



**Bal Bharati**  
PUBLIC SCHOOL  
Sector-12, Dwarka



# E-SAGARIKA

2020-21

Avika Sood  
VIII D



## FROM THE PRINCIPAL'S DESK

*"An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity."*

- Martin Luther King Jr.

Mankind has achieved unimaginable success through extraordinary vision, sagacious foresight and tremendous toil. The spirit of creativity and experimentation has rewarded us with multitudinous luxuries and comforts. It is only through human endeavour that we have been able to clasp precious and invaluable amount of knowledge within the palm of our hands. However, despite our conspicuous victories in the field of science, technology and innovation, modern society has been plagued with factions, disputes and conflicts. Our economic growth in the past few decades has had a gratifying impact on our lives. On the other hand, consumerism and materialism have been the concomitant consequences of enhanced financial autonomy. Increased digitisation and the internet revolution have not only resulted in greater global interconnectedness but have also inversely propagated individualism and isolation.

Grappling with the COVID-19 pandemic has been an excruciating experience for humanity at large. It has not only given rise to a universal health crisis but has also laid bare the frailties that have existed at the seams of our social, economic and political fabric. The past year, with its unforeseen challenges, has taught us the value of our physical and emotional well-being. It has made us realise that amassing wealth, in the absence of a social conscience, is not the path towards collective progress. True happiness, peace and contentment can only be acquired by offering our kindness and compassion to our fellow beings and by strengthening our communal ties. Our destiny is inextricably linked with the destiny of the human race at large and it is our moral and ethical obligation to lend our support and benevolence to our peers. As the poet John Donne had stated, "No man is an island, entire of itself; every man is a piece of the continent, a part of the main".

Above all, this painfully fraught moment in time has taught us that human endeavours possess the power to transcend all adversities. E-Sagarika is one such potent endeavour that encapsulates our tryst with a global calamity and with the ramifications of rapidly evolving norms of digital education. The publication has become a symbol of hope as it chronicles our accomplishments, attained by conquering all obstacles. I congratulate the Editorial Board for their laborious efforts in giving a concrete form to this distinctive vision.

I would like to extend the token of my gratitude towards our honourable Chairman of school and President, Child Education Society, Shri. L.R. Channa, who might not be there amongst us anymore but whose values and principles shall continue to guide us.



(20.01.1931 - 15.05.2021)

I would also like to thank our venerable Secretary/Manager, Ms. Rekha Sharma, from the bottom of my heart for the judicious guidance and unbridled support she has endowed us with during a deeply unsettling time.

I also acknowledge the unceasing toil of my staff members who have shown remarkable dedication and zeal in coping with novel modes of teaching and learning and have displayed an unwavering commitment to this glorious institution. I would also like to appreciate the extraordinary feats of creativity and inventiveness achieved by my dear students despite numerous hurdles. Finally, I thank the parent fraternity who have been a pillar of strength for our organisation and whose unrelenting cooperation has enabled us to envision a more luminous and sanguine future for our children.

Happy Reading!

**(Suruchi Gandhi)**

**Principal**



## Message from Secretary Manager



And we march on.....

It has been said that a dream written down with a date becomes a goal; a goal broken into steps becomes a plan; and a plan backed by action makes dreams come true. This holds so true for Bal Bharati Public School, Dwarka- this 'tall' institution is the result of many a dreams nurtured to reality. The last year has tested all of us in more ways than one. Yet despite the constraints, to be able to still provide the best is a humungous task and team Dwarka excelled.

The plethora of activities, so well planned and executed, bear testimony to the dedication of the entire teaching fraternity. And all credit goes to the dynamic Mrs Suruchi Gandhi for her sterling leadership.

At every juncture, the finer nuances of the online classes were taken care of, and the accolades won, the stupendous performance of the students in all spheres; the extraordinary work done by all, speaks volumes of the phenomenal pedagogical advancement that has become the hallmark of BBPS Dwarka. and the sky is certainly not the limit.....

And yet there is a pang in our hearts. The mentor who led us from the front, Mr. Channa, the charismatic leader who despite his many preoccupations participated wholeheartedly in every event, is no longer there. We will not see that wonderfully warm smile every time the school wins an accolade. The pall of gloom deepened with the demise of the Vice President, the ever smiling Dr. V K Ahuja. But we take solace from the thought that both are with us in spirit. Their wisdom will always help us move on the right path. My best wishes to Suruchi and her team with the prayer that the school may rise to greater heights in all spheres.

Remember 'All our dreams can come true, if we have the courage to pursue them'.

**Rekha Sharma**  
**Secretary / Manager**

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## In Fond Remembrance



**Shri L.R. Channa**

(20.01.1931 – 15.05.2021)

*"For those who leave us for a while  
Have only gone away  
Out of a restless, care worn world  
Into a brighter day"*

We pay our homage to the noble soul of our revered Chairman and President CES, Shri LR Channa, who left for his heavenly abode on May 15, 2021. A true visionary and pioneer in the field of education, his perseverance and dedication empowered the organisation to achieve towering success. Under his wings, the spirit of innovation and creativity flourished and the school grew in stature and broke new grounds. In his unflinching commitment towards growth and progress, he ensured that every aspect of school education from latest infrastructure to state of the art technology, from scientific vigour to excellence in sports, gained attention and consistent refinement. He was a pillar of support for the institution through thick and thin. His wisdom guided us and helped us soar through the skies and his fortitude became our anchor, that kept us grounded.

Ever so humble and graceful, he treated each member of the staff with warmth and compassion. He thought of our cares and burdens as his own and selflessly lent a helping hand whenever anyone was in need of his benevolence. A father figure for all, his luminous smile and generous affection has left an indelible mark on each life he touched. He is deeply mourned by fraternity of Bal Bharati Public School, Dwarka who cherished his ideals of 'Service above Self'.

# A TRIBUTE.....



Shri L.R. Channa, Chairman of the school was a brilliant mentor, an assiduous karmyogi, an astute visionary, a devout educationist, a keen philosopher and a prolific leader.

He was a guide in so many things in our life, an idol whom we all looked up to, and a wonderful human being. I feel honored to have been mentored by him. Under his tutelage I found my wings and grew as a dynamic leader, administrator and educationist. He infused in me a passion for perfection. The unrelenting support I received from him allowed me to aim for the stars and achieve my true potential.

He has enriched our lives in a myriad of ways. The vast expanse of his tremendous experience coupled with his firm grasp over every subject of academic and philosophical enquiry awed and inspired us at the same time. He shall remain the greatest example of intellect, reason and knowledge to all of us. His passion, dedication and pursuit for excellence in everything set an example for others to aim for precision and aptness.

He touched so many lives and helped so many people through his generosity of spirit and magnanimous deeds. He illuminated the path of wisdom and moral rectitude for all those who chose to align themselves with his vision and values. His footprints have left an imprint on our hearts as a researcher, teacher and great human being, inspiring us all to rise above ourselves and live our lives in service of others. We shall always strive to follow the path laid down by him. I would like to pay my respects to his noble soul by these lines of Alfred Tennyson-

*"I sometimes hold it half a sin;  
To put in words the grief I feel.  
For words, like nature, half reveal;  
And half conceal the soul within.*

(Suruchi Gandhi)  
Principal



## AN EARNEST ELEGY

*“Say not, they die, those splendid souls,  
Whose life is winged with purpose fine;  
Who leave us, pointed to the goals;  
Who learn to conquer and resign.  
Such cannot die; they vanquish time,  
And fill the world with glowing light,  
Making the human life sublime  
With memories of their secret might.  
They cannot die whose lives are part  
Of the great life that is to be;  
Whose hearts beat with the world's great heart,  
And throb with its high intensity.  
Those souls are great, who, dying, gave  
A gift of greater life to man;  
Death stands abashed before the brave;  
They own a life death cannot ban.”*





*“Those we love don’t go away,  
they walk beside us everyday.  
Unseen, unheard, but always  
near, so loved,  
so missed, so very dear.”*

What moves through us is a silence, a quiet sadness, a longing for one more day, one more word, one more touch. We pay obeisance to the departed soul of our venerable Chairman Shri LR Channa. Gifted with remarkable foresight, Sir recognized that the individual, collective team and even an entire nation must align with the vision, have a clear goal and understand their role in making this vision for the future a reality. The transformational leadership style of Sir embraced the unknown as a blank canvas for innovation and experimentation, pioneering newer possibilities. In order to cast that larger vision for his team or organization, he possessed the ability to look at the situation with a different perception and to provide solutions in bleak conditions—in a different light, even when there seems to be no light at all.

He always emphasized that innovative ideas and grandiose dreams are meaningless if not followed up by action. They must be balanced by discipline, focus and a specific course of action. He also ensured that his vision became reality by stating clear goals, outlining a strategic plan for achieving those goals and equipping and empowering each member of his team to take action on the plan at the organizational, team and individual levels. Sir endeavoured to motivate the team to boldly strive for and achieve new heights and unite an organization to take one giant leap forward. Leading with vision, Sir in his role inspired us to aim for the moon—and beyond.

Shri L.R. Channa was an epitome of grace, fortitude and benevolence. A compassionate being, he always strived to understand the power of feelings and showed empathy to those around him. He was a perpetual source of strength and solace for us. We know for certain that we never lose the people we love, even to death. They continue to participate in every act, thought and decision we make. Their love leaves an enduring imprint in our memories, and such was the presence of our dear Sir.

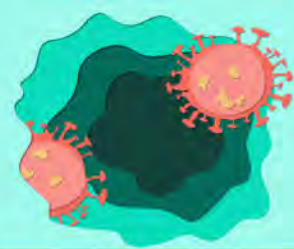
*Forever in our thoughts...*

**Staff Members  
BBPS Dwarka**





## EDITORIAL



**“Our human compassion binds us, the one to the other, not in pity or patronizingly but as human beings who have learnt how to turn our common suffering into hope for the future.”**

**– Nelson Mandela**

A true community is not just about being geographically close to someone or part of the same social network. It's about feeling connected and responsible for what happens. Humanity is our ultimate community, where everyone plays a crucial role. To that end, we all share a general responsibility for all humanity. Our particular duty in these trying times is to aid those to whom we think we can be most useful. As a student, you can bring revolution in the lives of people at large by writing. You should write because you love the shape of stories and sentences and the creation of different words on a page. The writing voice is all your work laid out across the table like the bones and fossils of an unidentified carcass. This voice is the deepest possible reflection of who you are. The job of your voice is to make well-shaped sentences and your readers should be able to hear the contents of your mind, your heart and your soul.

This second edition of E-Sagarika makes its presence during this period of lockdown, caused due to COVID-19. Right now, we see ourselves collectively facing this pandemic, a situation for which we had no experience and little preparation. And, at this time, when the whole world is battling against it, Bal Bharati Public School, Dwarka has added another feather to its cap; the E-magazine, to provide our students a stage to bring out their creative thoughts and expression.

An endless endeavour, this project is an appreciation of the inherent talents of those who toil day and night to produce fine pictures, informative stories and informed articles to make periodical readings possible, useful and amusing for the readers at large.

This magazine, indeed, is an honest effort to exhibit not just the talents of our budding authors, poets and artists, but also to give them a platform to launch themselves and touch the sky. The outstanding articles, poems and artworks of our gifted and innovative minds are sure to enthrall the imagination of the readers. With complete faith in their hard work, we are sure that their original ideas will certainly excite and elate your thoughts.

The editorial team takes this opportunity to express its sincere gratitude towards our revered Chairman of the school, Shri L.R. Channa, who had been a constant source of motivation and encouragement for us and had entrusted the herculean task of creating the school's journey of achievements, innovations and creativities. We are also grateful to the Secretary Manager of the school, Ms Rekha Sharma for guiding us and supporting us by providing us with priceless proposals in preparing this document. Lastly, a heartfelt gratitude goes to our Principal, Mrs Suruchi Gandhi for entrusting us with the responsibility of adding another chapter to the history of Bal Bharati Public School, Dwarka. We thank her for being a constant support throughout the process, from the conceptualization of the idea to the last stage of publication, of this grand work by our students.

We also extend our heartfelt gratitude to all the parents for their continued support to the institution and its endeavours. Dear Parents, you have, indeed, walked the extra mile to ensure that our children make the best use of their time. We hope that you would enjoy your journey as you sail through this enchanted ocean of genius. We wish you all happy and fun-filled days with your loved ones.

Be safe and healthy.  
Happy Reading!

## VIRTUAL INTERNATIONAL DIMENSION IN SCHOOLS ANNUAL CERTIFICATION CEREMONY (JANUARY 22, 2021) BY BRITISH COUNCIL



School Principal, Mrs Suruchi Gandhi, has been recognized for 'Leading the Integration of International Learning in the School'.



School has been accredited for 'Outstanding Development of the International Dimension in the Curriculum'.

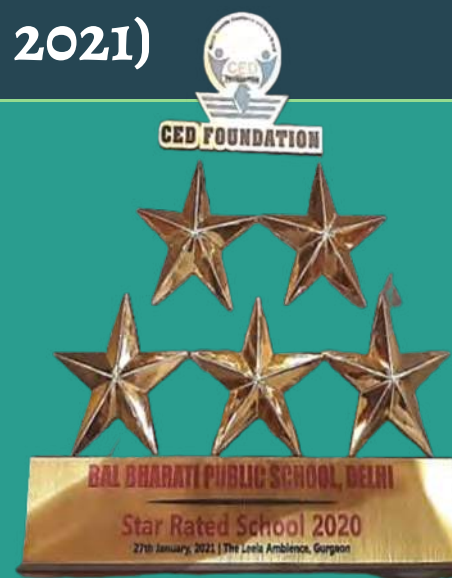


School Vice Principal, Ms Sandhya Kakkar has been recognized for 'Coordinating the Integration of International Learning in the Curriculum'.

## SCHOOL AWARDS

### FIVE STAR RATING AWARD (JANUARY 27, 2021)

The school received Five Star Rating Award in the category, 'Top Most Rated CBSE School', by CBSE Secretary Mr. Anurag Tripathi.



# SCHOOL AWARDS

## ‘EXPRESSIONS INDIA’ - LIFE EMPOWERMENT AWARDS FOR SCHOOLS – 2020

The school bagged the ‘Expressions India’ achievement awards for the session 2020-21. The school was rewarded for the remarkable display of hard work and patience in achieving meaningful milestones with a visionary approach and for the efforts to align with the tenets of NEP 2020. The school emerged as the winner in the following Award categories:

- Principal Leadership for Outstanding Endeavours
- Teacher Leadership for Life Skills Education
- Inclusive Approach for Children with Special Needs
- Adolescent Peer Leadership for Life Skills Empowerment



## ECOWAM HANDPRINT FLAG AWARD

The school emerged as the winner of the EcoWam Handprint Flag Award, in which 100 schools participated from all over India. The school won the award in recognition of its sustained efforts to promote the concept of sustainable development amongst students.



# SCHOOL AWARDS

## EDUEXCELLENCE AWARD 2021



### Educational Institutes

Award for Innovation in Curriculum-1

School	Award Type
Bal Bharati Public School, Dwarka	Platinum
The Kothari International School, Noida	Platinum
Apeejay School, Panchsheel Park	Gold
International Indian School, Abu Dhabi	Gold
The Orbis School Mundhwa, Pune	Executive
Vidyanjali Academy For Learning	Executive

2021

## THE SCHOOL EDUEXCELLENCE AWARDS



**Platinum**

In appreciation and recognition of

**Ms. Suruchi Gandhi**

Principal

Bal Bharati Public School, Dwarka

*Leader Award for Community Engagement*

The school was a proud recipient of EduExcellence Platinum Award for Innovative Practices adopted in curriculum at the school.

The school Principal Mrs. Suruchi Gandhi, well known for her philanthropic endeavours, has won the EduExcellence Platinum Leader's Award for community engagement.

The Vice Principal, Ms Sandhya Kakkar also received the Eduexcellence Leader Platinum Award for her continuous efforts to work towards community engagement.

## ZENIK AWARD- IMAGIVATION 2021

The school Principal was awarded the Certificate of Appreciation in recognition of the guidance provided to students to explore innovation skills and instilling in them the motivation and capacity to imagine, innovate and create meaningful impact.



### CERTIFICATE OF APPRECIATION

THIS CERTIFICATE IS PRESENTED TO

**Mrs. Suruchi Gandhi**  
Principal, Bal Bharati Public  
New Delhi

In recognition to your guidance for students to explore innovation skills. We value your inspiring leadership to encourage young mind to Imagine, Innovate and create Impact.



01-08-2021

DATE

*Ajay Jain*  
Ajay Jain  
CEO-ZENIK LEARNING

**IMAGIVATION-2021**

International Innovation Summit



**SCHOOL**

**RANKINGS**

## **STAR RATING SCHOOL (CED SCHOOL NETWORK INITIATIVE)**



The school was placed at All India Rank No. 3 in a latest survey done by Star Rating School (CED School Network Initiative). The felicitation ceremony was held on May 9, 2020 at The Leela Ambience, Gurgaon.

### **TIMES EDUCATION ICON AWARD 2020-21**

The school bagged the 2nd rank in Times School Survey 2020 and won the 'Times Education Icon Award' for the 3rd year in succession under the leaders' category. The result has been published on the Times of India website.

### **14TH ANNUAL EDUCATION WORLD INDIA SCHOOL RANKINGS SURVEY (NOVEMBER 2020 ISSUE)**

Education World, in association with C fore, Delhi, concluded its 14th annual Education World India School Rankings survey. A sample respondent's database of 11,368 SEC (socio-economic category) 'A' included parents, educationists, principals, teachers and senior school students in 28 cities and education hubs across India, who were interviewed to rate the country's Top 2,000 schools on 14 parameters of educational excellence. The school attained the following ranks in the survey:

**Overall rankings**

**National Rank - 104**

**State Rank - 51**

**City Rank - 22**

### **Amongst Top 10 in West Delhi**

The school tops the list of the 10 best schools of West Delhi, in a survey conducted by So Delhi Facebook group.



## MICROSOFT SHOWCASE SCHOOL WINNER IN GLOBAL COLLABORATION

The school team won the 'Showcase School Winner in Global Collaboration' Award in Tech for Good Challenge, organised by Microsoft. The school earned the top international honour amongst 440 schools from all over the world.

## EDUCATION EXCELLENCE AWARDS 2020



The school is the proud recipient of the "Best School of the Year Award" by Education Excellence Awards. The award has been finalized after the strict scrutiny and recommendation of all the Jury Team members for seeking excellence in the education sector.

## BRAINFEEED SCHOOL EXCELLENCE AWARD 2019-20 (FEBRUARY 6, 2020)

The school bagged the Brainfeed School Excellence Award 2019-20 in the following categories for enriching standards in imparting excellence in education to the GenNext learners.

- 1) Best CBSE School
- 2) Influential School Brand
- 3) Sports Education
- 4) Life Skill Education
- 5) Green Building School

## SCHOOL AWARDS

### **SARVA SHIKSHA EMPOWERING INDIA AWARDS 2020 (FEBRUARY 19, 2020)**

The school received Certificate of Merit at the 1st edition of Sarva Shiksha Empowering Awards, conceptualized to honour excellence in providing quality education to economically weaker sections. This award was organised by Arrucus Media Pvt. Ltd, in association with Knowledge Partner- National Accreditation Board for Education and Training (NABET) Quality Council of India. A grand award ceremony was held at The Park Hotel, New Delhi. The event was presided over by the Chief Guest Shri Ramesh Pokhriyal 'Nishank', Honourable Union Minister of HRD, Govt. Of India

### **ZENIK OLYMPIAD-SHARK RESEARCH AND OCEAN CONSERVATION JULY 30, 2020**

The school received a 'Certificate of Appreciation' in recognition of the efforts taken to encourage and introduce young minds to experiential learning on Shark Research and Ocean Conservation.

## **MICROSOFT SHOWCASE SCHOOL PROGRAM- SEPTEMBER 2020**



Microsoft Showcase School Program - Incubator Path

September 2020

Country	City	School
India	Nagrota Bagwan	Green Field Sr. Sec. School Nagrota Bagwan
India	New Delhi	Bal Bharati Public School, Dwarka

The school earned valuable points to become a prestigious member of Microsoft Showcase School Program – Incubator Path. Only 36 schools around the world have earned this prominent recognition.

### **PIONEER AWARDS-CLASH OF PI(AN ALL INDIA ONLINE MATHEMATICS CIRCUIT)**

The school bagged the prestigious 'Pursuit of Mathematics Excellence Award' for being placed at Rank 1 in the category of Most Promising School for Maths (North Zone) in Pioneer School Awards for Clash of Pi 2019-20. The Pioneer Award Ceremony took place at India Habitat Center, Lodhi Road, Delhi on April 5, 2020.

### **MIND WARS**

The school is the recipient of appreciation certificate from Mind Wars team for its active support and encouragement to help students derive maximum benefit from this mega knowledge platform.



# NATIONAL TEACHERS' AWARDEE

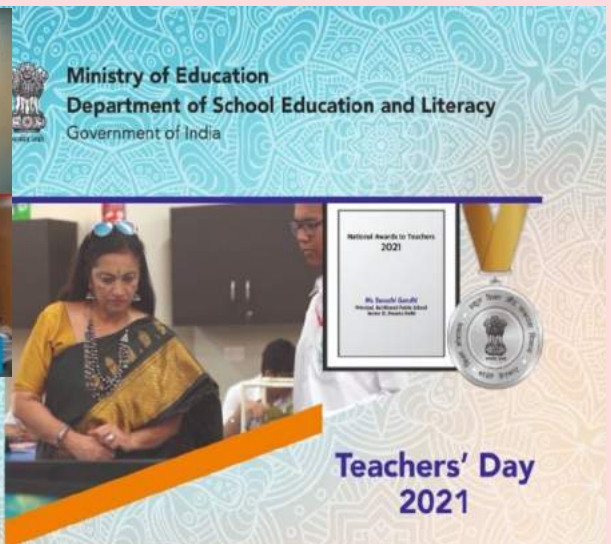
## MS. SURUCHI GANDHI

An epitome of outstanding leadership and unwavering devotion, Ms. Suruchi Gandhi has been at the forefront of forging new pathways in the field of education.

Ms Gandhi has revolutionized modern pedagogies and empowered an entire generation of learners with the gift of knowledge and social conscientiousness.

For her unceasing efforts and innovative endeavours, Ms. Gandhi has received distinguished laurels such as CBSE Teachers' Award in the Principals' category, State Teachers' Award Exceptional Women of Excellence Award by World Women Economic Forum and World Climate Leader by Al Gore Foundation, USA to name a few.

It is a matter of great pride for us that she has now been honoured with the most prestigious National Teachers' Award 2021 by the Honourable President of India, Shri Ram Nath Kovind.



**Ms. Suruchi Gandhi** in her role as a Principal has given her students a range of diverse learning experiences contributing to their holistic development. She has promoted enquiry based learning and skill development through meaningful environmental projects, use of ICT and digital learning, technical work, physical education and community awareness. She has provided an international dimension by including collaboration with different institutions and networks. Through effective leadership, she has also motivated her teachers to become trainers and spread good practices.

Ms Suruchi Gandhi receiving the award from Pr. Secretary (Education) Sh. H. Rajesh Prasad and Director, Directorate of Education Sh. Udit Prakash Rai.





## PRINCIPAL'S AWARDS

### **LIFETIME ACHIEVEMENT GOLDEN PEACOCK AWARD 2019 (DECEMBER 12, 2019)**

The school principal, Mrs Suruchi Gandhi, was awarded 'Best Principal Award' by MVLA Trust, Mumbai, Maharashtra for her meritorious services, outstanding performance and remarkable role as a teacher in building a sustainable global society.

### **INTERNATIONAL EDUCATION SYMPOSIUM AWARDS 2020**

The school principal, Mrs Suruchi Gandhi, bagged the "Innovative Principal of the Year Award 2020" for introducing innovative practices in remote teaching in 2020.

Dear Suruchi Gandhi,

Greetings from *International Education Symposium and Awards 2020* team.

Congratulations!!!

We refer to your nomination to the *International Education Symposium and Awards 2020*. Based on your nomination and further survey thereupon, you have been selected by our jury for the "Innovative Principal of the Year Award 2020".

The most sought awards are proposed to be held on 20th December 2020 (Sunday), Virtually (due to COVID) where all the awardees will be felicitated with an award certificate and a memento of excellence. We will send the Certificate & memento at your registered address.

### **GLOBAL EDUCATION SKILLS MSME AND ENTREPRENEURSHIP SUMMIT LEADERSHIP AWARD 2020 - AUGUST 12, 2020**

The school principal received the Best Principal Award at Global Education Skills MSME and Entrepreneurship Summit Leadership Award 2020 (World Youth Day) for extraordinary contribution to the education sector.

### **EDUCATION EXCELLENCE AWARD 2020 (NOVEMBER 21, 2020)**

The school principal bagged the 'Eminent Educationist of the Year 2020 Award' in recognition of continued excellence in teaching.

### **My NEP- SEPTEMBER 21, 2020**

The school received a Letter of Appreciation for participating in the events for MyNEP.



## **PRINCIPAL'S AWARDS**

### **REIMAGINING SUSTAINABLE STUDENT AND ONLINE LEARNING by G D GOENKA UNIVERSITY- JULY 17, 2020**

The school principal, Mrs Suruchi Gandhi, was one of the honoured speakers at an exclusive interaction with The Policy Times, organized by G D GOENKA University. In the webinar, the principal discussed the significance of Value Education in the school curriculum. The chief guest at this event was H.E. Mr. Hector Cueva Jacome, Ambassador of Ecuador to India.

### **INDIA INTERNATIONAL EDUCATION COUNCIL- SEPTEMBER 22, 2020**

The school principal, Mrs Suruchi Gandhi, was one of the key honourable speakers at the 14th session of Decoding the National Education Policy 2020, organised by India International Education Council.

### **JAN ANDOLAN COVID-19 APPROPRIATE BEHAVIOUR- OCTOBER 9, 2020**

The School Principal, Mrs Suruchi Gandhi, took the "Jan Andolan COVID19 Appropriate Behaviour" Pledge and committed herself to the responsibility of taking all necessary precautions that would prevent the spread of COVID-19. (Government of India)

### **CERTIFICATE OF APPRECIATION FOR CHILD SAFETY PROGRAMME IMPLEMENTED IN SCHOOL**

The School Principal, Mrs Suruchi Gandhi, and Program Coordinator, Ms Vinita Dhawan, received Certificates of Appreciation for successful implementation of Project CACA. The school was lauded for taking a lead in implementing the child safety program in the school.



## PRINCIPAL'S AWARDS

### Future Ready School Award



The school principal was honoured as the Special Guest at 3rd World Education Conclave and the school received the Future Ready School Award.

### E-WASTE PLEDGE- OCTOBER 9, 2020

The school principal, Mrs Suruchi Gandhi, has taken the E-Waste Pledge to remain committed to work towards making India 100% clean of E-Waste. (Ministry of Electronics and Information Technology)

### MEET THE SCHOOLS THAT SHINE- 21st DECEMBER

The school principal, Mrs Suruchi Gandhi, was the Honoured Guest Speaker at a webinar organized by Shri Aurobindo Society. The event was attended by school leaders for a panel discussion about student health and safety when the schools reopen. The event was also captured live on Facebook.

### CBSE ONLINE TRAININGS

The school principal has been selected as a CBSE resource person for online Trainings.

### HINDUSTAN TIMES- GURUVANI- 14TH DEC.

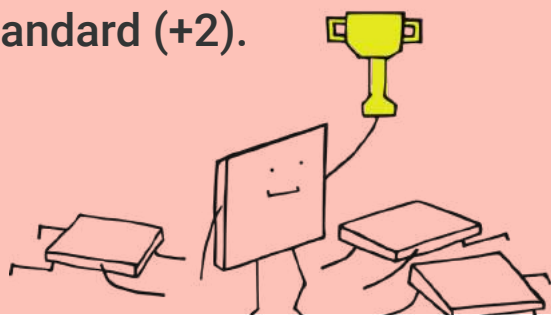
The Hindustan Times enclosed an exclusive interview of the school principal in the Guruvani section, wherein she shared her distinctive vision regarding children's future in this pandemic. She also shared her thoughts about all the elements required for holistic development of students.

# ACADEMIC ACCOLADES



## KVPY FELLOWSHIP AWARD

Tanishq Choudhary of class XII has been provisionally selected for KVPY Fellowship Award – 2019, based on his performance in the Aptitude Test held during November 2019 and the Interview during January / February / March 2020, under the stream SA (subject to fulfilling the eligibility conditions of the award). He is eligible to receive the KVPY fellowship w.e.f. 1.8.2021, when he secures a minimum of 60% (50% for SC/ST/PWD) aggregate marks in SCIENCE Subjects in the 12th standard Board Examination and pursues an undergraduate course, during the academic year 2021-22 in Basic Sciences after his 12th standard (+2).



## SARVASV BARARA: MILLENNIAL INDIAN MIND (JANUARY 20, 2020)

**Sarvasv Barara of class X A received 'Certificate of Achievement' for his participation in Millennial Indian Writers Pan India Online essay Contest 2019. His essay was published in a collection of 100 essays from across the country in the book titled 'Inside the Millennial Mind'.**

## NATIONAL TALENT SEARCH SCHEME - AWARD OF SCHOLARSHIP

**Tanishq Choudhary of class XII qualified for an award of scholarship by NCERT, under National Talent Search Scheme for his stupendous academic performance.**

## RESULT OF JSTSE EXAMINATION 2019-20

Student Name	Rank
Aritro Pal	7
Bharat Luthra	20
Anupam Anand	26
Anushka Sinha	30

# ACADEMIC ACCOLADES



## **PARIKSHA PE CHARCHA (JANUARY 20, 2020)**

**Aryan Tyagi of class IX-C was selected from over 15,000 applicants to interact with The Prime Minister, Shri Narendra Modi at Talkatora Stadium for 'Pariksha Pe Charcha'. He was also presented with a USB drive and the book "Exam Warriors" by the Ministry of HRD.**

## **NATIONAL VOTERS' DAY (JANUARY 25, 2020)**

**Harshit Vats of VII A was amongst top 3 students at District Level to be selected in a Drawing Competition, organized by Delhi Voters' Office on the occasion of National Voters' Day.**

## **ILLUSIONS**

**Madhumeet, the school alumna, made the school proud by launching her first book 'Illusions'. The book was launched by hon. Member of Parliament, Shri Bhartruhari Mahtab ji. The book is now available on Amazon and Flipkart.**

## **HINDI LANGUAGE EXAM (NOVEMBER 2019)**

**Swami Vivekanand Education Research Centre organized National Hindi Exam for classes I to V, in which Arya of class II B received a special award for outstanding performance. Around 90 students participated in it.**

## **ALL INDIA HINDI LANGUAGE COMPETITION (SEPTEMBER 17, 2019)**

**Shourya Tyagi (IV A), Avnita (II B) and Ripunjay (V C) were awarded with 'National Language Award'. Over 200 students participated in the National Level Competition.**

## **BEST ROBO DESIGN AWARD AT FIRST LEGO LEAGUE ROBOTICS NORTH INDIA CHAMPIONSHIP 2019-20 (Held at AMITY INTERNATIONAL SCHOOL- JANUARY 18- 19, 20)**

**Atharva Panjabi (VI-A) won the first prize under the "Best Robot Design" category and secured Overall second position in the FIRST® LEGO® League (FLL) North India Championship.)**

# ACADEMIC ACCOLADES



## **DHANANJAY RAMAN (XI B) - JUNIOR EINSTEIN**

**Dhananjay was selected to attend the Orientation cum Selection Camp in Chemistry at Homi Bhabha Centre for Science Education in Mumbai from May 20, 2020 - May 31, 2020 for the 3rd year in succession.**

**His Olympiad scores are as follows:**

- **He shone in Indian National Chemistry Olympiad by scoring 73/119.**
- **He secured an illustrious score in Indian National Astronomy Olympiad (81/100).**
- **He scored the enviable 53rd rank in KVPY scholarship.**
- **He was invited to participate in GeCAA- an online version of International Olympiad of Astronomy and Astrophysics.**

**Last year he created history by winning 2 International Olympiads:**

- 1. International Astronomy Olympiad (IAO), held at Botswana.**
  - 2. International Junior Science Olympiad (IJSO), held at Romania**
- **He was awarded a cash prize of Rs 15000 twice by Homi Bhabha Center for Science Education**
  - **He was also the winner of National Olympiads in 3 categories - Mathematics, Astronomy and Junior Science.**

## **WHITEHAT JR CERTIFIED GAME DEVELOPER**

**Mitansh Sharma (IV B) is one of the youngest kids in the world to become a WhiteHat Jr Certified Game Developer. He has been awarded the certificate for game development by a panel of computer Scientists from IIT, Google, Intel, Microsoft and Amazon.**

# ACHIEVEMENTS OF AGAMPREET SINGH

## ART ACHIEVEMENTS

- **Agampreet Singh (IV C) bagged the third position in the Swachh Bharat Art Competition and was felicitated for his exceptional art work. He received a cash prize of Rs. 2000 along with a certificate.**
- **He also bagged 'Consolation' prize in Swachh Bharat Abhiyaan Poster Making Competition.**
- **He won the 3rd prize in National Online Poster Making Contest, organized by Dessin Academy. The topic for the contest was "World after Destroying Covid - 19".**
- **He also got felicitated at Sahib Singh Verma Bhawan for the selection of his painting at the National Level in Swachh Bharat competition.**
- **He also won Certificate of Merit for his performance of brilliance in the Mitsubishi Asian Children's Enikki Festa 2019-2020, in which a total number of 10588 students from 28 States and Union Territories of India participated.**



## ACADEMIC ACHIEVEMENTS



- **He received the Most Innovative Project Award in Bridge Intelia Virtual Science Fair.**
- **He received the Gold Medal of Excellence in SOF International Mathematics Olympiad 2020-21.**
- **He was also awarded Merit Certificate for outstanding performance in National Talent Search Competition, organised by Surabhee All India Child Art Society.**
- **In CBSE Expression Series on Thinking Innovatively in Unprecedented Times like Covid-19, Agampreet's entry was among the Best Entry received from schools all over India, in the primary category.**

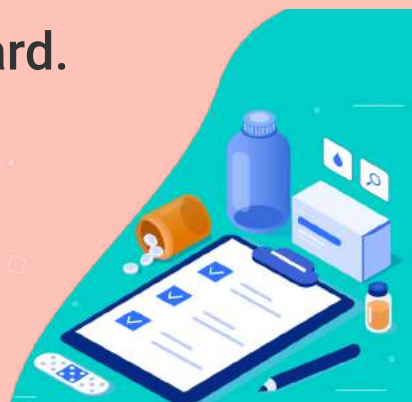


# ACADEMIC ACCOLADES



## **BEST BREAKTHROUGH RESEARCH (JAN 16, 2020)**

Kanishk Singh (XII A) received offers of admission from the most prestigious universities, including Yale and Stanford Universities, based on his research paper on the topic 'Abraxane, the Nanoparticle Formulation of Paclitaxel Can Induce Drug Resistance by Up-Regulation of P-gp' published in The Organic Letters. The research greatly impressed Dr. Lloyd B. Minor, the Dean of Stanford Medical School, who recommended him for the Best Breakthrough Research award.



## **NATIONAL GENIUS SEARCH EXAMINATION- MAINS 2020 (SEPTEMBER 24, 2019)**

Out of 52 students who appeared for the exam, 6 students have qualified under National Quota while 2 students have qualified under the School Quota.

Student Name	Qualified Under
Ahan Das (IV)	National Quota
Bharat Luthra (IX)	National Quota
Ridhima Makol (VII)	National Quota
Ishika Acharya (VIII)	National Quota
Aadya Katyayani (VIII)	National Quota
Kannan Rustagi (XI)	National Quota
Shauryaveer (IV)	School Quota
Shivansh Tyagi (IX)	School Quota

## **GREEN CHAMPIONSHIP 2019-20 (JANUARY 30, 2020)**

Nairit Jindal (V C) and Trisha Mehta (V A) were declared as School Champions for presenting a model on the topic 'Waste Utility and Waste Management', in a program organized by Sharp NGO, in collaboration with Schneider Electric Foundation.

# ACADEMIC ACCOLADES



## CBSE CLASS-XII RESULT 2019-20

A)	In Number	In %age
<b>Total Number of Students Appeared:</b>	<b>142</b>	
<b>Number of Students Passed</b>	<b>141</b>	<b>99.29</b>
<b>Number of Students placed in Compartment</b>	<b>01</b>	<b>0.70</b>
-----		
<b>B)</b>		
<b>Number of Ist Divisions</b>	<b>141</b>	<b>100</b>
<b>Number of IInd Divisions</b>	<b>0</b>	<b>0</b>
<b>Students with 90% &amp; above</b>	<b>46</b>	<b>32.62</b>
-----		
<b>C)</b>		
<b>Total number of A1 &amp; A2 Grades</b>	<b>309</b>	<b>43.52</b>
<b>Total number of B1 &amp; B2 Grades</b>	<b>256</b>	<b>36.05</b>
<b>Students getting only A1 Grade</b>	<b>9</b>	<b>6.33</b>
<b>Students getting A1 and A2 Grade</b>	<b>22</b>	<b>15.49</b>
-----		
<b>D) Students securing 5 distinctions</b>	<b>86</b>	<b>60.56</b>
-----		
<b>E) Total Number of Distinctions</b>	<b>594</b>	<b>83.66</b>
-----		
<b>F) School Average</b>	<b>--</b>	<b>85</b>

## SCHOOL TOPPERS OF CLASS XII IN YEAR 2019-2020

**COMMERCE**

**NANDINI SAHAI**

**96.00 Percent**

**SCIENCE**

**ARNAV GUPTA**

**97.00 Percent**

# ACADEMIC ACCOLADES



## SUBJECT TOPPERS OF CLASS XII IN YEAR 2019-2020

<b>CHEMISTRY</b>	<b>VERNIKA GUPTA</b>	<b>100.00</b>
<b>BIOLOGY</b>	<b>SHREYA MADAN</b>	<b>100.00</b>
<b>PAINTING</b>	<b>YASHVI SHARMA</b>	<b>100.00</b>
<b>MATHEMATICS</b>	<b>VANSHIKA BANSAL</b>	<b>99.00</b>
<b>PSYCHOLOGY</b>	<b>AVNI GAHLOT</b>	<b>98.00</b>
	<b>SUKRITI CHUGH</b>	<b>98.00</b>
<b>COMPUTER SCIENCE</b>	<b>ARNAV GUPTA</b>	<b>98.00</b>
<b>ENGLISH CORE</b>	<b>BHAVYA MARWAH</b>	<b>98.00</b>
<b>MARKETING</b>	<b>SONAKSHI GUPTA</b>	<b>98.00</b>
<b>BUSINESS STUDIES</b>	<b>NANDINI SAHAI</b>	<b>96.00</b>
	<b>VANSHIKA BANSAL</b>	<b>96.00</b>
	<b>SONAKSHI GUPTA</b>	<b>96.00</b>
<b>ACCOUNTANCY</b>	<b>SONAKSHI GUPTA</b>	<b>96.00</b>
<b>PHYSICS</b>	<b>RADHIKA SHRIVASTAVA</b>	<b>96.00</b>
<b>PHYSICAL EDUCATION</b>	<b>YASHVI SHARMA</b>	<b>95.00</b>
<b>ECONOMICS</b>	<b>DEERGHA SACHDEVA</b>	<b>91.00</b>

# ACADEMIC ACCOLADES



## CBSE CLASS-X RESULT 2019-20

A)	In Number	In %age
<b>Total Number of Students Appeared:</b>	<b>192</b>	
<b>Number of Students Passed</b>	<b>192</b>	<b>100</b>
-----		
B)		
<b>Number of Ist Divisions</b>	<b>187</b>	<b>97.39</b>
<b>Number of IInd Divisions</b>	<b>05</b>	<b>2.60</b>
<b>Students with 90% &amp; above</b>	<b>80</b>	<b>41.66</b>
-----		
C)		
<b>Total number of A1 &amp; A2 Grades</b>	<b>578</b>	<b>60.20</b>
<b>Total number of B1 &amp; B2 Grades</b>	<b>219</b>	<b>22.81</b>
<b>Students getting only A1 Grade</b>	<b>17</b>	<b>8.85</b>
<b>Students getting A1 and A2 Grade</b>	<b>65</b>	<b>33.85</b>
-----		
D) Students securing 5 distinctions	<b>112</b>	<b>58.33</b>
-----		
E) Total Number of Distinctions	<b>769</b>	<b>80.10</b>
-----		
F) Instance of 100% Marks in Sub	<b>6</b>	
-----		
G) School Average	<b>--</b>	<b>85</b>

## HIGHEST PERCENTAGE

**DEBASHISH DABRAL 97.80 Percent**

# ACADEMIC ACCOLADES



## SUBJECT TOPPERS OF CLASS X IN YEAR 2019-2020

SUBJECT	STUDENT NAME	MARKS
ENGLISH	DEBASHISH DABRAL	100
MATHEMATICS	SHAMBHAVI KUMAR	100
	ADITYA RAWAT	100
	RASHI KHANNA	100
INFORMATION TECHNOLOGY	BHUMIK NEEL KAUSHAL	100
SCIENCE	PRAJNA GAUR	100
HINDI COURSE-B	KASHISH KHANDELWAL	99
SOCIAL SCIENCE	ANANYA MADAN	99
	SARVASV BARARA	99
MUSIC HIND. VOCAL	SATVIK GROVER	98
SANSKRIT COMM.	SHREYA RAMACHANDRAN	95
	AASHI SHARMA	95
	VINEET ARORA	95
BASIC MATHS	PRISHA MALIK	94
PAINTING	SHUBHAM CHOUDHURY	93
MUSIC HIND. INS. PER	ARSH SINGH MEHAY	80



### CBSE Toppers Felicitated by Extramarks

Class XII and Class X 2019-20 topers were felicitated by Extramarks virtually for their outstanding performance in board exams.

Class XII

Arnav Gupta    Shreya Madan    Sukriti Chugh    Nandini Sahai

Class X

Debashish Dabral    Rashi Khanna    Nikita Bhatia

# ACADEMIC ACCOLADES



## BEHES ONLINE

**JULY 18 & 19, 2020**

- **Aananda Bathla (XII-C) was selected as adjudicator for the online round of Behes.**
- **Anwasha Behera of X-C bagged the Bronze medal in the Best Speaker Category in an online Behes session.**

## JASHN-E-PREMCHAND

**JULY 31, 2020**

The school initiated a virtual celebration of one of the most renowned authors of Hindi Literature, Munshi Premchand. The following activities were organized-

- **Author Interaction- Class VII**
- **Book Cover Designing- Class VIII**
- **Choose your favourite character from Godaan and analyse – Class IX**
- **Give new ending to Premchand's Mantra- Class X**

## TOP 10TH PERCENTILE

**Pranav Saxena (IV B) bagged a Certificate of Appreciation by Global Mathematics Circuit (Clash of Pi) for securing the top 10th percentile in India.**

## THE MATHEMATICS HALL OF FAME

Dhruv Srivastava of V-C is the proud recipient of the Pioneer National Awards for Mathematics, in recognition of his outstanding performance in the 2019-20 circuit. He was awarded a certificate for achieving top honours and has earned a spot in The Mathematics Hall of Fame. His AIR is 12.

## CLASH OF PI (GLOBAL MATHEMATICS CIRCUIT)

Dhruv Srivastava of V-C and Rimjhim Srivastava of V-C were awarded a certificate for securing All India Rank 6 and Rank 18 respectively, in Clash of Pi (Global Mathematics Circuit).

## DR. AMBEDKAR NATIONAL MERIT AWARD

Pamona Deva was selected for "Dr. Ambedkar National Merit Award Scheme" at All India Level. She received a cash prize of Rs. 40,000.

# ACADEMIC ACCOLADES



## **ALL INDIA 8TH KOREA-INDIA FRIENDSHIP ESSAY COMPETITION 2020**

**Ojasvi Dureja of IX B bagged the 5th Special Prize of Rs 2000/ in the Junior Category, in 'All India Indo-Korea Friendship Essay Writing Competition' organized by Korean Embassy and Korean Cultural Centre. He is amongst the top 21 winners from all over the country.**

## **AVASARSHALA-SDG NINJAS**

**6 students of the school participated in the UN SDG Awareness and Selection Round for 'India Candidates to Youth Forum Switzerland: Global Changemakers Project' by AVASARSHALA during Dec 2020-**

**Arshjyot Kaur (IX B)**

**Vansh Yadav (IX B)**

**Priyanshu Kumar (X D)**

**Anshika Sharma (IX B)**

**Greek Yadav (IX B)**

**Rhythm Arora (IX B)**

## **ANNUAL INTERNATIONAL ASTRONOMY AND PHYSICS COMPETITION 2020 (AIAPC 20) (OCTOBER 16, 2020)**

**Ajitesh Vishwanathan and Kumar Tathagat of class XII-B qualified for the advanced round of Annual International Astronomy and Physics Competition 2020. They were among the top 50 students who were selected from over 5000 applicants, including graduate and undergraduate students from across the globe.**

## **NATIONAL ECONOMICS OLYMPIAD 2020**

**Kavya Jain (XII C) secured the 12th rank in the preliminary round and qualified for the Final round in the prestigious National Economics Olympiad 2020, conducted by The Economics Society, Shri Ram College of Commerce, Delhi University.**



# IN THE NEWS...

PANEL DISCUSSION- INDIA TODAY- JUNE 2, 2021

**STUDENTS' WAIT TO END** **DECISION LIKELY TODAY** **INDIA TODAY** 10:15 AM

**CLASS XII STUDENTS WAIT WITH BATED BREATH**

**THE BIG QUESTIONS**

**WILL RESULTS COME BEFORE ADMISSION**

**D**

**SURUCHI GANDHI, PRINCIPAL**

**'MODI LIKELY TO VISIT U.S THIS YEAR'**

The school principal, Mrs. Suruchi Gandhi, was invited for a panel discussion on the cancellation of CBSE Board exams by the reputed national news network, India Today. Prioritizing the health and safety of the students, she lauded the decision of the government to scrap the examinations for class XII and shared her views on alternative modes of assessments. She dispelled the myth around the assumed significance of marks accorded in class XII and encouraged children to hone their life skills for a bright future. The interview further encapsulated her distinguished vision and insightful views on the topic.





# IN THE NEWS...

## PANEL DISCUSSION- INDIA TODAY and TEZ - JUNE 16, 2021



The school Principal was invited to be a panelist on live news broadcast channels, India Today and Tez, for discussing the assessment criteria for XII class results, announced by CBSE.



## 12वीं के रिजल्ट भी इम्तिहान लेंगे?





12वीं के नतीजे का कैलेंडर 16:07

15

जुलाई

बोर्ड के लिंक पर  
मार्कशीट अपलोड



मिशा बाजवा चौधरी



ओनिका मल्होत्रा



पलक देधा



सुरुचि गांधी

12वीं के  
रिजल्ट का  
नंबर गेम



## 30 जुलाई तक ICSE के 12वीं के नतीजे आएंगे



# IN THE NEWS...

Utilizing the abundant reach of print media, the school Principal endeavoured to provide inspiration to the parents, children and the public at large. Through her article in Times of India, she emphasized the role of today's youth in combating the COVID-19 crisis, providing help to others and easing out their suffering.



## LET THE FUTURE LEAD THE PRESENT

In the past few weeks, we all have been subjected to the pain and devastation brought on by the coronavirus pandemic. The colossal sense of loss and grief, suffered by the society at large, has dampened our spirits and has had a benumbing impact on us all. Yet, what has appeared as a ray of hope in these bleak times is the kindness and compassion displayed by children and young adults towards their fellow countrymen. Instead of being discouraged or depressed by the magnitude of the calamity, they have risen to the occasion and are utilising everything at their disposal to mitigate the damaging impact of the pandemic.

In the face of adversity, young citizens have presented a united front to ease out human suffering. The youth of the country have mobilised themselves into multifarious support groups. Being well acquainted with technology, the younger population has quite effectively harnessed the potential of WhatsApp groups and social media platforms to amplify the specific requirements of patients. While some have taken the responsibility of collating and sharing verified data pertaining to the availability of hospital beds, oxygen cylinders and essential medicines, others are relentlessly working to ensure that those in need have access to these life saving resources. Healthy and nutritious food is being delivered to the sick through the re-



**SURUCHI GANDHI, Principal,  
Bal Bharati Public School, Dwarka**

lentless efforts of their industrious neighbours and social organisations. Public fundraisers have been set up to take care of the socially marginalised. Food packets are being distributed amongst people who have been uprooted from their homes and have lost their livelihoods.

The well renowned poet, William Wordsworth had rightly asserted that, "The child is the father of the man." It is this attitude of humanitarian conscience and devoted service, so courageously displayed by

the proceeding generation, that we need to take inspiration from. During a storm, a single individual might not be able to steer the ship to the shore but together we can make a difference. We all must do our bit to help humanity overcome this crisis. As the famous saying goes, "No act of kindness, no matter how small, is ever wasted". Simple things like offering words of sympathy and concern to the afflicted and delivering essential commodities to them can go a long way. Donating small amounts and items such as food, clothes, etc can bestow comfort upon a family in need.

It is also of extreme significance to keep oneself updated about the latest guidelines issued by the government and disseminate valuable information amongst community members. Dispelling erroneous myths and encouraging people to get themselves vaccinated at the earliest may prove to be crucial elements in saving lives. Most importantly, following all the mandated precautions and ensuring the safety of ourselves and our loved ones shall not only allow us to evade harm but shall also prevent the spread of this lethal disease.

When we selflessly reach out to others, we fulfil our duty as a member of the society and find true purpose and meaning in life. While the nature of circumstances may be beyond our control but our response certainly is. We can work towards infusing a degree of positivity and optimism in our lives. Offering collective prayers to the almighty helps us build a spiritual connection with the divine force. It enables us to envision a brighter future, reminding us that light always conquers darkness. As we bond in universal harmony with an attitude of humble service and the hope of a renewed tomorrow, the cosmic reverberations thus created shall heal the world.



# IN THE NEWS...

FOOD FOR THOUGHT: A CLARION CALL FOR EMPATHY AND COMPASSION BBPS ONLINE NEWS REEL – PERIOD (JUNE 1, 2021)



The school principal shared her wise thoughts in the article that was published in the prominent national newspaper, Times of India. She voiced her thoughts in a precise manner, advising parents that during this pandemic there is a need to help our children reconnect with human values and find happiness within. She also stressed on providing quality family time to children during meals and highlighted how food is an important factor for a healthy body.



# IN THE NEWS...

## THE PANDEMIC HAS REMINDED US OF THE FRAGILITY OF HUMAN LIFE (JUNE 10, 2021)

### 'The Pandemic Has Reminded Us of the Fragility of Human Life'

When we feel enveloped by darkness all around, it becomes difficult to appreciate the little sliver of light that makes survival possible. While we all collectively grieve the loss of precious lives and struggle with the anxiety pertaining to the uncertainty of future events, we must find recourses to reinstate a sense of calm and stay rooted in the present. Practicing gratitude for the little things in life is one of the most effective ways to achieve this. Mired in the demands levied on us by everyday life and in our single minded devotion to attain material goals, we often forget to appreciate the things that really matter and provide us true happiness. The pandemic, with its



Scan the code for all

devastating force, has reminded us of the fragility of human life and has stressed upon us the need to find joy in the smallest of pleasures. Having a healthy body that has the ability to shield us from harm is the most remarkable benefaction to be thankful for. Being able to spend quality time in the company of our loved ones is the choicest of blessings bestowed upon us. We must be grateful for the roof over our heads that yields protection and comfort to us and for the food on our tables that nourishes and sustains us. Even in the bleakest of moments, we can find treasures that make us bow down in humble gratitude. Acknowledgement of the gifts bequeathed to us by the Universe makes us aware of our privileges and opens up the doors of our perception to receive more. Before relishing the

ripe fruit of a tree, we must first pay obeisance to the soil, the sunshine and the rain that helped it grow.



**Suruchi Gandhi,**  
Principal, Bal  
Bharati Public  
School, Dwarka

The school principal penned down her thoughtful views in the article that was published in the leading national daily, Hindustan Times. In the article, the Principal emphasized that in these testing times we all need to be grateful and appreciative of the little things in life and should look for happiness in the blessings bestowed upon us.



# INTER SCHOOL COMPETITION



## **ROBOCHAMPS ONLINE CONTEST - 2020**

The following students emerged amongst top 100 out of the total 5224 applications received in the Robochamps online contest. Along with certificates, they received 3 days complementary online Robotics coding classes.

- 1. POEM: Yohan Anand VII B & Anveeksha Yadav VIID**
- 2. ARTICLE: Shivansh Tyagi XA & Ishaan Goyal XA**
- 3. SPEECH: Asmi XC**

## **BEST SCHOOL**

### **LIBRARIAN AWARD 2020**

Ms Sunita Dagar, TGT Librarian, won the 'Best School Librarian Award 2020' on December 25, 2020, as a part of an educational initiative by Rockstar Teachers.

## **GENERATION GLOBAL**

Chirag Kumar and Shatakshi Mehrotra of class X-D earned the badge of 'Learning JOJO' (Beginners' level). Shatakshi also earned the badge of 'Dialogue Amoeba' during the event.

## **KAMP NASTA 2019-20 RESULT**

The following students have been selected as State/ District Toppers by Knowledge and Awareness Mapping Platform (KAMP), an initiative of CSIR-National Institute of Science Technology and Development Studies (NISTADS). In total, 31,000 students participated from all over India.

- 1. Aditya Bakshi (XI A)  
State Topper**
- 2. Shambhavi Kumar (XA)  
District Topper**
- 3. Tanya Chhabra (XI A)  
District Topper**

## **Confluence 2020**

Ishaan Chattopadhyay secured 3rd position in 'Wake up the inventor within you' in Confluence 2020, an Inter School Virtual Competition organized by K. R. Mangalam World School, Vikaspuri on May 19, 2020.



# INTER SCHOOL COMPETITION



## **EARTH CHAMPION QUIZ BY AIM & UNICEF**

The following students have been awarded Earth Champion award for securing 100% score in a quiz conducted by UNICEF.

- 1) Srishti Yadav - VI
- 2) Mansha Thakur - VI
- 3) Rishit Kalra - VII
- 4) Kritanksh Gupta - VII
- 5) Nitya Maheshwari -VII
- 6) Ayush Singh- VII
- 7) Twinkle Mittal - VII
- 8) Shreshta Sinha- VII
- 9) Yohaana Anand- VII
- 10) Yashica Goel - VII
- 11) Shayela Bhardwaj - VII
- 12) Ria Sharma - VII
- 13) Trigya Kashyap- VII
- 14) Nyasa Sharma- VII
- 15) Pranjal Dabas- VII
- 16) Kavish Arora- VII
- 17) Adit Jhingan- VII



## **THE STUDENTS OF CLASSES VI TO XII PARTICIPATED IN THE FOLLOWING QUIZZES AVAILABLE AT MY GOVERNMENT APP**

- 1) Ayush Sanjivini Quiz
- 2) Anti-Drug Quiz
- 3) Insolvency and Bankruptcy
- 4) Cybersecurity

## **‘IN THE ENTHUSIA’- AN INTER SCHOOL ONLINE COMPETITION ORGANIZED BY ANUBHAV WORLD SCHOOL ON 20.06.2020**

The following students won coveted positions:-

- 1) Kkridha Arora - PPI secured 1st position in ‘Action Rhyme’
- 2) Aarna Shukla - PPII secured 3rd position in ‘Dancing in Covid’
- 3) Aahana Dhawan - class II secured Special Mention in ‘Enact a Story’



# INTER SCHOOL COMPETITION



## AIOD FEST- JULY 20, 2020

**Aadyasha Mishra stood first in AIOD fest 2020. She was the only one from north zone to compete in the finals, organized by Sree Mookambika College. Around 80 artists from different states all over India participated in this competition under 4 categories.**

## ION 2020 AUGUST 1, 2020

**Yatharth Singh Rana of Class VIII bagged the 1st Prize in E-Brochure in ION, organised by Indraprastha International School, Dwarka. The school enthusiastically participated in 12 different categories of competitions.**

DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
July 2020	<b>HAYWIRE 3.0</b>	Mount Carmel Public School, Dwarka	<u>Yatharth Rana</u> (VI A)	I
	Let's Slide Jr. Techies		<u>Manol Sahu</u> (VIII D)	II

**Bal Bharati Public School, Dwarka won the coveted BDMC 2020 Rolling Trophy**

August 4,	<b>XVIII <u>Brem Dutt Memorial Inter School Competition</u></b>	Cambridge Foundation School, Rajouri Garden		
	Fable on the Table		<u>Ayaansh Sharma</u> (PP II D)	I
	Kaolin Craft		Vaishnav Pant (I C)	I



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Bal Bharati Public School, Dwarka won the coveted BDMC 2020 <u>Rolling Trophy</u></b>				
2020	Rectitude of Life	BBPS, Rohini	Anahita <u>Maheswari</u> (II A)	I
	Emotion Spectrum		<u>Vaibhavi</u> (VII A)	II
	Substantial Array		<u>Arohi Kunj</u> (IX D)	II
	<u>Masti Se Mastishk Tak</u>		Dhruv Srivastava (V C)	III
	<b>EXPLORIKA 2020</b>			
	<u>A Day Spent with Maths</u>		Yohan Anand (VII B)	I
August 2020	Twinning the Tale		<u>Sarvasv Barara</u> (XI B)	I
	<u>Masters of Tinkcard</u>		<u>Atharv Handa</u> (VIII A)	I
	Shloka Singing		Yogita Shah (VII C)	II
August 22, 2020	<b>RIPPLES 2020</b> Cheery Puppet-ale: Story Narration Using Finger Puppets	MBS International School, Dwarka	<u>Aahana Dhawan</u> (II A)	II





# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
July 30 to August 10, 2020	<b>Bhavan's Dewang Mehta Memorial IT Symposium</b>  PowerPoint Wizardry	<u>Bharatiya</u> Vidya  Bhavan's Mehta Vidyalaya	<u>Manoj Sahoo</u> (VIII D)	II
August 11 & 12, 2020	<b>Gaming Artefact 2020 (ATAL</b>  Tinkering Activity <u>Category A</u> – Save Environment	BBPS, Brij <u>Vihar</u>	<u>Manoj Sahoo</u> (VIII D)	III
	<b>ARCADIA 2020</b>			
	Digimime		Vaibhavi (VII A)	II
August 22, 2020	<u>Let's Web In</u>	Paramount International School, Dwarka	<u>Aditya Bakshi</u> (XI A)  Tanya Chhabra (XI A)  <u>Tanushree</u> (XI A) <u>Shambhavi</u> Kumar (XI A)	II



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
August 22, 2020			Aviral Choudhary (XI A)	
	<u>Swastham Bhavati</u>		Anaaya Bhardwaj (PP II C)	III
	<u>Jago India Jago</u>		Misheika Ojha (III C)	III
	<u>Digimagic</u>		Baijayik Saha (IV C)	III
	Twist <u>The</u> Tail		Gitanjali <u>Thiyagarajan</u> (V B)	Consolation Prize
August 2020	<b>DIGI MUDDA All India Inter School Competition <u>Non Affirmative</u> Speakers</b>	J M International School, Dwarka	Anwasha Behera (X C)	II
August 2020	<b>Online Inter School Dance Competition</b>  Taal Se Taal Mila	Laxman Public School, Hauz Khas	Akshara Anand (VIII D)	Consolation Prize



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
August 29, 2020	TARANA 2020 Communique Enactment	Vishwa Bharati Public School, Dwarka	<u>Anaaya</u> Bajaj (PP I B)	I
	Beaux Arts		<u>Baani</u> Chadha (IV C)	I
	Speaking the Concept		Geetanjali (V B)	I
	Blend Disc		<u>Manasvi</u> <u>Bhakuni</u> (VII D)	I
	Chef's Magic		<u>Mannat</u> Sharma (III B)	III

## SNAPSHOTS- BAL BHARATI PUBLIC SCHOOL, NOIDA AS A PART OF ART INTEGRATED LEARNING- AUGUST 19, 2020

Mehak Vasudeva (X B), Sumit Chugh (X C) and Shayela Bhardwaj (VII B) received the Certificate of Appreciation for participating in the first online Inter-School Photography Competition organised under the aegis of 'SNAPSHOTS - the Photography Club'.

## ESAI MODEL UNITED NATIONS CONFERENCE - AUGUST 13 & 14, 2020

Om Jha (X C) has been awarded the Special Mention in the United Nations International Children's Emergency Fund Conference, organised by Sai International School, Bhuvaneshwar.

## QUIZWIZ- AUGUST 17, 2020

Atulya Sharma (VIII D) - I position

Keshav Rao (V) - II position

Yashasvi Jain (V) - III position



# INTER SCHOOL COMPETITION



## **CONSONANCE 2020- GOPALAN NATIONAL SCHOOL- AUGUST 17, 2020**

Mishieka Ojha (III C) and Divyansh Kaushik (XII C) were selected as finalists in the interschool Music Competition. 845 contestants participated in the audition round and only 50 were selected as finalists.

## **EK BHARAT SHRESHTH BHARAT- ST. THOMAS SCHOOL- AUGUST 14, 2020**

Lakshit Dimri (III D) bagged the 3rd position in 'Legend Rebooted' competition, organized by St. Thomas School.

## **INDEPENDENCE DAY ESSAY WRITING COMPETITION**

Little Wonders organized an Independence Day Essay Writing Competition. The following were the results-

Anshika Chaudhary (II B) - 1st prize.

Kierat Kamboj (II A) - 2nd prize.

Paarth Goel (I A) - Consolation Prize

## **SWACHH BHARAT COMPETITION**

Agampreet Singh (IV C) got felicitated at Sahib Singh Verma Bhawan at Rajouri Garden on December 24, 2020 for the selection of his painting at the National Level in Swachh Bharat competition.

## **NATIONAL MATHEMATICS DAY**

Dhriti Bhatia (IV B) was declared winner in an online quiz organised by Delhi Teachers Association, on the occasion of National Mathematics Day.



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
November 2020	<b>SPLASH</b>	Bal Bharati Public School, <u>Jharli</u>	<u>Aarna</u> Shukla (PP)	III
October 17, 2020	<b>ESPRIT</b>	Bal Bharati Public School, Noida		
	Trans Cadence		<u>Anaaya</u> Bajaj (PS)	III
	Shloka Rendition		<u>Neevan Tushir</u> (PP)	Consolation
November 2020	<b>ZENITH 2020</b>	Bal Bharati Public School, Pitampura		
	The Mad Ad Show		<u>Reyansh Khattar</u> (PP)	I
	Math-O-Concept		<u>Aaryan Suryan</u> (XII) <u>Om Varshney</u> (XII)	I
	ATL Hackathon		<u>Bhavnoor Singh</u> (XC)	II
	We Cook Better Together		<u>Shayela Bhardwaj</u> (VII B)	II
	Shape-O-Mania		<u>Parishi Kaushal</u> (PS)	III
	Chef De Cuisine		<u>Aahana Dhawan</u> (II B)	III
	Pecha Kucha		<u>Gitanjali Thiyagarajan</u> (V B)	III



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
	Tickle with Fiscal		Aditya <u>Bakshi</u> (XI)	III
	Bioplay		<u>Manya</u> Yadav (XI)	
			<u>Shashwat</u> Kapoor (XI)	III
November 2020	Vidyut- A light shining within- Solo Singing	BBPS Pitampura	<u>Prerna Doley</u> (X C)	I
	<b>Geek-a-Hertz (An International Tech Fest 2020)</b>			
November 26, 2020	Jr. Techies	St. Marks School, Meera Bagh	<u>Samrah Irfani</u> (IV C)	III
			Agampreet Singh (IV B)	
	Web Coders		Chetan Sharma (X D)	III
			Keshav Mishra (X A)	
November 11, 2020	Pix Tricks	Cambridge School, Indirapuram	Anand Aggarwal (IX A)	III
	Poster Making		<u>Aarushee</u> Gupta (X)	III



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> <u>Abhivyakti 2020</u>				
<b>School name:</b> Bal Bharati Public School, NTPC <u>Gadarwara</u>				
<b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	<u>Shlok Gaavan Pratiyoaita</u>	<u>Ripuniyay Raghav</u>	VI A	I
2.	<u>Udgaar (Bhashan Pratiyoaita)</u>	Mauryan Jaiswal	VIII D	II
3.	Jam (Just A Minute) The Earth Healing During <u>The</u> Lock Down	Ananya Mishra	IX D	II
4.	Hogwarts Harry (Dramatization of Harry Potter Characters)	Manasvi <u>Bhakuni</u>	VIII D	II
5.	<u>Rasanubhuti (Mime on Navras)</u>	<u>Parishi Mehlawat</u>	X C	II
6.	Shape an Animal	<u>Swarnima</u>	I <u>A</u>	III
7.	Advertising Magic (Be a Product and Advertise)	Anika <u>Gosain</u>	II C	III



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> Tinker <u>Masti</u> <b>School name:</b> DLF Public School <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	<u>Memepanti</u>	Kanika Jain Yaashika Singh	IX C	Certificate of Exemplary Performance
2.	Game on the Rocks	<u>Swasti Kaushik</u> <u>Yathartha S Rana</u>	VI B VI A	Certificate of Appreciation
3.	Comedy ka <u>Tadka</u>	<u>Raunak Singh Mer</u>	XI B	Certificate of Appreciation

<b>Name of the Event:</b> Tech Fest <b>School name:</b> G D <u>Goenka</u> Public School, East Delhi <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	Depict-A-Pic	<u>Aaryav Makol</u> Agampreet Singh	III C IV C	II
2.	<u>Diseno-Brochez</u>	<u>Mansha Agg.</u> <u>Vanshika Suri</u>	VII D	II
3.	Cinematics	Vasu Agarwal <u>Shashwat Goel</u> Greek Yadav <u>Tuneer Das</u>	IX B IX A	III





# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event: AAGAAZ</b>				
<b>School name: Bal Bharati Public School, NTPC Khargone</b>				
<b>Date: December, 2020</b>				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	Taal (Instrumental)	<u>Sidak Singh Saini</u>	IX C	II
2.	Zoom-In (Photography) Capture your Moment	<u>Aakriti</u>	IX B	III
3.	Shades of Bollywood- Dance	<u>Parishi Mehlawat</u>	X C	I
4.	<u>Haasya Kavita</u> <u>Vachan - Hansi</u> <u>Ke Gulaule</u>	Lakshita Pandey	VI C	III
5.	Amalgamating Steps	Manasvi <u>Bhakuni</u>	VIII D	II
6.	RJ for the Day – <u>Chalo Aaj Kuch</u> <u>Naya Karte Hai</u>	<u>Vaanya Yadav</u>	IV C	III
7.	<u>Tarana - Parody</u>	<u>Archita Borah</u>	V C	I
8.	<u>Amritvani</u> (Doha <u>Vaachan</u> <u>Prativotita</u> )	Ishaan Chattopadhyay	V D	I
9.	Science at Home	<u>Amitoj Singh</u>	V B	III



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event: AAGAAZ</b>				
<b>School name: Bal Bharati Public School, NTPC Khargone</b>				
<b>Date: December, 2020</b>				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
10.	Granny's Magic- The Mystery of Herbal Science	Anahita Maheshwari	II A	III
10.	Granny's Magic- The Mystery of Herbal Science	Anahita Maheshwari	II A	III
11.	My <u>Favourite</u> Cartoon	<u>Aaradhya</u> Arora	II A	I
12.	Walk-in-the Wellness (Fit India Hit India)	<u>Medhansh</u> Gulati	III A	II
13.	<u>Colours of</u> India-Folk Dance (Paint your Dream on the Floor)	<u>Adya</u> Mithra	III B	II
14.	My Impression My Creation	<u>Prabudh</u>	PP- I B	II
15.	Tell A Tale-You make <u>me</u> Believe in	<u>Aarna</u> Shukla	PP-II A	I
16.	Global Fashion Trend	<u>Pranika</u> Gautum	I <u>A</u>	II



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> BITSBYTES <b>School name:</b> Bal Bharati Public School, Ludhiana <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	E-Communique Category - A	<u>Eiya</u> Chaturvedi	VIII A	III
2.	E-Communique Category - C	<u>Aviral</u> Choudhary	XI C	II
3.	Nick with Pic Category - A	<u>Swasti</u> Kaushik	VI B	I
4.	Nick with Pic Category - C	Anika Bhatnagar	XI D	III
5.	Matinee Category - B	Harshit Rana <u>Tanu</u> Shree	XI B	I
6.	Matinee Category - A	<u>Vansh</u> Yadav <u>Ojasvi</u> dureja	IX B	II
7.	Dotcom Weavers	<u>Ishika</u> Acharya Khushi Saini	IX D	II
<b>Name of the Event:</b> AASHAYEIN 2020 <b>School name:</b> Shanti Asiatic School, Ahmedabad <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
<b><u>OVERALL FIRST POSITION</u></b>				
1.	<u>Annimvity</u> – Animation Making	<u>Mansha</u> Aggarwal	VII D	I



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event: AASHAYEIN 2020</b>				
<b>School name: Shanti Asiatic School, Ahmedabad</b>				
<b>Date: December, 2020</b>				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
2.	From Granny's Bucket Cookery Competition	Anurag Sharma	V C	I
3.	Play 2 Learn – <u>Maths</u> Competition	<u>Sugun</u> Sabharwal	X C	I
4.	Explorer's Vision – Science Competition	Dhruv Srivastava	V C	I
5.	My State, My Pride! – Dance Competition	Akshara Anand	VIII D	I
6.	<u>Katha Prayagini</u> – Hindi Competition	Agampreet Singh	IV C	II
7.	<u>Current Politics</u> – Hindi Competition	Mauryan Jaiswal	VIII D	II
8.	<u>The Melophiles</u> – Solo Singing Competition	Ishaan Chattopadhyay	V D	II
9.	<u>Math-E-Magica</u>	Gitanjali	V B	II
10.	<u>Apptitude</u> – App Development	<u>Ayush</u> Agrawal	IX C	II
11.	<u>Theatron</u> Literary Competition	- <u>Tanu</u> Shree	XI A	II



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event: AASHAYEIN 2020</b>				
<b>School name: Shanti Asiatic School, Ahmedabad</b>				
<b>Date: December, 2020</b>				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
12.	Through My Eyes – Photography Competition	Amber Kaushik	XI C	II
13.	Be A Tale Teller!	<u>Aadhya Shukla</u>	V B	III
14.	Happy Feet – Dance Competition	<u>Adya Mithra</u>	III B	III
15.	<u>My Story</u> World – Art Competition	<u>Baijayik Saha</u>	IV C	III
16.	Mathematical Modelling	<u>Divya Lakra</u>	VIII A	III
17.	Myth Busters – Science Behind the Magic Tricks!	Atharva Panjabi	VII A	III
18.	Lights, Camera, Dance!	Anahita Maheshwari	II A	III
<b>Name of the Event: PINNACLE 2020</b>				
<b>School name: Bal Bharati Public School, RGPPL Ratnagiri</b>				
<b>Date: December, 2020</b>				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	If Things Could Talk	Reyansh <u>Khattar</u>	PP-II D	I
2.	My Car, My Dream	<u>Akshika</u> Chaudhary	II B	I



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> PINNACLE 2020 <b>School name:</b> Bal Bharati Public School, RGPPL Ratnagiri <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
3.	Pioneers@ Kitchen	<u>Inaya</u> Sharma	IV A	II
4.	Unity <u>is</u> Strength	Nitya Maheshwari	VII B	III
<b>Name of the Event:</b> 4th International Online Competition <b>School name:</b> BRICSMATH.COM+ <b>Date:</b> <u>December</u> , 2020 388 students participated in the 4 <sup>th</sup> International Online Competition in Mathematics and earned merit certificates-				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	4th  International online competition in  Mathematics for classes 1-12	<u>Vedaant</u> Gupta	X A	Winners
2.		<u>Kriti</u> Deopa	VI C	
3.		Bharat Luthra	X C	
4.		<u>Nitya</u> Saluja	X C	
5.		<u>Manasvi</u> Gahlot	X C	
6.		<u>Samaksh</u> Tyagi	X C	
7.		<u>Bhavnour</u> Singh	X C	
8.		<u>Pranjali</u> Chauhan	X C	
9.		Tanvi Sharma	X C	



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> 4th International Online Competition <b>School name:</b> BRICSMATH.COM+ <b>Date:</b> <u>December</u> , 2020 388 students participated in the 4 <sup>th</sup> International Online Competition in Mathematics and earned merit certificates-				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
10.		<u>Tejas Raj</u>	X C	
11.		<u>Parishi Mehlawat</u>	X C	
<u>S.No.</u>	Name of the Student	Class and Sec.	Position	
1.	<u>Samaira Mukeria</u>	IX	Winner	
2.	Saurabh Choker	IX	Winner	
3.	<u>Kashish shulania</u>	IX	Winner	
4.	<u>Mehak Handa</u>	IX	Winner	
5.	Anusha Garg	IX	Winner	
6.	<u>Vansh Yadav</u>	IX	Winner	
7.	Mayank Kumar	IX	Winner	
8.	Harshit Verma	IX	Winner	
9.	<u>Anshika Sharma</u>	IX	Certificate of Achievement	
10.	Rhythm Arora	IX	Certificate of Participation	
11.	<u>Arshiyot Kaur</u>	IX	Certificate of Participation	
12.	<u>Udantika</u>	IX	Certificate of Participation	
13.	<u>Aakriti</u>	IX	Certificate of Participation	



# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
<b>Name of the Event:</b> Frosty Fest 2020 <b>School name:</b> Delhi Public School, Jaipur <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	Wrap to Win	<u>Baijayik</u>	IV C	Wi nn er
2.	Clay Modelling	Kiara	PPI C	First Runner up
<b>Name of the Event:</b> AAROH 2020 <b>School name:</b> <u>BBPS NABINAGAR</u> <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	<u>Vastu Niwas</u>	<u>Rimihim Srivastava</u>	V C	I
2.	Little Scientist	<u>Anveeksha Yadav</u>	VII D	II
<b>Name of the Event:</b> AKSHAR SHLOKA ANTAKSHARI <b>School name:</b> <u>N.K.BAGRODIA</u> PUBLIC SCHOOL, DWARKA <b>Date:</b> December, 2020				
<u>S.No</u>	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
1.	<u>Antakshari</u>	<u>Aarohi Kunj and Ananya Khosla</u>	IX D	III





# INTER SCHOOL COMPETITION



DATE	NAME OF THE COMPETITION	HOST/ ORGANISER	NAME OF THE STUDENT	POSITION
Name of the Event: OXAMITE				
School name: Bal Bharati Public School, Noida				

S.No	COMPETITION	PARTICIPANTS	CLASS / SECTION	POSITION
<b>OVERALL WINNER TROPHY</b>				
1.	<u>Webscript</u>	Chetan Sharma	X C	I
2.	Goals <u>Genix</u>	<u>Devanshi Singh</u>	IX A	II

## KISHORE MANCH

Mr Saptrishi Mondal (TGT Music) was selected as the subject expert to deliver his lesson to students through TV telecast at the Kishore Manch by NCERT, organized by Swayam Prabha Channel on 31st May 2020.



## CORONA ANTHEM BY MR SANGE GURUNG

At a time when the entire world declared a war against coronavirus, Mr Sange Gurung (PRT - Western Music) set the tone for the fight through a self-composed song which has received immense appreciation from the student and parent fraternity.



# CARE & CONNECT

In its drive to reach out to the community in such unprecedented times, the school initiated food donation for 75 families of the school's outsourced staff which included guards, maids, sweepers, electrician, plumber etc. The school supported them in the form of monthly rations for their home by providing Rs 1000 worth of rice, sugar, pulses etc. The school also endeavored to connect with children and parents through multiple infographic posters on School Facebook Page and WhatsApp Class Groups like-

- 'Boys will be Boys - It's time for a chat'
- 'Develop a new hobby - Become more interesting'
- 'Let the brand new world talk to the good old days'



As parents, we have always been uncomfortable about discussing some subjects with our children. We'd rather have the school talk about these things. But two recent incidents prove that parents have to be co-travellers in this journey, however difficult it may seem.

The discovery of the 'Bois Locker Room' group on Instagram shows that objectification and sexual aggression towards female peers has become casual and normalised even in well-educated circles. And the incident where a school girl posted about a former classmate molesting her when they were in Class X, led to the boy being subjected to severe cyberbullying and committing suicide.

This is a subject that is worrying even in the best of times. But under the lockdown, children are facing much greater stress factors. The question is, what can you do to help these youngsters, so that they develop positive attitudes and do not lose their way. Here are a few pointers:

Have an open, relaxed conversation with your child. It should not be a sermon or a monologue.	It would sensitize kids and make them more empathetic. If you were to talk about what you see together on television. Many recent Hindi movies addressed these issues – Pink, Kabir Singh, Queen, Dabangg. You could discuss how men and women being portrayed in them, why the characters behave the way they do, and whether it is acceptable.
Ask the child about what he or she feels about these incidents, why they played out this way, what motivated the persons concerned to act the way they did.	Parents need to recognise that banning children's access to smartphones or social media is not an solution. Instead both parents and kids must learn about responsible online behaviour, and the importance of self-regulating usage and not getting obsessed with making it their entire world.
It is important to recognise that often, it starts with 'harmless' jokes that objectify women, degenerate into fantasies, and even become the impetus for acting out these fantasies.	Kids must understand that anything posted on social media cannot really be controlled. More important POCSD Act makes it illegal to share images of child that are sexual in nature, and even a minor doing so committing a juvenile offence that is punishable by law.
Boys must understand about the concept of consent in any aspect. If a girl says no, it must be respected. Girls should not feel apologetic about saying "no", nor should feel the pressure to say "yes" just to fit into a group.	Children need to feel assured that they won't be judged or shamed if they share something which worries them with their parents. If they don't feel assured, they'll vent it out on social media.
Validating the victim to be a sister or a female cousin can help create empathy and sensitivity.	
In most cases, boys acquire an attitude of entitlement when they grow up in an environment where they are treated more liberally and given special privileges.	
Boys imitate their parents' attitudes. Parents must reflect on how they refer to each other's roles, if and how they discriminate between what they feel is acceptable for boys and girls.	



# SPECIAL MENTION

Ms Neha Budhiraja (TGT Social Sc) and Ms Rohini Gautam (TGT English) emerged as First Runners Up in the Digital Citizenship category of awards at Microsoft Tech for Good Challenge.



## CREATIVE PURSUITS

### CREATIVE WALL

The pursuit of hobbies and physical activities plays a crucial role in the physical and mental development of children. To encourage students to take up co-curricular activities and to reinvigorate children's immediate environment, walls have been beautifully crafted with colourful and creative figures and symbols.



### CBSE EXPRESSION SERIES ON THINKING INNOVATIVELY IN UNPRECEDENTED TIMES LIKE COVID-19

The School organized a painting/poem/essay writing competition for the students of classes III to XII to provide a platform for students to express their understanding and learning of these unprecedented times through creative and expressive articulation. The event culminated with the shortlisted entries uploaded on CBSE website.

#### Primary

Agampreet Singh – IV C “For Me Lockdown Means...”

#### Middle

Yuvika Verma – VI D “The Hardest Challenge Brought Out The Best In Me...”

#### Secondary

Shatakshi Mehrotra –X D “The last two months Have Made Me A Changed Human Being”

#### Senior Secondary

Aditya Bakshi – XI A “Unprecedented Times Require Unprecedented Measures”

# CBSE INITIATIVES

CBSE : AR by School of Innovation from Facebook – August 17, 2020

Ms. Aishwarya Taneja, PGT Economics, has been accepted as an AR facilitator for the first batch of teachers by School of Innovation from Facebook, in collaboration with CBSE.



## SPECIAL MENTION

UMAK CENTRE FOR CULTURE – CHILDREN'S FESTIVAL - JUNE 20 AND 21, 2020

Mr Saptrishi Mondal (TGT Music) was selected as the subject expert to deliver his Sitar lesson at Umak Centre for Culture – Children's Festival, a two day Digital Concert.



LITERARY LIEUTENANT- 19.06.2020

Ms Shruti Abrol, TGT English, was awarded Certificate of Appreciation for being designated as Literary Lieutenant in the 'Army of Literary Warriors' at Story Mirror.

MINISTRY OF AYUSH AND MYGOV

- Ms Bhawna Katyal, PGT Business Studies, was awarded a Certificate of Appreciation for her energetic participation in The Ayush Sanjivani Quiz.
- Ms Aishwarya Taneja, PGT Economics, completed 15 credits of the International Certified Career Coach Program (Foundation Level – 1) organized by Mindler on June 27 & 28, 2020.
- Ms Hema Gupta, TGT Social Science, successfully completed 'Remote Learning in Higher Education: Setting up your virtual lab environment', a 60 minute event – by Microsoft.

# SPECIAL MENTION



## MICROSOFT INNOVATIVE EDUCATION JULY 27, 2020

Ms Aishwarya Taneja (PGT Economics), Ms Sony Devatval (PGT Computer Science), Ms Bhavana Mittal (PGT Computer Science), Ms Meena Rana (TGT Computer Science), Rohini Gautum (TGT English), Ms Neha Buddhiraja (TGT Social Science), Ms Ramandeep Doria (PRT Computer Science) and Mr. Rajesh Dabas received the Microsoft Innovative Education Expert letter.

## NRITYOLLAS

Ms. Sithalakshmy Iyer, PRT Dance, endeavoured to launch the culmination of Dance, Music and Cultural Art on an online grandstand, "Nrityollas". It also included performances by a senior artist and a very special guest artist "Ganesh Natya Ranjani". Pooja Tayal and Sukriti Singh, the School Alumni also presented beautiful performances.

## CBSE KHELO INDIA ASSESSMENT PROGRAM – JULY 5 & 6, 2020

Mr Sushil Kumar, TGT (P.E.) attempted a one-hour MCQ test based on Khelo India App to equip himself with better understanding and usage of the app as well as to enhance his physical training skills. The Khelo India webinar was organised by CBSE and constituted an Online Assessment conducted by Sports Authority of India (SAI), in collaboration with Central Board of Secondary Education (CBSE) COE Delhi for Physical Education Teachers.

## (AICTE) TRAINING AND LEARNING (ATAL) ACADEMY ONLINE FDP ON "ARTIFICIAL INTELLIGENCE"- OCTOBER 26 TO 30, 2020

Ms Ramandeep Doria (PRT Computer Science), successfully completed All India Council for Technical Education (AICTE) Training and Learning Academy (ATAL) Online FDP on "Artificial Intelligence" at National Institute of Technology, Silchar.

# SPECIAL MENTION

NATANAM ACADEMY OF DANCE-  
8th of August, 2020

Ms. Sitalakshmy Iyer (PRT Dance) was invited to preside over the function of a dance school 'Nrithya Nirantaram T20 - A Classical Dance Series Online'. She also delivered a splendid live dance presentation.



INTERNATIONAL EXCHANGE (GLOBAL CONNECT) PROGRAM WITH UNIVERSITY OF WALES ON TOPIC CURRICULUM (NOVEMBER 10, 2020)

Students along with teacher in charge, Ms Aishwarya Taneja, contributed in an hour long interactive discussion on comparison of curriculum in India and UK. Various important topics like multilingualism, reservations and special needs were discussed in detail by Anushka Kaushik (XIIC), Muskan Kohli(XII C), Saksham Mahajan(XII A), Shambhavi Tuli(X B) and Siya Sachdeva (XI D).



GLOBAL CONNECT PROGRAM WITH HDFC SCHOOL PUNE ON TOPIC FINANCIAL LITERACY-  
November 7, 2020

Students of Class X, along with Teacher In charge Ms. Aishwarya Taneja, participated in Financial Literacy Program with students of HDFC School, Pune. Ms Aishwarya Taneja discussed Banking and its role in the development of a country. Various important questions like bankruptcy, printing of Notes, demonetization and monetary policy were discussed.



# SPECIAL MENTION

## INTER SCHOOL MUN (OCTOBER 27 TO 31, 2020)

Three committies were simulated in the event, namely: UNHRC, Loksabha and Rajya Sabha. The event saw an overwhelming response of more than 100 students with schools from across India. Ms Mamta Nainy, a renowned author, graced the occasion. A subsequent movie and newsletter were also released.



## BAND PRESENTATION

The School Band gave a wonderful performance, 'Chasing Dreams - Choona hai Aasmaan', in the original video prepared by Mr Gurung (Assistant Teacher-Music), along with the students. The music team composed the lyrics as well as the music of the songs.

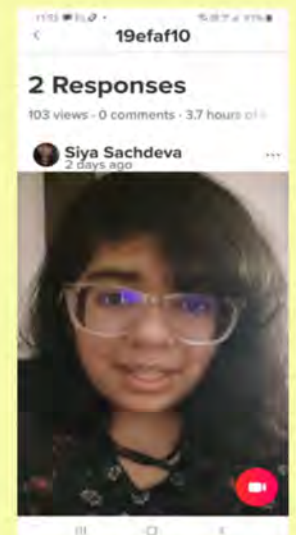


## MEDITATION FOR YOUTH (NOVEMBER 24, 2020)

The school initiated a meditation session for youth aged between 12 and 21 to provide them relief from unnecessary stress during the pandemic.

## GLOBAL CONNECT PROGRAM WITH PONZAH SCHOOL, POLAND VIA FLIPGRID

Students of Class XI and XII engaged with their peers from Ponzah School, Poland, via Flipgrid, to discuss the changes in their routine due to Covid 19. They uploaded videos, answering questions on what it is like to be at home and how they are coping with the pandemic.



# SPECIAL MENTION

## THE JOY OF DOING GOOD TOGETHER (NOVEMBER 26 TO 29, 2020)

The school laboured hard for the cause in which it truly believes- Community Service. We believe in developing social conscience, which is at the very heart of education, and have actively spearheaded multitude of donation campaigns. In response to the request of many parents who ardently wished to be a part of these noble initiatives, the school organized a donation campaign. The donated goods were then distributed in the community by the school team. Our donation drives benefitted scores of people and provided succour to people during these challenging times.

## MODEL UNITED NATIONS EVENT 'UWSMUN 2020' – 1ST UNISON WORLD SCHOOL MODEL UNITED NATION

8 students of the school participated in UWSMUN 2020 in which they bagged coveted prizes-

- Vigaas won Honourable Mention Award in JCSJC Committee.
- Riya Desai won Honourable Mention Award in UNHRC Committee.

The following students received Certificate of Appreciation-

- Gursheel Kaur      - Lavanya Sharma      - Muskaan Lalchandani
- Nitya Saluja      - Pawani Chauhan      - Riya Desai      - Tanu Shree

# SPECIAL DAYS

## WORLD STUDENTS' DAY (OCTOBER 15, 2020)





# SPECIAL DAYS

## THE SELFISH GIANT ACTIVITY - JANUARY 2021



## Natkhat Nandlala



## INTERACTIVE SESSION ON HEALTH AND NUTRITION





# NEWSLETTERS

DWARKA (W-40) - 2020



## COVID TIMES

### CALENDAR OF LIVESTREAMS

<https://www.youtube.com/watch?v=422Vh8t4p4c&feature=youtu.be>

crafted by Mr. Sange Gurung (PKT western music)



**Having the creative questions**  
Making the most of the lockdown period!

**Dear Parents,**  
The pandemic has inspired us to pause and reflect. Much is being written about this virus that "binds us, but holds us apart". This new lifestyle that has taught us not to take anything for granted, this new quietude we are very unused to, has allowed us to slow down and savour life, one day at a time. It is rightly said that in literature and life, we ultimately pursue, not conclusions, but beginnings. Literature and literary activities are an excellent coping mechanism not only for the old but young alike. Children took solace in the literary fiestas conducted during online sessions. Myriad of activities were organised to cherish their literary artistry. I take this opportunity to thank Madam Rekha Sharma (Secretary, BBPS Dwarka) for imparting her thoughtful and wise insights. She has been continuously sharing a plethora of activities for the students to keep them soaked in literary bliss. This newsletter is a compilation of the phenomenal accomplishments of our literary prodigies. I hope this 'Calendar of Livestreams' inspires and motivates one and all.

*Happy Reading!*



## Beyond Infinity.....

### The Magical World Of Mathematics

Volume -20  
October  
2020

*"Mathematics is the handwriting on the human consciousness of the very spirit of life itself"*  
Claude Bragdon


**YOU HAVE TO BE GOOD TO BE NUMBER ONE**

**ALL YOU NEED IS LOVE**

*Dear Parent,*  
Pedagogy has undergone various transformations in order to ensure that education adapts itself to the demands of the contemporary period. The reign of Mathematics, as a field, stretches beyond the realm of arithmetic and theoretical topology to which it had been previously confined. Galileo had asserted, "Mathematics is the language with which God wrote the universe". Be it the logistics of quantum mechanics or the statistical implications of the COVID-19 pandemic, everything can be studied through the analytical lens of this purposeful branch of science. We believe that it is essential for our learners to gauge the diverse range of life, molded and influenced by the study of mathematics, understand its implications and explore the future potential entailed by it. We take immense pride in launching this newsletter, which has thrived on our students' capacity to look beyond the stratified world and accomplish the impossible.



Volume-1 (March - April 2020)



## Digital Marathon- Forging New Paradigms....



Dear Parent,

Our present predicament has swayed us to reflect on these encouraging words - "It is only in our darkest hours that we may discover the true strength of the brilliant light within ourselves that can never, ever, be dimmed." As Educational Leaders, we recognize the need to flow with the vagaries of time and embrace change head on. We wholeheartedly take on the responsibility of finding that sparkling glimmer of hope in our learners and strengthening it to the degree that it shines through the very persona of our children. In this vein, the school expeditiously adopted virtual learning even before the announcement of lockdown to ensure the journey of learning continues seamlessly for our children confined at home. Some highlights of Digital schooling are:

- EXTRAMARKS LEARNING APP:** GO TO SCHOOL initiative has provided not only content but also artificial intelligence based doubt clearing chat bot to provide personalized learning experience to each child. Curriculum mapped teaching modules and self-assessment quiz has been made available to all students from K-12.
- SNAP HOMEWORK AND WHATSAPP GROUPS:** are being used to deliver learning instructions and assignments to students.
- GOOGLE CLASSROOMS AND MICROSOFT TEAMS:** have provided an online collaboration platform and enabled implementation of a designated time table for classes Nursery-XII. They also facilitated synchronous teaching learning practices assessments. Daily face to face interaction with teachers, according to preset timetable, provides a semblance of school home. Microsoft teams are being used to conduct live lessons and assessments and facilitate remedial teaching for children with special needs.
- KHAN ACADEMY:** Modules and online assessments are being used by Mathematics teachers.
- ONLINE ASSESSMENTS:** have been introduced through Microsoft and Google forms where teachers design online papers and provide instant feedback. All retests were conducted online through Microsoft Teams application.
- REPORT BEE SYSTEM:** has been configured and tested to generate online report cards. Parents received digital report cards during the lockdown was announced.
- ONLINE PROFESSIONAL DEVELOPMENT OF TEACHERS:** has been in full swing through Microsoft Education Portal. MI INNOVATOR EDUCATOR badge has been earned by 55 teachers. While 5 teachers have qualified for MICROSOFT IT EDUCATION EXPERT certification. Nearly 25 certificates have been earned by teachers during Corona Lockdown period.

We have received gratitude notes and rave reviews for the Home Schooling project. Students attending sessions in school and a high student attendance bears testimony to the hard work put in by teachers. While we draw inspiration from the achievement of our teachers and students, we also look towards our parent community for infallible support for all that is new, innovative and technologically in sync with the need of the hour. I would like to express our heartfelt gratitude for all members of BBPS Team for facilitating and providing everything we needed in these trying times.

Kudus Team BBPS, Dwarka!  
(Suruchi Gandhi)  
Principal

VOLUME 16  
JULY, 2020



## PTA Newsletter

### FORGING AHEAD THROUGH COLLABORATION

*"Children are Priority  
Change is Reality  
Collaboration is the strategy"*

Dear Parent,

We at BBPS, Dwarka firmly believe it takes the whole school community to nurture a child. The active support of our parent body has been the cornerstone of our accomplishments and milestones. We pride ourselves on having a robust and dynamic PTA Executive Body. The collaborative camaraderie between home and school has been fostered by the spirit, vision and trust shared among all members of our parent community. This partnership is given concrete meaning through the help, support and cooperation provided to the school by the School PTA Executive Body. We cherish the infallible support of our parent community as they rallied behind us through this phase of trials and tribulations. We are also extremely proud of members of parent community- who championed the cause of humanity and were the beacons of compassion and solicitude during these times.

(Suruchi Gandhi)  
Principal






# NEWSLETTERS

JANUARY, 2021 VOLUME-26

## IDEA-Inclusion

Diversity. Advocacy. Equity.



 **Bal Bharati PUBLIC SCHOOL**  
Sector-12, Dwarka

*"As education becomes inclusive, introspective, cosmic, promoting whole populations to power and privilege, it enthrones a vast invisible, personal rule over the common mind".*  
- Amos Bronson Alcott

BBPS Dwarka continues to grapple with what it means to be an inclusive school. We at BBPS ensure that all children have access to the whole range of educational and social opportunities offered by the school. This includes the academic curriculum, assessments, recording and reporting of children's achievements, the decisions that are taken on the grouping of children within schools or classrooms, pedagogy and classroom practice, sports, leisure and recreational opportunities. We bring this mission to life by engaging students and motivating them to embrace learning in creative and innovative ways so that they are truly inspired to learn.

Our aim is to:

- Provide effective and reliable services in a safe and secure environment.

JANUARY, 2021 Volume - 19

**Bal Bharati PUBLIC SCHOOL**  
Sector-12, Dwarka

## Musing of the Teens



*"Storytelling is the most powerful way to put ideas into the world today".*  
- Robert McKee

Children are bestowed with the gift of storytelling. They have the positivity, passion, dedication and power to mystically wonder into the realms of the unknown. Our children are telescoping a world which is changing drastically. 'The old order changed yielding place to new'. And in this new world known as the, 'Post Covid World', our children have learnt from the past to profit by the present, and from the present, to live better in the future. Looking at the world from their innocent eyes is like giving a new leash of life to the unspoken creatures and objects, through their stories. Let us have a glimpse into the rainbow of creativity of our children which...

December, 2020 Volume - 24

## THE JETSETTERS WORLD IN A VISION

 **Bal Bharati PUBLIC SCHOOL**  
Sector-12, Dwarka

FROM A TRUE VISIONARY.....

*"As inhabitants of the earth, we are nourished and sustained by Mother Earth who provides us our food and all the resources for life. If she is healthy and well, we will be healthy and well. Our fates are intertwined!"*  
- Dharma Master Cheng Yen



Living through this pandemic has made us learn a lot of lessons, the biggest of all, to be grateful to God for keeping us alive, safe and healthy. We have also learnt to introspect, reflect and value the people around us. We have learnt that humans are not superior and they are a part of the environment and it is high time we responded to the call of our duty to nature.

Our lives, which had been brought to a standstill, will soon pick-up pace. But in doing so, let us remember to use every day to enrich our lives, our relations and renew our faith in humanity. It has taught us that no matter what the obstacles, we carry on and conquer.

These last few months have also given our planet time to recuperate from the onslaught of human interference. It is high time we adopted a new and informed approach to the way we function. Bal Bharati School has always been at the forefront in adopting an eco-friendly approach.

(Suruchi Gandhi)  
Principal

संस्करण-28  
जनवरी 2021

 **Bal Bharati PUBLIC SCHOOL**

## नवांकुर उत्सव







**झलकियाँ**

- \*धूम 2020
- \*अंतर्विद्यालय प्रतिस्पर्धा
- \*नए साल का आगाज़
- \*कला समन्वित गतिविधियाँ

संपादकीय :सुरुचि गाँधी (प्रधानाचार्या), अमृता मनहोत्रा (मुख्याध्यापिका)

समय समन्वय : अनुराधा

विषय वस्तु : सपना सक्सेना , मृदुला , अनुराधा

रूप सज्जा : राजेश डबास

# NEWSLETTERS

## CURIOUS & KIND

December 2020, VOL. 23



*"Bound as our lives are to the tyranny of time, it is through what we know of history that we are delivered from our bonds and escape - into time"*  
- ALRowse

Dear Parent,

Human history is the testament of the sheer will and tenacity of the architects of our civilization. As a field of study, history encompasses within itself the most noteworthy of human achievements along with the peculiar follies which obstructed the path of progress. The inheritors of a given history not only revel in the accomplishments of their predecessors but also get the opportunity to reflect on the mistakes committed in the past and develop a holistic and learned understanding of the present. History, as an academic discipline, is therefore an essential part of the school curriculum. With futuristic pedagogies, our educators have revitalised history to take on an interactive and animated form so that the children's glimpse into the past is marked by wonder and curiosity. We ensure that our learners are consistently engaged with the subject as they go on to carve their own paths in the future.

### HISTORY MYSTERY :

#### Did you know?

- India never invaded any country in the last 10,000 years .
- Chess was invented in India.
- Cleopatra was not Egyptian .
- A singing birthday card has more computer power in it than the entire Allied Army of WWII.

27th - 31st October 2020



## Inter-school Model United Nations 2020



Letter from the Principal's Desk

*"This world demands the qualities of youth: not a time of life but a state of mind, a temper of the will, a quality of imagination, a predominance of courage over timidity, of the appetite for adventure over the love of ease."*

In the past few months, we have witnessed drastic changes all over the world, which have altered our lives radically. As we adapt to the new normal, the need of the hour is to connect, communicate, and co-operate with a better understanding of ourselves and of the world.

Model United Nations is an integral part of the skill training program in our school. It is a festival of knowledge and debate, celebrated with great aplomb and enthusiasm every year. It is home to young, innovative and passionate minds. Provided with appropriate intellectual stimulus and an opportunity to showcase their rhetorical acumen, zealous participants come up with innovative ideas, skillfully conducting a dialogue on issues of global significance.

The core principle behind MUN lies in inculcating crucial values like non-violence, inclusiveness, tolerance and empathy in young learners. The aim is to empower the youth to build sustainable societies and to foster the vision of a peaceful world.

MUN is dedicated towards Building Strong Networks  
Empowering Change Makers,  
Creating Leaders of TOMORROW!

Warm Regards  
Saruchi Gandhi  
(Principal)

#### CONTENTS

1. Letter from the Principal
2. MUN 2020 Committees at a glance
3. Results



November 2020 | Volume 24



## STEERING WHEEL GROWING UP IS FUN

*"In the early years, no lesson is more important for a child than just learning to enjoy learning".*

When we look at the world through a child's eyes, we see evoking graphic images joggling the child's imagination. There is so much to explore, perceive and understand. As educators, we have been instrumental in finding innovative ways to ensure a continuous learning process. This newsletter will give you an insight of how our children have grown and blossomed through a rich profusion of activities. Fostering creativity and encouraging children to express themselves not only develops their intellectual, but also develops their intellectual, and able to grind



December 2020 | Volume 25



## Vive la France

*You live a new life for every new language you speak.  
If you know only one language, you live only once."*  
- Czech Proverb

Dear Parent,

One of our most revered poet, philosopher and educationist, Rabindranath Tagore, vouched for the principle of internationalism in education to foster the spirit of universal harmony in children. For our learners to be "at home in the world", it is essential that we inculcate global values and encourage interregional interactions. Language learning is the first step towards accomplishing this goal.

At this institution, we have sought to create an environment that nurtures the ideals of multilingualism and imbues each learner with a degree of veneration for each and every language.

We hope that proficiency in an international language like French would open new avenues for our learners, bestowing upon them the following advantages-

• Broadening of literary sensibilities

• Enhancing creativity through linguistic forms

• Advancement of interpersonal and interpersonal skills

• Past exchange programs are a testimony to the fact that we are a

• ing. Our school culture is invigorated by the acceptance and

• ation of diversity. At one hand we teach *Je vis la vie en rose* and on the

• 'voir la vie en rose'.

Regards

HI GANDHI)

।

# Virtual Celebrations

## DIWALI CELEBRATIONS (Pre-Primary)



**LANTERN CRAFT**



**DAZZLING DIWALI**



**KUCH MEETHA HO JAYE**



**Light Up**



**Rangoli Making**



**Lamp Decoration**

# Virtual Celebrations

## CHRISTMAS CELEBRATIONS



POPSICLE CRAFT



BAKING DELIGHT



CHRISTMAS TRIVIA



CHRISTMAS TIME



Choco Pudding Making & Christmas Tree Making

# Virtual Celebrations

## New Year





# Virtual Celebrations

## LOHRI and MAKARSANKRANTI CELEBRATION



## Waste to Wealth Bio enzyme cleaners



## Habitat Diorama



## The Feelings Puppet

# Virtual Celebrations

## INDEPENDENCE DAY



## MODEL UNITED NATIONS

Bal Bharati public school dwarka cordially invite you to

**BBPS DWARKA'S VIRTUAL Model United Nation's 20**

*The virtual way*

FOR CLASSES 6 TO 10

9-12 SEPTEMBER 2020

**FOR MORE INFORMATION VISIT:**  
bbpsdwmun2020.wordpress.com

Contact- WHATSAPP- 9810066650/7011702329  
bbpsdwmun2020@gmail.com

**PLEASE RISE AND STATE YOUR POINT!!!!**

**REGISTER NOW!!!!**



### CREATIVE HANDS



### CLAYING LITTLE GEMS



# *Virtual celebration I liked the most*



**Virtual celebration I liked the most was New Year card making activity.**

**SHIVIKA NEGI**

**Virtual celebration I liked the most was Christmas party.**



**MAITHILLI RAJKUMAR**

**Virtual celebration I liked the most was New Year card making activity.**



**SHIVIKA NEGI**

**I liked Diwali party, decorating diya and making lanterns during my online classes with my ma'am.**



**ANAAYA BAJAJ**

**I liked baking cup cake for my mom on Mother's Day celebration.**



**OMYRA**

**I liked making effigy of Ravan and celebrating cracker free Dusshera.**



**AYAAN**

**I enjoyed gift wrapping activity on Christmas and enjoyed the surprise gift given by my Papa and Mama Santa.**



**AAYANISH JHA**

# *Virtual celebration I liked the most*



**I loved the Christmas virtual celebration as I laughed, enjoyed the games and danced with my friends and class teacher.**

**JIVIKA KUMAR**

**The virtual celebration which I enjoyed the most was the Christmas celebration because we played fun games and I ate my favourite muffins with gems**



**AARNA**



**I liked virtual Christmas party the most because I made a cake for my grandmother and I loved to dance with friends.**

**ATHARVA MOURYA**

**I enjoyed virtual Independence day celebrations as it instilled feeling of patriotism in me.**



**PARISHI KAUSHAL**



**Virtual Christmas party I liked the most as it was complete fun.**

**E-ADVIKA**

**Virtual celebration I liked the most was Diwali party because we had tent House party. I enjoyed making tasty sweets and played games with my friends.**



**GAURANG SHARMA**



**The virtual celebration I liked the most was Halloween Party.... I enjoyed wearing scary outfit & makeup.... I enjoyed virtual party with my friends too.**

**ISHIR MAHESHWARI**

# *My home ..... My playground*



**My home is where I feel safe and playful.**

**SIYA (PP II A)**

**It is my happy place and makes me feel active.**



**ARYAN KAJLA (PP II A)**

**It is my beautiful place to play new games.**



**ADRIJA BHATT (PP II A)**

**It is my favourite playground where I enjoy and explore new things.**



**ANHAD TANEJA (PP II B)**

**It is my playground where I can play with my parents and enjoy a lot.**



**SAMARTH SAHNI (PP II B)**

**I can play and learn with my family.**



**SHLOK KANCHAN (PP II B)**

**I can learn new skills like gardening.**



**NEEVAN TUSHIR (PP II C)**

# *My home ..... My playground*



**My sweet home is my playground as I can play in my tent house with my sister.**

**INAAYA KHURANA (PP II C)**

**I can play many fun games with my family which makes me very happy.**



**RAAISHA BHAT (PP II C)**

**My home has become my playground now as I can play with home furniture as slides and mats.**



**GAUTAMI CHOPRA (PP II D)**

**My home keeps me happy and active.**



**NAITIK DAGAR (PP II D)**

**I can play many ball games with my parents.**



**JONATHAN LIJO PAUL (PP II D)**

**Since Corona is going on, my home is where I can run and play a lot.**



**KSHITIJ SAGAR BORKAR (PP II E)**

**My home is a fun playground as I can jump and play a lot with my friend.**



**KAVYA SAXENA (PP II E)**

## SATRIYA - MY NEW NORM OF COMMUNICATION

Dance is a term which carries various meanings. To me, it is something through which I communicate and get connected with people. I have been learning dance since the age of 6 and have explored many different forms of it. One of the dance forms that I had always been inquisitive about was the Satriya - a classical dance form of Assam. I enjoyed going with my mom to see Satriya performances organised in various parts of Delhi. Those performances have always had a fascinating impact on me.



Covid-19 pandemic has brought many new norms to our lives. We have started learning through classes provided online. This helped me to explore Satriya dance also online. Hence, a new chapter titled- Satriya, has been added to my journey with dance.

This dance form is very interesting to learn as it is not only a dance form but a learning experience about Satriya traditions and their development. Satriya is recognised as one of the classical dance forms of India. Below is a brief about my favourite Satriya dance which I would like to mention from The Oxford Encyclopaedia of Theatre and Performance (2005). Satriya is a highly ritualised dance form performed in the monasteries (Satra) of Assam. Evolving between 1469 and 1580, in correspondence with the propagation of Vaishnavism by saint poets like Sankardeva and Madhavadeva. In the ancient period, this dance form was performed by monks with female roles played by boys. The tradition has now started to accept female performers. Satriya is associated with vigorous movements accompanied by strong gestures, stamping of the feet, and quick turns of the body. Punctuated by the rhythmic beats of the drum (Khol) and cymbal (Taal), the dance includes both pure and expressive elements. As in other classical dance traditions of India, there is a strong martial base underlying the fundamentals of Satriya movement.

I fondly conclude here that Covid-19 and online learning program have enabled me to learn something new through which I communicate with people!



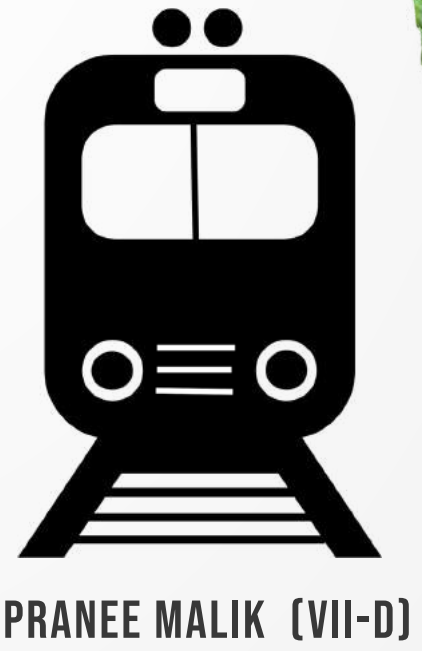
## DRIVERLESS METRO !!



The Delhi Metro Rail Corporation (DMRC) marked a milestone on Monday with its first- ever driverless train operation on its 38- kilometres long Magenta Line, which connects Janakpuri West and Botanical Garden. The maiden driverless train is set to be a major technological feat.

At the virtual inauguration of the train, PM Narendra Modi said his government has taken growing urbanisation as an opportunity and asserted that metro train services will be extended to 25 cities by 2025 from the current 18 cities. The driverless trains of Delhi Metro will offer more reliability due to reduce of human intervention. These metro trains are equipped with hi- tech cameras and obstruction sensing devices to ensure safety of passengers. These trains can run at an average speed, which is a few notches higher than that of a regular driver-driven train (about 35 kmph).

In old trains, in case of emergency, a passenger can press the PAD (Passenger Alert Device) red button and alert the driver. In case of a driverless train, after pressing the button, the footage of the carriage will be sent to the operations control to take action needed, as told to PTI by the senior DMRC officials.



PRANEE MALIK (VII-D)



## THERE WILL BE LIGHT

---

Moon shining in the window  
Johny lay on the bed, cold  
Papa came, name was Leonardo  
"Why, my boy, so early, in rolled?"

"I am fourteen. Just get bad dreams.  
No escape. Troubles just escalate.  
No path, No way, then just screams.  
See things. Do things, I hate."

"Answer me. A blunder, a mix of all??  
Despair, devastation and the dear old daddy?"  
"I think, rather it is a bad, high wall.  
The other happier side, I want. I do daddy! "

"Okay. Listen; listen to me with no why.  
Listen to the tail of emotions – their council.  
In the palace, above, in the high sky.  
Sat, emotions, with stomachs to fill.

On the biggest seat, sat the Good lord!  
Then were the siblings – Joy, Love and Hope.  
Opposite was the evil board!  
Despair, Hate and Misery at the stop.

"We grow; we grow, with every invention."  
Sang, the bad board in a sweet chorus.  
"Our work is to combat every manifestation."  
Said Joy, working since tyrannosaurus.  
Despair, devastation and the dear old daddy?"  
"I think, rather it is a bad, high wall.  
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"Oh! You do not. I will crush you!"  
Said aloud Misery, the miser.  
"You be afraid of me, else, I will kill you!"  
For truth it was, Joy just then wither!

Oh! You do not. I will crush you!"  
Said aloud Misery, the miser.  
"You be afraid of me, else, I will kill you!"  
For truth it was, Joy just then wither!

Stepped up the mother and the goddess  
Making peace was a pink dove named love.  
"You shall die in my wake!", said the hate demoness.  
"Perish in my wake; I bring mayhem.",  
said despair to hope.

Joy and love got cornered and good lord defeated  
Won the evil and danced the evil  
Then, glowed a golden star, all the evil heated  
Hope was burning bright, "You shall bring no peril!"

"I am strength. I am power. I drive the world."  
"I am the path, I am the way, and I support humanity."  
Ran away the evil board, as the Hope peared.  
The council ended, as ended insanity.

"So, my boy, at the end Hope only reigned.  
Whenever scared, just remember this story  
All the wounds, all the scars shall be healed.  
And then shall come back the Glory."

## I GOT LOST...

---

It was daytime when I got lost,  
On green trees there was an icy frost.  
Of humankind there was no trace.  
I had reached a mystical place.



I moved forward even more,  
To see what was there for me in store.  
There were lands and trees and pastures green.  
A beautiful place like this had never been seen.

I kept moving without fear.  
All I could feel inside me was cheer.  
And then I reached another land.  
The scene I saw from there was grand.

The sun slowly started to sink.  
I stood there watching without a blink.  
Soon, the sky turned dark.  
And the stars shone bright with a spark.

On the ground I sat down.  
I loved this new town.  
And while adoring the skies,  
I slowly closed my eyes.

Suddenly it all started to disappear.  
The sky in front of me wasn't clear.  
On hearing my story, everyone was shook,  
Yes, I got lost inside a book.





A lot has changed in the past several months, and it likely won't be going back to being completely normal soon. This time has taught us a lot, though. Thus, we are learning life lessons and resetting our priorities.

COVID-19 has taught us the importance of prioritizing our relationships with family and friends. It provided us an opportunity to work on our interpersonal relationships, let go of past issues, forgive each other, make new memories and get creative with how we are spending our time together. This is a must, and I don't think we were doing this enough. But I think we should take a minute and appreciate what we are being given: a chance to reconnect and understand each other. COVID has also taught us the importance of health and wellness.

I hope everyone who once took her health for granted now realizes the importance of health in daily life and is now making health a priority. It has made us realize the importance of saving emergency funds. While we are creating that spending plan, take note of emergency funds. This is the longest rainy day/period ever. The purpose is to give us a cushion if we lose your job or need some time to transition between jobs. Going forward, this is also our pandemic relief fund. Basically, it's so that we don't go into debt or have to sell our prized possessions to get by. Finally COVID has taught us that our teachers are so important. Our teachers are some of the most essential people in our society. They really work hard and deserve so much respect. When schools reopen and we continue moving forward with life, let's advocate for their support.



SHUBHAM SONI (VI-D)



## LIVING WITH THE COVID

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Whatever the world experienced in 2020 was nothing ordinary; it was a worldwide crisis, because of which people are still being affected. What we've been through in the past year completely changed us, physically, socially as well as mentally. There are so many changes in our surroundings. One day, we all were going outside and meeting our friends, and then suddenly, we were locked in our homes, communicating with them only through mere means of the internet. Schools and offices were shut down; everything took a wild turn, and then we didn't even realize how fast the year went by. One of the most important events that took place while we were all coping with various changes was that we discovered a part of ourselves, which we never knew existed. We all indeed brought about changes in our personality and honed the skills we always wanted to learn. According to me, developing ourselves individually was the best thing that came out of 2020. Since March, the entire world came to a standstill; and now, if you think about it, it was meant to happen. Humans were always in a battle against time, rushing things as fast as possible without taking out time for themselves or their family. But due to this pandemic, most of us have found inner peace. We could spend time with our loved ones and with plenty of it being available for self-development. If we think about other aspects, there were many such developments in the environment. Nature healed in several ways. Carbon emissions due to vehicles' exhaust and factory fumes declined considerably. The air in heavily polluted cities such as Delhi was finally pleasant to breathe. Dolphins returned to Italy's Canals; the environmental benefits are numerous. But on the darker side, this pandemic has left a deep scar on each and every one of us. Everyone can agree that the virus has affected them and changed them forever in one way or the other—many lives suffered due to it, which no one can ever forget. Most of us behaved responsibly as citizens of India and practiced social distancing norms. Due to the people's help, the country could control the transmission of the virus commendably. When we look back at the year that just went by, we realize that it is just another chapter waiting to be written in history.

**WRITTEN BY: RANGNA MEHRA (VIII A)**

**ARTWORK BY: SRISHTI JUYAL (X-D)**

## THE CAPE OF GOOD HOPE

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The Cape of Good Hope – not only was it the only ray of light for the European sailors to discover Asia, it is a philosophy we should live by every day. When he was on the brink of perishing, Bartolomeu Dias took a perilous decision, and commanded the ship's crew, to take a risk for the greater good. And not only was it beneficial for the European Traders, it unlocked the gateways of trade which we still use to this day.

Dias' sacrifice wasn't in vain; he was indeed a saviour for the whole global economy. But how does this apply to our daily lives? Hope isn't a feeling of expectation or desire; it is a feeling of trust, a feeling of belief that something magnificent will happen, something which keeps us motivated throughout. 'The Cape of Good Hope', is an underlying metaphor that signifies an indication, which is in turn a result of our hope that something even better is approaching. And as they say, we should never lose hope, because God has a plan for each and every one of us.

One should never give up, because we are alive, we have our dreams and in the end nothing is impossible. A caterpillar in the inspiration of becoming an elegant butterfly, struggles out of the cocoon, without even thinking about the difficulties which lie before it, never losing hope. The essence of success isn't just a result of hard work, perseverance and discipline- it requires a pinch of Hope; because it is hope only, which keeps us going, which makes us believe that we are capable of achieving beyond our imagination, which keeps us sane when we try to lose it. Because miracles happen, because we believe; we hope.

**WRITTEN BY: MEHAK MEHRA (X D)**  
**ARTWORK BY: SRISHTI JUYAL (X-D)**

## WHO AM I?

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Who am I?

Sometime happy, sometime sad,  
Sometime tense, sometime relaxed,  
Whenever I think about myself,  
It never comes to my mind,

Who am I?

There is a flow of current,  
Always flowing in my mind,

Who am I?

Why am I like ..... what am I?  
At times full of confidence,  
At times no confidence at all,  
Not able to understand myself,  
I want to bring everything,  
In my life on the right track,  
Difficult for me, but then again,  
I ask myself,

Who am I?

I always want to enjoy the life,  
Always want to capture the moment,  
Always want to celebrate each second,

But when I fail to do so

Then I ask myself,

Who am I?



## CAPE OF GOOD HOPE

---

If I'm summer, I'll have dark clouds afloat.  
They'll burst forming bubbles of rain.  
All hail the hail which destroys the charm,  
Rendering the purpose of summer in vain.

If I'm winter, I'll have blooming beauties of spring.  
The cold chilly air as my canker.  
The flowers will rot, oh they will die,  
In death, they take from me my amber.

If I'm monsoon, I'll have a radiant rainbow.  
The grey fog will flaw the flow.  
Storms will butcher the radiance,  
The gloom will spread to the sun's glow.

I'm doom, I'm destruction and I am my downfall.  
Lately, I call myself the Jack Frost.  
But with the cold will come the sweet snow,  
Beneath the flakes I will be lost.

The grey storm will be overrun by white.  
The hail, the warmth of summer will slay.  
I'm summer, with dark clouds of monsoon,  
With wind the clouds just flew away.

SHATAKSHI MEHROTRA (X D)

## THE MUCK IN REALITY

---

"We throw litter out of our homes everyday but what about the real waste?" We talk about proud aspects but are we actually proud of them? We live with 1,380,004,385 of people with diversity. Every day we think and talk about certain things like CORRUPTION, DISCRIMINATION etc. but have we ever thought about the cause of these things? Unfortunately, we ourselves are responsible for it. Few of us might have witnessed that when a person runs a vehicle like a bullet breaking the red light and when he is stopped by a policeman, we say "Brother let's fix the matter ourselves" and then we call everyone Corrupt. Corruption, Discrimination, Capitalism is not only a ubiquitous aspect of politics but is also increasing day by day in our country. It doesn't end here, many of the so called 'RICH CLASS' people in our nation say that the percentage of people living below the poverty line percentage is so minimal that most of the people in our country eat in restaurants, shop from malls and play games in the gaming centres.

Regrettably, they don't know that many people die because of hunger every day. They can neither afford shopping at malls nor the other luxuries; they sometimes don't even have enough money to buy woollen clothes in winters. This is poverty. Dirty Politics is one of the most opposing elements in the development of a nation. If we observe the past few decades, we will come to know that people (the natives) and people (the ones who govern the country) have same tactics, same ethics. Lack of Educated Ministers is also a main cause of dirty politics into which innocent people are trapped. Sadly, we are still on the same page as that of 1947; the only thing that has changed is the people (the natives with a urban thinking), everything else is an updated version! "Corruption is a cancer: A cancer that eats away at a citizen's faith in democracy diminishes the innovation and creativity" something we commonly hear is PREVENTION IS BETTER THAN CURE!! So, prevent muck or cry and cure it later.

SAHIBA VYAS (VIII C)



## TIME TO REFLECT

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DAKSH YADAV (VI C)

Our earth which has a bountiful nature;  
Is a paradise for every creature.  
It embraces priceless resources;  
Serves everyone but sometimes faces many external forces.  
Oh! Our own greed;  
Has transformed us into a restless breed.  
Now it is high time;  
So think again and reflect on it as a matter of prime.

## UNSUNG FREEDOM FIGHTER: RANI GAIDINLIU

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Today, I'll call attention to the great audacity of Rani Gaidinliu- a Naga village girl, who, at the tender age of 13, revolted against the British. Gaidinliu was born in January 26, 1915 at Nungkao Village, Manipur. Famously known as Rani Gaidinliu and Rani Maa, she brought the spirit of patriotism and nationalism in the people of the North East. She encouraged them to reject the British Laws, and stand united. They raised the voice that "We are free people, the white men should not rule over us..."

Gaidinliu was introduced to the Heraka Movement when she was just 13 by her cousin and guru, Haipou Jadonang. Heraka movement had its religious aspects and focused on uniting people against the cruel and wicked behavior of the British. Her 'guru' was executed by the British in 1931, and she took the leadership of the Heraka Movement. At that age, Gaidinliu was also a very inspirational leader and a gifted speaker. She successfully mobilised people including young girls and women to join her army. They, together, waged the guerrilla warfare against the British.

A surprise attack was launched on October 17, 1932. And Gaidinliu, was arrested along with her followers near the Kenoma village. Rani Maa was sentenced life imprisonment, at the age of 17. Rani Maa was freed, when India won independence in 1947. She stayed imprisoned for a long period of 15 years. It takes a resolve of steel for such a humongous sacrifice for the nation.

Words cannot explain the sacrifices of Rani Maa, which she made for all of us and our future.

SWASTI KAUSHIK (VI B)

## INDIAN TRAVELOGUE !

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“Atithi Devo Bhava” translated as “Guests are like God” is the ageless tradition of India. The warm hospitality in India is something you will get amazed at. There is so much to explore and experience in India - from royalty to spirituality, from history to modernism.

One should travel to India to experience its fascinating attractions such as snow-capped Himalayas, enchanting beaches of Goa, rich cultural heritage of Varanasi, amazing tea gardens of Darjeeling and much more.

The perfect time to visit India is from November to March, as the country enjoys a pleasant weather throughout this period. All the states in India have something unique to offer to their tourists.

The magical Kashmir is a dream destination for those who crave for peace and trekking. India’s capital, Delhi, has a rich history saturated with old stories which reflects in the stunning heritage buildings tucked around the sprawling city. North India is also home to one of the Seven Wonders of the World – The Taj Mahal at Agra.

The West is home to the exquisite forts, magnificent architectures & ravishing deserts. And the most overwhelming way to experience it is to travel to Rajasthan, the land of raja-maharajas. The dusty patina of the old stonewalls gives a rumbling beauty to the city landscape and one can almost hear the sounds of the past echoing.

Northeast is all about picturesque landscapes, waterfalls & mountain peaks. You can expect an unparalleled experience here to cherish for the rest of your life. Tucked away in the lap of the magical Himalayas, the state of Sikkim is like a wonder in a small package. But if you want to walk amidst the clouds even in the sweltering heat of July, head this summer to Cherrapunji, Meghalaya.

South India welcomes you with open arms to its tranquil islands and beaches. The Kerala backwaters are waiting for someone intending to soak in nature in its purest and blissful form. With several historical monuments in Tamil Nadu, Madurai also attracts pilgrims from all over the country. The Union Territory Puducherry offers a chance to witness the French colonial architecture giving the perfect feel of visiting France in India! Lastly, I am an Indian and I celebrate India in all its hues and grandeur & celebrate all festivals of every religion. That is why it is so rightfully called Incredible India! Thank you.

PUNYA GARG (X A)

# A playful little soul!

A playful little soul,  
Drinks milk every day, always one bowl.  
She has adorable little eyes,  
Runs up and down gobbling up my favourite  
apple pies!



Graceful movements touched with pride,  
A calm presence by my side.  
I like to cuddle her for hours and days,  
She's so cute that people won't stop staring at  
her where she lays.

I will tell you the story,  
About how I got that cat who is so furry.  
What an unhappy twist of fate,  
Had brought that homeless cat to my gate?



The gate where that cat stood,  
to beg for shelter and some warm wood.  
I had to keep her out of the door,  
Because if I let her in, my father would roar.  
I, my brother and my mum spread a shawl on  
the floor,

To keep her warm, by looking at her, father  
would never ignore.

My family decided to keep her in,  
When the cat heard this, she slowly grinned,  
It did not need any royal food or drink,  
It only needed love, no jewellery or a ring.  
A friendship that takes no time to grow,  
Small wonder why do we love them so?

Gitanjali, VB



# My Prayer



Oh! Dear World! Be the same again,  
Free of misery, Free of pain.  
Children running on the street,  
Jumping up and down their feet.  
No more missing friends and folks,  
Laughing to their endless jokes.  
Picnic, parties, get-togethers,  
Drenching in the rainy weather.  
Oh! Where have all these fun times gone?  
The wait for these has stretched so long.  
Oh! Dear world! This is what I pray,  
Me and my friends, together can play.

Anaaya Verma, VA





# THE SUN - OUR SOURCE OF LIFE

When we are young, we are told that the Sun rises in the East and sets in the West. But as we grow older, we learn that the Sun is in the center of our Solar System and the Earth and other planets orbit around it. The Sun is the most important object in our Solar System. In this article I am going to tell you some interesting information about the Sun. The sun has a radius 696,340 km or 1.3 Million Earths and its mass is 332,946 Earths. The temperature of the sun's core is 27 million degrees Fahrenheit. The temperature of the sun's surface is 9941 degrees Fahrenheit. The distance from the Earth is 147.1 million km or 1 AU. The light from the sun takes 8 and a half minutes to reach Earth. If you could take the Sun apart, and stack up its various elements, you would find that the Sun is made of hydrogen (74%) and helium (about 24%). The remaining amount of the Sun is made of iron, nickel, oxygen, silicon, sulphur, magnesium, carbon, neon, calcium and chromium. The sun converts hydrogen into helium in its core via the process of nuclear fusion. The energy that is released because of this nuclear fusion is what we receive as heat. Like any other star our Sun also has a life cycle. It was born approximately 4.5 billion years ago. Right now, it is in its middle age. In another 5 billion years it will expand and cool to become a red giant, after which it will shrink and heat up again to become a white dwarf. The white dwarf star will run out of nuclear fuel and slowly cool down over many billions of years. Sunspots are temporary phenomena on the Sun's photosphere that appear as spots darker than the surrounding areas. They are regions of reduced surface temperature. Sunspots usually appear in pairs of opposite magnetic polarity. A solar flare is a sudden flash of increased brightness on the Sun, usually observed near its surface and in close proximity to a sunspot group.

ISHAAN SINHA (V C)

## LOCKDOWN BIRTHDAY CELEBRATION



The coronavirus pandemic had adversely affected festivals and social gatherings. We all are facing problems in our own way. Physical distancing has become paramount. One thing which I realised in this pandemic is the importance of family. I was quite upset before my birthday this year because I was not able to invite my friends from outside. We could not book any restaurant for party. But then my parents showered me with a number of surprises. At 12 midnight, they decorated our home with my favourite Disney theme. They made a video by combining all the wishes from my friends and relatives. It was an amazing experience when I saw the video message from everyone on my birthday. My mother made my favourite chocolate cake at home. She made my much-loved dishes.



My father gave me my choice of gifts. They made me feel marvellous. I realised that parents' love is truly unconditional and the depth of their love can't be measured. This pandemic has strengthened my bond with my parents and I love them a lot.



**PRANIKA GAUTAM (I A)**



## **DEAR SELF!**



**Dear Self,**

**How are you doing? Hope you are fine and trying to deal with the COVID situation these days.**

**I am writing this letter to you so that you can feel motivated & happy as I know that being locked up in a place must have been tough for a naughty boy like you! This year it was tough for me as I lost my grandfather whom I loved the most in January and then this COVID. I also got scolded for my studies but I was not able to focus as you were not with me. You were willing to meet friends and wanted to go to badminton classes but that was not possible.**

**I am finally relaxed that you have made a truce with the situation with me and I am able to give my best to studies.**

**So, dear self! Please try to be less mischievous, follow online class rules & don't provoke me to chat during them. Help me to become a good boy.**

**With this hope that we stay together in everything we do, I'm signing off.**

**Will write soon again. Till then stay safe.**

**Bye**

**ADWAIT JHA (III C)**

# BRIGHT SIDE OF 2020



Going to school five days each week,  
We were doing alright,  
Then a pandemic hit us,  
But let's see the side that's bright,  
We used technology at its best,  
And learned our lessons along with comfort and rest.  
We played new games like Ludo King,  
And had virtual parties which were interesting.  
Masks on and sanitizers were a must,  
Missed pasta and pizza's cheesy crust.  
Couldn't play in the parks like few months before,  
But it will be alright soon for sure.  
Couldn't have big birthday parties,  
Couldn't go to school even for a day,  
But I did have fun with my family,  
Getting close to them was,  
Awesome, I must say!  
Missed my friends and the vacations we had planned,  
But on the other side,  
We are safe and healthy on this wonderful land.

**ATHARV ANAND (IV C)**

# MY CREATIONS

Give us those days back

Oh God! Give us those days back,  
We want to go to our school.

Let us pack our bag,  
Book, copy, pencil, eraser full.

Oh God! Give us those days back,  
We want to sit in our class again.

Let us say good morning to our kacher  
and our days begin.

Oh God! Give us those days back,  
We want to play with friends and share our lunch.

Let us have full fun at Jump Punch.


Oh God! Give us those days back,  
We want to sit in library and make no sound.

Let us fill water bottle and have a small school round.

Oh God! We will remain thankful,  
Please give us back our school.

Baijayik Saha  
IV-C

## CRACK THE CODE



548 1 number correct in correct place  
530 Nothing Correct  
157 2 numbers correct both at wrong places  
806 1 number correct wrong place

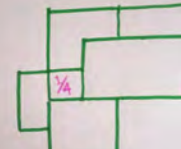
## My Teacher Best



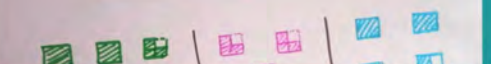
My Teacher  
My teacher is best.  
She never take rest,  
She comes in the class like a light,  
She speaks very politely,  
She gives very great knowledge.  
Everyone Loves her  
She is the world's best teacher I have.

Thank You  
Ashi Bhatnagar 3-A

What is the approx. area?

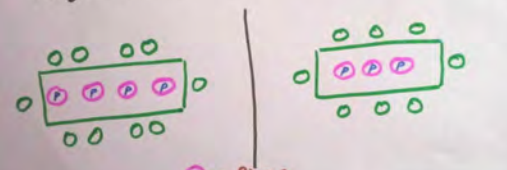


## Find the Total



## Would you rather sit at

large table or small table



P = Pizza

## My green Environment

Green, green, green  
what a beautiful scene.  
Trees all around,  
with a pleasant sound.

Don't cut even a single tree,  
I hope you will agree.  
Grow more & more plants,  
that's what the environment wants.

Sustainable environment,  
we should keep in mind.  
Otherwise, future generation will mind.  
Trees are our soul,  
without which we are no more.

Let's love our environment,  
and save a lot for future -  
let's make our earth clean,  
and that should be our dream.

- Shailya Tyagi  
5th D  
Roll no. - 44

## CORONA WARRIORS

An Eye Of A Child Is Full With Tear,  
When Somebody Says "Corona"

But In My Mind There Is No Fear.  
The Corona Warriors Work very Much In Covid-19  
And They All Are Waiting For Covid-Vaccine  
They All Work's Very Hard,  
In Summer Also They Wear Thick PPE Kits  
And Discard.  
I Can't Imagine The Life Of A Corona Warrior  
But I Can't <sup>Take</sup> Inspiration And Made My  
Career.

ARNAV KHANDE  
IV-C

## I Dream A World

I dream a world with peaceful inner soul,  
A peaceful inner blanket that covers whole world

There is no anger, war or pain,  
There is only sunshine with full of aims.  
A world without ego, greed and fear,  
A world which is full of love, affection and cheer.

I dream of a world with blissful mind,  
where everyone will be so kind.

No more virus will attack the mankind,  
And people will never be quarantined.

May God bless us with this dream world,  
So we all will be one family with hearts of gold.  
Let's take a pledge to respect Mother Nature,  
By taking care of every creature.

Let's start being humane and stop all cruelty,  
so that this dream turns into a reality.

Self composed poem by:  
Aaryav Mahal,  
III - C


## Tom And Jerry Tale

Tom The pussy cat  
And our little Jerry rat  
Running around all over the house  
While Tom tries to catch the mouse

Spike and Tyke and traps with cheese.  
Living with them all is not of ease.  
Jerry's cousin Nibbles is cute and sweet,  
But he is no match for Tom's friends from street

Tom chases Jerry  
There is nothing more to say -  
Because they are best friends  
At the end of the day.

Ayush Basu  
class - 1(A)



## Persistence

The persistence of 52 is 2

52 → 10 → 0  
5x2     1x0

The persistence of 94 is 3

94 → 36 → 18 → 8  
9x4     3x6     1x8

The persistence of ? is 4

The persistence of ? is 5



# कौन है तू माँ?



बचपन में लिखता था अनुच्छेद,  
जिसका विषय था 'माँ',

पर मन में घूमता रहता एक ही सवाल,  
कि आखिर कौन होती है एक माँ ?

पर अब तुमसे मीलों दूर हो जाने के बाद,  
मुझे ज्ञात हो गया कि कौन होती है एक माँ,

माँ बच्चों की ज़िन्दगी होती है,  
माँ बच्चों की साँसें होती हैं,

कभी समाज के दुश्मनों से बचा,  
अपने आँचल में छुपा लेती है,

तो कभी रुष्ट हो,  
हमें पीड़ा का आभास कराती है,

प्रेम का अथाह सागर है तू माँ,  
मेरे लिए 'अंतर्यामी' तू ही है माँ

घर में चार रोटी हों और खाने वाले हों पाँच,  
तो 'मुझे भूख नहीं है।' ऐसे कहने वाली एक  
माँ होती है,

तभी तो कहते हैं कि,  
वह बड़े किस्मत वाले होते हैं,  
जिनकी माँ होती है।

- भवनूर सिंह  
कक्षा - दशमी-स



# सुबह की चर्चा

सुबह - सुबह हुई आवाज़,  
कोयल जी ने किया रियाज़ ।  
थोड़ी घाम इधर की आयी,  
मूड मेरा ताज़ा कर लायी ।  
पल हुआ एक आनंद का,  
कि गरज बादल की आयी ।

आवाज़ आयी पट - पट - पट - पट!  
वर्षा हुई झटपट – झटपट ।  
फिर वर्षा ने डेरा हटाया,  
सूरज जी ने उसकी भगाया ।  
जब - जब सूरज जी का डेरा छाया,  
बच्चों को खूब है भाया ।

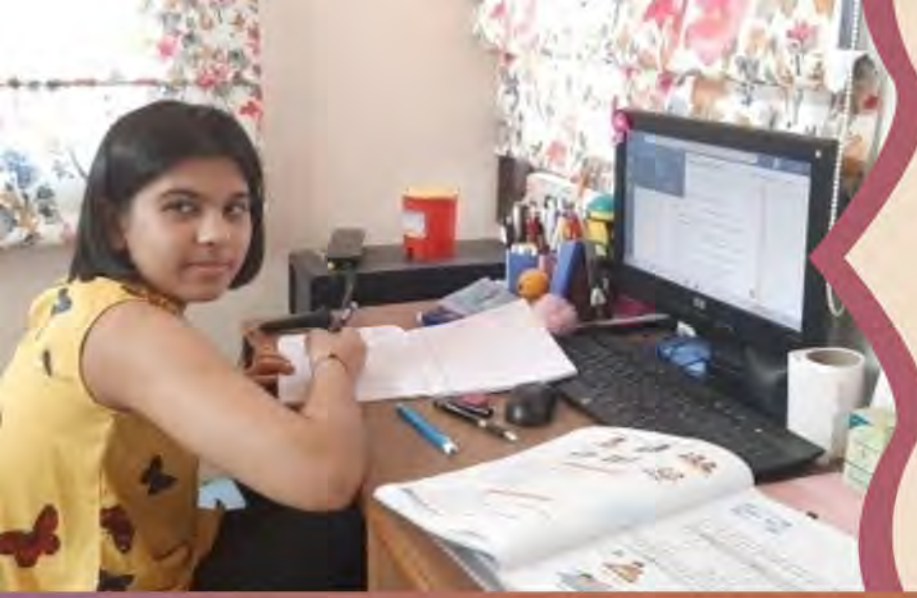
इंद्रधनुष है निकल गया अब,  
साथ हैं उसके सात रंग सब ।  
पेड़ मेरे सामने एक हरा - भरा,  
हरी पत्तियों का घर है बड़ा

थोड़ी ओस पत्तियों पर छायी,  
पर अब वो सूखने की आयी ।  
इंद्रधनुष है निकल गया अब,  
साथ हैं उसके सात रंग सब ।

पेड़ मेरे सामने एक हरा - भरा,  
हरी पत्तियों का घर है बड़ा ।  
थोड़ी ओस पत्तियों पर छायी,  
पर अब वो सूखने की आयी ।



- स्वस्ति कौशिक  
कक्षा: छठी 'बी'



# लॉकडाउन में स्कूल की यादें....

**व्हट्सऐप** से हमें एक संदेश प्राप्त हुआ, कि नई कक्षाएँ १ अप्रैल से शुरू हो रही हैं और हमें माइक्रोसॉफ्ट टीम ऐप को डाउनलोड करना है। बड़ी उत्सुकता से मैंने ऐप डाउनलोड किया और यह क्या ? इसमें तो हमें पढ़ाए जाने वाले सभी विषय थे । अगले ही दिन हमारी ऑनलाइन समय-सारणी आ गई और शुरू हो गयीं हमारी ऑनलाइन कक्षाएँ । मन में थोड़ा अविश्वास और थोड़ी उत्सुकता थी कि बिना अध्यापिका के आमने-सामने हुए हम कैसे पढ़ेंगे ? किंतु यह क्या ? हम तो कुछ ही दिन में ऑनलाइन कक्षाओं का आनंद लेने लगे थे । दो कक्षाओं के बीच में विद्यालय की तरह थोड़ी छुट्टी भी मिलती । हमारी अध्यापिकाएँ हमें पी.पी.टी., वर्कशीट्स आदि के द्वारा पढ़ाने लगीं । प्रश्न-उत्तर; सवाल-जवाब और यहाँ तक कि ऑनलाइन टेस्ट भी बहुत ही तरीके से होने लगे । इन सभी के बीच जो सब से रोचक था, वह था एक्सट्रा करिक्युलर एक्टिविटीज़ अर्थात् पाठ्येतर गतिविधियों की कक्षाएँ, जैसे आर्ट(चित्रकला), म्यूज़िक(संगीत), इन्स्ट्रुमेंट(वाद्ययंत्र), तथा क्लासिकल (शास्त्रीय) नृत्य की दोपहर में होने वाली कक्षा । मुझे एक सुनेहेरा मौका मिला

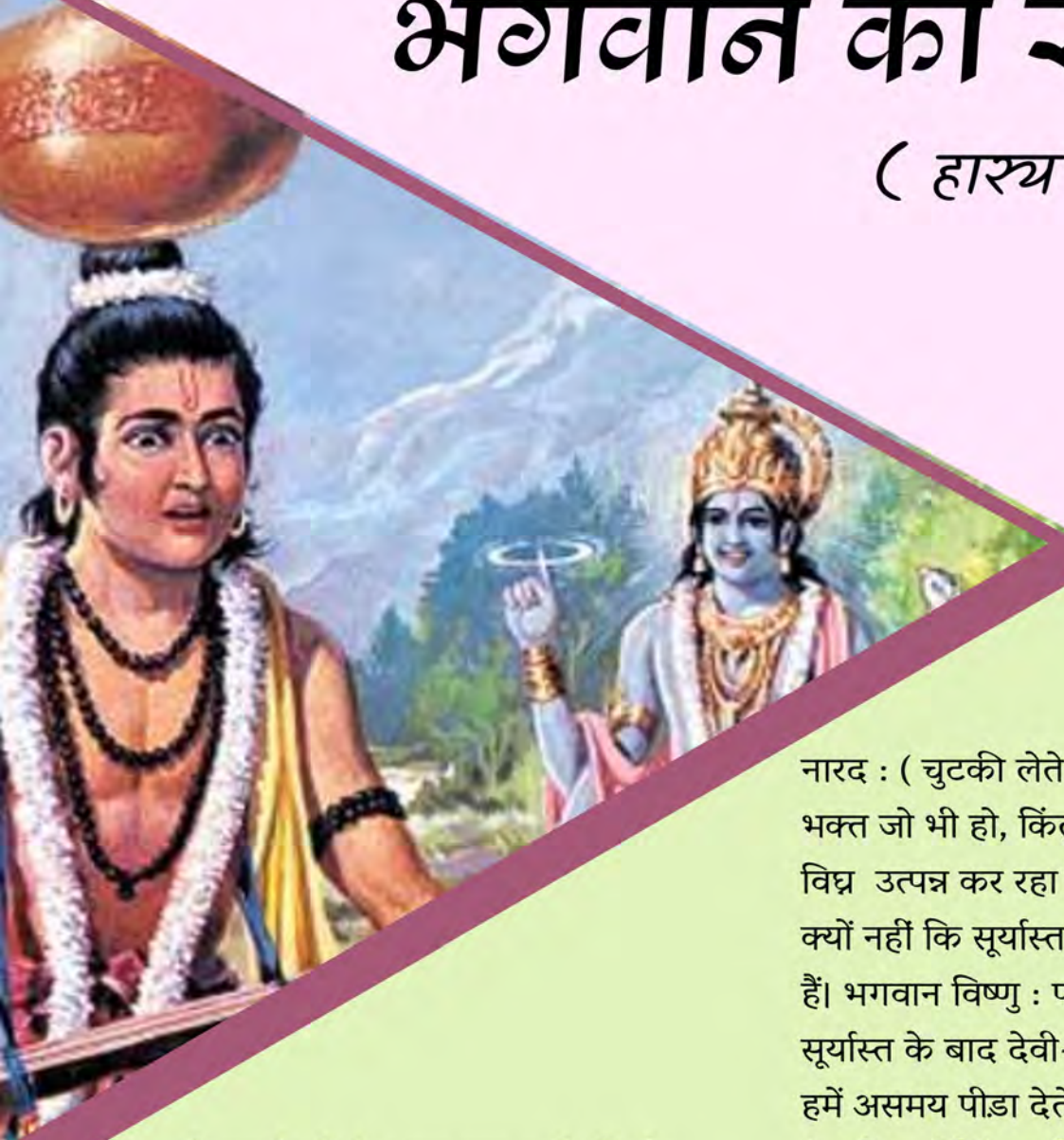
अपने हुनर को पहचानने का । विद्यालय में तो संगीत, नृत्य या वाद्य में से मैं केवल एक ही चुन सकती थी, लेकिन यहाँ मैं सभी कुछ सीख रही थी । ऑनलाइन नृत्य के वीडियो आते, संगीत के ताल और कीबोर्ड के सुर । किंतु इन्ही सभी के बीच में, मैं और मेरे सभी साथी कहीं ढूँढ रहे थे -- आपस में की गई मस्ती, खिलखिला कर हँसना, एक दूसरे को छेड़ना, चुगली करना, अध्यापिका की डाँट और प्यार और स्कूल का वो खेल का मैदान । इंतज़ार है, अपने स्कूल में दुबारा कदम रखने का और चिड़ियों की तरह चहचहाने का ।

-निया नंदिनी

कक्षा- ७-ए

# भगवान का संकट

( हास्य नाटिका )



**जब** देवताओं को लेना पड़ा एक कठोर निर्णय .....

(भगवान विष्णु का एक परम भक्त सूर्यास्त के पश्चात उनकी आराधना कर रहा था। अचानक उसने मंदिर की घंटी बजा दी।)

भगवान विष्णु : ( असहज होकर ) अब इस समय यह कौन आ गया ?

देवी लक्ष्मी : ( तनिक हँसकर ) यह आप ही के परम भक्तों में से एक है।

भगवान विष्णु : परंतु यह हमेशा सूर्यास्त के बाद ही क्यों पूजा करता है ?

देवी लक्ष्मी : अब यह तो आप ही जानिए या फिर आपके भक्त !

( देवर्षि नारद का प्रवेश। वे भी आते ही इस चर्चा में सम्मिलित हो जाते हैं। )

नारद : ( चुटकी लेते हुए ) नारायण! नारायण! माता! भक्त जो भी हो, किंतु वह मेरे प्रभु की नींद में बड़ा विघ्न उत्पन्न कर रहा है। आखिर यह भक्त समझते क्यों नहीं कि सूर्यास्त के बाद सभी देवता हो जाते हैं। भगवान विष्णु : पर भक्त भी तो यह जानते हैं कि सूर्यास्त के बाद देवी-देवता सो जाते हैं। फिर वे क्यों हमें असमय पीडा देते हैं।

( तभी पर्दा खिंचता है। ) दूसरा दृश्य

( भगवान शिव देवी पार्वती के साथ बैठे दिखाई देते हैं। शिव जी समाधि में लीन हैं। अचानक कोई शंख फूँक देता है। )

भगवान शिव : ( क्रोध से ) यह कौन है, जो इस प्रकार शंख बजाकर मेरी समाधि में विघ्न डाल रहा है।

देवी पार्वती : शांत प्रभु! ये आपके भक्त गण हैं।

भगवान शिव : (त्रिशूल उठाकर) यदि ये भक्त नहीं माने, तो मैं उन्हें शाप दे दूँगा ! अपने त्रिशूल से उनका सिर काटकर उन्हें पाताल लोक में भेज दूँगा।

देवी पार्वती : मुझे भी समझ में नहीं आता कि जब सब जानते हैं कि सूर्यास्त के बाद पूजा नहीं करनी



चाहिए, तब भी वे उसी समय पूजा करते हैं। सूर्यास्त से पहले उनके पास पूजा करने का पूरा समय नहीं बचता क्या ?

भगवान शिव : हमें नारायण से इस विषय में चर्चा करनी चाहिए।

( भगवान शिव, देवी पार्वती, नंदी बैल सहित बैकुंठ को जाते हैं। )

( पर्दा गिरता है। फिर उठता है। ) तीसरा दृश्य

( भगवान शिव तथा देवी पार्वती का बैकुंठ में प्रवेश ।

भगवान ब्रह्मा जी पहले से वहाँ उपस्थित हैं। )

भगवान ब्रह्मा जी : ( शिव जी को देखते ही प्रसन्नता से ) आइए भगवान शिव! आपको देखते ही मन प्रसन्न हो गया।

भगवान शिव : लगता है, आप भी उसी विषय पर चर्चा करने उपस्थित हुए हैं।

भगवान ब्रह्मा जी : ठीक समझे आप प्रभु! इन भक्तों की समय-असमय की पूजाओं से तो नींद-चैन सब समाप्त हो गया है।

( भगवान विष्णु तथा नारद भी चर्चा में सम्मिलित हो जाते हैं। )

विष्णु जी : वैसे तो भक्त वरदान पाने के लिए पूजा करते हैं, पर सूर्यास्त के बाद पूजा के घंटे और शंख सुनते ही विश्राम में बाधा होने लगती है। दिल करता है- तुरंत शाप दे दूँ।

नारद जी : इन भक्तों की सूर्यास्त के बाद पूजा इतनी बढ़ गई है कि महीनों से मैं ढंग से सोया नहीं हूँ।

विष्णु जी : मैं भी महीनों से ठीक से योग निद्रा में नहीं जा पाया हूँ।

शिव जी : और मेरी ध्यान-समाधि लगाते ही टूट जाती है।

ब्रह्मा जी : अब हमें न्याय चाहिए। क्या भगवान होना अभिशाप बन गया है ? तो हम वरदान भी कैसे दे पाएँगे ?

शिव जी : तो फिर हमें न्याय के देवता शनि देव के पास जाना चाहिए। चलो सब शनि देवता के पास चलते हैं।

( सब प्रस्थान करते हैं। पर्दा गिरता है। फिर उठता है। ) चौथा दृश्य

( सब शनिदेव के सामने खड़े हैं। शनिदेव सबका स्वागत करते हैं। )

शनिदेव : ( खड़े होकर ) अरे ! त्रिदेव एक साथ !

शनिलोक में ! आपका स्वागत है ! शनिदेव का

प्रणाम स्वीकार करें। कहिए कैसे आना हुआ ?

विष्णु जी : हम सब यहाँ एक समस्या के समाधान हेतु आए हैं।

नारद : बात यह है कि सूर्यास्त के बाद भक्तों की पूजा के कारण हम सब ठीक से सो नहीं पाते।

शनिदेव : इस समस्या के कारण तो मैं भी बहुत चिंतित हूँ। कल ही की बात है। मैं सो रहा था कि तभी अचानक किसी भक्त ने मुझ पर एक कटोरा तेल डाल दिया। वह तेल गिर कर मेरे कान में चला गया और मुझे उस कान को नीचे कर एक पैर पर कूदना पड़ा।

नारद : तो इसका मतलब है कि इस समस्या से कोई भी देवता अछूते नहीं हैं।

# परिवेषः

**एकदा** सन्तोषः मातुलेन सह नदीतटे भ्रमति स्म । सः मातुलम् अपृच्छत् । मातुल ! "परिवेषः" इति अस्य कः आशयः ? मातुलः अवदत् ! अस्मान् परितः यद् दृश्यमानम् अस्ति तत् "परिवेषः" इति । अस्मिन् परिवेषे एव अस्माकं जीवनम् आश्रितम् अस्ति । अस्माकं परिवेषे वनानां अतीव महत्त्वं वर्तते । अद्यत्वे तानि वनानि एव सभ्यमानवैः निर्विवेकं छिद्यन्ते । वृक्षच्छेदनेन वायुमण्डले उत्तापः सततं वर्धते । शिल्पागाराणां वर्ज्यवस्तूनि नदी- तडागादिषु निक्षिप्तेन जलं मलिनं भवति । वाहनानां उद्योगसंयन्त्राणां च निर्गतेन धूमेन वायुमण्डलं दूषितं भवति । शस्यानां उत्पन्नार्थम् अधुना कृषकाः स्वक्षेत्रे हानिकारक- रसायनानां कीटनाशकानां च प्रयोगं कुर्वन्ति येषां प्रयोगबाहुल्यं प्रकृतिमात्रे हानिजनकं भवति । जनसंख्यावृद्धिः अपि परिवेषे प्रदूषणस्य अपरं कारणं वर्तते अतः अस्योपायाः अपि करणीयाः एव । वृक्षाः "कार्बनडाइ-ऑक्साइड" नाम्नः वायोः अवशोषणं कृत्वा अस्मभ्यं प्राणवायुं प्रयच्छन्ति ।

अनियमितवर्षायाः, उच्चतापस्य च कारणं वृक्षच्छेदनम् अस्ति अतः अस्माभिः वृक्षसंरक्षणं वृक्षारोपणं च अवश्यमेव कर्तव्यम् । अधुना या कोरोना-माहामारी अस्माकं परिवेषे सर्वत्र व्याप्ता अस्ति तस्याः संचरणे अपि प्रदूषणस्य महती भूमिका वर्तते । तस्याः निदानार्थम् अस्माभिः स्वच्छतानुपालनं अवश्यं हि करणीयम् । "गृहे वसन्तु , सुखिनः भवन्तु" , "हस्तप्रक्षालनं कुर्वन्तु , मुखावरकं संधारयन्तु" इत्येतानि वाक्यानि अस्माकं मूलमंत्राणि स्युः ।

--: रित्विक पात्रो  
कक्षा-अष्टमी-'द'

"गृहे वसन्तु , सुखिनः भवन्तु"



कोविडनवदशतः रक्षणीयोपायाः



हस्तधोषणं विना नासिकासुखनेत्रं मा स्पृशन्तु।  
परिष्कर्वे कासै च सुखावहकस्य प्रया अपेक्षितम्।

# कोविड-महामारी शापः उत वरदानम्....?

**कोविड** महामारी शापः उत वरदानम् 'महत् चर्चायाः विषयोऽयं वर्तते । वर्तमानसमये समस्तमपि विश्वं कोविडनवदशतः आतंकितं वर्तते । भारतमपि कोविड-महामारीतः प्रभावितो विद्यते । अनया समेषां प्राणिनां जीवनम् असामान्यम् अव्यवस्थितं च जातम् । अभिशापो भूत्वा इयं महामारी विश्वस्य प्रगतिशीलाम् अर्थव्यवस्थां अपि अभक्षयत् । सर्वत्र पूर्णपिधानेन व्यापारिवर्गीयाः मध्यमवर्गीयाः निर्धनाः वञ्चिताः च कोटिशो जनाः प्रभाविताः अभवन् । शैक्षणिकसंस्थानानि पूर्णपिनद्धानि , येन छात्राणां दैनन्दिनं पठनाचरणम् अवरुद्धम् । धन्यास्ते अस्मदीयाः शिक्षकाः ये अन्तर्जाल-माध्यमेन शिक्षणकार्य-रताः सन्ति । ध्यानास्पदं वर्तते यत् कोरोनामहामारी प्रकृति-वन-नदीभ्यः वरदात्री भूत्वा ताभ्यः नवजीवनम् प्रायच्छत् । प्रधानमन्त्रि-नरेन्द्रमोदि-वर्यः देशवासिभ्यः आत्मनिर्भरतायाः संदेशम् अयच्छत् , यस्य प्रभावः व्यापार-रक्षा-चिकित्सादि-क्षेत्रेषु दरीदृश्यते।

कोविडकाले अन्तर्जाल-माध्यमेन शिक्षायां नित्यनूतन-नवाचाराः दरीदृश्यन्ते । अधुना सर्वे जनाः स्वच्छतायाः महत्त्वं विज्ञाय तस्य पालनम् अपि कुर्वन्ति । समस्तमपि विश्वं भारतीयसंस्कृति-समुपासको भूत्वा भारतीय-भोजनानुशासनम् अभिवादनं च आचरति । अतः अस्याः महामार्याः दुष्प्रभावं सुप्रभावं कर्तुं अस्माकं समक्षे सुअवसरः वर्तते । अहं सर्वान् कोविडनवदशयोद्धन् प्रति स्वकार्तज्ञं प्रकटयामि ।  
जयतु भारतम् । जयतु संस्कृतम् ॥

-: मौर्यन् जायसवालः  
अष्टमी-'द'

"हस्तप्रक्षालनं कुर्वन्तु, सुखावरकं संधारयन्तु"



# दुष्कर्मस्य दुष्फलम्....

**एकस्मिन्** नगरे एकः दरिद्रो वृद्धश्च परिव्राजकः आसीत् । ग्रामजनाः सदा तं परिव्राजकं भिक्षां प्रयच्छन्ति स्म । सः परिव्राजकः अपि स्वीयं भिक्षार्जितं अन्नम् अन्यैः याचकैः दीनजनैः सह च मिलित्वा भिक्षां कुरुते स्म । एकदा स एकस्याः वृद्धायाः गृहं भिक्षायाचानाय अगच्छत् । सा अतीव दुष्टा स्त्री आसीत् । भिक्षायाचिते सति तया पूर्वदिनस्य पर्युषितं अन्नं परिव्राजकाय प्रायच्छत् । परिव्राजकः अपि अपरस्मिन् दिने तस्याः एव वृद्धायाः गृहं भिक्षार्थम् अगच्छत् । सा वृद्धा दुर्मना भूत्वा किञ्चिद् अन्नं प्रायच्छत् । एवं तृतीये दिनेऽपि तमेव परिव्राजकं दृष्ट्वा क्रोधाकुलिताऽभवत् । सा विषसम्पृक्तं अन्नं तस्मै दत्तवती । यदा सः परिव्राजकः स्वीयं कुटीरम् आगत्य भिक्षान्नं खादन् उद्यतः तदा एकः युवकः आगच्छत् अवदत् च- अहम् बुभुक्षितः अस्मि, किम् त्वम् मह्यम् किञ्चिद् अन्नं प्रदास्यसि इति ?

परिव्राजकः सर्वं भिक्षान्नं तस्मै युवकाय अयच्छत् । युवकोऽपि तद् विषसंपृक्तं अन्नं खादित्वा सहसा तत्रैव स्वप्राणम् अत्यजत् । परिव्राजकः अतीव विस्मितः अभवत् । सः युवकः तस्याः वृद्धायाः पुत्रः आसीत् यः बहुकालानन्तरं तत्र ग्रामे समागतः । एवं प्रकारेण तस्याः दुष्टवृद्धायाः दुष्कृत्यं तस्याः दुष्परिणामत्वेन संजातम् यतोहि सा वृद्धा युवती स्वीयदुष्कर्मणा स्वस्य पुत्रस्य वियोगेन दण्डिता अभवत् । अतएव कथ्यते-

'दुष्कर्मस्य दुष्फलम्' इति ।

-: आनन्द रामचन्द्रन्  
सप्तमी- 'स'



शरीरश्यासजननं कर्म आय



# शरीरमाद्यं खलु धर्मसाधनम्

नत्कृत्वा न सुखं देहं विभूदन्

**स्वस्थ** शरीरेण एव धर्माचरणं कर्तुं प्रभवति नरः। स्वस्थशरीरं कथं भवेत् अस्य अनेकानि साधनानि सन्ति। तेषु 'व्यायामः' इति महत्त्वपूर्णं साधनमस्ति। यदि मनुष्यः दीर्घायुः भवितुमिच्छति, तर्हि तेन नियमितः व्यायामः करणीयः एव। स्वास्थ्यरक्षायै व्यायामः परमावश्यकः। नियमितव्यायामेनैव शरीरम् निरोगं भवति। व्यायामस्य अनेके लाभाः सन्ति। अनेन बलं वर्धते, शरीरस्य सर्वाङ्गीणः विकासो भवति। प्रातःसमये प्रदूषणरहिते वातावरणे प्राणायामस्य नित्याभ्यासेन शरीरव्याधयः विनश्यन्ति। व्यायामः सदैव क्रीडास्थले, उद्याने वा करणीयः। नियमितव्यायामेन शरीरे रोगाः न उद्भवन्ति। शरीरस्य रोगेभ्यः रक्षणाय व्यायामः आवश्यकः। कोविडमहामारीतः रक्षणार्थम् अपि व्यायामः फलीभूतः इति विज्ञानाः प्रतिपादितवन्तः। विश्वस्वास्थ्यसंघट्टनेन अपि योगः सर्वेभ्यः मानवेभ्यः स्वास्थ्यप्रदः इति प्रतिपादितः। यथा व्यायामः आवश्यकः तथा उचिताहारसेवनमपि आवश्यकम्। व्यायामेन क्षुधावर्धनं भवति, किन्तु उचितं भोजनमेव सेवितव्यम्। चरकसंहितायां कथितम् अस्ति- 'मात्राशी स्यात्। आहारमात्रा पुनरग्निबलापेक्षिणी।

यावद्ध्यस्याशनमशितमनुपहत्य प्रकृतिं यथाकालं जरां गच्छति तावदस्य मात्रा प्रमाणं वेदितव्यं भवति। स्वस्थशरीरस्य द्वे प्रमुखे साधने स्तः उचितव्यायामः श्रेष्ठभोजनं च। आयुर्वेदशास्त्रे सात्विकाहारस्य सर्वाधिकं महत्त्वं प्रतिपादितमस्ति। श्रीमद्भगवद्गीतायां भगवता श्रीकृष्णेन उक्तम्- आयुःसत्त्व-बलारोग्य-सुख-प्रीति-विवर्धनाः। रस्याः स्निग्धाः स्थिरा हृद्या आहाराः सात्त्विकप्रियाः विविधरोगाणां प्रशमनार्थं उचिताहारं संतुलिताहारं च महदावश्यकम्। भारतीयभोजनानुशासनपद्धतिः एव सर्वोत्तमा वर्तते, तदैव अद्यास्य अनुकरणं समग्रविश्वं करोति।

शास्त्रवाक्यम् अस्ति यत्-

'शरीरमाद्यं खलु धर्मसाधनम्'।

-: आनन्दी शर्मा  
दशमी-'अ'

योगः कर्मसु कौशलम्

# वशीकर्महे कथं मनः .... ?

-: कृत्ति देउपा(षष्ठी-स)



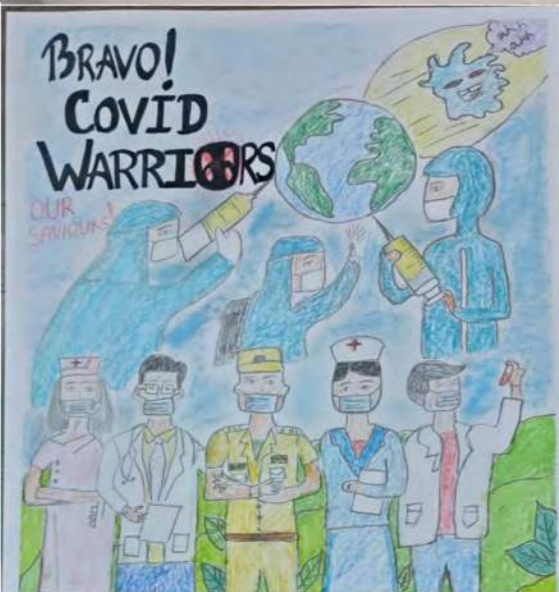
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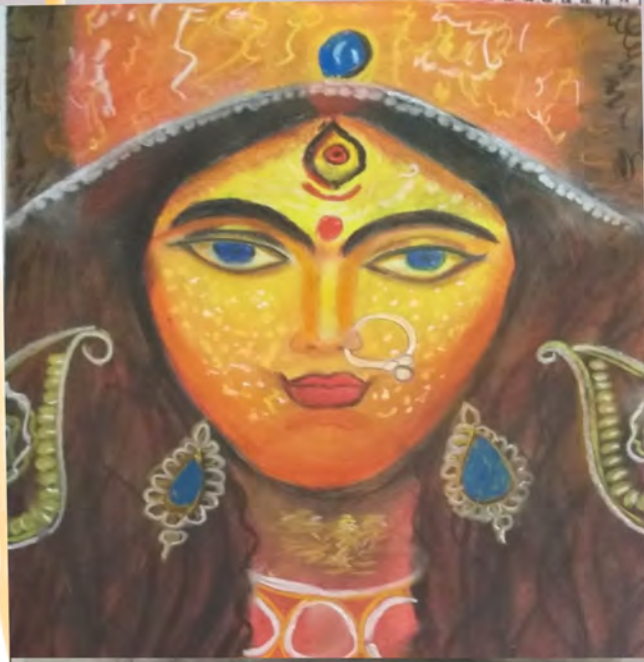
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