vocabulary words hobby, dislike, good, bad, game, शब्दावली- भोजन, गन्दा, मच्छर, मक्खी, रुमाल, Letter sound recognition Ii, Correlation of numbers 1,2 & 3, Squeezing with Medicine Dropper, Vegetable Printing, Origami, Velcro frame.

However, prayer, Namaskar, Gayatri Mantra, Exercise will be a regular feature.

"NAMASKAR"

An utmost important aspect of the development of "Social Skills" and values amongst our children is teaching to greet each other. At Bal Bharati, we take special care to foster the development of "Social Skills" and values amongst our children and to begin with, one of the most important aspects is Greetings! Let us all greet each other with "Namaskar".



For the video link, kindly refer to the bibliography of previous module.

PRAYERS HAVE POWERS

We must pray to God for all the beautiful gifts-Our life, our beautiful earth, the sun, the moon, and the stars he has bestowed upon us. We must pray and thank Him for all those favours. We pray that through his divine guidance, we would learn to listen attentively to our facilitators. May we value each other's contribution as a building block towards harmony and peace.



For the video link, kindly refer to the previous module.



LET'S RECITE SHLOKAS



Vakratunda Shloka

The shloka is about seeking Lord Ganesha's blessings for removing any obstacles on our path to success.

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ ।
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

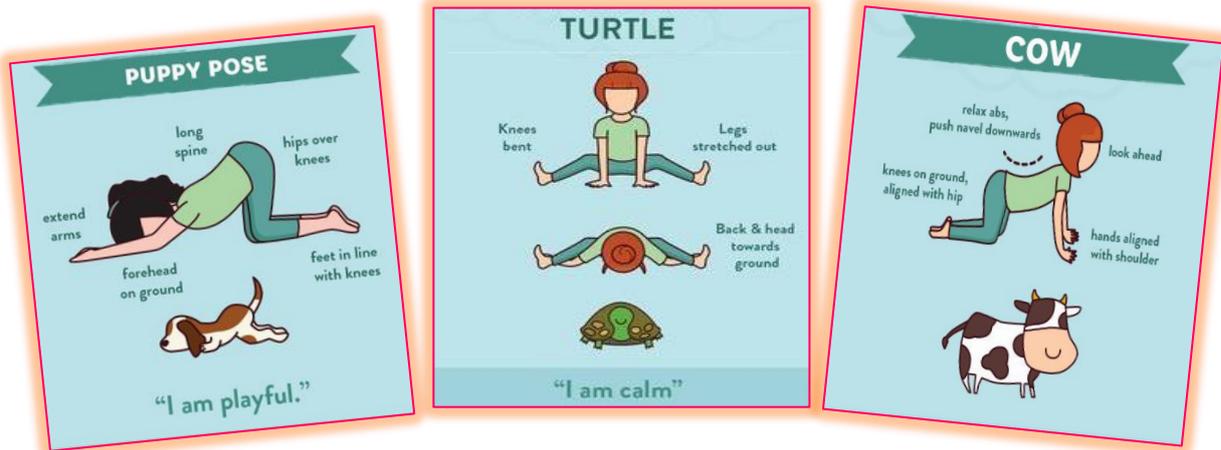
Meaning: O Lord with a curved trunk and huge body, and the brilliance of a million suns (Lord Ganesh), I seek your blessings to grace my new beginning and remove all the obstacles as I begin to work.

For the video link, kindly refer to the bibliography.

RISE AND SHINE. IT'S EXERCISE TIME!

It feels good to have a strong, flexible body that can do all the things we enjoy — like running, jumping, and playing with our friends. It is also fun to be good at something, whether making a basket, winning a race, or dancing. Exercise can also put us in a better mood. When we exercise, our brain releases chemicals that make us feel happier. Let us pose like animals and have fun.

Facilitators may show pictures of these poses or help the children do with them during the 'Virtual Circle Time'.



Social Values and Skills: Politeness

Manners are a sensitive awareness of the feelings of others. If you have that awareness, you know how to behave politely in society. Bal Bharati Parivar gives utmost importance to the development of social skills among the children and tries and reinforces good habits so that our children grow up as aware and responsible citizens. **One such habit is "Politeness".**

Learning Outcomes

The child will be able to:

- Develop listening skills.
- Understand pro social behaviour and values.

Behaving politely is a way of life. "It's important to start as early as we can so that manners become something a child acquires automatically, whether she/he is at home or away. **Learning manners is a lifelong education and we as facilitators need to take it in a gradual manner, but religiously.** Another important aspect to make children learn good manners **consistently.** Acquiring good manners needs lots of practice and reinforcement. Let us understand the benefits of being POLITE through a story.

For the video link (Story on Politeness), kindly refer to the bibliography.

Social Values and Skills: Punctuality

Punctuality refers to the habit of a human being completing their tasks on time. ... **Punctuality** is an etiquette that encourages us to complete our work in a timely fashion. It also makes us realize the **importance** of time. A person who is **punctual** will always know how to respect their time and others as well.

The facilitator may give real-life examples and may also, explain it further through a story of 'An Ant and A Grasshopper'.

Once upon a time during summers the ants were working hard to collect their food for winters. They used to bring food to their hill every day.



While the Grasshopper used to sit and sing in the sunshine and play his guitar whole day, fi-de-da, de-dah-doo, da-de-da-do, fi-de-do, de-da-dee, de-da-day.

"I will sing all the while beneath the sunshine, beneath the moon, I will dance, I will play", said the grasshopper. His friend the ant told him to collect the food for winters, but he refused.



During Autumn, the ants were still working but the grasshopper still did not care. The Ants asked "why don't you store food for winters? When it will be cold, you will have no food to eat." Grasshopper said, "above us all, there will always be sunshine during winters and we all will have time to play."

Time went by and along came the winters; the wind gave a cold icy chill. Snow was falling and there was no sunshine. The Grasshopper went up the hill, knocked at the ant's door, and said, "I am cold, I am wet, I am hungry, and I am sorry I wasted all the summer days, I am sad."



The ant opened the door and welcomed the grasshopper. He thanked the ant and felt good. The grasshopper promised the ants that from now on, he will work first and then play and rest.

After the story, the facilitator may ask questions to review and recapitulate.

- Who worked hard in summers to collect food?
- Who was lazy and did not work in time?
- Who gave the hungry grasshopper food?

LANGUAGE AND COMMUNICATION

Facilitators play an important role in the language development of children in early childhood classrooms. Our efforts in building a relationship where communication is valued, and in implementing strategies that deliberately expand children's vocabulary, make a lasting impact over their educational years. So, let us give a spark to our children's curiosity and imagination by taking them to a virtual tour.

Virtual Tour to a Vegetable Market

Learning Outcomes:

The child will be able to:

1. Name and differentiate between vegetables.
2. Understand that he/she has to pay to buy vegetables.

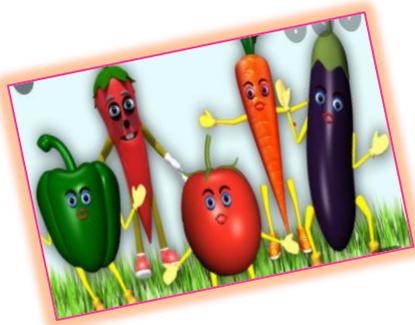


Fruits and vegetables play a crucial role in supporting your child's growth and development. Fruits and vegetables can boost a child's immune system. They are rich in a wide variety of vitamins and minerals, such as vitamin C and folic acid. Fruits and vegetables provide sustainable energy to children. Let us go to a vegetable market and buy our own fruits and vegetables.

For the video link, kindly refer to the bibliography.

After the virtual trip and having fun, the children will be asked to join in to sing the rhyme:

Friends for Life.



Juicy tomatoes, potato brown
Lovely Brinjal with a Crown
Apple banana orange and beetroot
Let's make friends with veggies and fruits.

The facilitators may discuss the factors important for the growth and development of our little champs.

Dear Facilitators

A child's health is the foundation of all growth and development. Health be it physical or mental health plays an important role in the overall growth of a child. Early **childhood** is an **important** time to establish **healthy eating** patterns. A **balanced diet** is a key to **healthy eating** habits because it provides **children** with the nutrients they need to grow. Let us make our children understand it better with the help of numbers.

54321+10

Fruits and Veggies are colourful, taste great, and do good things to our bodies. Try and eat atleast 5 fruits daily.

5 servings
fruits &
vegetables



Children need to make sure they re-hydrate, as **water** is the primary way, they regulate their body temperature. Drink lots of water and avoid sugary drinks/colas.

Share a funny story or a joke with your friends, Laughing and giggling keeps you calm and refreshed



Tell ma and papa to turn off the TV. Play games or spend some time out (in a balcony or terrace of your house). Don't be a couch potato.

Jump,Hop,Skip, and Dance. Move your body for atleast one hour a day



Get plenty of sleep each night to be ready for virtual circle time & play.

Rhyme Time

Take your bath every day.
Brush your teeth twice a day.
Comb your hair the proper way.
Clip your nails every Sunday.

We keep our body clean,
With soap, brush, and cream.
We eat healthy food,
Soups and salads that look so good.

Primary Colours

Red, Yellow, Blue

Colours brings vibrance and exuberance in our lives Teaching colours during everyday activities and routine is the best

way to reinforce the concept of colours. Children have a natural affinity toward brightly coloured objects, especially red; hence most of their toys are strikingly colourful.

Primary Colors



Learning outcomes:

The child will be able to:

- Identify the colour with its name.
- Develop observation for colours.
- Differentiate between Red, Blue & Yellow things in the environment.

The facilitator may show them an object, say, a ball, using the word "colour" along with the name of the object. For e.g., instead of saying 'this is a red', the better approach would be to say, 'this is a ball, and its colour is red'.

After explaining the concept, the facilitator can make the children sing the following rhyme

Red, Red, Red

I am wearing a crown on my head.

Oh! I look so good.

Yellow, Yellow, Yellow.

I smile, I am happy fellow.

Blue, Blue, Blue

Ma bought me a pair of shoes.

ACTIVITY 1

Colours Matching Game

Colour matching games are great to teach primary colours to preschoolers. The facilitators can use coloured cards made of cardboard and coloured sheets and place them on the table, and let the kids do the colour matching. Children can also be asked to match the colour card with the real-life object.



For video link (colours tablets), Kindly refer to the bibliography.

Colour Your Book Cover

Let us hone the colouring skills of our children. Children love to sing rhymes and to collect them. Let us help kids colour the book cover for their collection of rhymes. Red, Yellow, Blue colours can be used to make the book cover look beautiful and vibrant. Children can be encouraged to colour more templates like these.

For worksheet (book cover template), Kindly refer to the bibliography.

Picture Reading

- 'Seeing is believing'. This seems true for our little ones. Pictures provide visual clues to help us discover more about the narrative. Structuring the same idea, the facilitator may start with a general discussion Who loves to see pictures? Who loves to play with toys? After asking few questions the facilitator may present the picture to the children to look at it, see and observe.....

Learning outcomes:

The child will be able to:

- Associate between words and pictures. (Example



Sun)

- Imagine and think creatively.



Questions:

- Count the number of children in the picture?
- How many birds are there in the sky?
- What is the girl doing?
- What is the colour of the dustbin?

LITERACY ENGLISH

Learning outcomes:

The child will be able to:

- Learn age-appropriate vocabulary
- Understand that print carries meaning

VOCABULARY WORDS: hobby, dislike, good, bad.

Structured conversation between Bharat and Bharati.

Bharati was dancing on the music and wanted **Bharat** also to join.

Bharat was not interested at all, he wanted to do colouring.



Bharati started fighting with **Bharat** and started complaining to her mother.

Mom: It is bad to fight with each other. He dislikes dancing.

Bharati: Mom I want to dance.

Mom: So, Bharat & Bharati understand these are your hobbies.



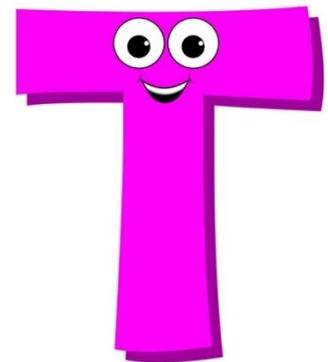
Bharati's hobby is dancing,

Bharat's hobby is colouring.

Bharat & Bharati: Ok Mom, we will behave like good children.

LETTER AND SOUND RECOGNITION- 'Tt'

The alphabet is the building block of literacy and so children must learn to recognize and name the letters, both in and out of order, and the sounds associated with each letter. Phonics instruction helps children learn the relationships between the letters of written language and the sounds of spoken language. So, a lot of stress may be given to the sounds of the letters... before making the tiny tots write the letters.



Learning Outcomes:

The child will be able to:

- Speak out letter T.
- Recognize it's sound.
- Recognize & differentiate the uppercase and lowercase letter 'T t'.
- Tell a few words starting with the letter 'T t'
- Learn the correct formation of the letter 'T t'

Here is how to teach them:

Children can develop skills much faster when they enjoy or when they are having fun. Using actual experiences to learn concepts is much more effective than simply being told about them, as rightly said in the proverb. "Tell me, I'll forget; show me, I'll remember; involve me, I'll understand."

Toddlers love to copy their parents with basic tasks around the house like sweeping & folding clothes. One such important practice in Indian households is making Tea. So, let us introduce letter T by making Tea and give our little ones a hands-on experience.

Cup of Tea with Love

The facilitator may introduce the letter 'T t' through a live presentation of tea preparation during the virtual circle time.... She may arrange a ceramic toy tea set in a tray and will give a live presentation of how to make tea.

Steps to be followed....

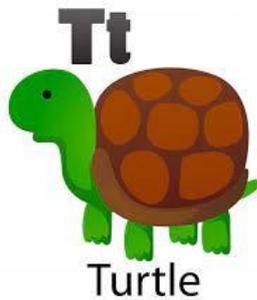
1. Take **tea leaves** into the teapot and add hot water.
2. Take hot milk and sugar in milk and sugar pots.
3. Pour tea water in a cup and add milk and sugar to it, stir a little and a refreshing cup of tea is ready to be served.....



Further, the facilitator may use flashcards of objects starting with the letter T t. Tiger, Toys, Tea, Tumbler, Tortoise, Teeth....



The facilitator may sing a rhyme with the letter T t - Children will be asked to name a few objects beginning with the letter T t



Tiny Turtle and Turkey,
Went on a train to Toy City.
On their way, they met Tiger near a
Tree,
Tiger said lets' have Tea.



Story Time



The Story of **Tt** Tina is a girl who lives in a house which has a tall tree.



Tina has a brother Tom who is a toddler and loves to



drink milk in a tumbler . Tina and Tom love to play with toys.



Tina's favourite is teddy and Tom's likes to play



with his toy train .Tina and Tom like



tomato soup

.Theyalso enjoy taking bath

in the tub and wipe themselves dry with towels



and feel happy when Mummy tucks them



bed

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goodnight in

For letter 'Tt' worksheet (colouring), kindly refer to the bibliography.

LETTER AND SOUND RECOGNITION- 'I i'

Learning Outcomes:

The child will be able to:

- Speak out letter 'Ii'.
- Recognize it's sound.
- Recognize and differentiate the uppercase I and lowercase i.
- Tell a few words starting with the letter 'I i'
- Learn the correct formation of the letter 'Ii'

Letter I i- RHYME

Rhymes play an important role in building a child's vocabulary and memory. To support the child's ability to communicate and to make learning fun, students will be taught letter - **Ii** with the help of rhyme.

I say Igloo,
I say ink.
Insect crawls,
Inch by inch.
I say Idli,
I say idea.
Infant shouts,
I love India.



Secret Letter

Dear Facilitators

Kids love the element of surprise! Who does not? We still do! The activity to be done during virtual circle time.

Secret letter activity is really engaging for kids because they cannot see the letters on the paper, so when they paint over the piece of paper, they will see letters magically pop up!



How to do this activity

Materials Required

- A thick white paper
- Poster Colours
- Paint Brush
- White Crayon
- Art tray

The facilitator may help the children write 'I i' with a white crayon all over on a thick piece of paper. After writing, ask the child to use colours of her/his choice and paint the paper all over. Once done, you may ask the children how many they found! Also, may talk about the colours to strengthen colour recognition.

Play-Dough Letter Building

Squishing, rolling, sculpting, moulding . . . young children love to play with playdough. Playdough also encourages children's language and literacy.



Materials Required

- Letter worksheets
- Play-dough.

The facilitator may encourage the children to trace the playdough along with the outline of the letter.

Recapitulation of the letter will be done by showing flashcards of the objects starting from the letter I i...

Ice cream



Idly



Infant



For letter 'I i' worksheet (play dough), kindly refer to the bibliography.
For letter 'I i' worksheet (recognition), kindly refer to the bibliography.

HINDI LITERACY

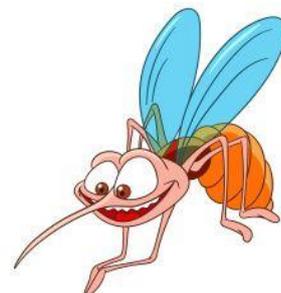
अध्यापिका बाल गीतों के माध्यम से छात्रों के मन में उत्साह भरेगी छात्रों की शब्दावली में वृद्धि होगी और भाषा का विकास होगा।

शब्दावली- भोजन, गन्दा, मच्छर, मक्खी, रुमाल



जो खाओगे भोजन स्वच्छ, रहोगे हमेशा स्वस्थ और मस्त।

मैं हूँ मच्छर मैं काटूँ सबको घर के बाहर हो या अंदर,
साफ़ सफाई को अपनाओ मुझको तुम दूर भगाओ।





गन्दगी इसको भाती है , यह मक्खी कहलाती है,
दूर भगाओ छी , छी, छी साफ़ सफाई रखो जी।

जब भी हो खांसी जुकाम करो रुमाल का इस्तेमाल।



गन्दा मास्क धोने डालो बीमारी को दूर भगलो।

For PPT, kindly refer to the bibliography.

क्रिया शब्द

डाइस गेम

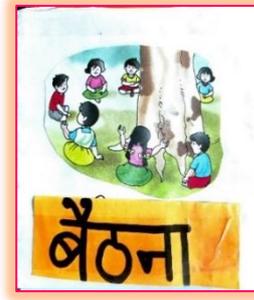
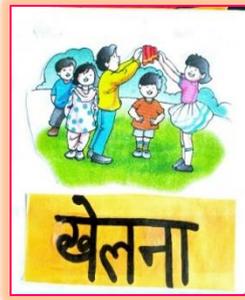


शारीरिक क्रियाओं के सही प्रशिक्षण का मानसिक और शारीरिक विकास पर बहुत प्रभाव पड़ता है । खेल के माध्यम से बच्चे शिक्षण पठन में रुचि लेते हैं । बच्चों के शारीरिक विकास एवं खेल उपकरण का प्रयोग करते हुए अध्यापिका शिक्षण सहायक सामग्री डाइस (पासा) का निर्माण करेंगी । इस खेल उपकरण के माध्यम से अध्यापिका बच्चों की रुचि बढ़ाने का प्रयास करेंगी साथ ही बच्चे क्रिया शब्द जैसे - खेलना, कूदना, उछलना, बैठना आदि नए शब्द सीखेंगे।

खेल गतिविधि - डाइस गेम

खेल उपकरण - डाइस (पासा)

- अध्यापिका
- वर्चुअल सर्किल टाइम में यह गतिविधि करवाएंगी।
- गतिविधि करने हेतु अध्यापिका पासा डालेंगी पासे में जो भी क्रिया शब्द का चित्र ऊपर आएगा बच्चे वह चित्र देख उसका शारीरिक अनुकरण करेंगे।
- क्रिया शब्द का अनुकरण के पश्चात् अध्यापिका पुनः पासा फेंकेगे और खेल खेलेंगे ।



BLOCKS AND MATH

Correlation of Numbers 1,2,3

Learning Outcomes:

The child will be able to:

- Count objects (1,2,3)
- Recognize and name the number
- Match the objects with the respective number
- Count at least 3 objects.

ACTIVITY 1

Spring Flower Activity

Let us plant beautiful flowers according to the numbers written on the cards.



Materials Required

- Brown Play Dough
- Pots or paper cup (whichever is available)
- 6-7 Flowers (original or artificial whichever is available)
- A tray (optional)
- Number cards. (1,2 & 3)

The facilitator may ask the children to fill the pots or cups with play dough. She may place the number cards of numbers 1,2 & 3 upside down. Then the facilitator may open cards one by one and ask the children to fix the flowers in the pots according to the numbers like this....



1



2



3

For Quantity Correlation worksheet, kindly refer to the Bibliography.

Pattern Clockwise / Anti clockwise

Patterns help children to estimate and understand what comes next. These also help children learn how to make logical connections and use reasoning skills. **Patterns** can be found everywhere in our daily lives and children should be helped to understand these.

Learning Outcomes:

The child will be able to:

- Develop observation skills.
- Develop reasoning.
- Understand simple problems.

Clockwise and anti-clockwise are ways of indicating the direction of a turn. So, what way is **clockwise**? **Clockwise**, involves a turn to the right as it follows the hands of a clock and **anti-clockwise** involves a turn to the left, against the direction of a clock's hands.

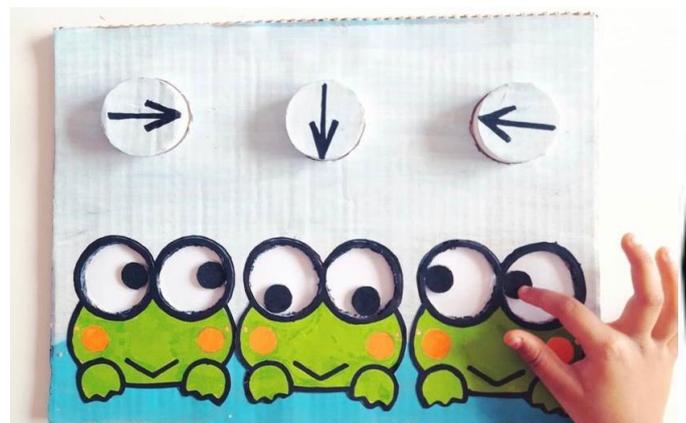
ACTIVITY 1

My Eyes can move.....

Let us do an activity to understand this in a better way. Let us rotate the eyes of a little frog in a clockwise direction and anti-clockwise direction. (Facilitator may use a clock to explain).

Materials Required

- A big drawing of a frog
- 2 Big Googley Eyes.



WRITING READINESS ACTIVITIES

"Pre-writing" is an important step on the way to learning to write. Practicing fine motor skill development through pre-writing activities helps children build-up dexterity and improve eye-hand co-ordination, both necessary for actual writing.

ACTIVITY 1

Fun with Pipette Activity

Children are naturally curious. They explore, observe, and imitate. Art is a natural activity to support free play in children. These artistic endeavours and self-directive explorations are not only fun but educational as well. One such art form is with the pipettes. The pipettes are great for developing fine motor amongst children. By their design, they encourage children to squeeze them using a pincer grip i.e., two fingers and a thumb, just the same grip lets create art with the help of pipettes.



For the video link, kindly refer to the bibliography.

ACTIVITY 2

Pattern Making

Learning outcomes:

The child will be able to:

- Estimate and understand what what comes next.
- Develop reasoning skill.
- Easily understand other mathematical problems.



Children will make different patterns using standing lines, sleeping lines, and slanting lines. They will sort and place buttons of different colours and make patterns. This activity can be done on a sheet of paper or floor.

Material Required

- Coloured Tape
- Coloured Buttons

This activity encourages them to sort, match and classify the coloured buttons.

For the Worksheet, kindly refer to the bibliography.

DEVELOPING FINE MOTOR SKILLS

Learning outcomes for all these activities:

The child will be able to:

- Develop hand-eye coordination.
- Develop Pincer Grip
- Develop Precision.

ACTIVITY 1

Paper Tearing & Pasting

This craft is so simple yet such a fun way to create art while working on fine muscles. From creating a sensory bin filled with torn paper to craft activity there are many ways to do this activity. This activity improves pincer grip and muscle endurance in the hands. These muscles are important for fine motor skills like writing, colouring, Zippers, manipulating pegs etc. children can tear and then paste in a variety of projects. Here we facilitators can integrate vocabulary words of **letter T** with fun art and craft activity of tearing and pasting.



How to do this Activity

Facilitators will provide the worksheet of **T - Truck**.

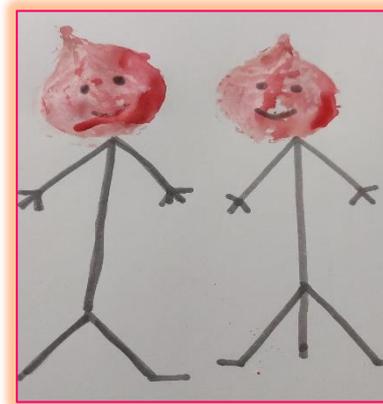
Children will take colourful origami sheets and do tearing and pasting in the Truck.

For the worksheet, kindly refer to the bibliography.

ACTIVITY 2

Vegetable Printing

Stick Drawing with Onion Printing



How to do this Activity

1. Use an onion crown (upper portion when we peel) to avoid wastage.
2. Take a small quantity of white-water colour and mix a bit of red colour in it to get a skin colour.
3. Take a brush and apply the skin colour on the inner part of the onion and make impression on the A4 size sheet two times side by side.
4. Then take a black marker to make a stick figure by drawing standing lines and slanting lines for drawing hands and legs as given in the picture.

ACTIVITY 2

Pegging

How to do this Activity

- Take cut-outs of pictures and attach a colour bar with three colour options.
- Clip the pegs and select the correct colour option from the colour options given below. For example, clip the peg on the red option of the apple card.



ACTIVITY 3

VELCRO ACTIVITIES are great for helping children develop the strength and coordination needed to develop the small muscles that control the hand, fingers, and thumb. These activities later help them in grasping small objects, performing everyday tasks such as dressing and writing.

Pattern Making with Popsicle sticks and Velcro.

Children will make different patterns using standing lines, sleeping lines, and slanting lines. They will sort and place the popsicle sticks and make patterns. This activity can be done on a sheet of paper.

Material Required for the Activity:

- A sheet of paper
- Coloured Popsicle sticks
- Velcro

For the video link, kindly refer to the bibliography.

GROSS MOTOR SKILLS

Grab and Go

Apple Picking

Material Required

- Apples
- Basket

The facilitator may create an imaginary Apple orchard and would ask the parents to help and place 5-10 Apples in the room where the child is present for her/his virtual circle time....



Then during the virtual circle time, the child may be asked to pretend as a Monkey and grab as many apples as she/he can and collect them in the basket in a time duration of 60 seconds.



The one who turns early would be announced a winner.

Further the facilitator may ask the children to wash one of the collected apples and eat it.

The sweet, juicy fruit is part of a healthy diet. We must eat five or more servings of fruit and vegetables each day to keep our bodies healthy!

CREATIVE EXPRESSIONS

Origami

Origami Fan

Learning Outcomes

- Develop the ability to follow instructions. ...
- Sharpen memory and imagination.

How to do this activity

Step 1 Take two square pieces of paper of any colour of your choice.

Step 2: Fold about 1 cm of the paper up from the bottom. ...

Step 3: Flip the paper over and fold about 1 cm of the paper again, making sure that the edges line up at the bottom.

Step 4: Now we simply repeat the last 2 steps over and over until there is no more paper to fold.

Step 5: Paste ice cream sticks on both ends.



For the video link, kindly refer to the bibliography.

MILESTONES ACHIEVED

The activity that I enjoyed (doing) the most _____

Social milestones

I have understood the importance of being polite and punctual Yes/No

Language milestones

I have understood that we are all special in our own unique ways. Yes/No

I have understood that a healthy lifestyle is required for my growth.

Yes/No

I can recognize the three basic colors. Yes/No

I have learned two new letters T & I and related words. Yes/No

I can use vocabulary words correctly in a sentence. Yes/No

I can recite rhymes and understand stories. Yes/No

Learning my mother tongue

मैं शब्दावली के शब्दों द्वारा वाक्य बना सकता / सकती हूँ। हाँ / नहीं

Cognition and understanding related milestones.

I can recognize, count, and co-relate numbers up to 3. Yes/No

I know clockwise / anticlockwise directions. Yes/No

I can make patterns using straight / slanting lines. Yes/No

Physical milestones

I enjoyed playing with play dough. Yes/No

I had fun doing finger movement activities. Yes/No

I enjoyed performing yoga. Yes/No

I can do simple art and craft activities. Yes/No

Note: Parents are requested to complete the above blanks after asking the relevant questions from their ward. Also, share the feedback with respective class teacher.

Preschool (Session 2021-2022)

FACILITATION MODULE (Guidelines to Nurture Early Learning)

16th July 2021 to 31st July 2021

THEME OF THE MONTH- THE GROWING ME

Weekly Connect

16th& 19th to 23rd July

: [Click here to view](#)

26th July to 30th July

: [Click here to view](#)

Facilitation Module:

[Click here to view](#)

PS Ancillary Sheet:

[Click here to view](#)

Worksheets

1. Colour the Book Cover:
2. Letter 'T t' recognition:
3. Letter 'I i' recognition:
4. Letter 'I i' clay work
5. Pattern Clockwise/Anticlockwise:
6. Paper Tearing & Pasting:
7. Correlation of Numbers:

Videos

1. Shlok
2. Story on Politeness
3. Virtual Trip to the Vegetable Market
4. Colour Tablets
5. Pipette
6. Velcro
7. Origami

PPT

1. हिंदी शब्दावली