



Bal Bharati
PUBLIC SCHOOL

PRE SCHOOL

Facilitation Module

(Guidelines to Nurture Early Learning)

Learn, Play & Grow Together!



The Learning Programme is for 15 days - 16 August, 2021 to 31 August, 2021.
The following are to be facilitated for the young learners:

THEME- RAINY SEASON

COLOUR - ORANGE

FESTIVAL OF THE MONTH

- ◆ Raksha Bandhan
- ◆ Janmashtami

VALUE/SOCIAL SKILL

- ◆ COURTESY AND MANNERS -Politeness

ENGLISH LANGUAGE: -

- ◆ Preservation of physical elements- AIR
- ◆ Vocabulary Bag- Raincoat, Save, Dirty, Wet, Dry, Muddy
- ◆ Rhymes
- ◆ Picture Reading
- ◆ News of the Day
- ◆

ENGLISH LITERACY: -

- ◆ Letter Sound Recognition- Letter Aa – Story, Letter Games, Worksheet.
- ◆ Sight word - Me and My

HINDI LITERACY: -

- ◆ शब्दावली : बारिश,मेंढक, बिजली, चमकना,उछलना, कीचड़, चाय, पकौड़े ।

BLOCKS & MATHS

- ◆ Pre-Number - Concept More and Less
- ◆ Recognition of numbers 4 &5
- ◆ Correlation of numbers 1-5
- ◆ Oral counting- 1-10
- ◆ Recap of Tall & Short
- ◆ Improvised Cylinder blocks

WRITING READINESS

- ◆ Pattern writing - Curves

CREATIVE EXPRESSION: -

- ◆ Paper folding- Boat
- ◆ Thunderstorm craft activity

GROSS AND FINE MOTOR SKILLS:

- ◆ Hop, jump, skip on floor (sketch of letters)

The main focus of NEP 2020 is on multi-level activity & enquiry based learning concepts comprising of literacy, language, numeracy, colors, play, shapes. It also focus areas of the reforms seek to cultivate '21st-century life skills' among students, including critical thinking, problem-solving, creativity and digital literacy.

Dear facilitators

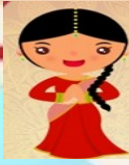
The early childhood experiences should progress from simple to complex, from known to unknown and from concrete to abstract. In reference to this, the following activities have been divided on weekly basis.

Week-1

Orange - colour recognition, News of the day, Politeness, Rakshabandhan, Thing we see in rainy season (structured conversation) , Picture reading, Preservation of physical elements-Air, Letter A-recognition, sight word - Me, चित्र पुस्तक, Oral counting 1-10, Recognition of number 4, Tracing of curves, Thunderstorm activity.

Week-2

Janamashtami, Preservation of physical elements- Air (air occupies space), Letter A (activity), Sight word- My, बाल गीत, More and less, Recognition of number 5, Improvised Cylinder blocks, Correlation of numbers 1-5, Boat making activity, Hop, jump & skip on floor.



Greeting "NAMASKAR"



The utmost important aspect of the development of "Social Skills" and values amongst our children is teaching to greet each other.

Greeting each other is an essential step in building a positive societal culture. The act also helps build cordial relationships between learners and facilitators. The act also builds a sense of community living learnt through the classroom. So, let's help children learn how to do "NAMASKAR".

'For video link (Greeting 'Namaskar'), kindly refer to the module no. 1'

LET'S DO A PRAYER

Prayer isn't just closing your eyes, folding your hands and reciting.. It is a much more meaningful facet of human existence. Prayer is defined as a communion to God... in devotion, confession, praise, or thanksgiving. Let us help our children develop Faith, strength, compassion, forgiveness & empathy through reciting Prayers together



'For an audio link (God's Love), kindly refer to the module no. 1'

CHANTING SHLOKA

The word "shloka" means "song" and originate from the roots "śru" or "here". A shloka is generally a couplet of Sanskrit verse, especially one in which each line contains sixteen syllables. Chanting shlokas, either done solitary or in a group, have profound physical, mental and emotional benefit.

Chanting Shlokas help improve concentration and memory. The shlokas emit vibrations that activate the Chakras and help them to be calm.

Shloka recitation is a natural way to boost the immune system.

त्वमेव माता च पिता त्वमेव ।
त्वमेव बन्धुश्च सुखा त्वमेव ।
त्वमेव विद्या द्रविण त्वमेव ।
त्वमेव सर्व मम देव देव ॥



'For video link(Shloka recitation), kindly refer to the bibliography'

EXERCISE TIME

Children need to be active and play for all-round development but, we need to understand importantly that to regulate & promote their healthy physical growth, they need to be regular with exercise as they reach school age . Kids who establish healthy lifestyle patterns at a young age will carry them and their benefits forward for the rest of their lives. The benefits that children receive from being supported in regular physical activities emphasize endurance, flexibility, strength and stamina. Let's try and cultivate a positive culture for Physical Health and development in growing children and foster a **Neeraj Chopra** in every growing Early Learner of our Society.

With great respect to our **Olympic star Neeraj Chopra** and his family...Let the Early Learners at BBPS Pan India enjoy & learn from the video clip.

'For video link (Fitness Level of Neeraj Chopra), kindly refer to the bibliography'

Let's jog on the spot



Touch your toes...



Stretch your body...



Do some pushups...

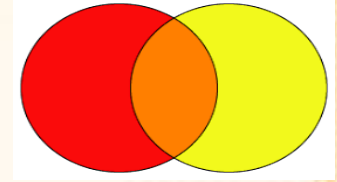




COLOUR-ORANGE



- 1) **Orange** is the colour of bright sunsets and fresh oranges.
- 2) It is a combination of red and yellow colour and is considered to be an energetic colour.
- 3) **Orange** is often used to draw attention, set objects apart from their surroundings such as in traffic signs and advertisements.



**Orange is the orange
And pumpkins too
Orange is the carrot
And the sunsets hue**



For worksheet (Colour- Orange), kindly refer to Bibliography.

Here are the few suggestive activities for the colour-**orange**.

Activity: COLOUR MIXING

Learning Outcomes:

The child will be able to-

1. identify the colour with its name.
2. differentiate between red, yellow and **orange** colours.



This is a great activity for developing fine motor skills while having fun mixing colours. The facilitator may make the children perform the following activity during Virtual Circle Time.

Material Required:

- 1) Red and Yellow poster colours
- 2) Paint brush
- 3) 3 transparent glasses
- 4) Water bottle

Let's do:

Take a transparent (see through) glass and pour water in it. Add few drops of red colour and stir. The same way, add few drops of yellow colour in another glass and stir. Now pour water from both the glasses in the third glass and see the magic. Observe colour of water in third glass. Yes, it is orange.

Activity: COTTON BUD PRINTING**Learning Outcomes:**

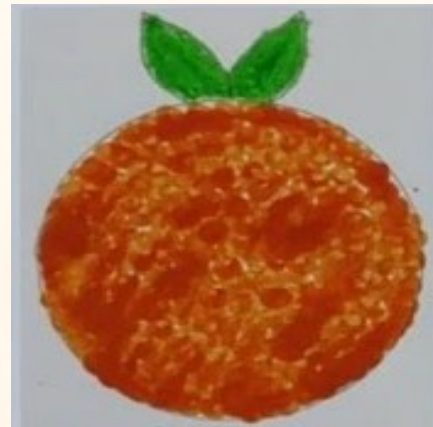
The child will be able to-

1. enhance his/her fine motor skills and eye –hand coordination.
2. develop the ability to follow simple instructions.

Art activities engage the children and leads to improvement in eye hand coordination from a very young age.

Material Required:

- 1) Red and Yellow poster colours
- 2) Drawing sheet with a picture of an orange
- 3) Small bowl of water
- 4) Paint brush
- 5) Ear buds

**Let's do:**

- 1) Take yellow and red colour in a palette, mix them well with the a brush to get orange colour.
- 2) Now dip ear bud tip in orange colour.
- 3) Print the impression of ear bud in the picture of an orange.

The main focus of National Education Policy 2020 is its motive on nurturing art -integrated learning as this makes leaning process fun filled.

FESTIVAL OF THE MONTH

RAKSHA BANDHAN A Unique Bond of Love

LEARNING OUTCOMES:

The child will be able to-

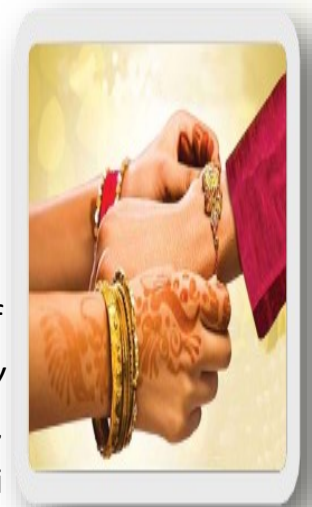
1. understand the unconditional love between brothers and sisters.
2. get motivated to celebrate the festival with family members.
3. take initiative for creating a festive environment.
4. feel happy.

“Rakhi is a thread that binds two souls in a bond of joy forever”

Rakshabandhan is a glorious festival celebrated as the beautiful bond of love and brotherhood between brothers and sisters. *The Facilitator may discuss with the children about Raksha Bandhan during virtual circle time.* Traditionally the sister's ties a bracelet of woven threads called Rakhi around her brother's wrist. It represents sister's promise to love her brother and his vow to protect her sister from any evil influences. This bond of love between brothers and sisters are the most adorable in the world.

So, let's gather and celebrate this beautiful bond of love and emotions with poem:

आया राखी का त्योहार,
सुबह सुबह होकर तैयार,
बहने बाधें राखी, भाई करे वादा,
है ये रिश्ता सारे जग मे,
सबसे प्यारा सबसे न्यारा।



RAKSHA BANDHAN CRAFT ACTIVITY

LEARNING OUTCOMES:

The child will be able to-

1. learn to make a Rakhi.
2. prepare for Rakshabandhan celebration and learn to care for siblings.
3. learn to be creative.

Rakshabandhan is around the corner and we all are super excited to find the best available rakhi for brothers. But since years we have been purchasing it from market, this year how about making one with your friends. The Facilitator may take this activity with the children during virtual circle time.



MATERIAL REQUIRED FOR MAKING RAKHI:

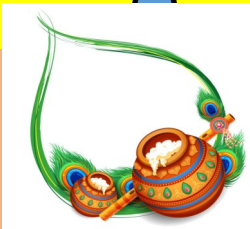
- 1) Thick paper or cardboard.
- 2) One passport picture of siblings together.
- 3) Decorative material (sticking pearls, stones, feathers, pompom, beads, stickers)
- 4) Thin ribbon or Pooja moli.
- 5) Fevistick or fevicol.

STEPS OF MAKING RAKHI:

- 1) Take thick paper or cardboard and stick a photograph of siblings on it.
- 2) Now, under co facilitator's supervision give your paper or cardboard a shape.(Circle, Triangle, Square)
- 3) Decorate the outline of picture with decorative material creatively.
- 4) Finally paste your ribbon string or Pooja moli to complete your rakhi.



As per NEP 2020, activity- based learning ensures that learners are actively engaged and makes the entire teaching learning process fun filled and joyful.



JANMASHTAMI

LEARNING OUTCOMES:

The child will be able to:

1. understand the importance of the festival 'Janmashtami'.
2. get motivated to celebrate the festival with family members.
3. take initiative for creating a festive environment.
4. feel happy.

The Facilitator may discuss with the children about Janmashtami during virtual circle time. She may also discuss about the childhood anecdotes from Krishna's life integrating words like Makhan Chor, Dahi Handi etc.

Janmashtami is one of the major Hindu festival celebrated every year. This day is celebrated as the birthday of Lord Krishna. This day is also known as 'Gokul Ashtami' and 'Sri Krishna Jayanti'. This festival is celebrated as a symbol of the end of darkness and evil forces. On this occasion, temples are decorated with flowers and lights. People place an idol of baby Krishna in a cradle and offer sweets and butter. These sweets are then distributed as Prasad. On this day, people observe fast, sing bhajans and seek blessings of Lord Krishna.

In many parts of India, it is celebrated by breaking the earthen pot called "Matki or Dahi Handi". This matki is filled with curd and butter and is placed high above the ground. Groups of people make a human pyramid and attempt to break the earthen pot (matki). This predicts Krishna's childhood days when he used to play with his friends and eat curd and butter hung out of reach by their mothers. So, he was also known as 'Makhan Chor.'

NATKHAT, NATKHAT, NATKHAT KRISHNA,
SINCERE, BRAVE AND DARING KRISHNA,
NATKHAT, NATKHAT, NATKHAT KRISHNA,
NANDLALA, GOPALA, EVERYBODY'S HERO KRISHNA,
NATKHAT, NATKHAT NATKHAT KRISHNA...



For PPT link (Janmashtami), kindly refer to the bibliography

JANMASHTAMI CRAFT ACTIVITY

FLUTE MAKING ACTIVITY



The best way to teach young children about festivals is to involve them in various activities related to celebrations of these festivals. Art and craft activities help to instill a sense of achievement in children and boost their confidence.

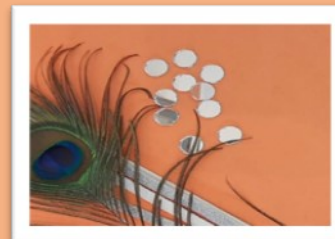
LEARNING OUTCOMES:

The child will be able to:

1. learn to make a flute.
2. enhance his/her eye hand coordination.
3. enhance his/her creativity.
4. enjoy the festival of Janmashtami.

MATERIAL REQUIRED:

- 1) Orange Pastel sheet (A-4 size)
- 2) Silver ribbon/ decorative tape
- 3) Peacock feather
- 4) Small mirrors
- 5) Fevicol or Fevistick



STEPS OF MAKING FLUTE:

- 1) Roll orange pastel sheet and paste the edges with fevicol to make a flute.
- 2) Wrap a silver ribbon or decorative tape around it.
- 3) Decorate the flute with small mirrors.
- 4) Stick a peacock feather at the end.



NEP 2020 aims at providing a strong and steady foundation for cognitive and exploratory based learning where the children get maximum opportunities to discover and learn.

SOCIAL VALUE/SKILL

POLITENESS



LEARNING OUTCOMES:

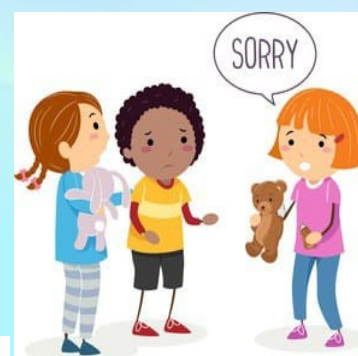
The child will be able to-

- 1) understand the importance of being polite.
- 2) differentiate between right and wrong behaviour.

Politeness teaches children to respect and create sensitive awareness of the feelings of others. Children are already aware of the concept of using three magical words-**please**, **sorry** and **thank you**. It is suggested that the facilitator may take up different activities to explain during the virtual circle time. The facilitator may ask the children, what it means to be polite to a friend. She will encourage them to be polite through this small rhyme.



Today I promise to be polite,
To use the nicest words I can find.
Today I promise to try to share,
To wait for my turn and to be fair.





ROLE PLAY



(PS) 11

The facilitator may encourage the children to Role-play the following situations with their family members:

- 1) Two family members are sitting at a table. One of them needs a cookie from the cookie jar that is out of his/her reach. It is within the reach of the other person. What should the first person say to the other person sitting near the cookie jar?
"Please"
- 2) Elder sibling spoke loudly while playing. What should elder sibling say? "I am **Sorry** for being loud."
- 3) Mother has brought a new toy for the child. What should the child say?
"Thank you"
- 4) When parents are talking to each other and if you want to talk to them, what should you say? "**Excuse me**"
- 5) When you ask for something you say, "**Please**"
- 6) When you get a gift, you should say, "**Thank You**"
- 7) When you step on someone's foot by mistake, you should say, "**Sorry**"
- 8) Just before you are about to leave the table while sitting with everyone, you should say, "**Excuse me**"
- 9) When you wake up in the morning, you should say "**Good Morning**".
- 10) Before you go to bed at night, you should say "**Good Night**".

NEP 2020, has given the highest priority to building strong foundations early in a child's life. The above activity focuses on the socio - emotional - ethical development of the children.

ENGLISH LANGUAGE AND COMMUNICATION

National Education Policy (NEP),2020 has a significant provision and provide a platform to build , nurture and foster language and communication skills in the early years. Let us try and build these skills in a playful manner. The activities given below are planned as per NEP, 2020 guidelines to enhance listening, speaking and comprehension skills of the children.

The facilitator may be cultivating critical thinking, problem-solving and creativity.

PHYSICAL ELEMENT-AIR

LEARNING OUTCOMES:

The children will learn

1. the importance of air to sustain life and growth
2. about the physical element -Air

Air is all around us. We can feel it when it blows. Air is a very important natural resource. We must keep the air clean and fresh by planting more and more trees. The environment is vital to our well-being. Air and water are life so let's promise—**WE WILL NOT POLLUTE THEM.**



Children are curious. They explore observe and imitate. To explain them that air occupies space and has force. It can also move objects. These concepts can be simply explained with the help of small experiments. This will help children to enhance their observation skills. Facilitator could discuss further about air and ask children to move out in the balcony/ on terrace and can feel the presence of air. This will give them hands-on experience. She can also discuss the following questions.

- 1) How does air blow?
- 2) What helps kite to fly in the sky ?

Facilitator may take up any 2 experiments as per their choice from the below mentioned activities .

EXPERIMENT - 1

Air can Move Objects

LEARNING OUTCOMES:

The child will be able to:

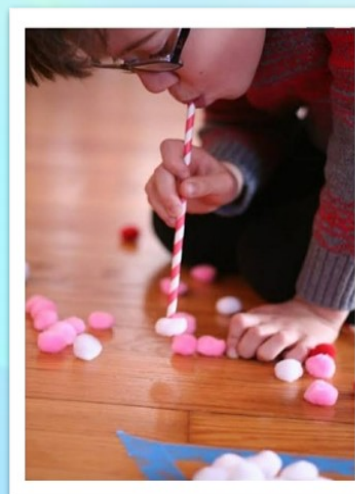
1. develop critical thinking.
2. develop reasoning ability.
3. discover about Air.

ACTIVITY 1

Material Required

- 1) Straw
- 2) Pom Poms
- 3) Tray

The facilitator will ask the children to blow the straw near the pompoms and observe its movement.



ACTIVITY 2

The artistic endeavors and self-directive exploration are not only fun but also help young learners to expand and grow. Blow printing will help children to discover and observe the power of air to move objects.

Blow Printing

Material Required

1. Straw
2. Ivory Sheet
3. Water Colour Pallet
4. Brush

Facilitator will ask students to add paint drops to paper and blow at the paint through the straw. Children can repeat with more colours.



EXPERIMENT - 2

Air Occupies Space

LEARNING OUTCOMES:

The child will be able to:

1. know that air occupies space.
2. know that air is very light in weight.



Air is invisible but it has mass and occupies space wherever it finds it. The facilitator may ask the children to perform these experiments during the Virtual circle time.

ACTIVITY 1

Material Required

- 1) One medium size balloon
- 2) Pump

Facilitator will encourage students to fill air in the balloon till it bursts. She will further explain that air is invisible and occupies space.

ACTIVITY 2

Material Required

- 1) One transparent glass
- 2) A tissue paper
- 3) A jar of water



The facilitator may perform this experiment during the Virtual Circle Time. Take a tissue paper and stuff it at the bottom of the glass. Now turn it upside down. Remember tissue paper should not fall down. Tissue paper has locked the space with air. Now, dip the glass upside down straight in the jar full of water. Remember not to tilt the glass. Take out the glass and touch the tissue paper. It will be dry as air had occupied the space in it.

VOCABULARY WORDS (RAINY SEASON)

Umbrella, Save, Raincoat, Dirty, Wet, Dry, Muddy

The rainy season is the most welcomed season as mostly children love to play in the rain. Rain brings smile to everyone's face and also gives a reason to celebrate. Children love rainy season and will enjoy the essence of this season with language activities planned by the facilitator.

LEARNING OUTCOMES:

The child will be able to:

1. enhance listening skills and attention.
2. develop speaking skills.
3. add new words to his/ her vocabulary.

The Facilitator may introduce and explain the vocabulary words through a story involving Bharat and Bharati.

It was a beautiful morning and the sky was very cloudy. Bharat and Bharati were playing an indoor game-Ludo. Suddenly they heard loud sound of thunder and went outside to see the rain from window.

Bharat: Look Bharati, it is raining so heavily and the sky is all grey now.



Bharati: Bharat, see the road is full of **muddy** puddles.

Bharat: Now, we cannot play outside as our clothes will get **wet** and **dirty**.

Bharati: Ohh! Bharat, but mother has gone out to buy some groceries, she may also get wet in this rain.

Bharat: Don't worry Bharati, Mother always carries an **umbrella** with her, it will **save** her from getting wet.

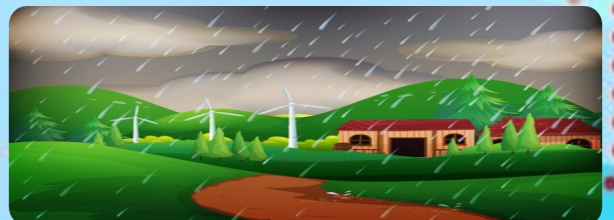


Bharati: What if we don't have umbrella?

Bharat: Look at that boy on the road, he is not carrying umbrella but wearing a **raincoat**. So we can also use raincoat if we don't have umbrella.

Bharati: That's great, now let's go inside and continue with our game, Mom will be back soon.

Bharat: Yes, go and keep a clean towel at the main door for her to wipe and **dry** herself when she reaches back home.



The facilitator may recapitulate the vocabulary words with the help of following questions.

- Which game were Bharat and Bharati playing?
- What did they hear?
- What did Bharat and Bharati see outside?
- What was the road full of?
- Why were Bharat and Bharati not able to play outside?
- What was the boy on the road wearing?
- what did they keep at main door for their mother?
- What do children do when they see puddles?
- What will happen if you don't have an umbrella on a rainy day?

Rhymes

LEARNING OUTCOMES-

The child will be able to-

1. enhance speaking skills
2. enrich vocabulary
3. imagine vividly and enjoy the rainy season.

Rhymes are child's first experience with words, when actions are linked to words, it helps boost motor skills and improves rhythm and movement and also enhances memory, concentration and thinking skills. The facilitator may make the children recite the rhymes during the Virtual Circle Time.

A Rainy Day

Rain drops pitter patter
Breeze says chitter chatter
Clouds thunder loud and loud
Muddy puddles all around
Splish splash the children play
Oh! What a beautiful day



I love my umbrella

Red, yellow and blue
Opens up and closes too
And helps me stay dry
Sometimes it does fly
I have so much fun
Holding it for fun
Oh! My little umbrella
Red, yellow and blue
I just love you



PICTURE READING

The facilitator may start with a discussion. Who loves to enjoy in rain? Who loves to play with paper boats? After asking these questions, the facilitator may present a picture to the children to look at it, see and observe.

LEARNING OUTCOMES

The child will be able to:

1. enhance his/her vocabulary.
2. enhance his/her observation skills.
3. enhance reasoning skill.
4. enhance confidence and communication skills.



Questions:

- Which season is shown in the picture?
- Count the number of children who are holding umbrellas in the picture?
- How many children are wearing raincoats and why?
- What is the girl in pink frock doing?
- Name the animal who is also enjoying rain?
- Count the number of umbrellas.
- What is floating in water?
- How many children are sitting in the boat?

NEWS OF THE DAY

LEARNING OUTCOMES:

The child will be able to:

1. express himself /herself freely.
2. develop listening skills.
3. add more vocabulary words



News of the day is an integral part of our curriculum because it's such an effective way to build communication.

Driven by curiosity, children seek to explore the world; the world of a young child is full of new foods to taste, new people to meet, new games to play, words to understand, places to visit, and concepts to master. The children touch, taste, smell, climb over, poke at, participate, watch, listen, observe and learn more ... this is, simply, how they learn.

The facilitator is required to help children express all these experiences and incorporate this activity, say ever **Wednesday**, and make it participative. Interactive communication with co-facilitators for this activity may also to be taken up. This will encourage the children to be more confident and communicative.

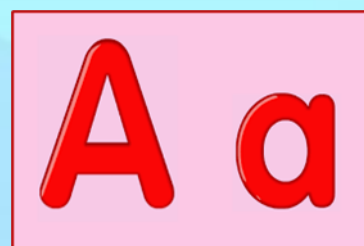
LITERACY ENGLISH

Letter and sound recognition of alphabet 'A a'

LEARNING OUTCOMES:

The child will be able to:-

1. recognise uppercase and lowercase letter **Aa**.
2. associate letter **Aa** with related pictures.
3. add words to the child's vocabulary.



Alphabets form the basis of our language and communication at the early childhood stage. Learning the alphabets enhances our spoken language and is the first step towards a lifelong journey of reading. The word alphabet starts with **A**, the very first letter in English Alphabets. The facilitators can provide a range of activities to help children to learn about the alphabet **A**, through the specific material like puzzles, alphabet album and matching games.

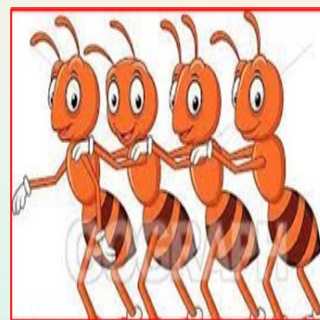
Introduction of the letter **Aa** through a story

The letter may be introduced with the help of the video of the given story, followed by a PowerPoint Presentation of the related vocabulary words. This will help the students to recognize the letter along with its sound and related vocabulary.

Learning Outcomes

The child will be able to:

1. enhance his/her listening skill
2. enhance his /her attention span
3. learn to work as a team

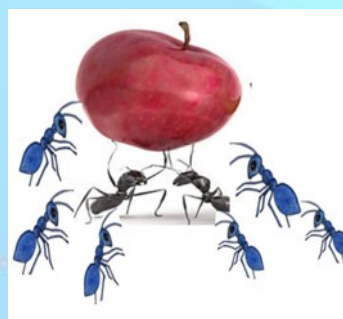
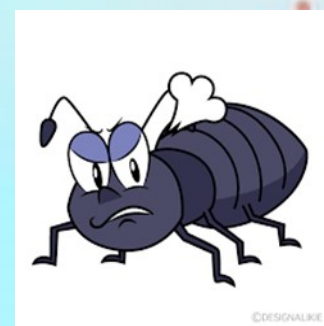
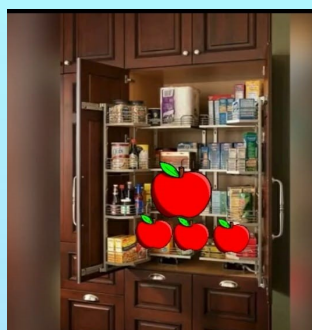


Extended Learning Activity

For a video , PPT link and worksheet (Letter 'Aa') refer to Bibliography.

The facilitator will encourage the learners to arrange the flash cards related to the story in a sequence order and narrate the story.

FLASH CARDS OF THE STORY:



Facilitator may take up any 2 extended learning activities of letter 'Aa' from the following activities

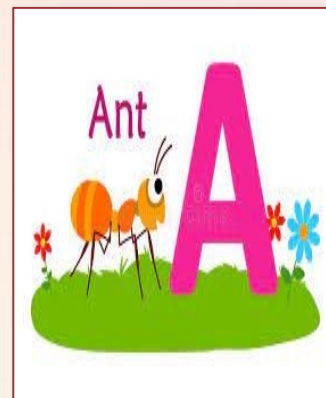
CRAFT ACTIVITY

ACTIVITY 1

LEARNING OUTCOMES:

The child will be able to: -

1. identify the beginning phonic sound of words
2. recognize the letter **Aa** related pictures



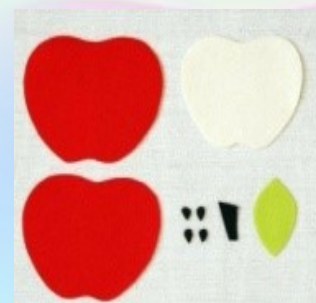
APPLE SHAPED ALBUM

The picture books and albums are very attractive and capture the attention of the children. They help them to associate words with the picture and expand the vocabulary of the children.

The facilitator can ask the co facilitators to arrange the related material, so that the child can make the album during the virtual circle time with the facilitator's guidance.

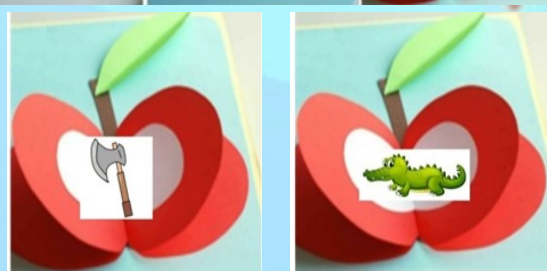
MATERIAL REQUIRED:

- 1) Four red paper cut-outs of apple
- 2) One white paper cut out of apple
- 3) Cut out a small stem
- 4) Green paper cut out of a leaf
- 5) Fevicol /Glue
- 6) Four to six cut-outs of pictures related to the letter A.



STEPS FOR MAKING APPLE SHAPED ALBUM:

- 1) The children will fold the apple cut-outs and paste them from the centre using white paper cut-outs to make a book.
- 2) Paste the stem and leaf at the top in the centre.
- 3) Paste the pictures on each page as shown in the pictures.
- 4) The co facilitator can write the names of each picture.



ACTIVITY 2

LEARNING OUTCOMES:

The child will be able to: -

1. solve simple puzzles for learning letter 'Aa.'
2. enhance critical thinking.

ALPHABET PUZZLE

Puzzles help the children to enhance their problem solving and critical thinking skills. Puzzles can also help children with pattern recognition, memory and both gross and fine motor skills. Children can make the alphabet puzzle during the Virtual Circle Time with the guidance of co-facilitators.

MATERIAL REQUIRED:

- 1) Mount board cut-out of the upper-case A
- 2) Three pictures related to the letter A
- 3) Crayons
- 4) Fevicol
- 5) Black marker
- 6) Scissors



STEPS FOR MAKING ALPHABET PUZZLE:

- 1) Divide the cut-out of the upper-case A into four parts using a black marker.
- 2) Paste a picture in each part and colour it.
- 3) Cut the alphabet cut-out diagonally into three parts.
- 4) Puzzle cut-out shared through a worksheet.

SIGHT WORDS

As the child begins to read, sight words are high – frequency words that appears often in a text but can't necessarily be figured out by sounding them out phonetically. Sight words are learned through basic memorization and can be taught through listening and reading activities.

LEARNING OUTCOMES:

The child will be able to:

1. recognise the sight word **Me** and **My**
2. understand the usage of the sight words **Me** and **My**

Sight words **Me** and **My** can be introduced through the PowerPoint presentations of included 'rhymes' that may be recited by facilitator during the Virtual Circle Time.

For PPT (Sight Words -Me & My), kindly refer to Bibliography.

NEP 2020 aims to provide a pedagogy that nurtures the holistic growth of the children and make learning integrated, enjoyable and engaging.

LITERACY HINDI

शब्दावली

मैंढक, बिजली, चमकना, उछलना, कीचड़, चाय, पकौड़े !

भाषा सीखना बच्चों के जीवन का महत्वपूर्ण हिस्सा है। भाषा विचारों तथा अनुभवों को व्यक्त करने का एक संकेतिक साधन है। बच्चे अपने वातावरण में नए शब्दों को सुनते तथा उन्हें अपनी भाषा में प्रयोग करने का प्रयत्न करते हैं। शब्दों को बोलने व सुनने से उनकी भाषा में वृद्धि होती है।

अध्यापिका बाल गीत और पहेलियों के माध्यम से छात्रों के मन में उत्साह भरेगी। बाल गीत और पहेलियों बच्चों की स्मृति अवधारण शक्ति बढ़ाती है, उनको छोटी छोटी समस्याओं को सुलझाने के सही तरीके सिखाती है।

सीखने के प्रतिफल:-

विद्यार्थी-

1. बाल गीत और पहेलियों से शब्दों के अर्थ जान पाएंगे।
2. समस्या समाधान करने के लिए प्रोत्साहित होंगे।
3. हिन्दी भाषा के प्रति रूचि जागृत होगी।
4. अपनी कल्पना शक्ति का विकास करेंगे।



बिजली चमकी

बिजली चमकी चम चम चम,
बादल गरजे धम धम धम,
बारिश बरसी छम छम छम,
ले कर छाता निकले हम ।

बाल गीत

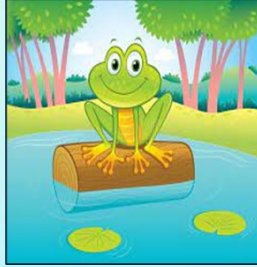


बारिश आयी

बारिश आई बारिश आई,
उछल कूद सबने मचाई,
कीचड़ में **मेंढक** देखें हमने,
भीगे घर के सारे जने,
फिर **चाय पकौड़े** बनाए,
मिलकर मजे से सबने खाए।

पहेली

पानी में कूदता,
जमीन पर उछलता,
बड़ी बड़ी आँखों वाला हूँ,
बारिश में फुदकता रहता
फिर भी न गिरने वाला हूँ,
बतलाओ तो कौन हूँ मैं ।



मेंढक

छम छम बरसूँ मैं
बादल से टपकूँ मैं
छाता लाओ जल्दी से
और पताओ कौन हूँ मैं



बारिश

चित्र पुस्तक

सीखने के प्रतिफल

विद्यार्थी-

1. बच्चों के पढ़ने का कौशल विकसित होंगे।
2. समस्या समाधान करने के लिए प्रोत्साहित होंगे।
3. भाषा के प्रति रूचि जागृत होगी।
4. अपनी कल्पना शक्ति का विकास करेंगे।

चित्र पुस्तक बच्चों का पढ़ने का कौशल विकसित करती है। शब्दावली से जुड़े शब्द बच्चों को चित्रपुस्तक द्वारा दिखाए जाएंगे तो बच्चों का समझ प्रवाह और अन्यमूलभूत साक्षरता कौशल बनाने में मदद मिलेगी।

चित्रपुस्तक को पढ़ने का अभ्यास वर्चुअल सर्किल टाइम में कराया जा सकता है पावरपॉइंट प्रेजेंटेशन की सहायता से।



चित्र पुस्तक पी.पी.टी. के लिए, कृपया बिबलियोग्राफी देखें।

एनईपी २०२० बच्चों को मातृभाषा का प्रयोग करने के लिए प्रोत्साहित करती है, बच्चे इससे जल्दी सीखते हैं और अपनी संस्कृति से जुड़ते हैं।

BLOCKS AND MATH

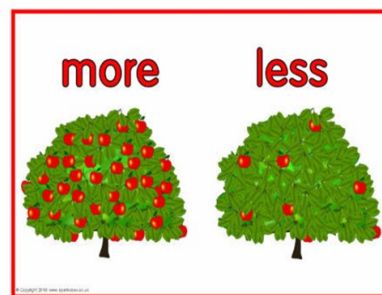
MORE OR LESS

LEARNING OUTCOMES:

The child will be able to:

1. understand the quantity according to the objects.
2. differentiate between more and less.
3. enhance their logical skills.

Counting objects and comparing more or less is an important math skill for preschoolers to learn. These concepts are key in beginning to understand addition and subtraction. Children get more out of counting in real life situations.



For PPT link and worksheet (More or Less), kindly refer to Bibliography.

ACTIVITY

TRAY AND POM POM

LEARNING OUTCOMES:

The child will be able to:

1. understand and identify the objects according to more or less.
2. enhance observational and perceptual skills.

MATERIAL REQUIRED:

- 1) Ice-cube tray
- 2) Pompoms
- 3) Tongs



The facilitator may give the presentation using the video.

For a video link (Tong & Pom Pom Activity), kindly refer to Bibliography.

INTRODUCTION OF NUMBER 4 AND 5

LEARNING OUTCOMES:

The child will be able to-

1. recognise the numbers 4 and 5.
2. co-relate numbers with the quantity.

A facilitator will introduce numbers 4 and 5 in a fun way by reciting a rhyme during virtual circle time. (While reciting, the facilitator may use cut-outs of the honey bees along the numbers pointing towards them).

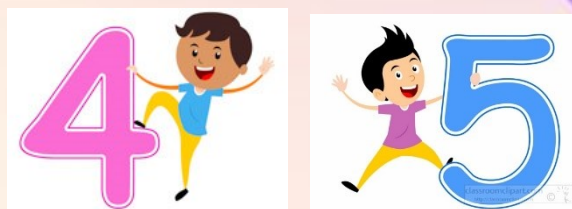


RECOGNITION OF NUMBERS AND RESPECTIVE SYMBOLS:

LEARNING OUTCOMES:

The child will be able to:

1. count objects (4,5).
2. recognise and name the numbers.
3. count at least 5 objects.



The facilitator may introduce the symbol of number '4' by using concrete objects. Placing the number card of number '4' (four) and saying (four) will help the child, relate the symbol and its quantity.

The facilitator will introduce all the symbols one by one using concrete objects or cut-outs, number cards and speaking the number aloud.

For worksheets (Numbers 4 & 5), kindly refer to Bibliography.

CORRELATION OF NUMBERS 1 -5

RAINDROP ACTIVITY

LEARNING OUTCOMES:

The child will be able to-

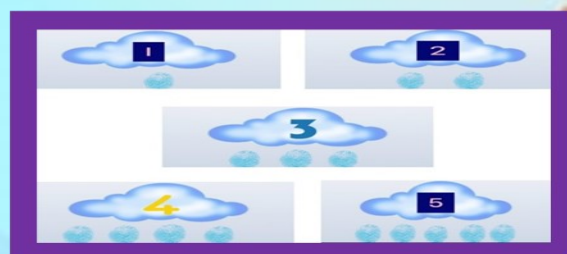
1. recognise numbers 1 to 5.
2. do finger printing according to the numbers.
3. enhance his/her eye-hand coordination.



Let us make raindrops of clouds according to the numbers written on the cards.

MATERIAL REQUIRED:

- 1) 5 Cut-out of Clouds.
- 2) 1-5 Number Cards
- 3) Blue paint colour.



The facilitator may ask children to paste the number cards on clouds. Then, she may ask children to use blue paint to make rain drops by finger printing according to the numbers.

For worksheet (Co-relation of Numbers), kindly refer to Bibliography.

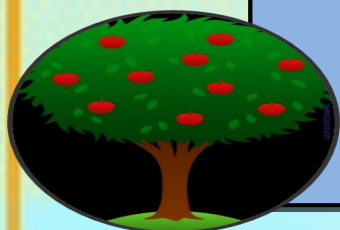
RHYME – ORAL COUNTING 1-10

Rhymes are patterns. They help children learn recall and memorization.

LEARNING OUTCOMES:

The child will be able to:

1. count numbers in seriation.
2. building memory and articulation.
3. develop phonemic awareness of numbers from 1 to 10.



Ten red apples growing on a tree
 FIVE for you and FIVE for me
 Let us shake the tree
 Apples will fall off the tree
 1,2,3,4,5,6,7,8,9,10.
 Let us count again 1,2,3,4,5,6,7,8,9,10.

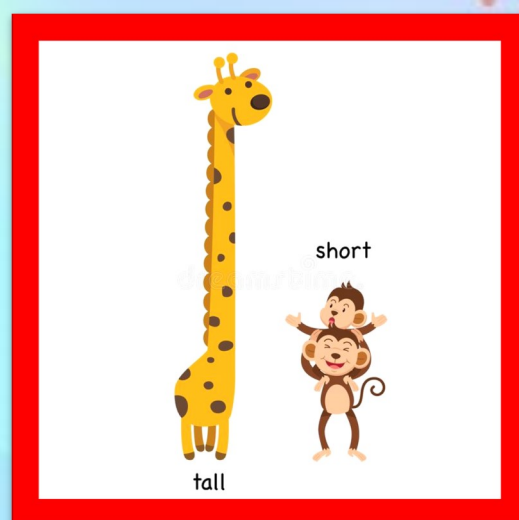
RECAPITULATION – TALL AND SHORT

Learning Outcomes

The child will be able to-

1. Compare two objects by size.
2. Enhance observational and perceptual skills.
3. Enhance their logical skills.

Comparison helps to find out the differences and similarities between two people, animals or things; it is a Problem-Solving Skill. When we compare, we concentrate to see what is same/different about the two things. The more related to each other the things are, the more there is to compare. Comparison among persons, animals or things according to their height Determines whether they are TALL or SHORT. Recap will be done through worksheet.



For worksheet (Tall & Short), kindly refer to Bibliography.

CYLINDRICAL BLOCKS

Sensorial comes from the words sense or senses. As there are no new experiences for the child to take from the Sensorial work, the child is able to concentrate on the refinement of all his senses, from visual to stereognostic. Through work with the sensorial materials, the child is given the keys to classifying the things around him, which leads to the child making his own experiences in his environment. Through the classification, the child is also offered the first steps in organizing his intelligence, which then leads to his adapting to his environment.

Learning Outcomes

The child will be able to-

1. visualize different dimensions in the environment.
2. learn gradation from thick to thin.
3. develops his/ her writing skills.

This is a tripod activity to be done with first 3 fingers - index , middle and thumb.

This helps the child in holding pencil.

Gradation activity of cylinder blocks.



We can use 10 picture cut outs of bottles/real bottles can also be used of the same height but different diameters and can teach children how to arrange the bottles from fat to thin, holding each cut out with the thumb and two fingers (Tripod grip) and arranging them from left to right.

For video link (Improved Cylindrical Blocks), kindly refer to Bibliography.

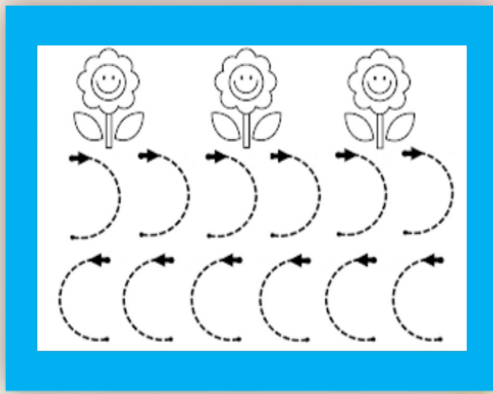
WRITING READINESS ACTIVITIES

PATTERN WRITING -CURVES:

LEARNING OUTCOMES:

The child will be able to-

1. know the directionality for making curves.
2. develop eye – hand coordination
3. develop observation skills.
4. understand simple problems.



Dear Children,

If we look around and observe carefully, we can find a curve pattern in so many things.

Let's see what pattern do clouds form?

They all have curve pattern.

Let us see where else do we find curve lines around us.



The handle of a mug is a curve.



Wow! The rainbow has so many curves.

The frill of the clown also has so many curves.



The smiley has a curve in it.

Now let's trace and learn and have fun with curve lines.

For worksheet (Curves), kindly refer to Bibliography.

CREATIVE EXPRESSION

LEARNING OUTCOMES:

The child will be able to-

1. develop motor skills.
2. strengthens eye-hand coordination.
3. learn to visualise things.
4. enhance creativity.

Rainy days can make anyone restless, especially young children who have lots of energy. Keeping this in mind the facilitator has planned fun craft activities to be done during virtual circle time.

Here are few activities on Rainy Season.

PAPER FOLDING OF A BOAT

Paper boats that we all enjoyed sailing on the waterlogged streets in our childhood were nothing but a simple specimen of origami. It is the best way to liberate the soul and the mind of children and helps them to get a holistic view of the three-dimensional world.



For PPT link (Paper folding of a Boat) , kindly refer to Bibliography.

THUNDERSTORM CRAFT ACTIVITY

Thunderstorm craft activity is interesting activity for preschool children. This activity is one such a fun way to explore various things happen during the rainy season.

MATERIAL REQUIRED:

- 1) A-4 size white sheet.
- 2) Cotton
- 3) Blue crayon and Black sketch pen
- 4) Yellow coloured lace or wool
- 5) Fevicol



STEPS FOR MAKING THUNDERSTORM CRAFT:

- 1) Draw 3 – 4 clouds on A-4 size sheet and outline them with Black sketch pen.
- 2) Paste some cotton in the clouds.
- 3) Help your child in making raindrops with blue colour.
- 4) Now paste yellow lace/wool in zig-zag form to make lightning bolts.

The main focus of NEP 2020 is on creativity and critical thinking to encourage logical decision making and innovation. An art integrated learning makes the entire teaching learning process fun filled and joyful.

GROSS AND FINE MOTOR SKILLS

Floor Game – Hop, Skip & Jump Alphabet Activity.

LEARNING OUTCOMES:

The child will be able to-

1. engage in physical activity.
2. enhance the skill of jumping, skipping, and hopping.
3. develop balance and coordinate their movements.
4. identify the letter and recall its sound.

An interesting floor game may be designed to facilitate the development of a child's gross motor skills. It will also help them in recognising letters with their sound in a fun-filled way.

The co-facilitator is requested to draw a sketch on the floor as shown in picture at home and enjoy the activity with children.

ACTIVITY:

- 1) In the game, various tasks need to be completed while moving ahead from the cloud to the puddle.
- 2) Child will identify the letters on the raindrops and speak aloud its related sound. He/ she will hop from one raindrop to another.
- 3) Then the child will skip and reach the stone. He/she may identify the letter on stone and recall its sound.
- 4) After that the child will jump on the puddle and read the letter written on it.
- 5) Lastly, the child will jump on another puddle and identify the next letter.



NOTE :

The above activity has been designed keeping the letters done so far in mind, hence, while taking up the same with the students, the first sound of the letter and the physical movement to be reinforced for better comprehension by the learners.

NEP 2020, lays emphasis on the holistic development through play way approach for making learning easier and fun filled for the children. They learn naturally and enthusiastically while playing. The above activity is play based and at same time focuses on the physical, motor and literacy skills of the children.



Milestones Achieved

The activity that I enjoyed doing the most.....

Personal Social Achievements

I know the significance of Rakshabandhan and Janmashtami festival. Yes/No
I speak politely. Yes/No

English Language

I can recite rhyme on Raksha Bandhan. Yes/No
I enjoyed doing activities of letter 'Aa'. Yes/No
I enjoyed the rainy season with new rhymes and conversation. Yes/No
I can recite new rhymes. Yes/No

Learning my mother tongue

में मेंढक, बिजली, बारिश आदि शब्दों का प्रयोग वाक्य में कर सकती/ कर सकता हूँ।
हाँ /नहीं

Numeracy & Understanding

I know that air can move objects. Yes/No
I know that air occupies space . Yes/No
I can recognize, count and co-relate numbers up to 5. Yes/No
I can make patterns using curve lines. Yes/No
I can recognize orange colour and learnt about it Yes/No
I can identify which object is more and which is less in number. Yes/No

Motor Skills

I enjoyed doing different exercises. Yes/No
I enjoyed doing different art and craft activities. Yes/No
I can hop, skip and jump & enjoy this! Yes/No

Note :- Parents are requested to guide and help their wards to complete the above blanks after asking relevant questions to them. Also, kindly share the feedback with the respective Class Teachers..