



Bal Bharati PUBLIC SCHOOL

LEARNING MODULE

(Guidelines to Nurture Early Learning)

PRE-SCHOOL

1st September, 2021 to 30th September, 2021



Dear Parents & Facilitators,

We extend our heartfelt gratitude for your unconditional support in these difficult times. Despite challenges, we continue to work together, keeping in mind the safety and educational needs of our dear children. We believe that combined nurturing by facilitators and co-facilitators is vital for the holistic development of our little ones. This can be ensured by providing a child-oriented and stimulating learning environment.

The modules being extended are carefully designed to develop a positive attitude, good values, communication, creativity and socio-emotional aspects of our little learners.

Our sincere thanks for supporting us. We look forward to a fruitful partnership with you to enable our children to learn more and grow well.

Each activity planned is in accordance with the NEP 2020 which aims at promoting better overall learning, development and well-being.

Warm Regards.



NEP 2020 aims to attain optimum outcomes in the domains of physical, cognitive, artistic, socio - emotional and ethical development. It focuses on providing experiential learning that develops the learner's personality in their formative years. It also aims at enhancing communication, foundational literacy and numeracy. Therefore, we have creatively designed a myriad of activities which will certainly ensure active participation of our little learners in an interesting way.

SPECIAL DAY OF THE MONTH (TEACHER'S DAY)

- Role play and craft activity

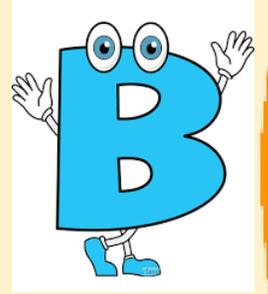
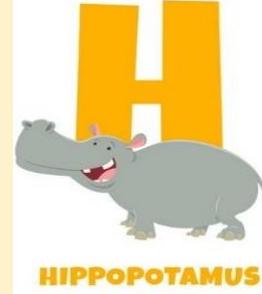
VALUE/SOCIAL SKILLS

- Kindness
- Honesty



LANGUAGE AND COMMUNICATION

- News of the day
- Pet, Farm and Wild animals
- Riddles and rhymes
- Story - Monkey and Crocodile



LITERACY ENGLISH

- Letter sound recognition: K k, H h and B b
- Sight Words - I



HINDI LANGUAGE

- चित्र पुस्तिका
- शब्दावली : कुत्ता, बिल्ली, बंदर, चारा, गाय
- चूहा, चींटी, मछली, हाथी, शेर
- कहानी : चतुर खरगोश

LITERACY HINDI

- मौखिक ध्वनि विश्लेषण
- स्वर ऊ, आ



BLOCKS AND MATHS

- Revision of long and short
- Recap of oral counting: 1 to 10
- Recognition of numbers: 6,7 and 8
- Shape - Triangle



WRITING READINESS

- Pattern - zig zag, curves and circles

FINE MOTOR SKILLS

- Buttoning activities
- Pairing activities and puzzles

GROSS MOTOR SKILLS

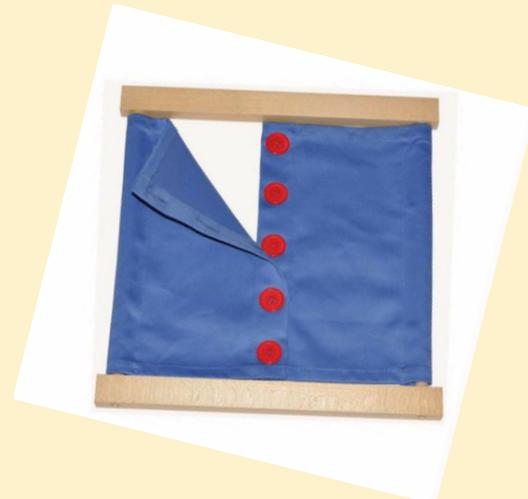
- Animal movement games

CREATIVE EXPRESSION

- Animal Mask

SCIENCE IS FUN - Air Experiment

- Bubble activity with liquid soap



Dear Facilitators,

The designed module has been divided into four weeks as we all are aware that the early experiences in a child's life should proceed from known to unknown, simple to complex and from concrete to abstract.



1ST WEEK (1ST SEPTEMBER TO 7TH SEPTEMBER)

- | | |
|---|-----------------------------|
| 1. Teacher's day - Role Play and craft activity | 2. News of the day |
| 3. Kindness | 4. Farm and Pet animals |
| 5. Pattern: zig zag | 6. Recognition of number: 6 |
| 7. Recognition of letter K k and related activities | 8. Sight Word-I |

2nd week (8th September to 15th September)

- | | |
|---|---|
| 1. Recognition of letter H h and related activities | 2. शब्दावली : कुत्ता, बिल्ली, बंदर, चारा, गाय |
| 3. Recap of oral counting up to number 10 | 4. Buttoning activity |
| 5. Recognition of number : 7 | 6. Animal mask - craft activity |
| 7. Pairing activities and puzzles | 8. कहानी - चतुर खरगोश |

3rd week (16th September to 22th September)

- | | |
|-------------------------------------|---|
| 1. Shape - Triangle | 2. Recognition of letter B b and related activities |
| 3. Oral recognition of स्वर ऊ | 4. Wild animals |
| 5. Circle and curves | 6. Science is fun |
| 7. Story - Monkey and the Crocodile | |

4th week (23th September to 30th September)

- | | |
|--|---|
| 1. Oral recognition of स्वर आ | 2. Introduction of number 8 |
| 3. Pre number concept (long and short) | 4. चित्र पुस्तिका: चूहा, चींटी, मछली, हाथी, शेर |
| 5. Corelation of numbers (1 to 8) | 6. Honesty |
| 7. Puppet making | 8. Animal movement games |

- All activities may not be carried out compulsorily; the selection of activities (from the prescribed week's demarcation) to be facilitated for learners in accordance with the school's programme.

GREETING "NAMASKAR"

Greeting is an essential skill that sets the tone of all social interactions. It can get our preschoolers ready for an exciting day filled with learning and play. Bal Bharati Parivar gives utmost importance to the development of 'Social Skills' and values amongst our little ones and to begin their learning for this through warm greeting.



For the video link, kindly refer to the bibliography of previous module.

'Prayer is our greatest power.'

"When a prayer becomes our habit, miracles become our lifestyle."

When we teach our children how to pray, we give them an invaluable and timeless gift. It's a gift they can carry with them throughout their life. Prayer is the best way to teach them how to communicate with their creator. Let's help our preschoolers get into the habit of talking to God in a natural way and to help them develop a positive, healthy belief system.



For the video link, kindly refer to the previous module.

SHLOKA/MANTRA CHANTING

Chanting of Shlokas/Mantras helps to improve concentration and memory power in children. It is also a natural way to boost the immune system and helps children to connect to our rich cultural roots.



GURU MANTRA -

The mantra is about guru (teacher) who deserves the first right to be honored as he teaches to know God by giving knowledge. Children should be taught to respect the Guru, all teachers and elders.

Facilitators are requested to chant this Mantra during virtual circle time.

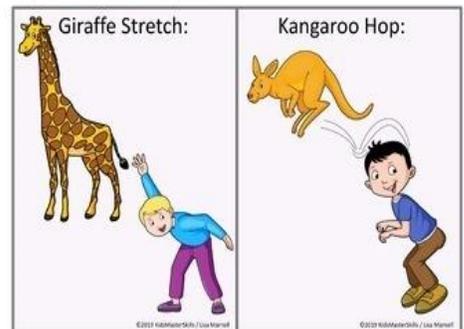
FIT FOR LIFE- ANIMAL MOVEMENT

To help children develop habits that will last a lifetime, a healthy and an active lifestyle must start in the formative years. Children will have a great time learning about animals while imitating their movements for example - hop like a kangaroo, jump like a monkey etc. Exercise for them should be a thrilling experience and instead of 'working out' they should enjoy it as an 'exercise play'. Engaging them in creative and age-appropriate activities will keep them interested and happy. Above all, IT'S SUPER FUN!

गुरु गोविन्द दोउ खड़े ।
काके लागु पाय।
बलिहारी गुरु आपने।
गोविन्द दिए बताए।।



Animal Walk Fun!



So, let's get started to raise fit Bal Bharatians.

SPECIAL DAY OF THE MONTH (TEACHER'S DAY)

We celebrate 'Teacher's Day' on 5th of September every year in India. This day is marked by the birth anniversary of Dr. Sarvepalli Radhakrishnan. Along with being a successful leader and President of our nation, Dr. Radhakrishnan was a great scholar and an excellent teacher.

Every year Teacher's day celebrations are filled with a lot of excitement, joy and happiness as students eagerly look forward to tell their teachers how and why are they special to them. The facilitator can discuss the significance of this day with students during virtual circle time.

RHYME

Thank you, dear teacher,
for all the love and
concern.
You help me grow and
make me learn.



RHYME

Teacher-teacher, I love you
I know you love me too
Yes, I do, yes I do
Every day you tell me
something new
So I want to say thank you.

My Mentor My Teacher - Role Play

Role play allows children to act out real life situations. It also adds fun factor and stimulates them to explore and experiment life skills.

Let's pretend to be a teacher and enact like her will be a thrilling act for our kids.



ACTIVITY

PAPER FOLDING OF A TULIP (card making)

'As the paper folds, the mind unfolds'.

Paper folding is a multi-sensory, hands-on activity. It provides the child with an opportunity to improve multiple cognitive skills in an enjoyable way.

The facilitator will try and achieve following learning outcomes: -

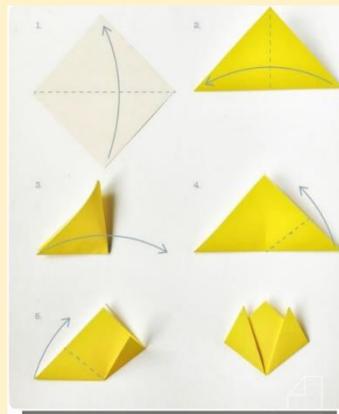
LEARNING OUTCOMES

The child will be able to-

- Enhance his/her sequential memory and concentration.
- Enhance fine and gross motor skills.
- Identify shapes and color.

MATERIAL REQUIRED

- Origami
- A-4 sheet folded as a card
- Green sketch pen
- Glue



STEPS

- Take an origami sheet and place it in a diamond orientation.
- Fold it in half along the center line by bringing the bottom corner on top of the other corner.
- Fold the triangle in half again and mark the center of the base. Open the triangle up.
- Use that center mark to fold the left corner towards the top.
- Repeat for the other side.
- Paste the tulip on the card and make stem and leaves with sketch pen.



SOCIAL VALUE/ SKILL

KINDNESS

"Raising kind children is creating a better world filled with love and compassion."

Teaching our children to be kind to others at a young age will help them grow to be happy and loving individuals. We can certainly make the world a better place with little acts of kindness.

LEARNING OUTCOMES

The child will be able to -

- Know the meaning of kindness.
- Love and respect animals.
- Know that being kind to others feels good.

Story Time - Let's instill the value of kindness in our children through an interesting story.

Bharat and **Bharati** were playing in the park. They heard a strange sound.

Bharati - Bharat, do you hear that sound?

Bharat - Yes but leave it. Let's play.

Bharati - No, come let's find out. We can play later.

They both looked around and **Bharati** saw a puppy.

Bharati - Look **Bharat**, There's a puppy. His paw is injured and that's why he is crying in pain.

Bharat - Leave it **Bharati**. Let's go and play and not spoil our game. His mother will come and take him.



Bharati - No **Bharat**, we should not leave him alone. He is too small and injured.

Bharati - Come my dear, let me help you feel better.

Bharati picked him up and they took him home. When they reached home, she told her mumma about the injured puppy.

Mumma - I am glad you brought him home with you. Let me get some milk for him. Then I will put medicine and bandage on his wound.

After some time, the puppy felt better. He looked at **Bharati** and wagged his tail.

Bharati- I am so happy to see you happy.

Bharat- Sorry **Bharati**, I asked you to leave him alone in pain but you showed your kindness and helped him. I promise you that I will also be kind to others like you.

Mumma - Yes **Bharat**, we should treat others with love, kindness and respect.

The puppy followed them home and they had made a new friend.



Activity Time

Let 's encourage a 'kind mindset' in our children through an interesting activity during virtual circle time.

➤ ACT IT OUT -

Role playing situations can be super fun and an enjoyable experience for our preschoolers.

LEARNING OUTCOMES-

The child will be able to -

- Learn kindness.
- Understand that the feelings of others are also important.
- Develop listening and speaking skills.

The facilitator will give children some scenarios to enact.

1. You find a crying puppy.
2. Your friend comes to your house and wants to play with your favorite blocks.
3. Your Mumma is not well.
4. Your grandfather can't open the door.
5. Your sister/brother is sad.

**I promise myself today,
To be kind in every
way.**

**I will spread kindness,
and practice it each
day.**

**I know animals can't
speak**

and this is so true.

**I will never hurt them
as they have feelings
too.**



HONESTY

Teaching values like truthfulness and honesty to children is very important to shape their character. One of our obligations as facilitators is to teach our children the value of being honest. When you do something that is morally wrong or when you have to hide your actions because you know they are wrong, you are not being honest. With the help of a story, we will try to achieve the following learning outcomes.

LEARNING OUTCOMES -

The child will be able to-

- Learn to be truthful and understand that speaking lies is not a good habit.
- Motivated to speak truth.
- Enhance listening skills and attention.

BIKKI LEARNS TO BE HONEST

It was a bright and breezy afternoon. Bunny and Bikki were completing their activity worksheets. But Bikki wished to go out and just play all day long! He would go swishing down the slide and roll in the lush green lawns. Bikki could not wait to finish his worksheets and step out for some fresh air. Bunny stared at Bikki who was already daydreaming. However, Bikki was too lazy to do his worksheets. Just then, he had an idea! He decided to hide his booklet and go out and play. He would complete his worksheets later in the night. "Mom, can I go out and play?", Bikki asked. "Have you completed your work?", Mom asked Bikki. "Yes Mommy", Bikki lied and went out to play in the garden.

Bikki went higher and higher on the swings and rolled on the green grass. Soon, it was night time. He finished his dinner. Everyone went off to sleep and Bikki decided to do his activity worksheets but he was too tired. Just then, Bikki's mother entered the room. "What is the matter Bikki? Why aren't you sleeping?" Mom asked. Tears rolled down Bikki's cheeks and he burst out crying. "Mommy, I lied to you. I did not do my worksheets." Bikki answered.

Mom said, "Okay, let me help you this time but remember to never lie." Bikki smiled and hugged his mother. He promised to always be honest.

The facilitator will tell the children that we have learnt letter B b. Now we have a new friend and his name is B for Bikki.

The story will be recapitulated with the help of following questions-

- What were Bikki and Bunny doing in the afternoon?
- What did Bikki want to do?
- What did Bikki do in the garden?
- Why did Bikki cry?
- What promise did Bikki make?
- What do you like to do in the garden?
- If you were in Bikki's place, what would have you done?



LANGUAGE AND COMMUNICATION

NEWS OF THE DAY

LEARNING OUTCOMES-

The child will be able to:

- Develop effective communication skills.
- Express himself/herself in a group.
- Develop confidence and will be able to participate.

An activity aimed at encouraging the communication potential of the child, "News of the Day" gives children an environment to express themselves. Every Wednesday, the facilitator should promote this activity plan for participation by the children. Their memories, experiences, fairylands, 'Kidzania's, room - their world, colourful rainbows, the first splash at a water park, their toys, their cartoons, the gifts they received on birthdays, cakes and chocolates they relished and much more. The children to be encouraged to express these unlimited dimensions of their world or anything that interests them.

"Let's all share and tell,
The times we spent so well,
Favourite things, favourites times,
Let's have fun and sing rhymes".

We have
lots of news
to share!!!



PET, FARM AND WILD ANIMALS

The facilitator will explain the concept of pet animals, farm animals and wild animals through a story, few rhymes, riddles and an activity. The facilitator will try and achieve following learning outcomes: -

LEARNING OUTCOMES -

The child will be able to-

- Learn new words like caring, feeding, carrying etc.
- Identify **PET**, **FARM** and **WILD** animals.
- Develop kind feelings towards animals.

PET
ANIMAL



FARM
ANIMAL



WILD
ANIMAL



"Bharat"  and "Bharati"  are playing ludo with their mother. While playing, they start discussing about animals.

Bharati	Mumma! Can we keep a pet? I've seen my friends keeping pets at their homes.
Mother	Of course, Bharati! However, do you know PET animals need to be cared for and they are not made to do any work.
Bharati	Ohh! I did not know that mumma.
Mother	Animals also need our love and affection. Which animal do you want to keep as your pet?
Bharati	I want to keep a puppy, mumma.
Bharat	Mumma, can we also keep a goat?
Mother (laughing)	Oh no Bharat! We can't keep a goat as our pet because goat is a FARM animal and we can only keep PET animals like cats, dogs and rabbits at our homes.
Bharat	Ohh! what are FARM animals, mumma?
Mother	Just like PET animals, FARM animals need to be cared for and fed. The only difference is that they help us in carrying load and these animals also give us many things like - cows, buffaloes and goats give us milk, whereas, sheep give us wool etc.
Mother	Did you know children? Some animals are dangerous so people stay away from them. These animals are called WILD animals. They are found in forests only. They are not to be seen anywhere in the cities except zoo. Don't you remember the movie "The Jungle Book"? Your favourite character Mowgli?
Bharat And Bharati	Oh yes Mumma, lion, tiger, wolf, fox and many wild animals. Thank you mumma for telling us about PET, FARM and WILD animals. We are so excited to make pictures of animals in our drawing book.

For PPT link (Animals), kindly refer to the bibliography.

RHYME TIME

*"It's fun to have pets
Let's keep them with love and care
Give them shelter,
Food and water
And always treat them fair"*



*"I saw, I saw, a lion in the zoo,
I saw, I saw, a baby tiger too,
I saw, I saw, a big brown
kangaroo, I saw, I saw,
I saw them at the zoo."*

*"The horses on the farm say
"neigh, neigh, neigh."
The cows on the farm say "moo,
moo, moo."
The sheep on the farm say "baa,
baa, baa." "*



RIDDLE TIME

I can run very fast,
I have got a big mane,
I am the king of animals,
I roar!
Who am I?



I like to scratch things,
I like to catch bird and mice,
I like to sleep a lot,
I purr when I am happy,
Who am I? I like to scratch things,
I like to catch bird and mice,
I like to sleep a lot,
I purr when I am happy,
Who am I?

I am fluffy and warm in my furry
coat,
Although we look similar, I am not a
goat,
Who am I?



PET ANIMAL SENSORY BIN!

This activity will help the child in developing kind feelings towards animals.

LEARNING OUTCOMES-

The child will be able to-

- Learn how to take care of pet animals.
- Learn how to feed pet animals properly.
- Learn about the responsibilities of keeping a pet.

MATERIAL REQUIRED: -

- Bin
- Cereal
- Small nesting cups
- Small pet toys



Steps -

- Add cereal into a bin (preferably brown cereal as pretend puppy food.)
- Then, add small cups and scoopers.
- Add puppy toys.
- The bin is all set and ready for a fun pet activity play!
- You may feed your favourite pet.



STORY - THE MONKEY AND THE CROCODILE

Stories are simple pleasures of childhood and also provide valuable life lessons in an interesting way. As per NEP 2020, storytelling is an effective way to foster children's imagination and encourage them to express themselves.

LEARNING OUTCOMES -

The child will be able to -

- Recognise a monkey and a crocodile.
- Learn about their features.
- Enhance his/her vocabulary.

Story Time - The Monkey and the Crocodile

The following questions can be asked by the facilitator -

- Where did the monkey live?
- What did the monkey give the crocodile to eat?
- Why did the crocodile want to take the monkey home?
- How did the clever monkey save himself?
- Do you think the crocodile was right?

Vocabulary words - kind, happy, yummy, ride, heart

For video link, (The Monkey and the Crocodile story), kindly refer to the bibliography



LITERACY ENGLISH

LETTER AND SOUND RECOGNITION K k

As per NEP 2020, one of the most important skills for children to develop in the early years is the recognition that letters and sounds are related. According to this 'alphabetic principle' speech sounds can be connected to letters in a predictable way.

INTRODUCTION OF LETTER K k-

The letter will be introduced with the help of a story related to letter K k words and the real objects children see in their surroundings. They will be able to recognize the letter, associate its sound and related vocabulary words.

Recapitulation of the letter and its phonetic sound will be done with the help of a rhyme and riddles.

LEARNING OUTCOMES-

The child will be able to-

- Recognize and differentiate between uppercase and lowercase letter K k.
- Relate the first sound of objects starting with letter K k.
- Add words with K k to his/her active vocabulary.

VOCABULARY WORDS-

Kite, kangaroo, kettle, king, kiwi, keyboard, key etc.

K k

Kelly put the kettle on,
Kettle on, kettle on.
Kelly put the kettle on,
For the King.



RIDDLE

I can hop. I carry a baby in my pouch.
I am a kangaroo.



I am a small fruit.
I'm not bigger than a tennis ball.
My skin is brown.
You have to peel me.
I am green inside.



kiwi

'For worksheet & video (Letter K k) link, Kindly refer to the bibliography.'

FIND THE CORRECT KEY (FINE MOTOR SKILL ACTIVITY)

LEARNING OUTCOMES-

The child will be able to-

- Relate the first sound of word KEY with letter K.
- Learn life skills.
- Develop hand-eye coordination and problem-solving skills.
- Improve finger strength and dexterity.

MATERIAL REQUIRED-

- One lock
- 4-5 keys of different sizes and shapes.

STEPS-

- Place the lock and lay out the keys of different sizes/shapes on a surface.
- Invite the child to open the lock using the correct key.



LETTER AND SOUND RECOGNITION H h

The letter will be introduced by showing PPT and then the facilitator will show some real objects like hanger, hat, hair etc. Emphasis will be given on the sound and then the formation of letter H h will be shown with the play dough. Recapitulation of the letter will be done through a rhyme and tongue twister. Facilitator will also revise the concept of honesty during virtual circle time. This will help children to recognize the letter along with its sound, formation and related vocabulary.

LEARNING OUTCOMES:

The child will be able to -

1. Recognize and differentiate between upper case and lower case H h.
2. Relate the first sound of objects starting with letter H h.
3. Add words with H h to his/her vocabulary.
4. Associate the letter with related pictures.

VOCABULARY WORDS-

Hat, Hair, House, Hockey, etc.

TONGUE TWISTER

Heena has lot of hats
Lot of hats Heena has.



RHYME

Ha.. Ha.. Ha.,
Say 'Hello' to all,
Hug each other and
prayer,
Always stay happy and
say Hurraaaaay!!

CARVING THE LETTER

LEARNING OUTCOMES:

The child will be able to -

- ❖ Recognize the formation of letter H h.
- ❖ Develop sensory motor skills.
- ❖ Develop the skill of independence and confidence.



MATERIAL REQUIRED:

- Clay dough
- Rolling pin
- A small stick/match stick

STEPS:

- Take play dough.
- Make it flat and round in shape with the help of a rolling pin.
- Now with the help of a stick or match stick, try to create the formation of letter H h (To be done under adult supervision).



'For worksheet & PPT (Letter H h) link, kindly refer to the bibliography.'

LETTER AND SOUND RECOGNITION B b

INTRODUCTION OF LETTER B b-

The letter will be introduced with the help of a story related to letter B b words and the real objects children see in their surroundings such as ball, bat, banana, book etc. They will be able to recognize the letter, associate its sound and related vocabulary words. Recapitulation of the letter and its phonetic sound will be done with a rhyme and tongue twister. With the help of the activities planned, we will try to achieve the following learning outcomes-

LEARNING OUTCOMES-

The child will be able to-

- Recognize and differentiate between uppercase and lowercase letter B b.
- Associate letter B b with objects he/she sees in the environment.
- Add words with B b to his/her active vocabulary.

VOCABULARY WORDS-

Balloon, birthday, butterfly, brown, bear, buttons etc.

RHYME-**B b****B, B, B, B, B, B**How many **B**'s, Can I see?**B** for **B**utterflies, **B**aby **B**ear,**B** for **B**lue **b**rush in your hair,**B** for **B**ig **B**ubbles

everywhere,

B, B, B, B, B, B**TONGUE TWISTER****Brown Bear**

The big brown bear buys
a big bowl of bananas
with blue and black berries
for breakfast.

**SUGGESTED ACTIVITY****LETTER B CRAFT- BROWN BEAR PUPPET**

"Brown bear, brown bear, what do you see?" I see **ENGAGED** and **EXCITED** kids looking at me! Children will love to make a Brown Bear Puppet and associate it with the letter **B b**.

LEARNING OUTCOMES-

The child will be able to-

- Learn to make a bear using paper and glue.
- Develop the ability to follow simple instructions.
- Enhance fine motor skills and develop eye-hand coordination.

MATERIAL REQUIRED-

- Big light brown circle for bear's face. (Diameter- 6 inches)
- Small dark brown circle for bear's mouth. (Diameter- 3 inches)
- Brown cut-outs for ears.
- An envelope (preferably brown)
- Googly eyes
- Pom pom/ cotton ball
- Glue

Brown Bear Puppet

**STEPS-**

- Paste the light brown circle on the closed side of envelope.
- Stick the smaller circle on the top of bigger circle.
- Paste the pom pom/cotton ball.
- Also paste the ears on the top.
- Paste googly eyes on the face.

'For worksheet & video (Letter B b) link, kindly refer to the bibliography.'

SIGHT WORD "I"

The facilitator will explain the concept of 'I' through a story, few rhymes and activities.

The facilitator will try and achieve following learning outcomes:-

The child will be able to:

- Recognize the sight word "I".
- Enhance his/her speaking skills.
- Understand the usage of sight word "I".

"Bharat"  and "Bharati"  are having dinner with their parents on the dining table.

Bharat	Mumma! Tomorrow is Sunday, will you play with us?
Mother	Yes, I will play with you if you both help me in household work.
Bharati	Yes Mumma, we will help you.
Mother	Tell me the tasks in which both of you would help me.
Bharat	I will water the plants.
Bharati	I will keep water and grains for birds.
Bharat	I will clean my room.
Bharati	I will fold my clothes and keep them in my almirah.
Bharat	I will arrange my cupboard.
Bharati	Mumma, I will help you in serving the food.
Mother	Wow! I am very happy to see both of you ready for your duties.
Bharat	Great! Tomorrow we will have a good time.

Mother	Love you my kids, I will bake a yummy chocolate cake for you.
Bharat and Bharati	Thank you Mumma!
Mumma	Ok children! I am very happy and tomorrow I will play indoor games like 'snakes and ladders' and 'carrom' with you. It is bed time now. Good night my children!

For PPT (Sight word - I) link, kindly refer to the bibliography. Page-27

*"I am a Bal Bharatian,
I am a proud Indian,
I am a happy child,
I always want to smile"*

*"I eat with my hands,
I walk with my legs,
I hear with my ears,
I see with my eyes,
I am not a spy,
My sister and I love to eat pie."*

Activity - 1

Self-introduction:

LEARNING OUTCOMES

The child will be able to:

- Express himself/herself freely.
- Develop confidence.
- Learn new words like playing, listening and eating.

The child will use the word "I" to describe himself/herself.

- **I** am a boy.
- **I** like to eat fruits.
- **I** love my family members.
- **I** love to play with my toys.

Activity - 2

Action time: The child will use the word "I" in his/her actions.

- I am playing with a ball.
- I am eating a chocolate.



LITERACY HINDI

मौखिक ध्वनि विश्लेषण - स्वर ऊ की पहचान

बच्चे आसपास के वातावरण में प्रयोग होने वाले शब्दों तथा अपने अनुभव से अपनी भाषा का निर्माण करते हैं। उनकी इस भाषा पूँजी का प्रयोग भाषा सीखने सिखाने के लिए किया जाना चाहिए। राष्ट्रीय शिक्षा नीति 2020 के अनुसार बच्चों के बुनियादी साक्षरता के विकास के लिए विभिन्न गतिविधियों एवं सामान्य खेलों द्वारा बच्चों को स्वर ऊ की पहचान करवाई जाएगी। स्वर ऊ से विभिन्न शब्दों को बोलने व सुनने का प्रयास, मौखिक ध्वनि विश्लेषण, पहेलियों कविताओं एवं कहानी द्वारा बच्चों को करवाया जाएगा।

बच्चों को स्वर **ऊ** की पहचान **ऊँट** और **ऊदबिलाव** की कहानी सुनाकर करवाई जाएगी।



सीखने का प्रतिफल -

विद्यार्थी

- कहानी में आए नए शब्दों को सीखने एवम् भाषा में उनका प्रयोग करने में सक्षम हो पाएगा।
- अपनी कल्पनाशीलता का विकास कर पाएगा।
- अपने सुनने व बोलने की क्षमता को विकसित कर पाएगा।

बच्चों को कुछ ऐसे शब्दों को बोलने का भी अभ्यास कराया जाएगा जिसमें ऊ की ध्वनि अंत में आती है। अध्यापिका उच्चारण करते समय स्वर ऊ पर जोर डालेगी और उन्हें स्वर ऊ की ध्वनि से अवगत करवाएगी।

जैसे - आलू, चाकू, काजू, भालू

स्वर ऊ पर आधारित वीडियो एवं कार्य पत्रिका के लिए कृपया बिबलियोग्राफी देखें।

स्वर ऊ की पुनरावृत्ति बाल गीत, पहेलियों तथा खेल द्वारा करवाई जाएगी।



ऊँट
ऊ से ऊँट की करो सवारी,
हम सब बैठे बारी बारी।
वाणी की वक्रता (Tongue
Twister)
ऊँट ऊँचा, ऊँट की पीठ ऊँची

अध्यापिका बच्चों को पहेलियों को ध्यान से सुनकर उत्तर देने के लिए प्रोत्साहित करेगी, उच्चारण करते समय वह स्वर ऊ पर जोर डालेगी और उन्हें स्वर ऊ से अवगत करवाएगी।

आलू

गोल मटोल मैं हूँ कौन
हर सब्जी में डलूँ , मैं कौन,
ताकत दूँ मैं , मैं हूँ कौन ,
बोलो बोलो मैं हूँ कौन ???



चाकू

तेज मेरी धार है ,
सुंदर मेरी चाल है ,
फल सब्जी को काट डालूँ,
बोलो बोलो मैं हूँ कौन ???



भालू

काला काला रंग मेरा ,
मोटा मोटा अंग मेरा ,
डम डम डम डम डमरू बाजे जब,
ठुमक ठुमक कर नाचे तब,
मुंह से बोलो मैं हूँ कौन ???



खेल -

सुनो सुनाओ-

अध्यापिका द्वारा सुनो सुनाओ खेल खेला जाएगा।

- अध्यापिका द्वारा बच्चों के नामों की परची टोकरी में डाल दी जाएगी।
- एक-एक करके नामों की परची अध्यापिका द्वारा निकाली जाएगी।
- परची निकलने पर बच्चा अध्यापिका द्वारा ऊ के उच्चारण को दोहराएगा और अपने आसपास के वातावरण से स्वर ऊ की ध्वनि वाले शब्दों को वर्चुअल कक्षा में दिखाएगा जैसे काजू ,आलू



स्वर ऊ की पहचान- अध्यापिका बच्चों को आटे / सूजी में स्वर ऊ के अनुलेखन का अभ्यास भी करवाएगी।

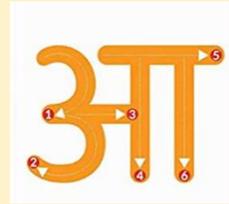
सीखने का प्रतिफल

- बच्चे की शब्दावली में वृद्धि होगी ।
- बच्चा अपने वातावरण में ऊ स्वर व उसके शब्दों की पहचान कर सकेगा।
- बच्चा शब्दों को मौखिक भाषा में प्रयोग करने में सक्षम होगा।

भाषा की सहायता से हम अपने भाव अथवा विचार प्रकट करते हैं और किसी भी भाषा में शब्दों का बहुत महत्व होता है । भाषा के ज़रिए हम एक दूसरे से बातचीत कर सकते हैं। बच्चों की भाषा को विकसित करने के लिए अध्यापिका कहानी सुनाएंगी।

मौखिक ध्वनि विश्लेषण-स्वर आ की पहचान

स्वर आ की पहचान कहानी द्वारा करवाई जाएगी।

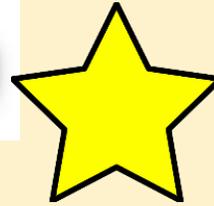
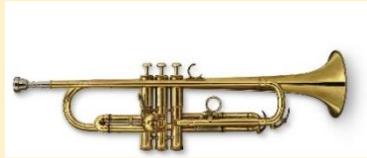


एक लड़का था उसका नाम आरव था। वह आठ साल का था। वह रोज सुबह उठकर माता-पिता के साथ आसन में बैठकर आरती करता था । आरव को आम खाने बहुत पसंद थे। एक दिन आरव की माँ ने आटा गूंद कर आलू के पराठे और आम की चटनी बनाई। आरव ने बड़े मजे से आलू के पराठे और आम की चटनी खाई और आहा! कहकर माँ को धन्यवाद दिया।

कहानी सुनाने के बाद बच्चों का ध्यान आ स्वर से शुरू होने वाले शब्दों की तरफ केंद्रित किया जाएगा तथा शब्दों की प्रथम ध्वनि आ सुनने का अभ्यास कराया जाएगा जैसे आम, आठ, आसन, आरती, आटा, आलू, आरव, आहा!



बच्चों को कुछ ऐसे शब्दों को सुनने का अभ्यास कराया जाएगा जिसमें आ की ध्वनि अंत में आती है- राजा, बाजा, ताला , धागा, तारा



स्वर आ की पहचान - अध्यापिका बच्चों को आटे / सूजी में स्वर आ के अनुलेखन का अभ्यास भी करवाएगी।

स्वर आ पर आधारित कार्य पत्रिका के लिए कृप्या बिब्लियोग्राफी देखें।

स्वर आ की पुनरावृत्ति बालगीत द्वारा करवाई जाएगी।

आ से आम, बच्चों खाओ आम ,

मिलकर करो, सबके काम।

सीखने का प्रतिफल

- बच्चे की शब्दावली में वृद्धि होगी ।
- बच्चा अपने वातावरण में आ स्वर व उनके शब्दों की पहचान कर सकेगा।
- बच्चा शब्दों को मौखिक भाषा में प्रयोग करने में सक्षम होगा।

चित्र पुस्तक

अध्यापिका चित्रपुस्तिका एवम् बालगीतों के माध्यम से छात्रों को दिए गए शब्दों को (शेर, हाथी, चींटी , चूहा , मछली) सीखने के लिए प्रोत्साहित करेगी ।

सीखने का प्रतिफल

विद्यार्थी -

- शेर , हाथी , सूँड, चींटी, मूँछें जैसे शब्दों को जान व समझ पाएगा ।
- इन शब्दों का मौखिक भाषा में प्रयोग कर पाएगा ।
- अपनी कल्पना शक्ति को विकसित कर पाएगा ।

शेर है जंगल का राजा,
बड़ी बड़ी मूँछों वाला,
दिन भर सोता पैर पसार,
शाम होते ही करता शिकार ।



बड़े कान और लंबी सूँड,
दिखता कितना भारी है
पीठ पर अपनी सैर कराता,
ये प्यारा सा हाथी है ।



बड़ी सयानी चींटी रानी,
मीठी चीजों की दीवानी,
झटपट करती काम है,
फिर करती आराम है ।



देखो चूहा मोटा मोटा,
रात में ये कभी ना सोता,
टप टप शोर मचाता है,
फिर बिल में छुप जाता है ।



साफ पानी इसको भाए,
यह जल की रानी कहलाए,
हाथ लगाने से उरती है,
यह सुंदर सी मछली है ।



चित्र पुस्तक पी.पी.टी के लिए कृपया बिलियोग्राफी देखें।

शब्दावली

अध्यापिका कहानी के माध्यम से छात्रों को दिए गए शब्दों को (कुत्ता, बिल्ली, बंदर, चारा, गाय) सीखने व भाषा में प्रयोग करने के लिए प्रोत्साहित करेगी ।

सीखने का प्रतिफल

विद्यार्थी -

- कहानी में आए शब्दों के अर्थ जान पाएगा ।
- समस्या समाधान करने के लिए प्रोत्साहित होगा ।
- हिंदी भाषा के प्रति जागरूक होगा ।

भारत और भारती अपने घर के आंगन में खेल रहे थे , तभी उन्हें कुछ आवाज़ सुनाई पड़ी । जब उन्होंने बाहर जा कर देखा तो एक बिल्ली जोर से म्याऊं म्याऊं कर रही थी और कुत्ता भी खूब ऊँचा ऊँचा भौंक रहा था। भारत भारती ने उन्हें शांत करवाया और खाने के लिए कुछ बिस्कुट और पीने के लिए दूध दिया। भूखे होने के कारण बिल्ली सारा दूध पी गई और कुत्ता भी सारे बिस्कुट खा गया । उन्हें बिस्कुट खाते देख पास के पेड़ से एक बंदर भी नीचे आ गया , भारत भारती ने उसे कुछ चने खाने को दिये । सभी जानवरों ने खूब मज़े से खाना खाया और और भारत भारती को धन्यवाद दिया।

घर वापस आ कर भारत ने आंगन में बंधी गाय को चारा खिलाया और भारती उससे प्यार से सहलाती रही ।

गीत

रहें मिल कर साथ में,
सभी जानवर प्यार से ,
बंदर बिल्ली नाच दिखाएं,
गाय और कुत्ता ताली बजाएं ।

: बूझो तो जाने:

भौं भौं कर गुर्गता है,
यह घर का रखवाला है,
झटपट पी जाता है दूध,
जल्दी इसका नाम तो बूझ ...



कुत्ता

खीं खीं करके हंसते रहते,
यहां वहां उछले कूदे,
एक डाल से दूजे पर,
पेड़ होते इनके घर,
बोलो ये है कौन ??



बंदर

सफेद भूरी और काली होती,
मीठा मीठा दूध देती,
हरी घास और चारा खाती,
बच्चों ये क्या कहलाती ??



गाय

मुलायम है और प्यारी भी,
रहे घर में और बाहर भी,
दूध मलाई खाती है,
ये मौसी कहलाती है,
बोलो कौन ??



बिल्ली

कहानी - चतुर खरगोश

कहानियाँ बच्चों को समूह में चुप्पी तोड़ने, समुदाय से सीखने और उनकी कलात्मकशक्ति को सक्षम बनाने के लिए प्रेरित करती हैं। ये बच्चों के लिए शिक्षा की पहली सीढ़ी होती है। नई शिक्षा नीती २०२० के अनुसार कहानियों के माध्यम से बच्चों में भाषा का विकास होता है एवं उनके सुनने और बोलने की क्षमता में वृद्धि होती है।

सीखने का प्रतिफल -

विद्यार्थी

- * कहानी सुनने से अपनी भाषा का विकास कर पाएगा।
- * अपनी सुनने एवं बोलने की क्षमता को विकसित करने में सक्षम होगा।
- * भाषा के प्रति रूचि जागृत कर पाने में समर्थ होगा।
- * अपनी कल्पना शक्ति का विकास कर पाएगा।
- * अपने शब्द भण्डार में वृद्धि कर पाने में सक्षम होगा।



कहानी - चतुर खरगोश पी.पी.टी के लिए कृपया बिब्लियोग्राफी देखें।

BLOCKS AND MATHS

Revision of pre-number concept Long-Short

Children are natural explorers. They love to learn new skills and concepts regularly. Words such as long and short seem very simple, but actually they can be difficult for children to understand. This is because they are quite abstract words. With the help of real objects this concept can be fun to learn. Long and short concept not only helps to improve visual perception but develops early mathematics skills in children.

LEARNING OUTCOMES:

The child will be able to:

- Differentiate between long and short.
- Develop visual perception.
- To use these terms in his/her day to day activities.

Activity- Tape Tower

Material required-

- Coloured tape
- Things available at home- blocks, cushions, glasses, empty boxes etc.

Steps-

Tape the wall vertically in 2 lengths (long and short)

Ask child to stack things available at home to match length of the tape as shown in the picture.



ORAL COUNTING (1-10)

Oral counting is "the ability of a child to produce in speech a correctly ordered string of numbers".

Oral counting is crucial for early number development. It is a child's first step into Mathematics and is one of the most important educational and developmental milestone. The "number sense" and "oral counting" also helps the child in his day to day practical life activities.

LEARNING OUTCOMES-

The child will be able to -

- Count and speak numbers in seriation.
- Build memory and articulation.
- Relate the numbers with quantity (1 to 10).

I am number 1
Let's have some fun
I am number 2
Just me and you
I am number 3
climb a tree

I am number 4
Let's sit on the floor
I am number 5
I saw a bee-hive

I am number 6
Give this drink a mix
I am number 7
Just a straight line
And down the heaven

I am number 8
My food is on the plate
I am number 9
It's all mine
I am number 10
Let's count again!!

RECOGNITION OF NUMBER 6, 7 and 8

Formation of number 6, 7 and 8 will be shown through air tracing. Facilitator will speak the number aloud along with showing concrete objects and cutouts. She can also use number cards and real objects for better understanding and recognition.

LEARNING OUTCOMES-

The child will be able to -

- Recognize and read numbers 6, 7 and 8.
- Develop problem solving skills and creativity.
- Enhance his/her eye-hand coordination

NUMBER 7

One sleeping line
Then slant down
All those who will learn
Will get a crown!!

NUMBER 6

Let's learn to make number
6

I will guide
Make a curve
And turn it inside!!

NUMBER 8

Make an "S"
Do not wait
Turn it upwards
To make number 8

'For PPTs (number 6 & 7) link, Kindly refer to the bibliography.'

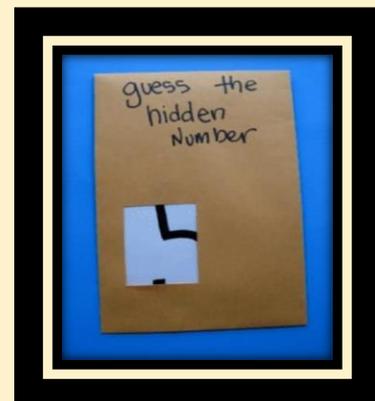
This activity has been planned as per NEP guidelines to nurture and foster mathematical thinking.

FUN GAMES OF NUMBER 6, 7 AND 8

Fun games provide an interesting platform for learning and better understanding.

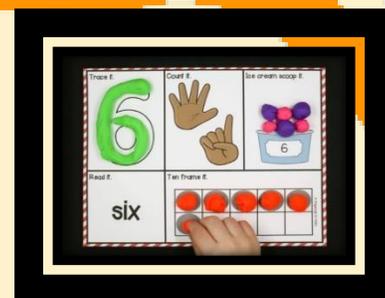
1. HIDDEN NUMBER CARD

Facilitator will cut out a square from an envelope, slide the number cards of 6, 7 and 8 one by one. Children will guess the number inside. After guessing it right, they will speak it aloud.



2. NUMBER PLAYDOUGH MATS

Facilitator can prepare the playdough mats for number 6, 7 and 8. Children can trace the numbers with rolled dough as shown in the picture. Learning of new numbers get even better with such activities.



3. NUMBER MATCHING PUZZLES

Matching puzzles can be prepared using cardboard. Children can match number 6, 7 and 8 with related objects as shown in the picture below. It will be a fun learning experience for them.



'For worksheets (number 6,7 & 8) link, kindly refer to the bibliography.'

SHAPE - TRIANGLE

The ability to recognize and describe shapes is a fundamental skill that provides a foundation for more advanced skills. The facilitator will ask kids to keep a hanger on their table and count its sides and corners. After that shape triangle will be introduced with help of a riddle and rhyme given below.



RIDDLE

I am a shape
You can see me in a pizza slice,
In a hanger
In a sign of You tube button
What shape am I?

TRIANGLE

RHYME

I am triangle with three sides,
To make me, join three lines,
Make two slanting lines, other lying flat,
I am a triangle don't forget that.

For worksheet (Triangle shape) link, kindly refer to the Bibliography.

WRITING READINESS

PATTERN WRITING (ZIG-ZAG PATTERN)

During child's preschool years, an important milestone begins to emerge. This is the development of pre-writing skills. Pre-writing skills are used to encourage, develop and support opportunities for your preschool child to begin writing. Children will be able to trace different patterns.

LEARNING OUTCOMES-

The child will be able to-

- Differentiate between various patterns.
- Develop fine motor skills.
- Enjoy the activities.

ACTIVITY - Fun with Playdough

Material required:

- Play dough or flour dough
- A white paper
- One crayon



Steps:

- Draw zig zag pattern on the white sheet with crayon.
- Let your child create zig zag pattern using play dough on the pattern drawn.

CIRCLE

ACTIVITY- Free hand drawing

Material required:

- Plain A4 size sheet
- Crayons

Steps-

- The child will draw one or two pictures of circle shape objects from the immediate environment like - smiley face, sun, clock etc.



CURVE PATTERN

ACTIVITY-COMplete ME!

Material required-

- A sheet with curved pattern drawn.
- Few buttons/pom pom balls/stickers

Steps-

- Give a sheet with curved pattern drawn to the child as shown in the picture.
- Ask the child to complete the pattern by placing the material mentioned above (any one).



For worksheets (Zig-zag and circle) link, Kindly refer to the bibliography.'

FINE MOTOR SKILLS

BUTTONING ACTIVITY:

According to NEP, when taken seriously and presented as an approachable challenge, practical life activities hold inherent dignity. It's not just getting dressed if one is doing it oneself. The child is learning to follow a complex motor sequence, independently and fulfill his or her own desires and needs. These skills, when taught early in life, allow children to believe in themselves as well as develop self-discipline needed for success throughout their lives.



LEARNING OUTCOMES

The child will be able to:

- Learn to take care of themselves.
- Build independence and self-esteem.
- Develop co-ordination, sense of order and concentration.

ACTIVITY-BUTTONING

MATERIAL REQUIRED:

- Top / Shirt with big buttons.

STEP:

At first, practice buttoning with a shirt laying on the child's lap or table, and positioned like it would be on their body.

Practicing with a different shirt on the table gives the child more room to see the buttons and how their hands are working. Later on child can wear a shirt and do the buttoning.



For video (Buttoning) link, kindly refer to the bibliography.

PAIRING ACTIVITIES AND PUZZLES

Play is an integral part of every child's learning. With the help of activities like pairing and puzzles, we can help children improve their concentration and improve the ability to find similarities and differences in objects. These activities also provide a sense of achievement to our little ones and make them feel confident.

LEARNING OUTCOMES-

The child will be able to-

- Improve eye hand coordination.
- Develop problem solving skills.
- Improve his/her observation.

ACTIVITY-1

Pair it up!

Material required

- Lock and key, toothbrush and toothpaste, container and lid, shoe and sock
- paint brush

Steps-

- Spread all the objects randomly c
- Ask child to find the pair of each



ACTIVITY-

Maze chase

Material required-

- Tape/paint/empty boxes etc and few toys.

Steps-

- Set up a maze on the floor as shown in the reference picture marking starting and end point.
- Keep some toys in the path.
- Encourage the child to complete the maze and collect all the toys on the way.



'For worksheets (Pairing and Maze) link, Kindly refer to the bibliography.'

CREATIVE EXPRESSION

Animal mask making

Art and craft activities give children a sense of achievement and allow them to take pride in their work which builds confidence. Making art is a great, safe way to discover that it's okay to make mistakes and that getting things 'wrong' can lead you to a whole new idea. Children get to try new things and also develop their "self-regulation skills" (e.g. when waiting for paint or glue to dry). This helps them develop patience, which all kids need help with!

LEARNING OUTCOMES -

The child will be able to-

- Improve his/her fine motor skills.
- Enhance creativity.
- Have fun while making Bunny mask.



Material required-

- One paper plate with eyes already cut with the help of an adult
- Glue
- Two white cotton balls
- One pink pom pom ball
- Two white colour white ears
- Two pink colour short ears
- 4 pipe cleaners
- A black marker
- 2 pieces of ribbon



For video (Animal mask) link kindly refer to the bibliography.



SCIENCE IS FUN

Air experiment

"The scientific temper points out the way along with which we should travel. It is the temper of a free man".

- Jawahar Lal Nehru

Children have an innate curiosity to explore, investigate, ask questions and seek answers. Child's scientific temperament is also influenced by the environment.

The facilitator may create a PRO-SCIENCE HOME, to guide and direct them through live experiments like:

Bubble activity with liquid soap and straw.

LEARNING OUTCOMES

The child will be able to:

- Develop critical thinking skills.
- Enhance his/her reasoning skills.
- Enjoy the experiment practically.

For video (Science Experiment) link, kindly refer to the bibliography.



MILESTONES ACHIEVED**MILESTONES ACHIEVED**

The activity that I enjoyed doing the most

SOCIAL MILESTONES-

- I feel good about myself. Yes/No
- I have understood the importance of kindness towards all living beings. Yes/No
- I have understood the importance of honesty. Yes/No
- I am aware of pet, farm and wild animals. Yes/No

LANGUAGE MILESTONES-

- I enjoyed playing games and doing activities of letters b, h and k. Yes/No
- I can use vocabulary words correctly in a sentence. Yes/No
- I enjoyed listening to stories. Yes/No
- I can recite rhymes. Yes/No
- I am aware of the sight word 'I'. Yes/No

LEARNING MY MOTHER TONGUE-

- मैं आ और ऊ की पहचान और मौखिक ध्वनि विश्लेषण सकता हूँ/सकती हूँ। हाँ/नहीं

COGNITION & UNDERSTANDING RELATED MILESTONES-

- I can recognise, count and co-relate numbers up to 8. Yes/No
- I can do pattern writing using circle, curve and zig-zag lines. Yes/No
- I have understood the concept of long and short. Yes/No
- I can recognise triangle shape. Yes/No
- I can solve riddles and puzzles. Yes/No

MOTOR SKILLS RELATED MILESTONES-

- I enjoyed performing exercises and body movements. Yes/No
- I can do simple art and craft activities. Yes/No
- I enjoyed doing buttoning and pairing activities. Yes/No

NOTE- Parents are requested to guide and help their wards to choose the right option after asking relevant questions to them. Also kindly share the feedback with the respective class teachers.