

FACILITATION MODULE

PRE SCHOOL

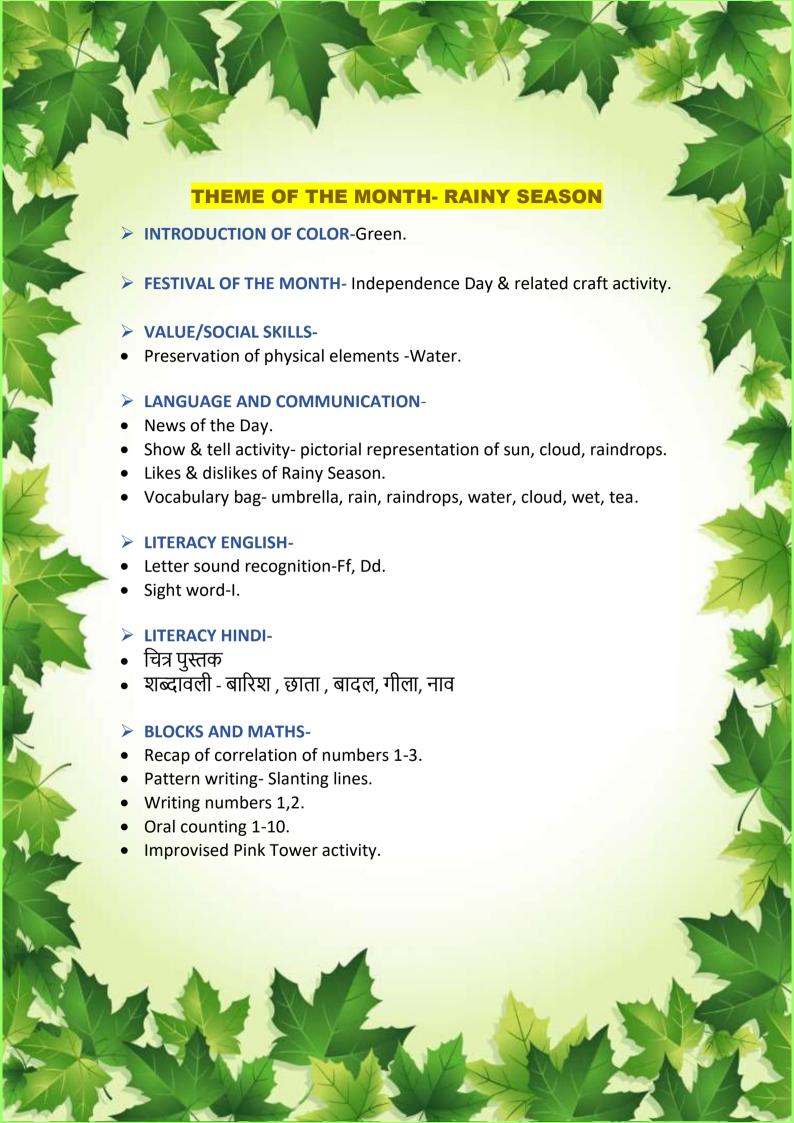
GUIDELINES TO NURTURE EARLY LEARNING

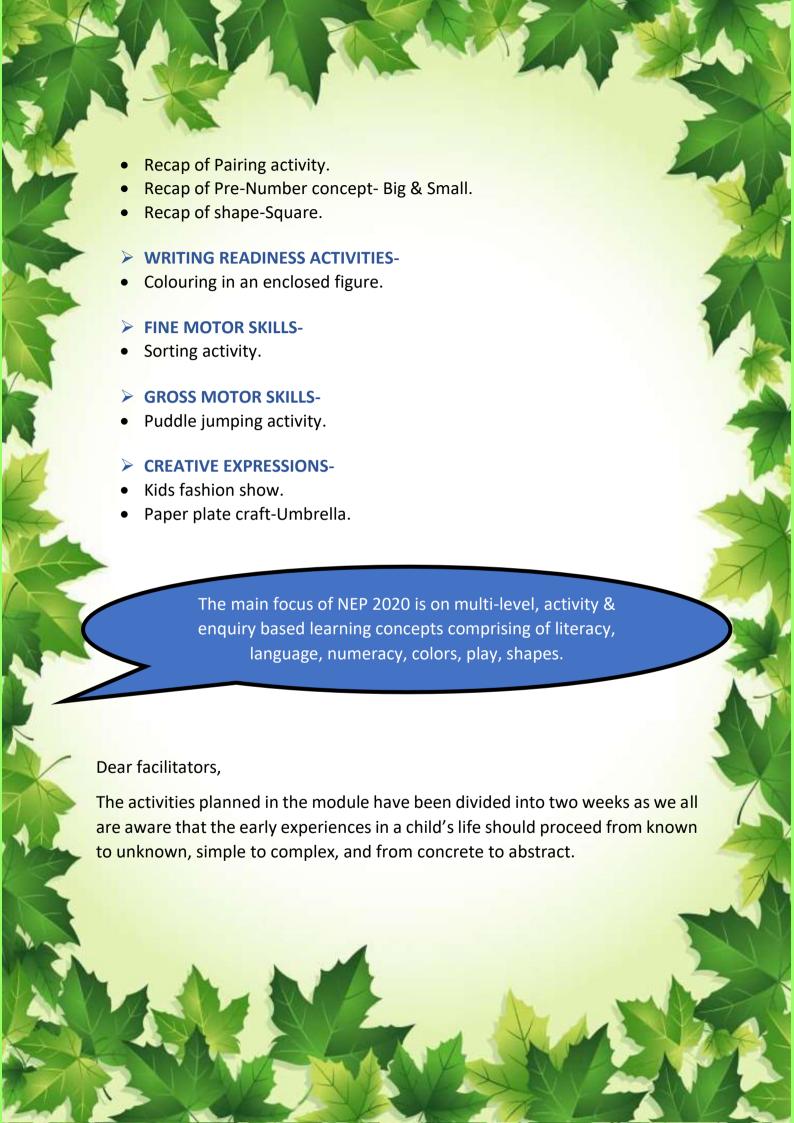
1st August 2021- 15th August 2021

THEME OF THE MONTH-RAINY SEASON















A prayer is a communication to God. It's done by those who trust the power of word & thought. So, let us all begin our day by taking the Almighty's blessings and make our children learn this good habit as well.

For the video link, kindly refer to the previous module.

SHLOKA/MANTRA CHANTING

Chanting of Shlokas/Mantra has been prevalent in Indian culture and is an integral part of Bal Bharati's daily routine. We feel that it positively affects the cognitive functioning of the brain and helps to improve concentration and memory power in children.

GURU MANTRA-The mantra is about *guru* (teacher)who is the living representative of the Supreme being. He gives us knowledge & destroys ignorance. We salute such a *guru*.



Gurur brahmah gurur vishnu Gurur devo maheshwaraha Gurur saakshaat param brahmah Tasmai shree guravey namaha

Facilitators are requested to chant this Mantra during the virtual circle time.





COLOUR: GREEN-

Green is the colour of life, renewal nature and energy and is closely associated with meanings of growth, harmony, freshness, fertility and environment.

The children will be able to identify and relate the things from their immediate environment – Green fruits, green vegetables, leaves, trees etc.



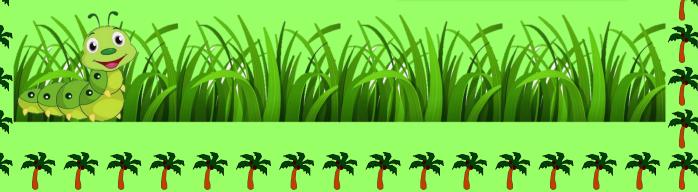
RHYME-

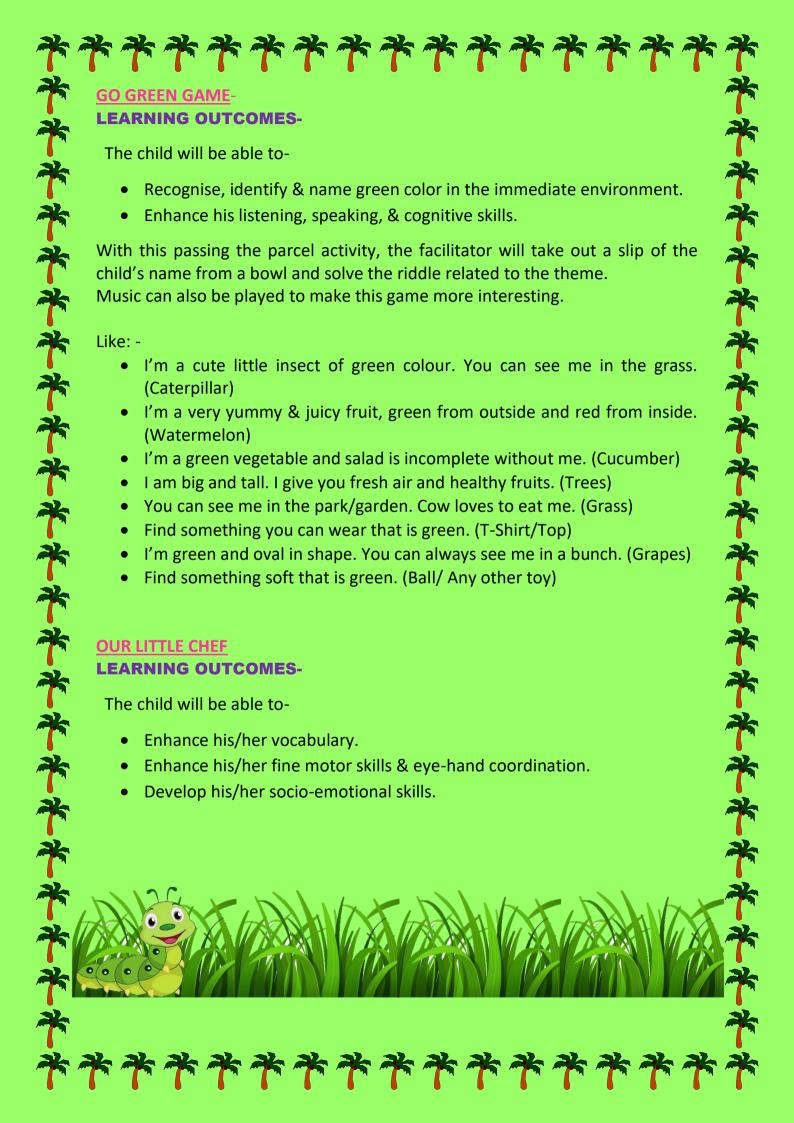
Green is my grass, Green is the peas. Green is the caterpillar, Let's go Green.

An extensive description of activities has been given for the colour and it is up to the facilitator to choose two to three activities and make the children do these.

Here are few suggestive activities for colour green-









The children are very inquisitive about doing some innovative work. Let's gather hands-on experience of fireless cooking.

Let's prepare a refreshing salad with all green colour ingredients.

This sweet & tangy salad is scrumptious on a hot summer day.

Ingredients -

Pear, Fresh Cucumber, Kiwi, Broccoli, Capsicum, Green Grapes, Coriander/Mint for garnishing, Chat Masala, Lemon Juice.

Method-

- 1. Wash all the fruits and vegetables properly and cut all of them into small pieces.
- 2. In a bowl, squeeze the lemon with the help of a squeezer and put some chat masala and mix it well.

Now the dressing is ready.

- 3. Add all the green fruits and vegetables into it and again mix it well.
- 4. Garnish it with fresh green coriander leaves/mint and serve it.

GREEN COLOUR DAY CELEBRATION LEARNING OUTCOMES-

The child will be able to-

- Boost his/her confidence.
- Develop listening & speaking skills.

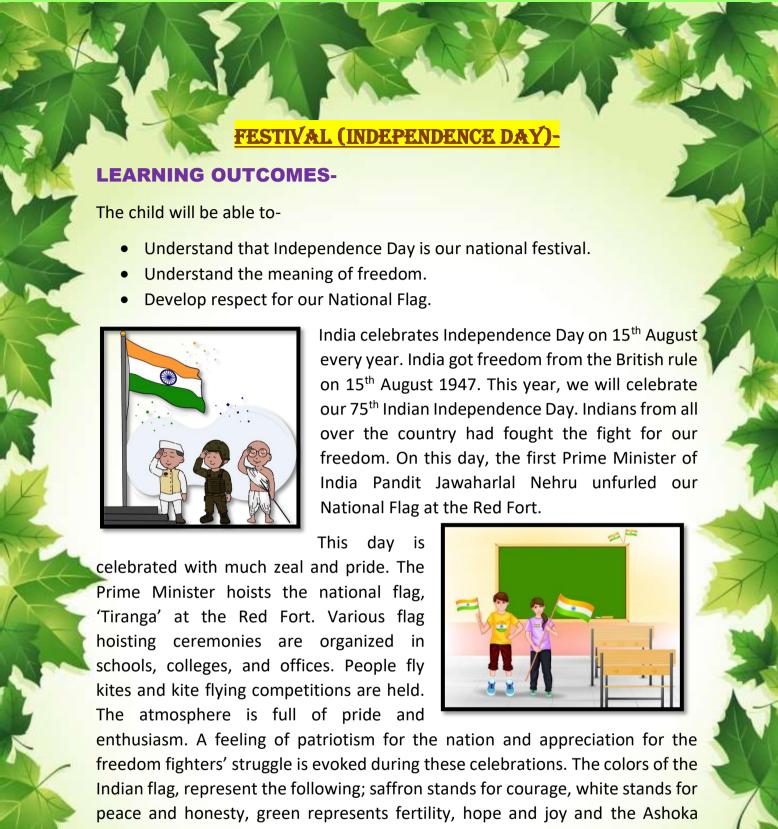
Speaking activities are very effective they help the children to encourage and develop confidence in them.

Costume fiesta may be organised as an extended learning activity for our tinytots with the theme- Green Colour. Children will be free to choose any green colour object and present themselves accordingly followed by a speaking activity.

Hello friends, • I am Capsicum I am a vegetable I am little tangy and spicy. My Green Mug **** I've a green mug It is round in shape I love to drink milk in this cup. I am a *Leaf* My colour is green I give fresh air I spread happiness. Hands on Craft Activity (PAPER FROG MAKING) **LEARNING OUTCOMES-**The child will be able to-Enhance his/her eye-hand coordination. Enhance his/her creativity. Identify different shapes, color & texture. Craft activities engage the children and leads to a tremendous improvement in eye hand coordination from a very young age. These activities also help them to enhance their aesthetic sense. A suggested activity of making paper frog is given below. Material required – Green colour circle, two green hand shaped cut outs, a red strip, two googly eyes, and a fevistick.

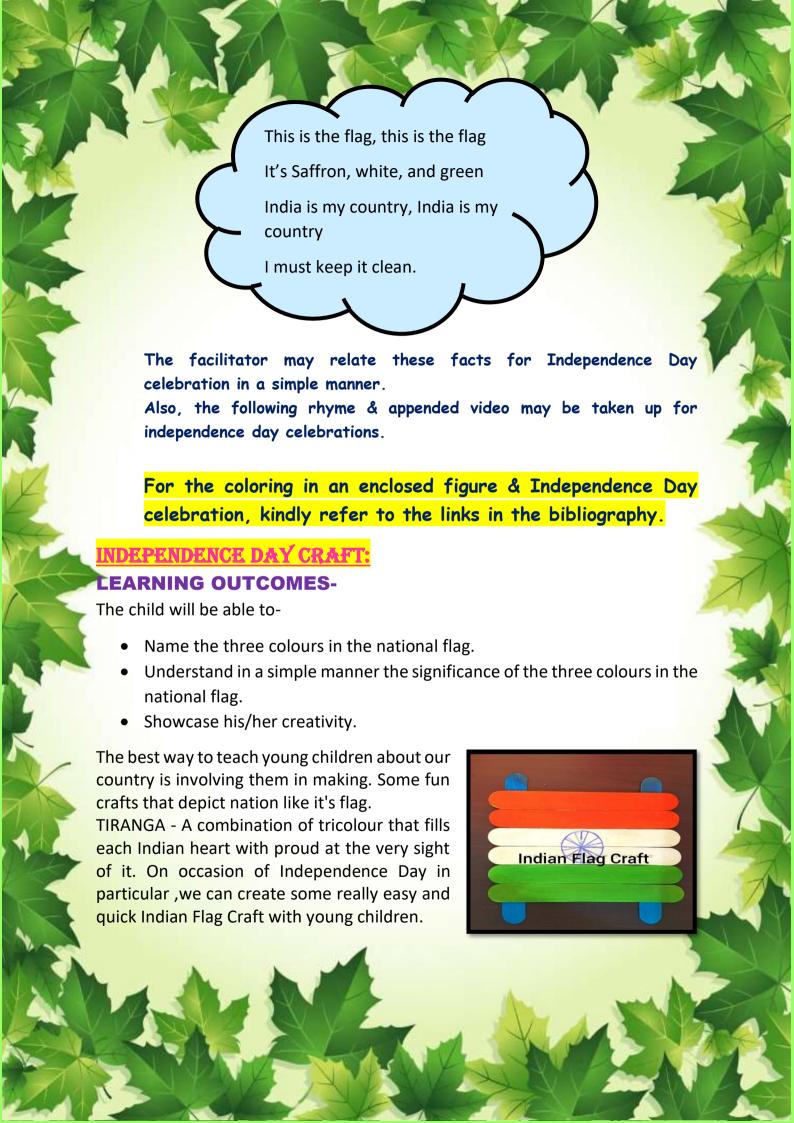






Chakra stands for vigilance, truth and loyalty, perseverance and justice. The 24 spokes on the chakra or wheel represent the 24 hours of the day, when all good

citizens should be alert and performing their duties.





SOCIAL VALUE & SKILLS: PRESERVATION OF PHYSICAL ELEMENTS-WATER LEARNING OUTCOMES-

The child will be able to-

- Add new words related to water in his/her vocabulary.
- Identify water as an important natural element.
- Understand that it is important to conserve water.



We all know that the UNITED NATIONS celebrates World Water Day on March 22 to stress the importance of conserving water resources & spreading awareness about the challenges we face today. As facilitators and as

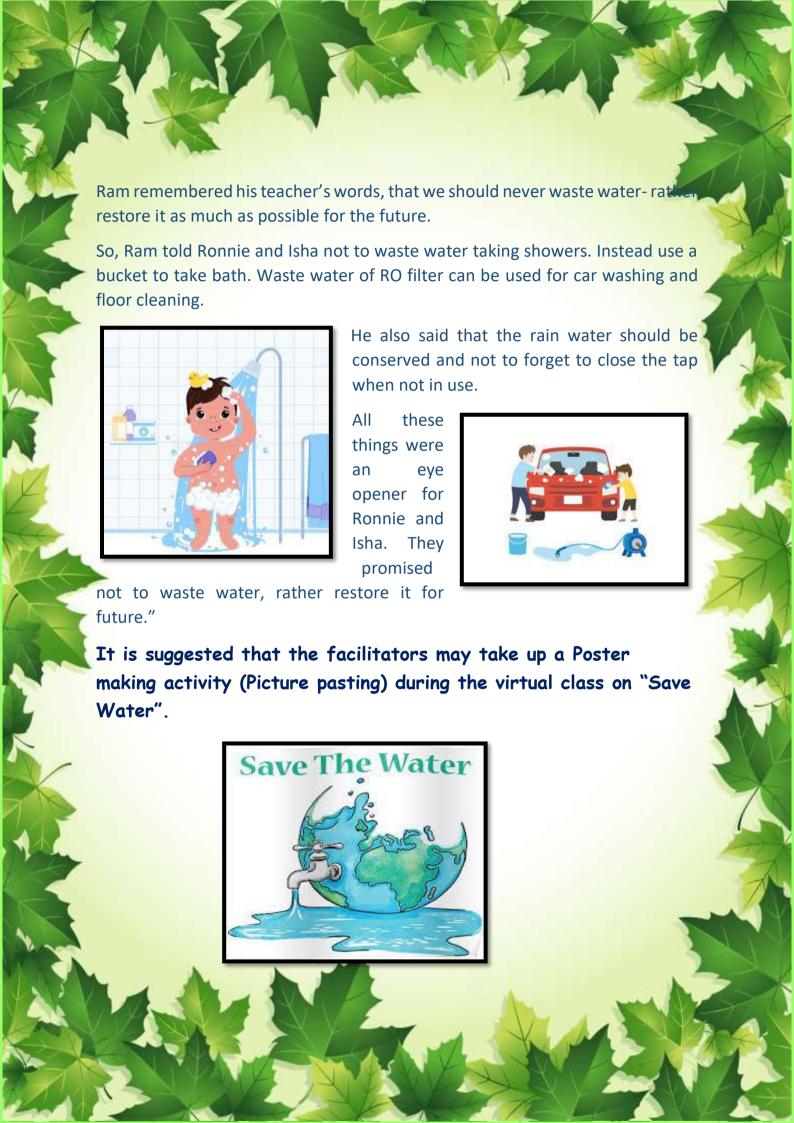
parents, its our duty to ensure a better future for our children. Let us all work together, and find out ways of saving water and working towards a SUSTAINABLE future. The facilitator may suggest ways to save water at home and may also explain it further through a short story.

"It was summer vacation so Ram went to visit his uncle and aunt who were staying in the city. He was very happy to see the tall buildings, fountains, vehicles, flyovers and highways around the city.





He enjoyed going to the park with his cousins Ronnie and Isha. He felt very bad when he saw some children left the tap open in the park. He also observed people in city taking bath in shower. People in city wasted lot of water for ashing cars and filtering drinking water.





A teacher's role is vital in the child's learning language and can never be ignored. The primary role of a teacher is to establish conditions and develop activities so that students are able to practise the language in a meaningful context. The primary role of a teacher in a multidimensional class is to establish conditions and develop activities so that students are able to practise the language in a meaningful context. It is one of the teachers greatest responsibilities to develop a positive attitude towards correct language learning.

The teacher acts as a facilitator and guides the children accordingly. So, let's all gear up and give our children the environment for learning.

NEWS OF THE DAY-LEARNING OUTCOMES-

The child will be able to-

- Express himself/herself freely.
- Use language in a creative manner.
- Develop listening skills.

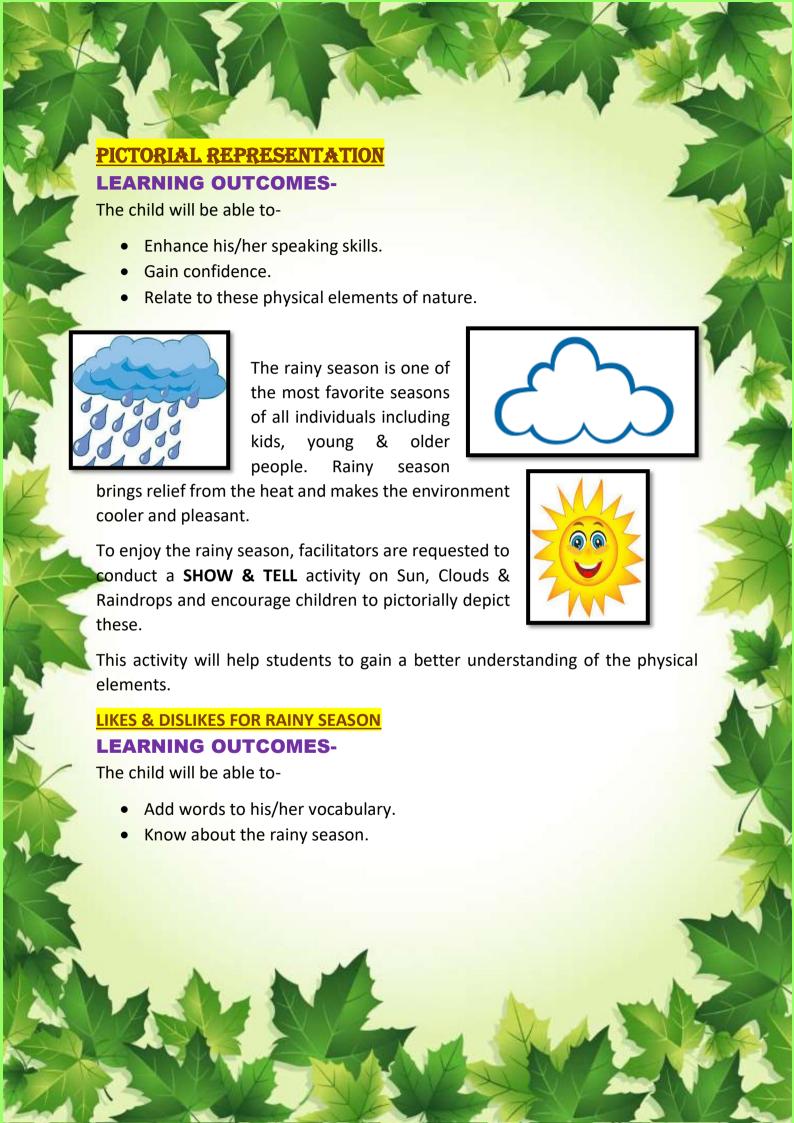
Children are born eager to learn. Curious by nature, you can't keep them from exploring as they try to comprehend their environment. Everything is a



wonder. Childen's enthusiastic curiosity doesn't need to diminish over time. When conditions allow children to satisfy curiosity through safe, self-initiated, and playful exploration, learning occurs naturally.

As children investigate, the experiences simultaneously fuel emotional, social, intellectual, physical, and ethical development.

The facilitators are required to help children express their views, opinions, their feelings, & whatever they want to express every WEDNESDAY and make it a participative communication with the co-facilitators also becoming a part of it. This will encourage the child to be more self-sufficient, and would also help build strong student-teacher-parent relationship.



Bharat and Bharati were playing in the evening at home. Suddenly they heard a thunderstorm and they both looked out of the window.

Bharati- Wow! The sky turned cloudy and I am sure it's going to rain.

Bharat - Oh no! I don't like rain at all. I can't go out and do any activity.

Bharati - Look, how pleasant it has become because of rain. Just feel the cool

breeze.

Bharat -Yes, but what is there to be so excited, Bharati?

Bharati -It is such a great fun to sail paper boats in the puddles.

Bharat – Yes, it is. But in that case, children waste a lot of paper?

Bharati – We can always use waste papers. And do you know the peacock loves to dance in the rain. It looks so



Bharat – But how often do you see a peacock in the cities? What about the traffic jam on roads? Don't forget it.

Bharati - Look at the trees, plants and grass. They all are washed away and looking so green and fresh.

Bharat- But I can't go out to play or ride a bicycle.

Bharati -It's Ok my brother. You can enjoy the rainbow in the sky. It looks so pretty.

Bharat- Yes it does. But I can't wear my favourite T-shirt because clothes do not dry.

Bharati - Come let us have hot Pakoras with Tea and enjoy the evening.

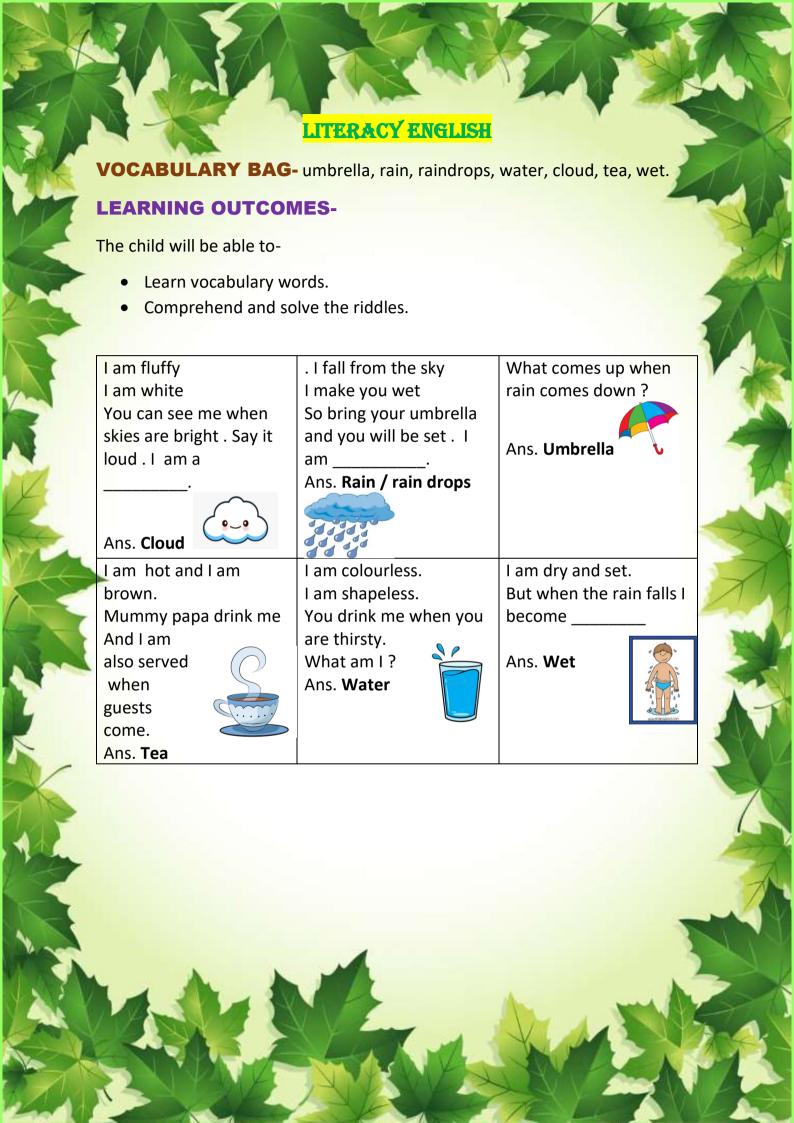
Bharat- What enjoyment Bharati? What about water logging, pot holes and traffic jam on roads due to rains?

Bharati - Every season has its own beauty. We should be able to appreciate and enjoy.

For the PPT link, kindly refer to the bibliography.



As per NEP 2020, activity-based learning ensures that the learner is actively engaged in learning with concepts and instructional materials.









- Recognize the uppercase & lowercase letter Dd.
- Associate the letter with related pictures.
- Add new words to his/her vocabulary.

The fourth letter of the English Alphabet can be introduced through various sensory activities. These include a rhyme to introduce the sound of 'D' and some words starting with the letter 'D' and a PowerPoint Presentation to enrich their

vocabulary of the letter. These can be taken up during the online session. Tracing of the letter in flour and in the air is also recommended for better learning of the letter structure.



RHYME-

Doll and dog begin with D
Drum and Duck begin with D
One standing line
One curved line
Letter D

Further, the facilitator can use flashcards, and real-life objects to reinforce the new vocabulary. To engage the students, a paper craft activity can be done. It is as follows:

Paper Craft Activity: Making a Dinosaur

LEARNING OUTCOMES-

The child will be able to-

- Relate the picture with the letter.
- Enhance his/her creativity.





SUGGESTED ACTIVITY (TREASURE HUNT)-

LEARNING OUTCOMES-

The child will be able to-

- Recognise the sound of letter Dd.
- Associate the letter with its related picture.

An interesting cardboard game can be designed to facilitate the development of the child's fine motor and discriminatory skills.

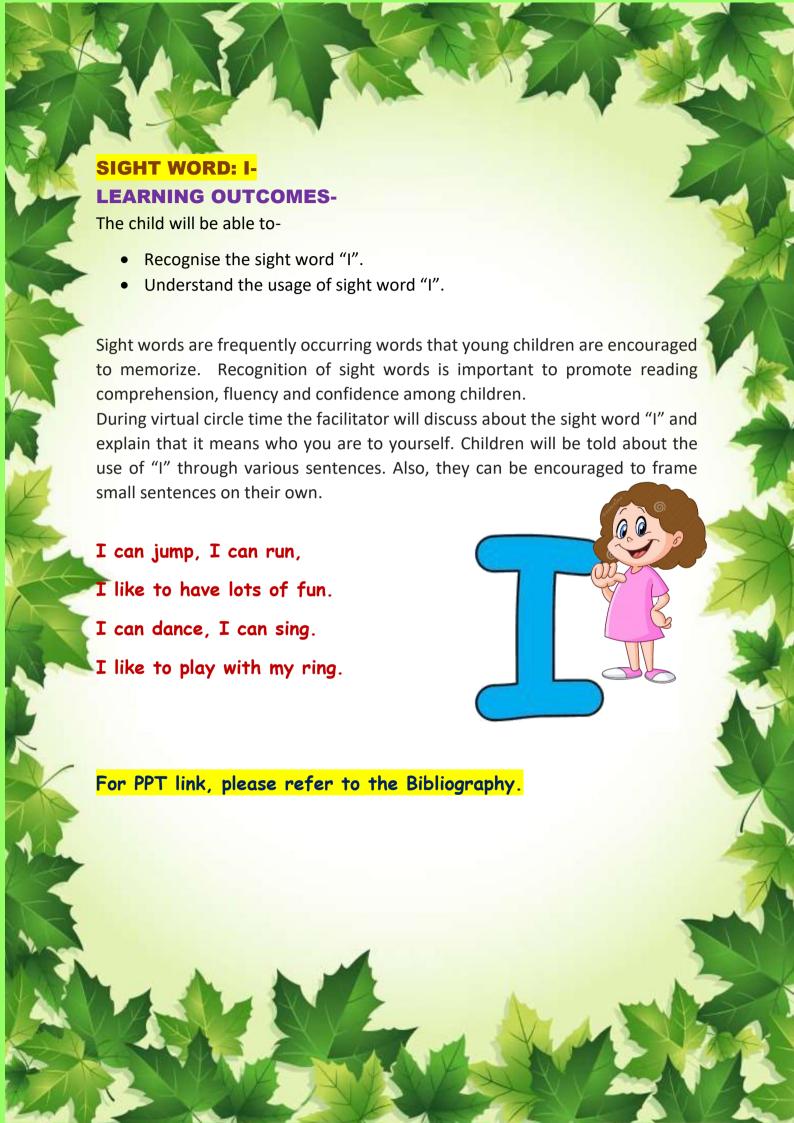
In this game, the facilitator will ask the child to put a smiley on the pictures that start with letter 'D'.

After finishing the activity, the child will be well acquainted with the sound and the vocabulary words with letter 'D'.



Note:- This game is suggested to be played with cardboard of 12 squares having mix pictures of vocabulary words.

For PPT link and worksheet, please refer to the bibliography.





मूर्त और अमूर्त विचारों की अभिव्यक्ति का माध्यम है भाषा। भाषा के ज़रिये हम स्वयं से एवं दूसरों से बातचीत करते हैं। किसी भी भाषा में शब्दों का अत्यधिक महत्व होता है। अध्यापिका दिए गए शब्दों को कविताओं के रूप में कराएंगी।

शब्दावली - बारिश, छाता, बादल, गीला, नाव

सीखने का प्रतिफल -

विद्यार्थी -

- कविताओं में आये शब्दों के अर्थ जान पाएंगे।
- भाषा के प्रति रूचि जागृत कर पाएंगे।
- अपनी कल्पनाशीलता का विकास कर पाएंगे।

<u>बारिश</u>

बारिश का यह मौसम आया, सभी लोगों ने खूब नहाया। खुश होता है सबका मन, चमक उठता है उपवन।



बादल

काले काले बादल आए, ढेर सारा पानी लाए। मोर भी है नाच दिखाएं, मेंढक टर्र टर्र टर्राए।



<u>छाता, गीला</u>

रंग बिरंगा नीला पीला , मेरा छाता रंगीला । गीला होने से मुझे बचाता , छाता मेरे मन को भाता ।





एक दिन अवनी और कबीर बगीचे में खेल रहे थे। तभी अचानक आसमान, काले **बादलों** से घिर गया ।रिमझिम रिमझिम **बारिश** होने लगी। अवनी ने टर्र टर्र की आवाज

सुनी,अरे! यह आवाज कहां से आ रही है ।



कबीर बोला-मेंढक टर्र टर्र कर रहे हैं। ये वर्षा के मौसम में निकलते हैं।

तभी वहां शीना और आर्यन भी आ गए, सभी बच्चे बारिश में खेलने लगे। उनके पास **छाते** थे उन्होंने छाते खोल दिए और पानी में कागज़ की **नाव** तैराने लगे। सभी बच्चे **गीले** हो गए थे, कुछ देर बाद अवनी की मम्मी भी बच्चों को लेने आ गई, चलो बच्चों घर चलो, मैने पकौड़े बनाए हैं।

सभी बच्चे बहुत खुश हुए आज तो गरमा गरम पकौड़े खाएंगे और सभी वापस घर आ गए। सबने गरमा गरम पकौड़े खाए।



अध्यापिका बारिश से संबंधित कहानी सुनाकर दिए गए शब्दों से बच्चों को परिचित कराएगी।

- बारिश में मेंढक टराते हैं।
- * बच्चे कागज़ की **नाव** पानी में चला कर बारिश का आनंद लेते हैं।
- बारिश का मौसम बहुत सुहावना लगता है

For PPT link, please refer to the Bibliography.

BLOCKS AND MATHS

RECAP OF CORRELATION OF NUMBERS 1-3: LEARNING OUTCOMES-

The child will be able to-

- Recognise the numbers.
- Co-relate the number with equal quantity.

The facilitators are requested to give maximum opportunities to the children to practise correlation up to 3.

For the practise of quantity with symbol, various activities can be conducted during the virtual circle time.



For PPT and worksheet link, please refer to the bibliography.

PATTERN WRITING – SLANTING LINES: LEARNING OUTCOMES-

The child will be able to-

- Know the directionality from bottom to top.
- Develop eye-hand coordination.

Writing is an important part of literacy and an essential skill for life. For preschoolers writing is about scribbling, pattern making and drawing with crayons and chalk. This encourages the child to learn, use a fingertip grip and it helps in the development of prewriting skills. It also improves the ability to use cognitive skills, observations, eye-hand co-



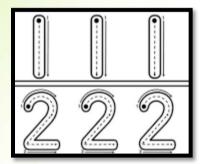
ordination while encouraging the child to follow specific patterns. Pattern writing is essential for the development of English letter writing skills.

For the worksheet, kindly refer to the bibliography.

NUMBER WRITING 1 & 2: LEARNING OUTCOMES-

The child will be able to-

- Associate the number with its symbol.
- Write the numbers with proper strokes.



Number writing of 1 and 2 is to be done in the prescribed notebooks. Facilitators are requested to guide the children about the correct formation of writing 1 & 2.

ORAL COUNTING 1-10: LEARNING OUTCOMES-

The child will be able to-

• Count the numbers serially.

The facilitator can recapitulate oral counting 1-10 by making the children recite this rhyme with actions This will make it easy for the children to learn numbers and basic math skill.

RECAP OF PAIRING ACTIVITY: LEARNING OUTCOMES-

The child will be able to-

- Classify the objects into pairs.
- Develop his/her cognitive skills.

Pairing activities and games improve concentration and help to classify objects that are grouped by similar traits. To recapitulate the concept of pairing it is suggested that the facilitators help the children in this activity.





Perfect pairs (Socks game)

The facilitator can ask the child to pair different styled socks with its counterpart by placing the same with it. It is a simple pairing game that children can play in a limited space.

IMPROVISED PINK TOWER ACTIVITY: LEARNING OUTCOMES-

The child will be able to-

- Enhance his/her visual & discriminatory skills.
- Know about different dimensions.

Through this activity, the facilitator aims to motivate children to build a tower as improvising the 'Pink Tower' used in as a tool in the Montessori method to prepare children for



abstract mathematical concepts. This will be done using objects of different size and dimensions which will be taken from the immediate environment-e.g.-empty boxes, storage containers etc.



The focus here lies to enhance the ability of a child to be able to visually sense, discriminate and differentiate in the sizes and dimensions of such objects. As they are motivated and guided by

the mentor to build a tower, they become more observant and precise in multiple ways. In addition, this activity

helps to enhance eye- hand co-ordination, develops fine muscular coordination, perfection of hand movements and increases the ability to grip and balance. The facilitator through the demonstration will perform building of a tower using boxes of different sizes and dimension. This will be done by selecting and placing the biggest box as base, above which one by one boxes will be placed that are smaller than the previous placed box. This will allow the child to diligently observe, select and balance the object according to the correct size and dimension, which leads to learning enhancement from simple to complex. E.g.; -big to small.

For the video link, kindly refer to the bibliography.

RECAP OF BIG AND SMALL: LEARNING OUTCOMES-

The child will be able to-

- Develop his/her visual sense.
- Differentiate between sizes.

All children love playing with balls and blocks. A fun activity to revise the concept of big and small can be organised by the facilitator during the virtual circle time.

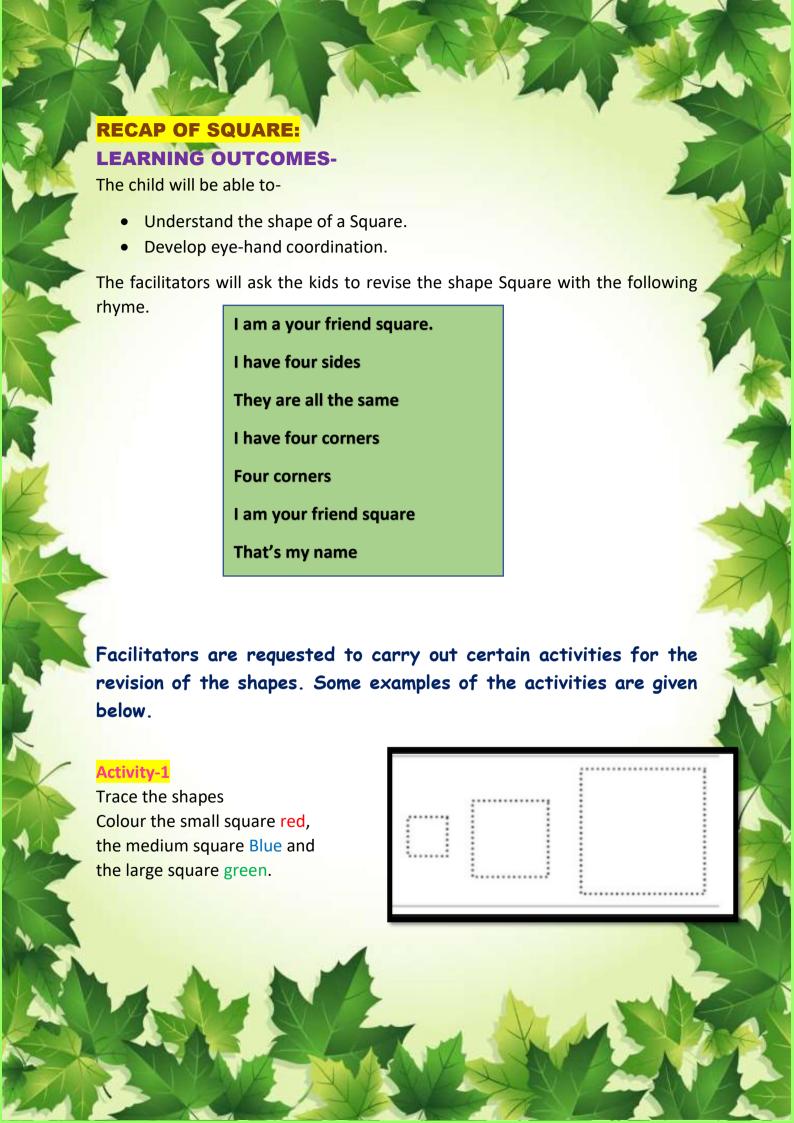


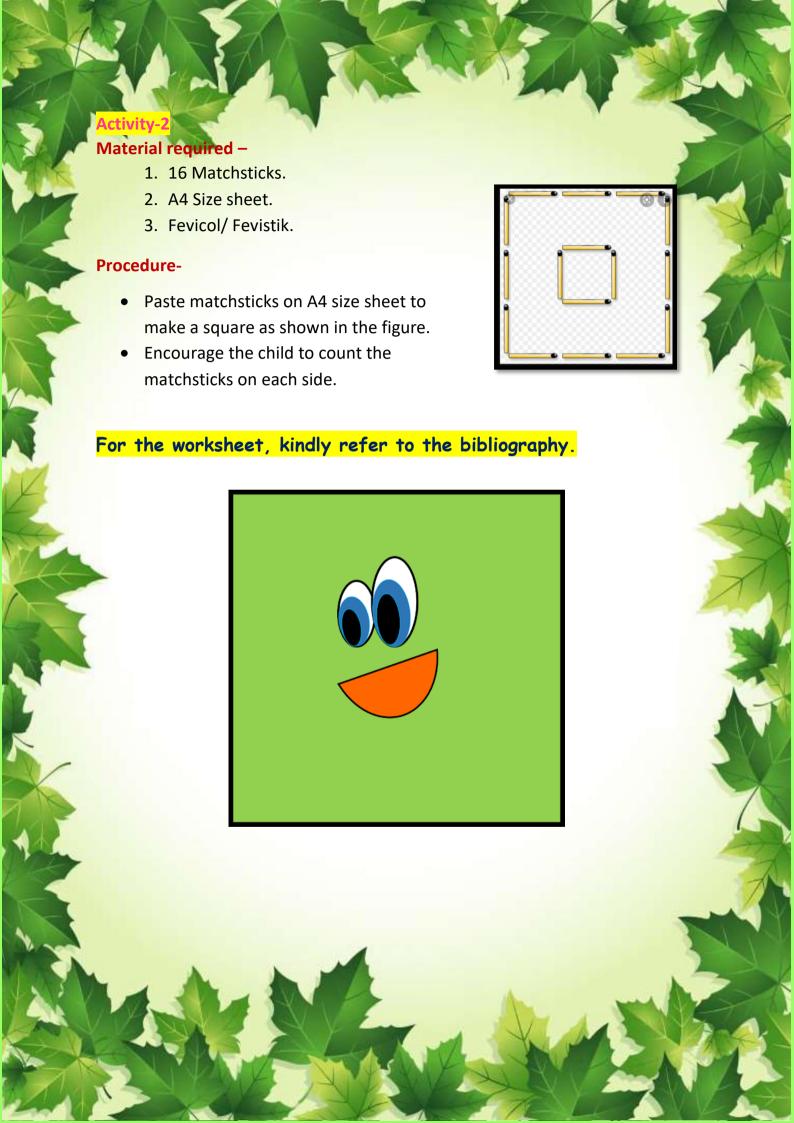
Children will have a box/basket containing different sized balls or blocks, and they will be asked to sort the big from the small by keeping them in 2 separate boxes/baskets.





For Worksheet link, kindly refer to the bibliography.







LEARNING OUTCOMES-

The children will be able to-

- Perform sorting activities.
- Do grouping of objects.

SORTING ACTIVITY:

Sorting activities introduce the subject of mathematics to early learners. The facilitators can make the child practice this skill to help them recognize colours and to teach the toddlers to identify, compare and contrast.

Button sorting activity

It is suggested that the facilitator may take up the activity in the virtual class or may be also done with the help of parents at home.





GROSS MOTOR SKILLS

PUDDLE JUMPING ACTIVITY: LEARNING OUTCOMES-

The child will be able to-

- 1. Engage in a physical exercise.
- Enhance motor coordination & the skill of jumping.
- 3. Develop balance, strength and agility in his/her legs.
- 4. Bring in spatial awareness.
- 5. Gain confidence.

This activity aims to develop the fundamental movement skills of balance, coordination and locomotion (Jumping and hopping).

To set up Puddle Jump-

Material required -

- 1. Blue paper
- 2. Scissors
- 3. Pencil
- 4. Tape

Description -

The co-facilitator is requested to cut the Puddle shapes from blue paper. The Puddles may be placed on the floor or ground so that there is enough room for kids to jump from one Puddle to another.

(We can carry out this activity indoor as well as outdoor.)

Children in this game will hop from one Puddle to another, getting their bodies and mind moving and this will keep them active and energetic.

The main focus of National Education Policy 2020 is its motive on nurturing art-integrated learning as this makes the entire teaching learning process fun filled and joyful.





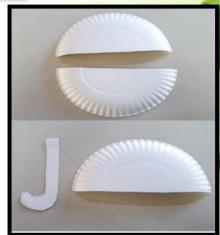






Paper Plates Umbrella Fingerprints craft-

Paper plates umbrella finger print crafts for kids is a super fun activity to be done in Rainy season. Finger print art helps children improve developmental skills like hand and eye coordination and also provide a sensory experience.



Material required for Paper plates umbrella Finger prints craft-

- 1.One big paper plate.
- 2. A4 size blue sheet cut into shapes of raindrops.
- 3. Double tape and water colors.
- 4. One pipe cleaner or cutout of black shape to be the handle of the umbrella.

Steps for making Paper plates umbrella Fingerprints craft-



- 1. Decorate the paper plate by pressing index finger coated in water colour firmly on the paper plate to create a colorful fingerprint.
- 2. Cut paper plate into half.



MILESTONES ACHIEVED

Physical milestones

•	I enjoyed performin	g exer	cises	and body movements.	Yes/No
			_		

- I can do simple art and craft activities.

 Yes/No
- I can sort objects according to size/colour.

 Yes/No
 - I enjoyed pairing activity.
 Yes/No
- I had fun doing puddle jumping.
 Yes/No

Language milestones

•	I can recite rhy	vmes for Inde	ependence Dav	v & squa	are. Yes,	/No

- I have learnt to enjoy & understand stories.

 Yes/No
 - I can express my experience in my own words.

 Yes/No
- I enjoyed the rainy season with new riddles
 - & Conversation. Yes/No
- I can use vocabulary words correctly in a sentence.

 Yes/No
- I enjoyed speaking activity (show and tell).

 Yes/No

Literacy milestones (English)

• I can recognize letter F and D and its related words. Yes/No

Learning my mother tongue

 मैं बारिश, छाता, बादल, गीला, नाव शब्दों के वाक्य बना सकता/सकती हूँ।

हाँ/ नहीं

The activity that I enjoyed (doing) the most

Cognition and understanding related milestones.

- I can recognize, count, and co-relate numbers up to 3.

 Yes/No
- I can do pattern writing using slant lines.
 Yes/No
- I can identify square shape and objects related to it.

 Yes/No
 - I can differentiate between big and small objects. Yes/No

Social milestones

- I have understood the importance of saving water. Yes/No
- I know about our National festival.

 Yes/No
- Note: Parents are requested to complete the above blanks after asking the relevant questions from their ward. Also, share the feedback with respective class teacher.

