



Bal Bharati
PUBLIC SCHOOL

PRE-PRIMARY
16 JULY TO 31 JULY 2021


FACILITATION MODULE
(GUIDELINES TO NURTURE EARLY LEARNING)

LEARN, PLAY AND GROW
TOGETHER!

'Watching our children grow is the greatest joy.'

This learning module is an initiative to guide and enrich the lives of our young Bal Bharatians to grow up to be confident individuals with a positive attitude towards life. Learning in the formative years through stimulating and exciting activities can make children's growing up journey a joyful experience. So let's provide them a range of stimulating experiences that capture their excitement and help them explore growth and change.





The learning programme is for 15 days – 16 July 2021 to 31 July 2021.

The following are to be facilitated for the young learners:

THEME – GROWING ME

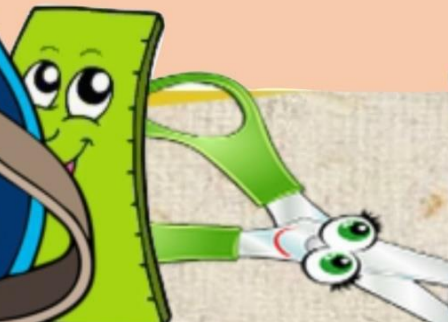
Social values / skills : Truthfulness and Self Esteem


English language : Vocabulary words –
(Listening and speaking skills)

- corridor, staircase, push, run, washroom.
- Monsoon House Party with family
- Short sentences with 'it' and 'a'
- Picture Book Reading

English literacy :
• Letter writing 'Ss'
• Sight words 'and' & 'under'
• CVC words with 'a' in center
• Index finger spacing

Hindi Literacy
• दो अक्षर वाले शब्दों का मौखिक एवं लिखित अभ्यास ।
• व्यंजन 'ट' और 'द' का मौखिक एवं लिखित अभ्यास ।





Maths and Blocks

- Recognition and co-relation of numbers 26-30
- Writing of numbers (1-30)
- Concept of after 1 to 10
- Join the dots
- Complete the series

Gross motor skills

- Fun exercises

Creative Expressions

- Heart Shape
- Colour Maroon

Dear facilitators,

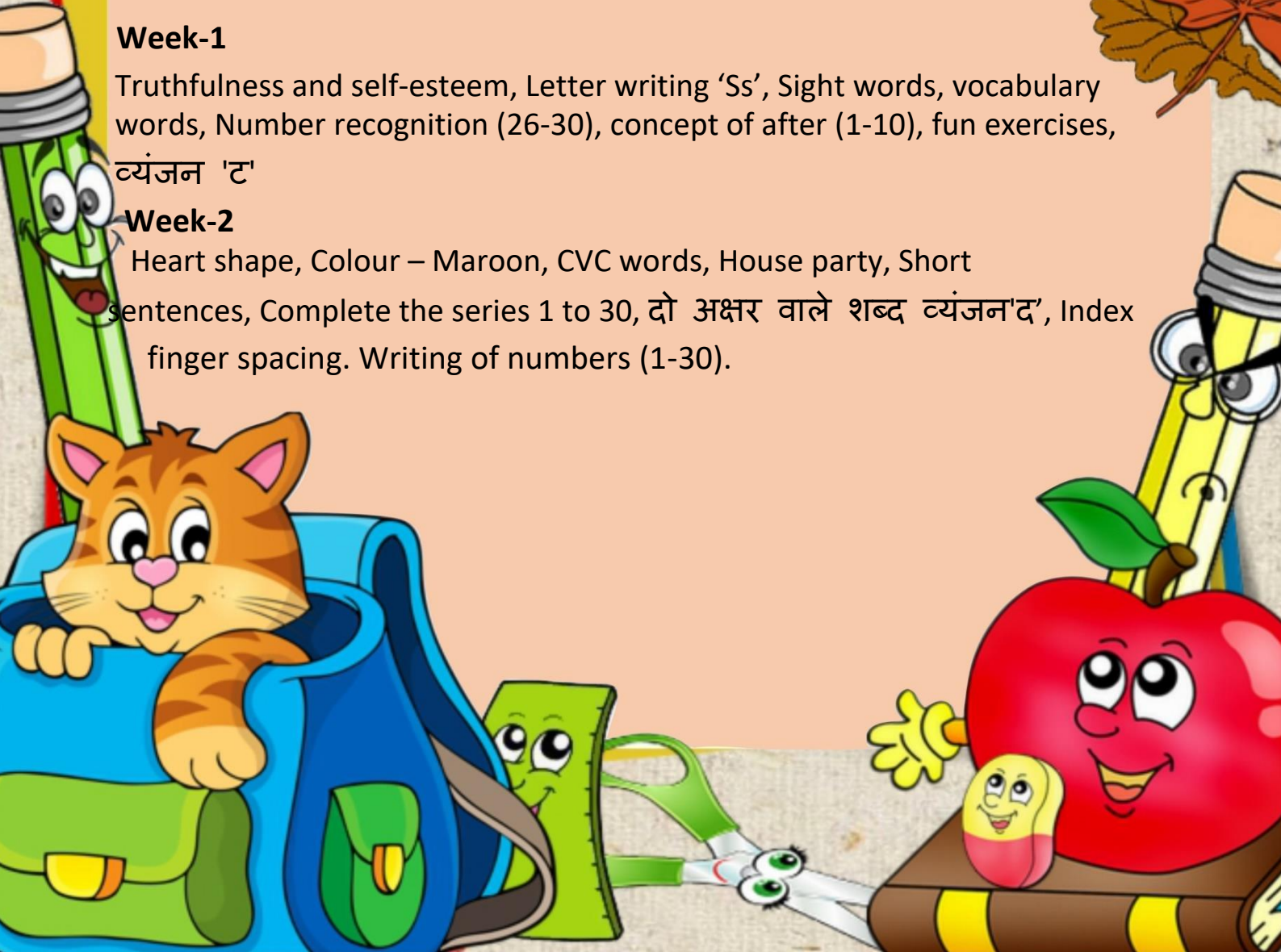
The early childhood experiences should progress from simple to complex, from known to unknown and from concrete to abstract. In reference to this, the following activities have been divided on weekly basis.

Week-1

Truthfulness and self-esteem, Letter writing 'Ss', Sight words, vocabulary words, Number recognition (26-30), concept of after (1-10), fun exercises, व्यंजन 'ट'

Week-2

Heart shape, Colour – Maroon, CVC words, House party, Short sentences, Complete the series 1 to 30, दो अक्षर वाले शब्द व्यंजन 'द', Index finger spacing. Writing of numbers (1-30).

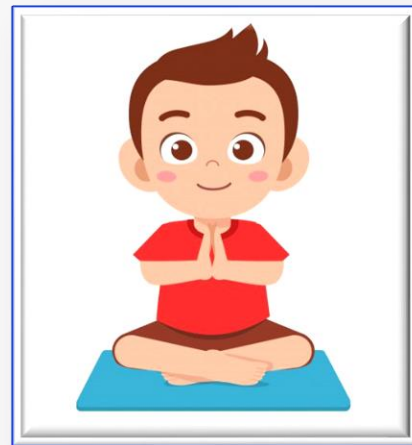


'CHILDHOOD MEMORIES ARE THE TIMELESS TREASURES OF THE HEART.'

NEP 2020 focused on multi-level, activity and inquiry-based learning concepts which comprise of alphabets, languages, numbers, colours, shapes, indoor and outdoor play. Problem-solving, puzzles, drawing, painting and other forms of visual art, craft, drama, puppetry, music and movement are also an integral part of the concepts. It also focuses on developing social capacities, etiquettes and courtesies, ethics, personal and public cleanliness, teamwork and cooperation, so we have designed a plethora of activities, which will surely help in promoting better learning, development and overall well-being of our children.

GREETING "NAMASKAR"

Bal Bharati Parivar gives utmost importance to the development of 'Social Skills' and values amongst our children and to begin with one of most important aspects is respectful greetings towards all elders.



For the video link (Greeting Namaskar), kindly refer to previous module.

LET'S DO A PRAYER

In its simplest form, prayer is defined as 'Talking to God'. It is a personal process of opening our hearts to our heavenly father. Prayer can be a powerful force for change in our lives, and the importance of doing it on a daily basis should be instilled in our children.



Let's make our children learn the prayer and sing it.

'For the video link refer to previous module.'

EXERCISE TIME

Toddlers are natural movers and shakers!!

Children need to be active every day to promote their healthy growth and development. Kids who establish healthy lifestyle patterns at a young age will carry them – and their benefits – forward for the rest of their lives. The benefits that children receive from being supported in regular physical activities emphasize endurance, flexibility and strength. And not to forget it's so much fun. So let's get started ...

LET'S JUMP

LET'S HOP

LET'S BEND

LET'S SKIP



A decorative border surrounds the page, featuring various colorful balloons (red, yellow, cyan, pink, orange, green, blue) and triangular bunting flags in red, blue, and yellow. The background is a light gray and white checkered pattern.

SOCIAL SKILLS / VALUES

NEP 2020 aims at providing a strong foundation for cognitive and discovery based learning. In their formative years children learn to use their critical thinking and creativity to establish connections between their previous knowledge, ideas and construct new knowledge.

TRUTHFULNESS AND SELF- ESTEEM

Children should be taught that truth-telling makes them happy and appreciated. We must look for opportunities to acknowledge and appreciate their honesty, where it might have been easier to tell a lie. We also need to teach them to feel good about themselves and have happy thoughts. Self-esteem is the most important foundation for our children's happiness and confidence. Positive stories play a significant role in building self-esteem.

LEARNING OUTCOMES:

Children will be able to :

- 1) Know the importance of being truthful.
- 2) Develop a positive attitude.

STORY TIME

Bharat and **Bharati** live in the same house but they are different. **Bharati** is very confident and has a positive attitude but **Bharat** is shy. **Bharati** has many friends but **Bharat** has only few.

Bharat- Why are you so happy, **Bharati**?

Bharati- I am super excited as my birthday is approaching. I am growing up! I feel so good about myself as I know I am special.


Bharat -Wow! That sounds great. I will also say this to myself and feel special.

"No one has my smile, no has my style,
I am unique as I am the best.
Everyone is different and that's ok with
me.

I am strong and happy, let me be me."



PARTY TIME



Mumma - Yes, you should always believe in yourself. **Bharati**, I have brought something for your special day.

Bharati –Wow Mumma! Thank you for such a pretty maroon dress It's my favourite colour.

Bharati kept her dress on the bed for matching her accessories but her papa called her for some work.

Bharat was drinking mango shake. His glass slipped from his hand and the mango shake spilled on **Bharati's** dress. He got scared and hid her dress in his cupboard.

Bharati went around looking for her dress and started crying.

Mumma - Bharat, did you see Bharati's maroon dress?

Bharat- No Mumma, I did not.

Bharati Kept crying, did not eat anything and went off to sleep.

Bharat realized he told a lie and went to Mumma.

Bharat- Mumma, I want to tell you something. I have hidden **Bharati's** dress.

My mango shake spilled on it. I was afraid to tell you and Papa.

Instead of getting angry, Mumma smiled and hugged him.

Mumma - **Bharat**, I am glad you told me the truth. You are a brave boy. Say sorry to Bharati.

Bharat- I am very sorry, **Bharati**. I promise to always be truthful.

Mumma enters the room.



'Truthfulness and Self-esteem'
They both make the best team.
Never lie, never cry,
Always give your best try
To be truthful is really cool!



The following questions can be asked by the facilitator to enhance the same.

Q1. Why was Bharati happy?

Q2. What colour dress did Mumma bring for Bharati ?

Q3. What got spilled on Bharati's dress?

Q4. How would you feel if your brother or sister had spoiled your birthday dress?

Q5. Why is it good to be truthful?

Activities-

The value of **truthfulness** can also be instilled in our little learners in a fun and engaging way through some interesting games during Virtual circle time.

'TRUTH OR LIE'

The facilitator can make a statement that children are familiar with and they should tell it's the truth or lie such as –

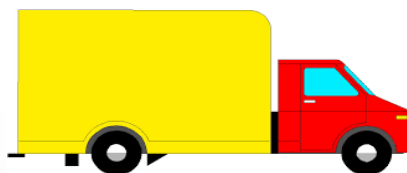
I have two eyes.



I can touch the sky.



I can drive a truck.



MOVIE TIME

Children can watch 'Pinocchio' classic Disney movie in which a wooden puppet's nose grows whenever he tells a lie. They will learn that being brave and trustworthy is an easy and a rewarding task.

To boost up our children's **self-esteem** and build up their confidence, the facilitator may combine art and creativity to create some special memories and moments.

How it feels!

Material required – An empty box, some paper chits and a pencil/crayon.

The facilitator can ask children to create a 'My treasure box' and draw picture of things on the chits, they think they can do such as dancing, running, exercising and so on. Then, they will put the chits in their box and share their happiness with family and friends.



MOVIE TIME

ENGLISH LITERACY

As per NEP 2020, Activity based learning ensures active engagement of learner with concepts and instructional materials. Learning is hands-on and experiential, providing learners the opportunity of learning through manipulation of materials and objects.

LETTER 'S s' VOCABULARY

Letter recognition and letter sounds are important skills for children to master. The video includes a fun cold cooking activity- SPECIAL SUMMER SQUASH to reinforce the phonetic sound of 'S s'. It includes the words children see in their environment. The facilitator will also discuss the actions children love to perform and enjoy.

For the video & worksheet link (Letter S s), kindly refer to Bibliography.



SWINGING



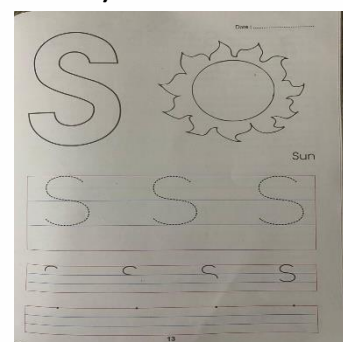
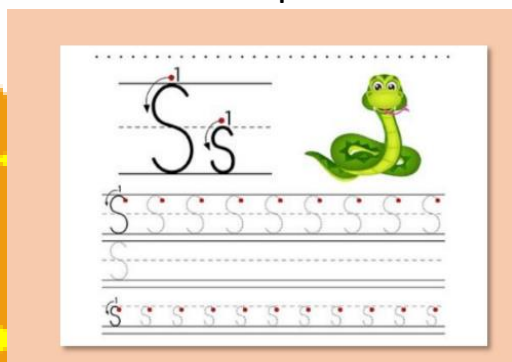
SLIDING



SIPPING

WRITING PRACTICE

Alphabet writing is one of the important building blocks of literacy. The facilitators may give the writing practice of letter 'S s' with proper strokes in their prescribed notebooks. (pages 13 to 15).



One of the important aspects of the NEW EDUCATION POLICY 2020 is its focus on nurturing art- integrated education and learning. It makes the entire teaching and learning process joyful and fun.

Letter 'S' activity

SQUIGGLING SPIDER CRAFT

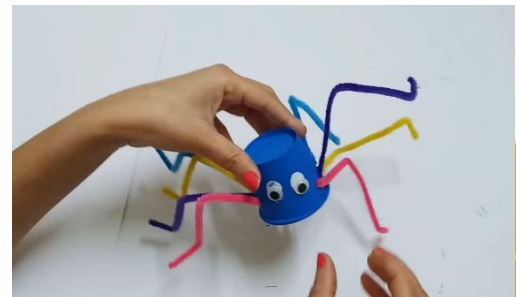
MATERIAL REQUIRED-

- 1 paper cup
- Pipe cleaners
- Poster colours
- Googly eyes
- Sketch pens/markers
- Glue
- Ball point pen



STEPS-

- Take a poster colour of your choice and paint the outer surface. Place the cup upside down. Let it dry for 10 minutes.
- Using a pen tip, mark and punch eight points at the bottom of cup for legs. (four points on each side)
- Mould the pipe cleaners in a triangular shape and insert in the punched holes.
- Paste googly eyes and draw spider's mouth with the sketch pen/marker.

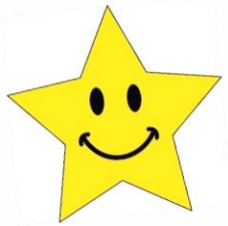


IT'S TIME TO TICKLE YOUR BRAIN
(RIDDLES)

*I twinkle,
There are millions of
me.*

*I will light your way,
I come out at night,
And hide in the day.*

Who am I?



*I live in the sky.
I am hot, I am bright.
Don't look straight at
me,
I disappear in the
night.*

Who am I?



**For the worksheet link (I can spy), kindly refer to
the Bibliography.**

LEARNING OUTCOMES:

Children will be able to-

- * Recognize letter S and identify the words starting with its sound.
- * Know its formation and write it with proper strokes.

SIGHT WORDS

The knowledge of sight words makes reading and writing interesting as well as easier for children. “Under” and “and” are important sight words that appear most frequently in our reading and writing. The facilitator can explain the concept of “under” and “and” during the virtual circle time through interesting rhymes and interactive games

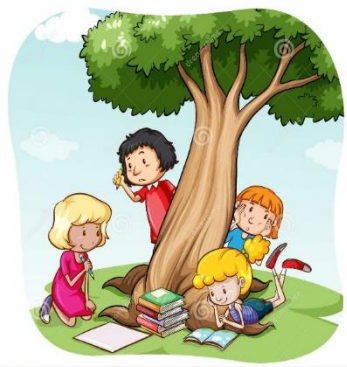
“RHYMES ON UNDER”

*We will follow our daily routine,
Let's make the house neat and
clean,
Under the sofa,
Under the chair,
There should be no dust
anywhere!!*



Shoes are **UNDER**
the chair





Children are sitting
UNDER the tree.

Where are you running my dear?

I wonder, wonder, wonder...

Under the swing,

Or under the slide,

Come out and please don't hide,

Let's sit under the tree,

To sip the summer drink,

You will surely get energy to think!!

GAME FOR THE CONCEPT OF "AND"

The facilitator will show two real objects together, for example, bat, ball, spoon, bowl etc. Children will speak their name and join the two words using "and"

For example, "bat and ball"

"spoon and bowl"



Children will now read them aloud.

The facilitator can also use word cards or picture cards for the same.

LEARNING OUTCOMES:

Children will be able to:

1. Understand the usage of "under" and "and".
2. Frame and read short sentences using these words.

CVC WORDS WITH VOWEL 'a'

Introduction of CVC words with vowel 'a' may be taken by the facilitator during the virtual circle time using the PPT. Children may be motivated to read and write three letter words with vowel 'a' in middle.

A small rhyme can be recited to strengthen the concept.

MY BROWN CAT

I have a brown **cat**,
She sleeps on the **mat**,
She plays with my **hat**,
She loves my **pat**,
She has a soft fur,
She likes to purr!!



RIDDLE TIME!

I am a pet,
I love to chase rat,
My name begins with letter C,
Who am I?



For PPT (CVC words with vowel 'a') kindly refer to the bibliography.

LEARNING OUTCOMES:

Children will be able to:

1. Enhance their listening and speaking skills.
2. Add new words to their vocabulary.

INDEX FINGER SPACING

Explanation: The child is being encouraged to ensure proper distance between the words of a sentence. He / She may be taught by first writing all the words of a sentence together.

For example, [a cat is on a mat] is written as "acatisonamat" and asked to read and speak it aloud, which may appear confusing. Now index finger distancing is being taught by keeping index finger between two words while writing, as follows:

"a (finger space) cat (finger space) is (finger space) on (finger space) a (finger space) mat".

a

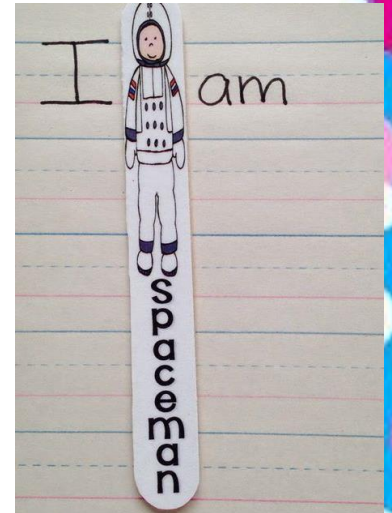
a cat

a cat is

a cat is on

a cat is on a

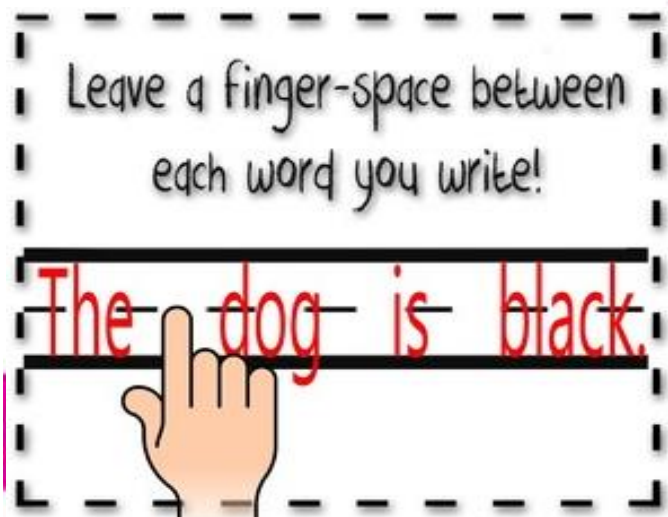
a cat is on a mat.



The child may be encouraged to repeat this exercise with few other short sentences.

LEARNING OUTCOMES:

- 1.It helps children to write in clear and legible way.
- 2.It helps in poor spacing between letters and words.



CVC Words (Activity – 1) 'PICTIONARY'

STEP 1:-

Prepare a board comprising of cvc words with 'a' in middle as shown in the below pictures.

Also make small cut-outs of the words written on the board.

STEP 2:-

Children are required to identify the pictures and place them over the correct cvc words after reading aloud



CVC Words (Activity – 2) 'ROLL A DICE'

(Two or more people can play this game.)

STEP 1: -

Prepare a board comprising of cvc words with 'a' in middle as shown in the below picture.

STEP 2: -

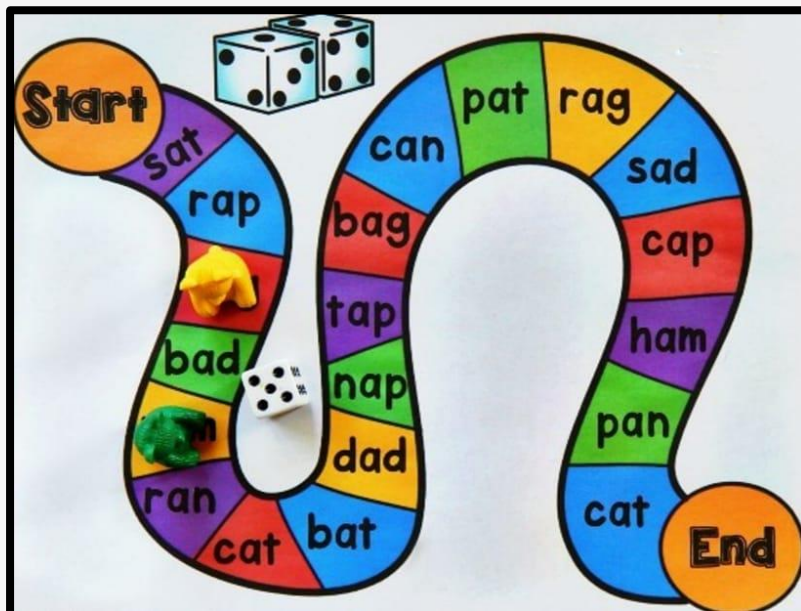
Children are required to roll a dice and move that number of spaces.

STEP 3: -

Children are required to speak aloud the cvc word they landed on.

STEP 4: -

Children can continue playing (roll the dice again) after they read the word correctly.



Vocabulary Word – Staircase 'FOLLOW THE FOOTPRINTS'

STEP 1:-

Place stickers or [tactile foot prints](#) on stairs as shown in the below picture.

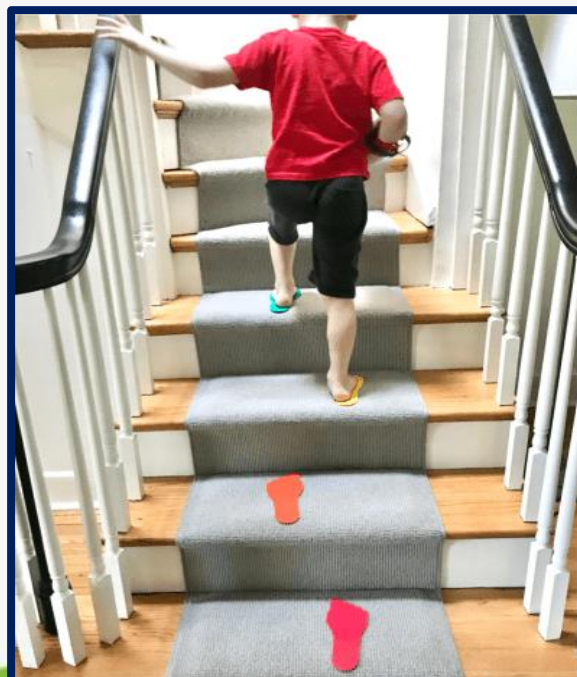
STEP 2:-

Children are required to climb up and down the stairs using an alternating stepping pattern with rail assistance.

STEP 3:-

We can explain the following points to the children so as to ensure their safety:-

- (A) NEVER RUN ON THE **STAIRCASE**.
- (B) NEVER **PUSH** ANYONE ON THE **STAIRCASE**.
- (C) ALWAYS CLIMB UP AND DOWN THE **STAIRCASE** CAREFULLY.





ENGLISH LANGUAGE

Let's open our vocabulary bag:

Corridor, Push, Run, Staircase and Washroom.



Bharat  and **Bharati**  are enjoying their holidays, staying at their grandparents house.

Bharat	Bharati! Aren't you getting bored?
Bharati	Yes Bharat! Let's play something.
Bharat	Do you want to play indoors or outdoors?
Bharati	Outdoors, but how can we play outdoors in present times?
Bharat	Let's use the big corridor in our grandparents house to play 'hopscotch', an outdoor game.
Bharati	Great idea! Let's play.
	<i>(Both of them run towards the corridor)</i>
Bharat	I will play first.
Bharati	No Bharat! I will play first.

(Both of them start fighting and **push** each other.)

(Their grandmother comes down using the **staircase**)

Grandmother Why are you fighting my children?

Bharati	See grandma! Bharat pushed me and I fell down.
Grandmother	Bharat, why did you push Bharati ?
Bharat	Grandma, She was not letting me play first.
Grandmother	My dear children, don't fight take turns and play.
Grandmother	Hurry up! children go to the washroom and wash your hands. Your favourite chocolate cake is ready.

“Wow grandma! We love you for this yummy cake”.

*Garden or Corridor,
Indoor or outdoor,
Don't run, don't push and no pull,
On the staircase, be careful.*




LEARNING OUTCOMES:



1. Practice new vocabulary words in their day to day life.
2. New words will enhance their confidence.




MONSOON HOUSE PARTY



Kids are natural rain lovers. To let them enjoy the MONSOON Magic, they can be engaged in a fun Pakora Party. Children will not only be thrilled about the party but also feel proud that they were a part of it. A 'Rain dance' can be planned in the verandah/ balcony/terrace to sing, dance in the rain and enjoy the weather. They can also be encouraged to listen to the sounds, the rain makes as it falls on different objects.



Children can also decorate their house, learn table etiquettes, assist in salad decoration, arrange the dishes and help out after the party. Children will certainly create fond memories of such a fun -filled party and the great experience will be etched in their minds forever.



My party tent house

Tents have always been magical places for kids and are perfect for role playing with siblings or friends. It's a place filled with imagination, stories and love. An effective way to enhance creativity and fun experiences.

The co-facilitators can help children create a simple, set-up tent with the help of dupattas, bedsheets, pipes and decorate the same with colorful cushions, pillows and toys. String lights can also be added to give it a bright and welcoming look. Children will have a great time having a party in their private space and enjoy their imaginative journey.



LEARNING OUTCOMES:

Children will be able to:

- 1) Learn social skills.
- 2) Develop confidence and decision making skills.

Short Sentences using a / it

As our pre primers learn to read, incorporating simple short sentences is a great way to make reading fun and interesting. It can be a major confidence booster for our young readers and enhance their reading skills. Increasing the number of times, a child encounters a word helps move the word into child's long term memory.

'a' is used before words that start with consonant sounds.

For eg: 'a' fan



We commonly use the pronoun **it** for introducing any object.

For eg: 'it' is a car



The picture of 'a' / 'it' are to be shown again and again focusing child's attention towards them.

For PPT (Short sentences) kindly refer to the bibliography

Activities:

SIGHT HUNT:

Material required - Child's favorite story book/newspaper etc., crayon (maroon and green)

Procedure- The child will try to find out the letter 'a' and encircle the same with maroon color and encircle 'it' with green color.



PUZZLE CUPS-

Material required: Few paper cups. Pictures of some objects with which kids are already familiar like tree, bus, cow etc to be pasted on those cups, 3 separate cups of **it**, **is**, **a**.

Procedure: Stack the cups of **it**, **is**, **a** and turn the face of cups having pictures. Now, the child will be asked to pick up any one cup and try to frame the correct short sentence using **it**, **is**, **a**.



LEARNING OUTCOMES:

The children will be able to:

1. Understand the usage of a/it.
2. Frame and read short sentences using a/it.

“Books” - My best friend forever

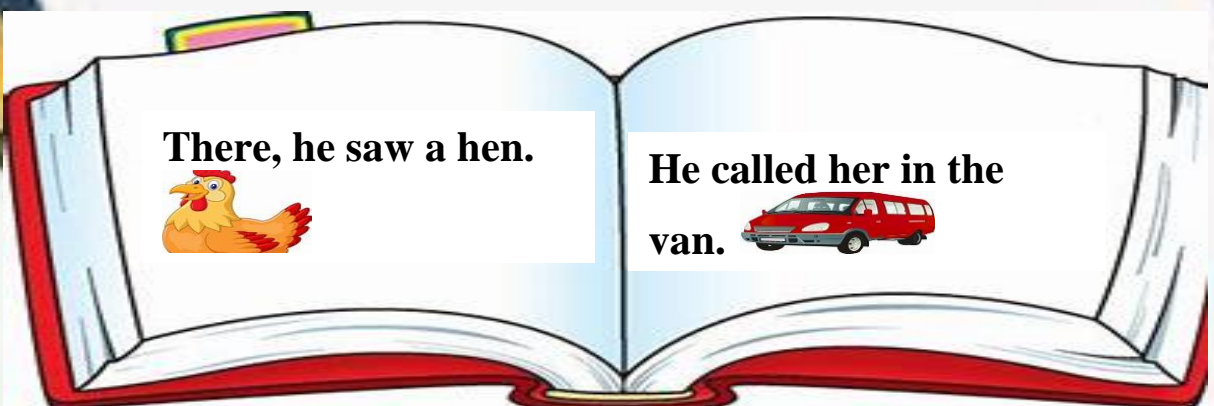
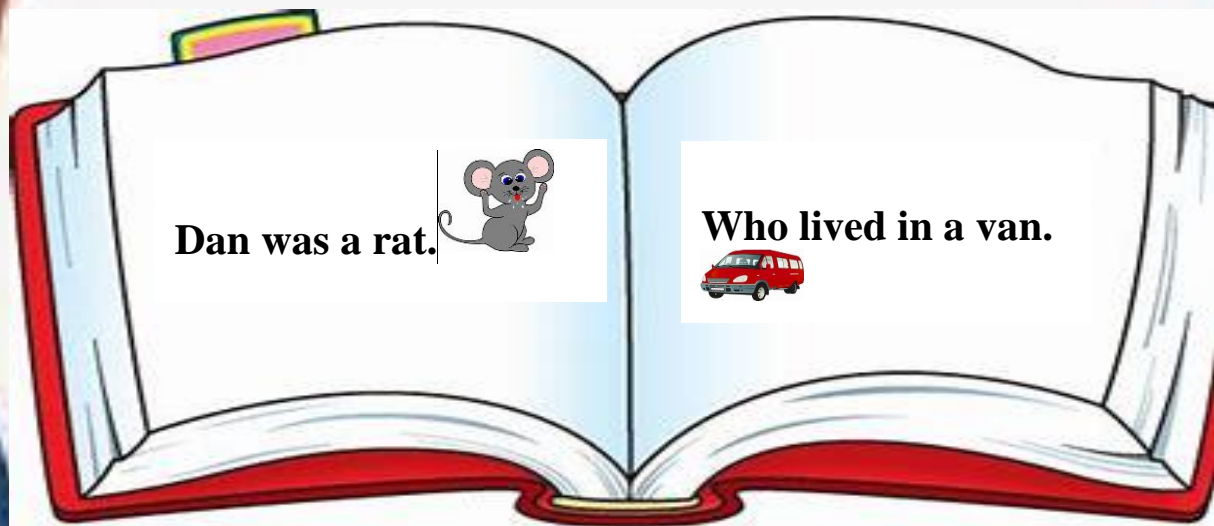
“A book is a dream that one holds in the hand.”

Picture books bring tremendous benefits to kids who are in the early stage of developing their reading skills. It is an important source of new language, concepts and lessons for young children. Books can take children to magical worlds. Children are expected to learn facts or values and apply them to real life.

**I love to read aloud,
It is so much fun...
I wait for my turn,
To see and learn!!**

This activity has been planned as per NEP guidelines to help kids build language, identify sequence and improve comprehension.

Learning aid – Picture book



They felt hot and used a fan.



He drank cold water from a can and baked potatoes in a pan.



LEARNING OUTCOMES:

- 1) It will help in language building and also improve comprehension.
- 2) Children will be able to put the story in proper sequence.



Literacy Hindi

व्यंजन **ट** एवं **द** का मौखिक एवं लिखित अभ्यास

व्यंजन '**ट**' का मौखिक एवं लिखित अभ्यास

बच्चे अपनी स्वयं की दुनिया से भाषा सीखते हैं, वे व्यंजनों का ज्ञान अपने वातावरण से लेते हैं। नई शिक्षा नीति 2020 के तहत शिक्षा की गुणवत्ता को बढ़ाने के लिए लचीली, बहु आयामी और खेल आधारित शिक्षा को शामिल किया गया है। इसी को ध्यान में रखते हुए विभिन्न गतिविधियों एवं बहु-स्तरीय खेल द्वारा बच्चों को व्यंजन **ट** एवं **द** की पहचान करवाई जाएगी। इन व्यंजनों से विभिन्न शब्दों को बोलने एवं सुनने का प्रयास, मौखिक ध्वनि विश्लेषण, पहेलियों, कविताओं एवं कहानी द्वारा बच्चों को करवाया जाएगा।



व्यंजन 'ट' की कहानी

टरु मेंढक और टिंकू टिड्डा बहुत अच्छे दोस्त थे।

टरु को टमाटर खाना अच्छा लगता था और टिंकू टिड्डे को टिंडे की सब्जी बहुत पसंद थी। एक दिन टरु मेंढक टोपी पहनकर टोकरी लेकर बाजार जा रहा था।



रास्ते में उसे पेड़ की टहनी पर बैठी टीना कोयल मिली।

टीना कोयल ने टरु मेंढक को टमाटर का टुकड़ा खाने को दिया। टरु मेंढक टमाटर खाते खाते आगे बढ़ा और अचानक से उसकी टक्कर टिंकू टिड्डे से हो गई और टरु मेंढक की टोकरी टूट गई। टिंकू टिड्डे ने टरु मेंढक से माफी मांगी।

टरु मेंढक ने कहा नहीं मेरे दोस्त गलती मेरी थी, मेरा ध्यान टमाटर के टुकड़े की तरफ था। दोनों दोस्त मिलकर घर वापस आ गए और रात को टहलते हुए टिमटिम करते तारे देखकर बहुत खुश हुए।

कहानी सुनने के बाद बच्चों का ध्यान व्यंजन 'ट' से शुरू होने वाली कुछ क्रियाओं की ओर केंद्रित किया जाएगा तथा शब्दों की प्रथम ध्वनि का अभ्यास कराया जाएगा।



टकराना



टूटना



टपकना



टहलना

व्यंजन ट की पुनरावृत्ति जादुई टोकरी खेल द्वारा करवाई जाएगी।

जादुई टोकरी ट

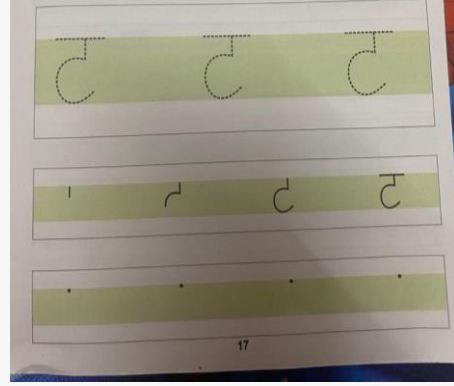


जादुई टोकरी में रखें ट अक्षर के शब्दों को टटोलकर ट टोकरी में रखने का खेल खेला जाएगा ।

(व्यंजन ट पर आधारित कार्य पत्रिका के लिए कृप्या बिल्लियोग्राफी देखें।)

ट व्यंजन लेखन:

व्यंजन ट को कार्यपुस्तिका पृष्ठ संख्या (१७ से १९) में लिखने का अभ्यास करें।



वाणी की वक्रता (Tongue Twister) -

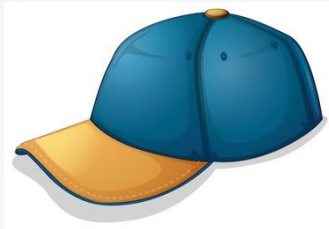
टपक टपक के टपका पानी ,
पानी टपका टपक टपक के ।



बूझो तो जानें

दो अक्षर का नाम मेरा,
सर ढकना काम मेरा ।

टोपी



लाल लाल रंग मेरा,
गोल गोल अंग मेरा,
विटामिन सी से भरा ,
खाके देखो ज़रा ।

टमाटर



द व्यंजन

अध्यापिका बच्चों को **द** से शुरू होने वाले शब्दों के चित्र / वस्तु दिखाएगी तथा उन्हें सभी शब्दों में आने वाली प्रथम ध्वनि सुनने के लिए प्रोत्साहित करेगी। सभी शब्दों का उच्चारण करते समय **द** व्यंजन पर जोर डालेगी और बच्चों को व्यंजन **द** से अवगत करवाएगी। बच्चों के शब्दकोश में वृद्धि करने के लिए अध्यापिका उन्हें अपने आस पास के वातावरण में **द** व्यंजन के शब्द ढूँढ़ने का प्रयास करने के लिए कहेगी और अन्त में बच्चों को आटे / सूजी में **द** व्यंजन बनाना सिखाएगी।

बच्चे अपनी कार्यपुस्तिका में **द** लिखने का अभ्यास करेंगे।

व्यंजन **द** की पुनरावृत्ति एक खेल द्वारा करवाई जाएगी।

ढूँढो तो जाने !

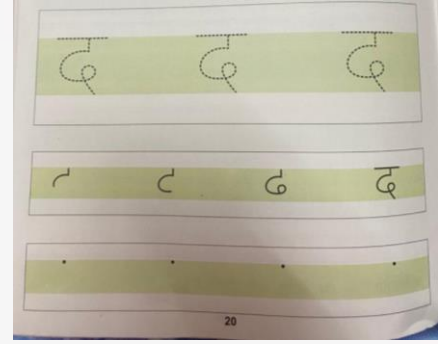
एक कमरे में **द** व्यंजन से शुरू होने वाले शब्दों के चित्रों को छिपा कर रख दिया जाएगा

(जैसे- दरवाज़ा, दलिया, दही, दवाई, दाँत, दिल, दूध इत्यादि के चित्र) बच्चों को १ मिनट में ज्यादा से ज्यादा चित्रों को इकट्ठा करना होगा।



(व्यंजन **द** पर आधारित विडीओ एवं कार्यपत्रिका के लिए कृप्या बिल्लियोग्राफी देखें।)

व्यंजन द को कार्यपुस्तिका पृष्ठ संख्या (२० से २२) में लिखने का अभ्यास करें।



वाणी की वक्रता (Tongue Twister) -

दम लगा के दौड़ा दौड़,
दौड़ा दम लगा के।



बूझो तो जानें

ताज़ी हूँ, सफेद हूँ,
रात भर जमी हूँ,
दूध से बनी हूँ,
बोलो मैं हूँ कौन ?

दही



लोहे का, लकड़ी का,
अंदर खोलो, बाहर खोलो,
ताला लगाओ या खोलो,
मुँह से बोलो मैं हूँ कौन ?

दरवाज़ा



सीखने का प्रतिफल:

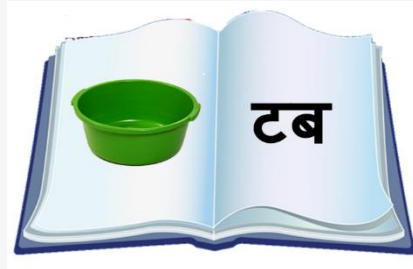
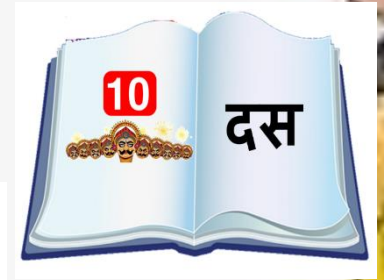
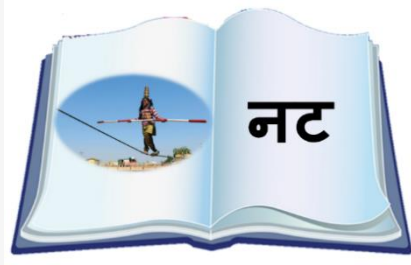
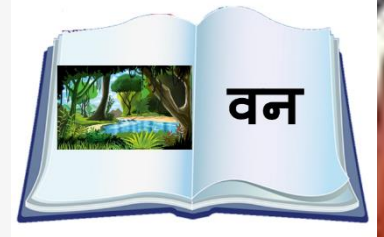
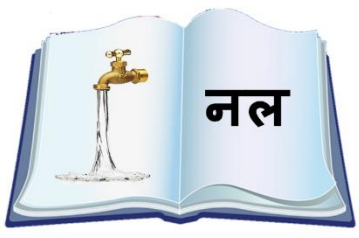
- * छात्रों की शब्दावली में वृद्धि एवं भाषा का विकास होगा।
- * अपने वातावरण में 'ट' एवं 'द' के शब्दों की पहचान कर सकेंगे।
- * दो अक्षर वाले शब्दों को मौखिक व लिखित भाषा में प्रयोग करने में सक्षम होंगे।
- * चित्र पुस्तिका से पढ़ने का अभ्यास कर पाएंगे।

दो अक्षर वाले शब्द

चित्र पुस्तिका के द्वारा दो अक्षर के शब्दों को पढ़ने का अभ्यास कराया जाएगा

(दो अक्षर वाले शब्दों पर आधारित चित्र पुस्तिका पीपीटी के लिए कृप्या बिब्लियोग्राफी देखें।)

आओ पढ़ें



दो अक्षर वाले शब्दों का लिखित अभ्यास

दो अक्षर वाले शब्दों को कार्यपुस्तिका पृष्ठ संख्या (३५) में लिखने का अभ्यास करें।

Maths and Blocks

“Early math skills have the greatest predictive power followed by reading then attention skills.”

National Education Policy (NEP), 2020, has a significant provision to provide a platform to build, nurture and foster mathematical thinking and reasoning skills in the early years. Let us try and build number concepts in a playful manner. The activities given below are planned as per NEP, 2020, guidelines to enhance logical thinking, problem solving and reasoning skills in children.

Two comes after one,
Do not play under the sun,
Five comes after four,
Someone is knocking at the door,
Seven comes after six,
Shake the drink and give it a mix,
Nine comes after eight,
Sleep on time and never be late!!

NUMBER FUN!!
*Let's play with
numbers,
and have some fun,
One after another on
a run,
Everyone will get a
chance,
To jump on the
number and dance!!*

BUILDING UP THE CONCEPT OF "AFTER"

To reinforce the skill to understand "after" we may include examples from our daily routine.

For example -

We sleep **after** dinner.

What comes **after** night?

Learning the concept of "what comes after" is an effective method of improving numerical fluency.

The facilitator may use a range of fun filled activities during virtual circle time.

FUN GAME

Concept of what comes after (1 to 10)

The facilitator will show a number card to the children. Different number cards will be pasted on the floor from 1 to 10. Children will jump on the number card which comes after the number shown by the facilitator. For example, if the number card of 4 is shown by the facilitator, then children will jump on the number card of 5.



For PPT (Concept of after) kindly refer to the bibliography

LEARNING OUTCOMES:

Children will be able to...

- 1) Identify and put numbers in series
- 2) It will enhance their logical thinking

Recognition of numbers (26 to 30)

WHAT YOU WILL NEED

It is simple to do and just requires a few minutes to set up.

You need 3 baskets (two baskets with 10 tomatoes in each + 1 empty basket)

Number cards with no. 26, 27, 28, 29, 30.

If you don't have baskets, you can use tray / bowl instead .

Tell children to wash tomatoes and hands before starting the game.

HOW TO PLAY

The child will keep 10 tomatoes in first two baskets each and will leave the third basket empty. We have two groups of ten which means we have 20 tomatoes now.

The child will pick up the number card randomly then keep the tomatoes in the empty basket.

For example: The child picks up the card of 26 number, he'll be asked to put more tomatoes in the third basket to attain the quantity as per the number card.

Similarly, two tens and 8 makes 28.

Two tens and 9 makes 29

Two tens and 10 makes 30



10 TOMATOES



10 TOMATOES



Vice-versa can be done. Children can be asked to pick up the number card as per the quantity in the baskets.

Children will be asked to repeat the number and practice writing in the air.

WRITING PRACTICE

Children can be encouraged to practice writing of numbers from 1 to 30 in their notebook (page no.8)

TALKING POINTS

Talk about the tomatoes and baskets, pointing out their color, taste, use and the starting sound of objects.

This game is a great way to develop concentration and enhance vocabulary as well.

For worksheet (Join the dots), kindly refer to the bibliography.

For worksheet (Complete the series), kindly refer to the bibliography.

For worksheet (Maze), kindly refer to the bibliography.

For worksheet (Count and match), kindly refer to the bibliography.

LEARNING OUTCOMES:

Children will be able to...

- 1) To recognize numbers and to correlate number with quantity.
- 2) Improve concentration.



GROSS AND FINE MOTOR SKILLS AND CREATIVE EXPRESSIONS

MAROON- THE COLOUR OF WARMTH AND CREATIVITY
Colours play an important role in our lives. The colours we surround ourselves with can influence our perspective, personality and behaviour. Maroon is the colour of warmth and comfort. It also boosts our energy.

The facilitators will encourage children to guess the colour with help of this riddle?



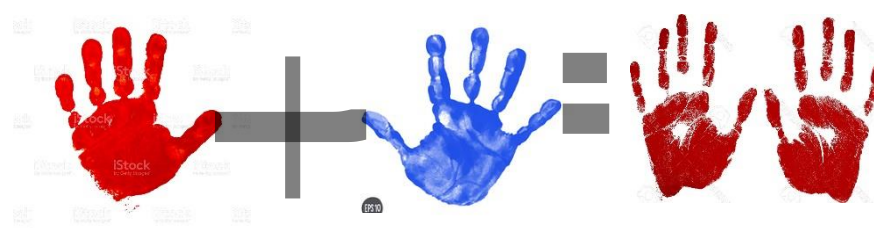
I have red, red in me.
I have blue, blue in me.
If you mix me together, then
What will you see?



Name of the activity: Happy Hands!

Material required:

- Red and blue water paint
- A drawing sheet
- 2 small plates for each colour
- One small bowl of water
- Paint brush



Steps-

- Pour red and blue paint in each plate respectively.
- Add little water to the paint and mix well with the help of a brush.

- Dip your one hand in blue paint and print on the drawing sheet.
- Now, dip your other hand in red paint and print on the drawing sheet.
- Rub both hands together and see the magic.

You will get a new colour on your hands!



Name of the activity: LET'S GO HUNTING...

Material required: Things available in the house.

Steps:

- The facilitator will encourage children to find red, blue and maroon colour objects in their house.
- She will wait for few minutes for children to fetch for the required objects and then each child will show and tell the name of the object that they have discovered. For example, a red apple, a blue ball etc.
- This will be an exciting activity for our little once and it will also help them to differentiate between colours.



LEARNING OUTCOMES:

Children will be able to...

- 1) Identify Maroon colour in the environment
- 2) It will enhance their observation skills
- 3) They will be able to differentiate Maroon colour from other colours.

Name of the activity: Rock 'n' Roll

Material required:

- A dice with red, blue and maroon colour on 2 sides each.
- Any device to play your child's favourite music.
- **Steps-**
- Roll the dice and move according to the colour that appears.
- Red – Jump, Blue-Clap
- Maroon- Dance on the music.



For the video (Color Maroon), kindly refer to the bibliography

FUN EXERCISES

*“To enjoy the glow of good health,
you must exercise”*

Children need to be active every day to boost their physical, mental and emotional wellbeing. A regular fitness regime fostered from a budding age goes a long way in keeping the body and the mind active

and coordinated. It is so much fun... so let's get started ... encourage the children to jump, hop and bend.



For the video (Fun exercises), kindly refer to the bibliography.

LEARNING OUTCOMES:

Children will be able to-

- 1) Improve their gross motor skills.
- 2) It would help them to enhance their listening skills..

HEART SHAPE

Being a family means we all are a part of something wonderful. It means we will love and be loved for the rest of our lives. Heart is a symbol of love. We love our parents, friends, siblings and teachers. Heart also means kindness and gratitude. We should be kind to everyone and express our heartfelt gratitude.



*I love the heart shape,
Pillows, balloons and sweets,
It is a fun filled treat!!*



For the video (Heart Shape), kindly refer to the bibliography.



LEARNING OUTCOMES:

Children will be able to-

- 1) Identify shape Heart
- 2) Recognize and segregate different objects with heart shape.

MILESTONES ACHIEVED

The activity that I enjoyed doing the most

SOCIAL MILESTONES-

- I feel good about myself. Yes/No
- I have understood the importance of being truthful. Yes/No

LANGUAGE MILESTONES-

- I enjoyed playing games and doing activities of letter S. Yes/No
- I know index finger spacing. Yes/No
- I can read aloud three letter words with 'a' in the middle. Yes/No
- I can recite rhymes. Yes/No

LEARNING MY MOTHER TONGUE-

- मैं अपने वातावरण में व्यंजन 'द' एवं 'ट' से शुरू होने वाले शब्दों की पहचान कर सकता हूँ / सकती हूँ। हाँ / नहीं
- मैं अक्षरों द्वारा शब्दों को बना सकता हूँ / सकती हूँ। हाँ / नहीं
- मैं दो अक्षर के शब्दों को पढ़ एवं लिख सकता हूँ / सकती हूँ। हाँ / नहीं

COGNITION & UNDERSTANDING RELATED MILESTONES-

- I can count & write numbers from 1-30 Yes/No
- I have understood the concept of after and enjoyed doing related activities. Yes/No
- I can solve riddles. Yes/No
- I can find Heart shape objects in the environment. Yes/No

MOTOR SKILLS RELATED MILESTONES-

- I enjoyed doing different exercises. Yes/No
- I enjoyed doing art and craft activities. Yes/No
- I can make Maroon colour. Yes/No

NOTE- Parents are requested to guide and help their wards to choose the right option after asking relevant questions to them. Also kindly share the feedback with the respective class teachers.