



Bal Bharati
PUBLIC SCHOOL

FACILITATION MODULE
(Guidelines to Nurture Early
Learning)
PRE – SCHOOL

THEME OF THE MONTH:
PLANTS



The Learning Programme is for a month – 1st February, 2022 to 28th February, 2022. The following are to be facilitated for the young learners:

THEME- PLANTS

Social skills/Value-

- Green Habits

Literacy English -

- Revision of all the letters.
- Writing Readiness - Tracing activity.
- Revision of Sight words.

Blocks and Maths-

1. Recap of correlation of numbers 1 to 10.
2. Writing of numbers 8,9,10.
3. Oral counting 1 to 10.
4. Recap of shapes.
5. Pre-Number Concept - Find out the difference and Odd one out
6. Puzzles

Fine Motor Skills/Creative Expression

1. Coloring in an enclosed figure.
2. Leaf printing in seriation activity
3. Spring Yoga
4. Fancy dress
5. Experiential Learning-, Air Experiment.

Language and Communication -

1. Pep Talk - News of the Day
2. Spring Season
3. Introduction and Types of plants
4. Uses of plants.
5. Taking care of plants.
6. Parts of Plants - Vocabulary Bag - Plant, Seed, Leaf, Stem, Branch, Root, Soil, Sunlight, Fresh, Air, Water, Medicine, Feel, Smell, Tree.

Literacy Hindi -

1. व्यंजन क, त - मौखिक ध्वनि विश्लेषण एवं लिखित अभ्यास ।
2. व्यंजन क शब्दावली – काला, कबूतर, कीचड़, केला, कौवा, करेला ।
3. व्यंजन त शब्दावली – तोता, ताला, तोलिया, तबला, तरबूज, तितली ।
4. चित्र पुस्तक-बीज, खाद, पानी, स्वच्छ, हवा, स्वास्थ्य ।
5. उ स्वर का परिचय ।
6. स्वरों की पुनरावृत्ति ।

Bridging Activities-

1. Letter Game
2. Playing Cards
3. Football Game

Dear facilitators, the early childhood experiences should progress from simple to complex, from known to unknown and from concrete to abstract. In reference to this, the following activities have been divided on weekly basis.

Week I (1st -7th February): Pep Talk-News of the day, Basant Panchami - Art Activity, Introduction of plants, types of plants, उ स्वर, Revision of letters, Revision of numbers, Shapes , Puzzles.

Week II (8th -14th February): Spring season, Basant Mela, parts of plants, व्यंजन क, Odd one out, Writing readiness activity, Writing of numbers, Colouring in enclosed figure, Spring yoga, Vocabulary bag.

Week III (15th -21st February): Uses of plants, Speaking activity- flowers, Sight words, व्यंजन त, Find out the difference, शब्दावली, Riddles, Writing of numbers, Seriation Activity.

Week IV (22nd -28th February): Taking care of plants, Vocabulary Bag , स्वरों की पुनरावृत्ति, Writing of numbers, Letter Game, Experiential learning.

NEP 2020 has brought with it a fresh beam of curriculum and pedagogical structure, particularly for the foundational years of education. The 'New Education Policy' -2020 stresses more on life skills, effective communication skills, encouraging more hands-on learning activities. Experiential learning and play-way method is being given further prominence and meaning. The module is designed keeping the NEP 2020 in cognizance.



Greeting "NAMASKAR"

The utmost important aspect of the development of "Social Skills" and values amongst our children is teaching to greet each other. Greeting each other is an essential step in building a positive societal culture. The act also helps build cordial relationships between learners and facilitators. The act also builds a sense of community living learnt through the classroom. So, let's help children learn how to do "NAMASKAR".

'For an audio link (Greeting Namaskar), kindly refer to the module no. 1'



LET'S DO A PRAYER

Prayer isn't just closing your eyes, folding your hands and reciting. It is a much more meaningful facet of human existence. Prayer is defined as a communion to God... in devotion, confession, praise, or thanksgiving. Let us help our children develop Faith, strength, compassion, forgiveness & empathy through reciting Prayers *together*.

'For video link, kindly refer to the January bibliography,

EXERCISE TIME

"To enjoy the glow of good health, you must exercise."-GENE TUNNEY. Children need to be active every day to boost their physical, mental & emotional well-being. A regular fitness regime fostered from a budding age goes a long way in keeping the body and the mind active and co-ordinated. Physical fitness helps the child to stay healthy and boosts endurance, strength and flexibility. And let's not forget; IT IS SO MUCH FUN. So, let's get started.... Encourage the children to JUMP, HOP & generally BE HAPPY.



FESTIVAL OF THE MONTH

LEARNING OUTCOMES: The child will be able to-

1. understand importance of the festival Basant Panchami.
2. get motivated to celebrate the festival with family.

BASANT PANCHAMI



Basant Panchami is one of the most popular spring festivals of India. It is celebrated as the birthday of Goddess Saraswati, who symbolises knowledge, wisdom, purity and truth. Worshipping Goddess Saraswati on this day is considered very auspicious and pure.

The festival of Basant Panchami is associated with yellow colour, a colour of spirituality. This colour holds a special meaning for this celebration, as it signifies bright yellow sunshine of life. As a part of the celebrations, people wear yellow-coloured clothes, cook kesar halwa or sweet rice with saffron and offer yellow flowers to the Goddess.

During this season, the fields are brightened with yellow colour of mustard crop, which adds to the spirit of the festival

सरस्वती पूजा का ये प्यारा त्यौहार

जीवन में लाएगा खुशियाँ अपार

फूलों की वर्षा, शरद की फुहार,

सूरज की किरणें, रंगों की बहार।

देखो आया वसंत पंचमी का त्यौहार।

The children may wear yellow clothes to symbolize the significance of the colour. They may also be involved in the preparations for the puja of Goddess Saraswati and chant saraswati vandana together.



हे शारदे मां, हे शारदे मां,
अज्ञानता से हमें तार दे मां
तू स्वर की देवी है संगीत तुझसे,
हर शब्द तेरा है हर गीत तुझसे ।
हम हैं अकेले हम हैं अधूरे,
तेरी शरण में हमें प्यार दे मां ॥
हे शारदे मां हे शारदे मां
मुनियों ने समझी मुनियों ने जानी,
बेदों की भाषा पुराणों की बानी।
हम भी तो समझें हम भी तो जाने,
विद्या का हमको अधिकार दे मां ॥
हे शारदे मां, हे शारदे मां
तू श्वेतवर्णी कमल पे विराजे,
हांथों में बीणा मूकुट सर पे साजे।
अज्ञानता के मिटा दे अधेरे,
उजालों का हमको संसार दे मां ॥
हे शारदे मां, हे शारदे मां

For the video of 'Saraswati Vandana', kindly refer to bibliography.

A VIRTUAL TOUR TO THE BASANT FAIR

During this time of pandemic when children are unable to step out of their houses, virtual tour to a Basant fair will be a great experience towards observation. When he/she starts observing his/her surroundings, the learning automatically begins. By taking children through the virtual tours to different places, the facilitators may enhance their learning as they learn while they observe. To help the children learn about a fair, a virtual visit to fair is planned. The facilitators may show the video 'A Virtual Visit to the fair' to the children during their virtual circle time sessions.

LEARNING OUTCOMES: The child will be able to:

- enjoy the virtual tour of Basant fair.
- learn about various things we get and see in Basant fair.
- enhance observation skills.
- learn to express by answering related questions.



For Basant fair (virtual tour) video link, kindly refer to the bibliography.

Referring to the video, an extended learning activity can be done with children by the facilitator and following questions can be put up.

1. Name the season in which we celebrate Basant Panchami?
2. Do you remember whose Idol was kept at the entrance gate?
3. Which was the most popular colour in Basant fair?
4. Why is it important to hold your parent's hand at the fair?
5. Have you ever won any gift in any fair stall?
6. Which snack did you like to eat at the Basant fair?
7. Which was your favourite ride at Basant fair?
8. Did you pose for a picture at Basant fair?

ACTIVITY: FUN WITH BUBBLE WRAP

LEARNING OUTCOMES: The child will be able to-

1. develop creative expression.
2. enhance fine motor skills
3. improve eye hand coordination

MATERIAL REQUIRED:

1. Plain white sheet
2. 5-6 bubble wrap (Circle Shape of any size)
3. Yellow acrylic paint/Poster colour
4. Crayons
5. Colour pallet



STEPS:

1. Take yellow poster/acrylic colour in the colour pallet.
2. Dip your bubble wrap circle in yellow colour.
3. Take the impression of the bubble wrap on a white sheet to create a flower.
4. Children can draw leaves and stem with the help of crayons

SOCIAL VALUE/SKILL

GREEN HABITS



NEP 2020 aims at providing a strong foundation for cognitive and discovery-based learning. In their formative years, children learn to use their critical thinking and creativity to establish connections between their previous knowledge, ideas and construct new knowledge.

LEARNING OUTCOMES: The child will be able to-

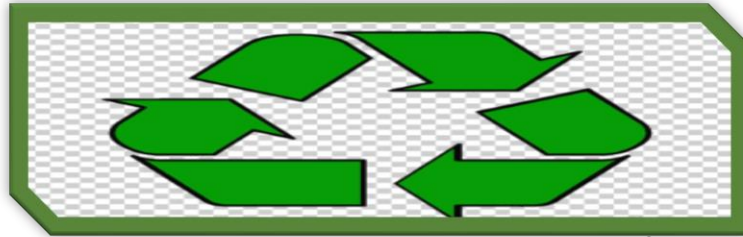
1. understand about clean environment.
2. understand about green environment.
3. learn about the community living.
4. be friendly towards environment.

"Green" is more than just a colour. It also means taking special steps to protect the environment — the water, the land, and the air we breathe. Why green? Plants are green, and without them the Earth wouldn't be such a lovely home for us. It is never too early to start cultivating good habits and practices in children, especially since they are equally important stewards of the planet. Teaching children how to take care of it now will eventually lead to a cleaner, greener planet. By gently teaching them to:

1. Reduce the amount of waste you produce.
2. Reuse items as much as you can before throwing them.
3. Recycle items wherever possible.

Let us empower our children with the motto “Reduce, Reuse, Recycle”. These three 'R' words are an important part of sustainable living, as they help to cut down on the amount of waste we throw away. The facilitator may encourage the children to develop some easy green habits.

RECYCLING SYMBOL



This symbol indicates that a product has been made from recycled or recyclable material and is capable of being recycled. The three arrows represent ‘reducing’, ‘reusing’, and ‘recycling’. This symbol indicates that a product has been made from recycled or recyclable material and is capable of being recycled. We must use things which have the recycling symbol on them to save mother earth.

The facilitator may encourage the children to develop some easy green habits by sharing a conversation between Bharat and Bharati.

Bharat: Bharati, let’s go and play in the garden.

Bharati: Okay, but let me first check all the fans, lights and other electrical appliances. Everything should be switched off when not in use.

Bharat: Oh yes! I will also help you. It’s done now. Now let’s go.

Both of them reach the garden.

Bharati: Oh look, the water is continuously flowing out of the pipe. I must quickly close the tap to avoid water wastage.

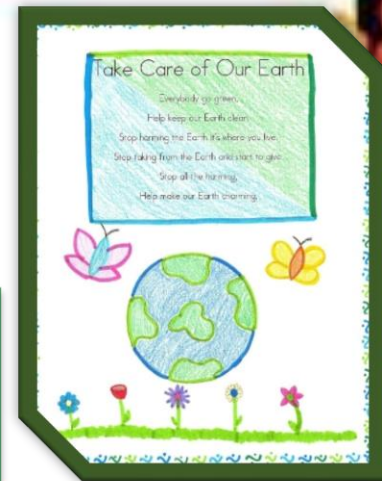
Bharat: Good Bharati. But please be careful, don’t bring your bicycle inside the garden. You will crush all the plants here. Please park it outside only.

Bharati: Yes Bharat, we must always be aware of our actions and help our earth by developing green habits.

Bharat: Bharati... there are many more green habits that one should follow. They are:

1. Turning off the lights while leaving a room.
2. Using reusable shopping bags.

3. Reusing glass and metal jars to store pantry items and old clothes to make beautiful braided rugs.
4. Checking all packaging for the recycling symbol.
5. Turning off the tap while brushing teeth.
6. Sprinkling unused water into plants.
7. Walking or using a bicycle in place of fuel driven Vehicles.



ENGLISH LANGUAGE AND COMMUNICATION

A major principle of NEP 2020 is promoting the power of language in learning and teaching.



SPRING SEASON

SPRING IS IN THE AIR!

LEARNING OUTCOMES: The child will be able to-

- understand about spring season.
- add new words to his/her vocabulary.
- learn rhymes related to this season.

So, after the strong chill & winter season, we have finally entered the wonderful spring month and it is also known as nature's youth.

Spring Season is the time of year when life starts to begin again. In India, the spring starts from February and lasts till the mid of April. During this time animals come out of hibernation, fresh flowers bloom and winter is washed away with rain, sunshine and fresh growth.

The weather finally starts to warm up and the sun shines brightly through the clouds. It's that time of year when days are warm and sunny and nights are slightly chill that makes you want to snuggle up under the blanket.

The spring season is the King of all seasons that brings comforting weather to start various activities and begins the fun and excitement of celebrating various festivals like, Basant Panchami, Holi and Shivratri with full zeal and zest.

This season brings happiness, motivation, and positivity among everyone.

**Pretty Yellow Flowers,
Blooming in the sun,
In the beautiful garden,
Let's all have fun,
Spring is all around,
With greenery around
us.**

For the PPT of 'Spring Season', kindly refer to bibliography

DID YOU KNOW?

THE SUN: It's very important part of our life. All of the seasons depend on the Sun. But what does the Sun have to do with the seasons?

The Sun's light shines on Earth. The light makes our air, land and water warm.

The Sun shines on Earth every day. Even on cloudy days. But there isn't the same amount of sunlight in each season.

So, did you notice the Sun today? Is it sunny outside? Or is it cloudy? Can you feel the warmth of the sun outside? Will it get dark early tonight?

CHEERS FOR SPRING

“Spring is nature's way of saying, ‘Let's Party!’”

— Robin Williams

With the growing season of this year with the pretty perennials and the early blooming flowers of the spring season. Every season will have its own specialists and uniqueness and the spring season is specialized for its early blooming and sweet fragrance flowers. This is because these spring season flowers are the first to unfurl each year and often past their prime by early summer.

DID YOU KNOW?

- 1. Sunflower seeds are the fruits of this flower, which can be eaten or turned into oil.**
- 2. Sunflower oil can be used for cooking, skin care and is even used to produce some medicines.**



DID YOU KNOW?

Looking pretty in a vase wasn't the only way to use roses in the kitchen. Their petals are edible and rose water (made from soaking the petals in water) is often added to jellies or jams or is used as flavouring in dishes.



“BLOSSOM IN THE SPRING”

LEARNING OUTCOMES: The child will be able to-

- develop effective communication skill.
- enhance his/ her vocabulary
- know more about seasonal flowers



The facilitator may take this activity during virtual circle time discussing about features of common flowers that bloom in spring season with the help of PPT.

For the PPT (seasonal flowers), kindly refer to bibliography.

Referring to the PPT, an extended learning activity may be taken by the facilitator during Virtual circle time.

1. Name the flowers that you see in spring season.
2. Which flower gives us oil that we eat?
3. Name the flower that loves facing the sun.
4. Name the king of flowers.
5. Name any flavoured drink made from rose flowers.

PEP TALK-NEWS OF THE DAY

LEARNING OUTCOMES: The child will be able to:

1. listen to friends and teachers.
2. express himself/ herself freely.
3. use language appropriately and confidently.

Children need daily opportunities to communicate, express and talk freely about their experiences, likes and dislikes. Talking is important for the child's language development and general knowledge.

DELIGHTFUL SPRING

Spring is the most lovable of all the seasons.

Let's understand and learn few interesting facts about why spring is great.

1. AIR IS VERY PLEASANT

Spring marks the end of blistering winter and the weather becomes pleasant. During spring people feel fresh air.

2. THE SUN COMES UP.

In spring season, days begin lasting longer and nights get shorter.

3. PLAYING OUTSIDE IS FUN

We all can spend more time outside without feeling cold, which leads to great physical and mental health.

4. THE LEAVES COME BACK.

Trees becomes beautiful, green and fresh.

After explaining the facts, facilitator will ask children to observe flowers, sun, tree, leaves, and feel the air during spring season.

The facilitator may picturise the **word wall** at their background while explaining the interesting facts

WORD WALL



Air



Sun



Garden



Flowers



Leaves



Pleasant

National Education Policy (NEP), 2020 has a significant provision and provide a platform to build, nurture and foster language and communication skills in the early years. Let us try and build these skills in a playful manner. The activities given below are planned as per NEP, 2020 guidelines to enhance listening, speaking and comprehension skills of the children.

PLANTS

“Plants are the Root of our Existence”

Plants are considered as our best friend. They are the most valuable and important form of life on Earth. Life on Earth would not have been possible if there is no green vegetation on our planet. Plants are precious gifts to life from the nature. They not only keep our environment clean and green but also stand silent and give us various useful things. Not only man, but all forms of life depends on them.



Come, little children,
Let's go to the garden
To see many trees.
Some are tall,
Some are short.
Some are thick,
Some are thin.
They give us fruits,
Vegetables and medicines.



TYPES OF PLANTS

LEARNING OUTCOMES: The child will be able to-

- tell about different types of plants.
- add new words to his/her vocabulary.

The facilitator may tell children that plants can be of different shapes and sizes with the help of various pictures of plants.

Herbs are small plants with thin, green stems like Mint, coriander etc.



Climbers are the plants which need support to climb like grape vine, money plants, etc.



TYPES OF PLANTS

Creepers are plants that grow along the ground like watermelon, pumpkin etc.



Shrubs are also small and bushy plants and have a woody stem like rose plant etc.



For PPT (Types of plants), kindly refer to the bibliography

GREEN FACT

Trees are the largest and the oldest living things on Earth.

VOCABULARY BAG

LEARNING OUTCOMES: The child will be able to-

- enhance listening skills.
- add new words to his/her vocabulary.

The facilitator can take up the conversation to enhance the theme of the month. Vocabulary helps children to comprehend and read.

***VOCABULARY BAG: PLANT, SEED, LEAF, STEM, BRANCH, SOIL, ROOTS, SUNLIGHT, FRESH, AIR, WATER, MEDICINE, FEEL, SMELL, TREES.**

For the PPT on 'Vocabulary bag 1', kindly refer to the bibliography

For the PPT on 'Vocabulary bag 2', kindly refer to the bibliography

GREEN FACT

Bananas contain a natural chemical that makes people feel happy.

PARTS OF A PLANT

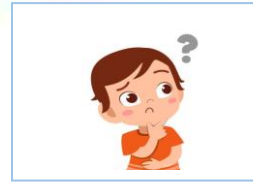
LEARNING OUTCOMES-The child will be able to-

- name various parts of a plant.
- tell the importance of different parts of a plant.

PLANT A TREE, SO THAT THE NEXT GENERATION CAN GET AIR FOR FREE”



Do you know? ...A plant has various parts that help in making, distributing and storing food.

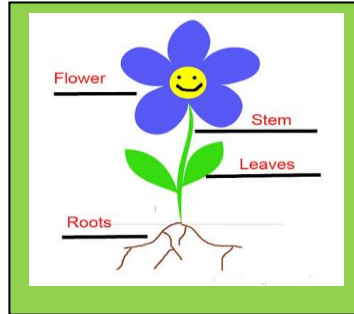


Let's solve these riddles.

I am hidden under the ground, I hold plant like a mother, and help it grow further.. I am ROOT.



ROOTS



I am the one who supports the plant and carry the food to its different parts.



STEM

I have smell, I am colourful, I make the plant look beautiful.



FLOWER

I am something that is usually green, In many shapes & sizes can be seen. I cook food for the plant in sunlight, Just like you, I breathe day & night.



LEAVES

Flowers make us grow.
We have seed you sow.
We are healthy and yummy
And can fill your tummy.



FRUITS

PPT (Parts of plants), kindly refer to the Bibliography

USES OF PLANTS

LEARNING OUTCOMES-The child will be able to-

- tell things we get from plants.
- understand the importance of plants.

The facilitator will discuss about the uses of plants and the different things which we get from our green friends during virtual circle time. For eg- oxygen, medicine, cotton, crops, pulses, rubber, fruits, vegetables, wood, oil, perfume etc.

For uses of plants video, kindly refer to the Bibliography.

Benefits of eating health promoting food...that we get from plants/trees

LEARNING OUTCOMES: The child will be able to-

- name different fruits and vegetables.
- tell the benefits of eating them.

The facilitator will encourage the children to keep with them any one of their favourite fruit and vegetable during virtual circle time. Children will be encouraged to name them. Benefits of eating them will also be discussed with the children.



For e.g.:

- Apples are tasty and make us healthy.
- Bananas keep our stomach clean.
- Carrots are good for our eyes.
- Spinach keeps us strong.



*Trees provide shelter, food and protection to many animals.
Let us not cut trees and make the animals homeless!*

GREEN FACT

PARENTING A PLANT

LEARNING OUTCOMES: The child will be able to-

- name various things a plant needs to grow.
- understand that plants also need proper love and care.



A circle time conversation will be done between the facilitator and children. She will initiate her conversation by asking children about the things we need to grow and survive. She will also discuss that like human beings, plants also need various things to grow. Let's know more about the needs of a plant through the structured conversation between Bharat and his facilitator. The conversation can be supported by using flashcards/puppets, to enhance it visually and captivate the maximum attention of the students.



One day Bharat was sitting sadly during his Virtual Circle Time.

Facilitator: - Hey! What's the matter, why are you looking sad?

Bharat: - Ma'am, I brought this rose plant four days back and kept it on my study table but it is not growing.

Facilitator: - Oh! That's the matter.

Bharat: Ma'am how would it grow big?

Facilitator: Bharat, As love and care from your family members helped you to grow big. In the same way plants also need food and care. When plants get air, water and sunlight, they also grow big.

Bharat: -Ma'am, how can we take care of the plants?

Facilitator: - We should keep them in sunlight and give them water from time to time. We must remember that plants are also living things like us. It's just that they can't move and play like us. So, we should always take good care of them.

Bharat: - Yes ma'am, I will surely take care of the plants.



ACTIVITY

Let us observe, what would happen if plants do not get enough sunlight, water and air.

Take two plants of the same size. Water them daily.

- Keep one plant in the fresh air and where it gets enough sunlight.
- Keep the other plant in a closed box or container.
- After four to five days, observe them closely to find out the change in the leaves of both the plants.

The facilitator will recapitulate with the help of following questions during circle time.

1. Was the plant in the box looking happy?
2. Which of the two plants had green leaves?
3. The plant kept at the window looks fresh. Right? Why?
4. What does a plant need to become big and strong?



LITERACY ENGLISH

The NEP2020 declares the attainment of foundational literacy as an urgent 'National Mission'.

RECAPITULATION OF LETTERS

Recapitulation is a fundamental tool which helps us to rethink and gives us an opportunity to gather our thoughts on a topic.

Dear Facilitators,

The revision of letters may be done during the Virtual Circle Time, through the suggested riddles, conversation, letter game, worksheet and Power Point Presentation. Let's enjoy and revise.

RIDDLES

Buzz buzz says busy bee
I know a letter
That sounds like me
Which letter it could be?

B

Look at the teapot
Filled with tea so hot
Says the tea
I know a letter
That sounds like me.

T

To the sailing boat
Said the sea
I know a letter
That sounds like me
It is the first letter
Of carrot, cup and cream.

C

Vegetables and vendors
Violets in the vase
Say we start with a letter
That sounds like 'we'
It is the first letter
Of violin, vest and vulture.

V



STRUCTURED CONVERSATION



The facilitator may revise some of the letters through a structured conversation between Bharat and Bharati during virtual circle time.

Bharat and Bharati were reading a picture book. They thought of playing a game to make the learning of letters more enjoyable.

| | |
|----------------|---|
| Bharati | Bharat, let's play guess the letter game. |
| Bharat | It's a good idea. We will enjoy learning letters this way. |
| Bharati | I will start first. Guess the name of king of the jungle and also tell the letter from which the name starts. |
| Bharat | It's lion and it starts from the letter L . Now you tell name of a red yummy fruit, good for our health. |
| Bharati | My favourite Apple! A for apple. Tell me the name of a colourful insect with beautiful wings. |
| Bharat | B... butterfly. Your turn, a large animal with a trunk. |
| Bharati | It is an elephant; it starts from the letter E . Ok next for you. On birthdays what do we cut and share. |
| Bharat | A cake. C for cake. I am feeling hungry, from where I will get it now? |
| Bharati | K... Kitchen. I am also coming. Playing this game was so much fun. |

STAMPING GAME

LEARNING OUTCOMES-The child will be able to: -

1. recognise the letters.
2. associate the upper-case letters with their lower-case letters.
3. enhance observation skills.

Dear Facilitators,

It may be suggested that the co-facilitators arrange following materials beforehand.

MATERIAL REQUIRED

- 1)Any one seasonal flower.
- 2)One light shade poster colour.
- 3)Paint brush and one small bowl of water.
- 4)One A-4 size white sheet (with lower-case letters written on it)

ACTIVITY

Facilitator may conduct Stamping Game activity during Virtual Circle Time. The facilitator may keep the cut-outs of uppercase letters with her in a bag before conducting the game. Children may keep the sheet with the previously covered lowercase letters written in front of them. The facilitator may pull out one uppercase letter from the bag and pronounce the letter loudly. Children would find out its matching lowercase letter and stamp it with a flower impression.



For revision of letters, kindly refer to worksheet and PPT shared in the bibliography

SIGHT WORDS

LEARNING OUTCOMES: The child will be able to –

- 1) develop listening skills.
- 2) understand the usage of sight words.
- 3) comprehend the sentences.

Dear Facilitator

Sight words are the frequently used words and help in building the vocabulary and attain reading fluency. The facilitator may recapitulate some sight words covered in the previous modules through a worksheet.

For worksheet on sight words, kindly refer to the bibliography.

WRITING READINESS ACTIVITIES AND EXPERIENCES

LEAF TRACING

LEARNING OUTCOMES: The child will be able to:

1. enjoy the leaf tracing activity.
2. improve fine motor coordination.
3. develop creative expression.

Leaf tracing helps in improving children's fine motor skills and also, they will get to know about different levels of pressure they have to apply to get desired leaf impression.

The facilitator will guide the children to place a white sheet of paper over the leaf. They will be asked to take the impression of the leaf with the help of a crayon. Children will observe their leaves magically appearing on the paper.

TIP: The co-facilitator may guide the children to choose leaves with veins clearly visible.

LET'S MAKE OUR OWN BRUSHES

LEARNING OUTCOMES: The child will be able to:

1. enjoy making brushes.
2. develop creative expression.

MATERIAL REQUIRED:

1. Few twigs and different types of leaves.
2. White sheet
3. Rubber Bands
4. Poster Colours



STEPS:

1. Secure a leaf to a twig with the help of a rubber band.
2. Make four to five similar brushes using different types of leaves.
3. Dip these brushes into poster colour and see what textures, lines and patterns they make/ print on paper.

For worksheet (Tracing Activity), kindly refer to the bibliography

LETTER WRITING

Formation of letters is a milestone to be achieved by every child. Let's help him/her to form letters correctly in the prescribed notebook.

LITERACY HINDI

स्वर उ



सीखने का प्रतिफल: छात्र -

1. स्वर उ की पहचान कर पाएगा/ पाएगी ।
2. श्रवण एवं वाचन कौशल का विकास कर पाएगा/पाएगी ।
3. शब्द भंडार में वृद्धि कर पाएगा/ पाएगी ।



बच्चे अपने वातावरण में स्वरों को सुनते तथा उन्हें अपनी भाषा में प्रयोग करते हैं। शब्द निर्माण में स्वर की अहम भूमिका होती है। विभिन्न गतिविधियों द्वारा बच्चों को स्वर 'उ' की पहचान करवाई जाएगी। स्वर 'उ' से विभिन्न शब्दों को बोलने व सुनने का प्रयास ,मौखिक ध्वनि विश्लेषण, अध्यापिका पी पी टी द्वारा बच्चों को करवाएगी ।

स्वर 'उ' पर आधारित पी पी टी के लिए कृपया बिबलियोग्राफी देखें ।

स्वर 'उ' पर आधारित कार्य पत्रिका के लिए कृपया बिबलियोग्राफी देखें ।

स्वरों की पुनरावृत्ति पर आधारित कार्य पत्रिका के लिए कृपया बिबलियोग्राफी देखें।

अ ई ए औ ओ

व्यंजन क एवं त का मौखिक एवं लिखित अभ्यास ।

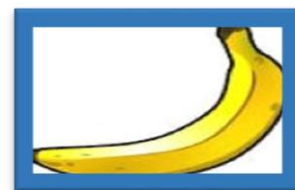
बच्चे अपने वातावरण में प्रयोग होने वाले शब्दों को सुनते तथा अपने अनुभव से अपनी भाषा में प्रयोग करते हैं । शब्द निर्माण में व्यंजन की अहम भूमिका होती है । राष्ट्रीय साक्षरता नीति 2020 के अनुसार बच्चों के बुनियादी साक्षरता के विकास के लिए विभिन्न गतिविधियों एवं सामान्य खेलों द्वारा बच्चों को व्यंजन क एवं त की पहचान करवाई जाएगी । इन व्यंजनों से विभिन्न शब्दों को बोलने व सुनने का प्रयास मौखिक ध्वनि ,विश्लेषण ,संरचित बातचीत ,पहेलियों ,कविताओं एवं कहानी द्वारा बच्चों को करवाया जाएगा ।



कमल ककड़ी



करेला



केला

व्यंजन "क"

अध्यापिका व्यंजन "क" का परिचय संरचित बातचीत एवं कहानी के द्वारा करवाएगी, तथा उन्हें व्यंजन "क" से अवगत करवाएगी। वह बच्चों का ध्यान "क" से शुरू होने वाले शब्दों की तरफ केंद्रित करेगी।

सीखने के प्रतिफल-

1. बच्चा व्यंजन "क" की पहचान कर पाएगा।
2. बच्चा वातावरण में व्यंजन 'क' से शुरू होने वाले शब्दों की पहचान कर पाएगा।
3. उसकी शब्दावली में वृद्धि होगी।
4. बच्चा व्यंजन 'क' की बनावट सीख पाएगा।



एक लड़की थी, जिसका नाम था कोमल। कोमल के पास काले रंग की गाड़ी थी। एक दिन वह अपनी गाड़ी में बैठकर कलकत्ता गई। वहाँ उसकी काकी का घर था। उनके घर के बाहर केले का पेड़ था। उस पेड़ पर कौवा और कबूतर बैठे थे। पेड़ के पास कीचड़ में उनका दोस्त कछुआ भी बैठा था। उन सब को देखकर कोमल बहुत खुश हुईं। घर जाकर उसने अपनी काकी से एक कविता सुनी और उनके हाथ से बनी कमल ककड़ी और करेले की सब्जियां खाईं। कहानी सुनने के उपरांत बच्चों से कुछ प्रश्न पूछे जाएंगे। जिनके उत्तर देने के लिए बच्चों को प्रेरित किया जाएगा। इससे उनके शब्दकोश में वृद्धि होगी।

- 1) कोमल गाड़ी में कहाँ गई थी?
- 2) कोमल ने पेड़ पर किसे बैठे देखा?
- 3) कोमल ने अपनी काकी के घर क्या-क्या खाया?

"क" से शब्द-
काला, कौवा, कबूतर, कीचड़,
कछुआ, केला, कविता, कमल
ककड़ी, करेला

"बच्चे अक्षर "क" कार्य पुस्तिका (पृष्ठ- 9 से 11 तक) में लिखने का प्रयास करें।

व्यंजन "क" पर आधारित कार्य पत्रिका के लिए कृपया बिबलियोग्राफी देखें।

व्यंजन "क" पर आधारित पी पी टी के लिए कृपया बिबलियोग्राफी देखें।

व्यंजन "त"

अध्यापिका व्यंजन 'त' का परिचय कविताओं एवं पहेलियों द्वारा बच्चों को करवाएगी। वह शब्दों का उच्चारण करते समय व्यंजन 'त' पर जोर डालेगी और उन्हें 'त' से अवगत करवाएगी। वह बच्चों का ध्यान 'त' से शुरू होने वाले शब्दों की ओर केंद्रित करेगी।

सीखने के प्रतिफल-

- 1) बच्चा व्यंजन "त" की पहचान कर पाएगा।
- 2) बच्चा वातावरण में व्यंजन 'त' से शुरू होने वाले शब्दों की पहचान कर पाएगा। उसकी शब्दावली में वृद्धि होगी।

3) बच्चा व्यंजन ' त ' की बनावट सीख पाएगा ।

तितली



तितली रानी तितली रानी ,
तुम्हारी चाल बड़ी मस्तानी,
रंग बिरंगे पंख सजीले ,
लाल गुलाबी नीले पीले ,
फूल फूल पर जाती हो ,
रस पीकर उड़ जाती हो ,
बगिया की हो तुम ही रानी ,
तितली रानी तितली रानी ।

कविता

तोता



तोता हूँ मैं तोता हूँ,
हरे रंग का होता हूँ,
मिर्ची खाना मुझे पसंद ,
उछलता देख रह जाओगे दंग,
सबका मन बहलाता हूँ,
मिट्टू भी कहलाता हूँ।

'त' से शब्द

तोता, ताला, तोलिया,
तबला, तरबूज़, तितली

गोल गोल आकार है मेरा ,
रंग भी हरा है मेरा ,
काटो तो लाल हो जाऊँ ,
खाओ तो गर्मी मिटाऊँ।

- तरबूज़



घर हो या हो दफ़्तर
सबको मुझ पर भरोसा है ,
मुझे लगाकर दरवाज़े पर
सब सुकून से सोते हैं।

- ताला



"बच्चे अक्षर " त " कार्य पुस्तिका(षष्ठ- 13 से 15 तक) में लिखने का प्रयास करें।

व्यंजन " त " पर आधारित पी पी टी के लिए कृपया बिबलियोग्राफी देखें।

व्यंजन " त " पर आधारित कार्य पत्रिका के लिए कृपया बिबलियोग्राफी देखें।

शब्दावली

बच्चों की भाषा में वृद्धि के लिए शब्दावली का उपयुक्त उपागम है। इसके माध्यम से बच्चे वाक्य संरचना को समझ पाते हैं जिससे उनके शब्द भंडार में वृद्धि होती है। अध्यापिका शब्दावली की पुनरावृत्ति चित्र पुस्तक की पी पी टी द्वारा करवाएगी।

शब्दावली:- बीच , खाद , पानी, स्वच्छ हवा, स्वास्थ्य, साँस ।

स्वरों की पुनरावृत्ति अध्यापिका कार्यपत्रिका द्वारा करवाएगी।

शब्दावली पी पी टी के लिए कृपया बिबलियोग्राफी देखें।

BLOCK AND MATHS

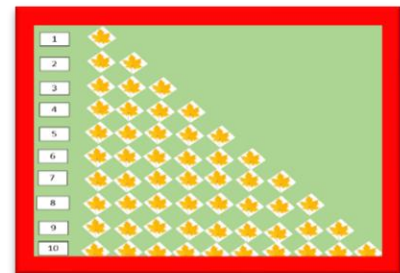
National Education Policy (NEP),2020 has a significant provision of a platform to build, nurture and foster mathematical thinking and reasoning skills in the early years. Let us try and build number concepts in playful manner. The activities given below are planned as per NEP,2020 guidelines to enhance logical thinking, problem-solving and reasoning skills in children.

Learning about numbers is first step for pre-schoolers towards becoming a young mathematician. Learning in mathematics is all about counting, number recognition, and one-to-one correspondence. Playful, hands-on games are the most effective and fun activities for the way young children learn. Here is a fun activity for our pre-schoolers to help them develop mathematics skills.

CORRELATION OF NUMBERS

LEARNING OUTCOMES-The child will be able to-

1. recognize numbers till 10.
2. develop fine muscular co-ordination.
3. augment eye and hand co-ordination
4. co-relate numbers with quantity.



Dear facilitators

Opportunities will be provided to the child to count things that are familiar. The facilitator may demonstrate this activity during virtual circle time.

For correlation of numbers video, kindly refer to the bibliography.

LEAVES COUNTING ACTIVITY

MATERIAL REQUIRED:

1. Collection of fallen leaves (Children will collect leaves of any size for from nearby park/ backyard for virtual circle time).
2. Number Cards 1 to 10.

Children will read the number on the card and will place leaves according to the number written on the card. For example-: 1 leaf on the right side of number 1 card, 2 leaves on the right side of number 2, and so on till no. 10.

For correlation of numbers worksheet, kindly refer to the bibliography.

SHAPES

LEARNING OUTCOMES-The Child will be able to-

1. develop fine motor skills.
2. develop creative expression.
3. revise the shapes.

Dear Facilitators

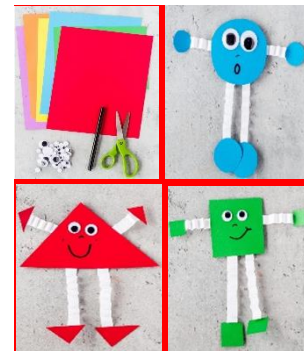
Children must have observed different shapes in their day-to-day activities, the same may be revised using different objects during virtual circle time. The drawing skills developed while learning about shapes provide children a learning foundation to write letters and enhance logical thinking, creative thinking, eye-hand coordination, and fine motor skills.

SHAPE BUDDIES CRAFT ACTIVITY

The adorable shape buddies are a fun way to help early learners work on shape recognition while having fun.

MATERIAL REQUIRED

- 4 origami paper
- White strips
- Googly eyes
- Glue
- Black marker



STEPS

- 1- The Facilitator will arrange four basic shapes for students.
- 2- Children will make hands and legs of shape buddies by folding white as shown in the images.
- 3- Paste googly eyes and shapes buddies in sketch book.

Revision of shapes may also be done by arranging cut outs of circles, squares, rectangles, triangles and oval to create a scene.

For shape worksheet link, kindly refer to the bibliography.



WRITING OF NUMBERS 8, 9 AND 10

LEARNING OUTCOMES-The child will be able to-

1. associate the number with its symbol.
2. write the numbers with proper strokes.



Number writing of 8, 9 and 10 is to be done in the prescribed notebooks. Facilitators are requested to guide the children about the correct formation of writing numbers 8, 9 and 10.

For the number 8 worksheet, kindly refer to the bibliography

For the number 9 worksheet, kindly refer to the bibliography

For the number 10 worksheet, kindly refer to the bibliography

ORAL COUNTING OF NUMBERS 1 – 10

LEARNING OUTCOMES-The child will be able to-

1. count the numbers serially.
2. count and speak numbers in seriation.
3. build memory and articulation.



The facilitator may recapitulate oral counting 1-10 by making the children recite this rhyme with actions.

I CAN COUNT ONE TO TEN

One little frog jumping up high
Two little birds learning to fly
Three little squirrels climbing a tree
Four little rabbits looking at me
Five little monkeys jumping on a tree
Six little fishes swimming in the pond
Seven little stars shining in the sky
Eight little buddies jumping up high
Nine little flowers blooming in the garden
Ten little bumblebees buzzing all around

PUZZLES

LEARNING OUTCOMES -The child will be able to-

1. enhance his/her visual & discriminatory skills.
2. know about different dimensions.
3. place the pieces sequentially.



Puzzles help children with their basic skill development such as shape recognition, improve concentration power, patience and a sense of achievement. It also helps them to gain confidence. The facilitator may suggest to explore with 2– 4 pieces of puzzles related to the theme of the month (optional).

For the puzzle worksheet, kindly refer to the bibliography

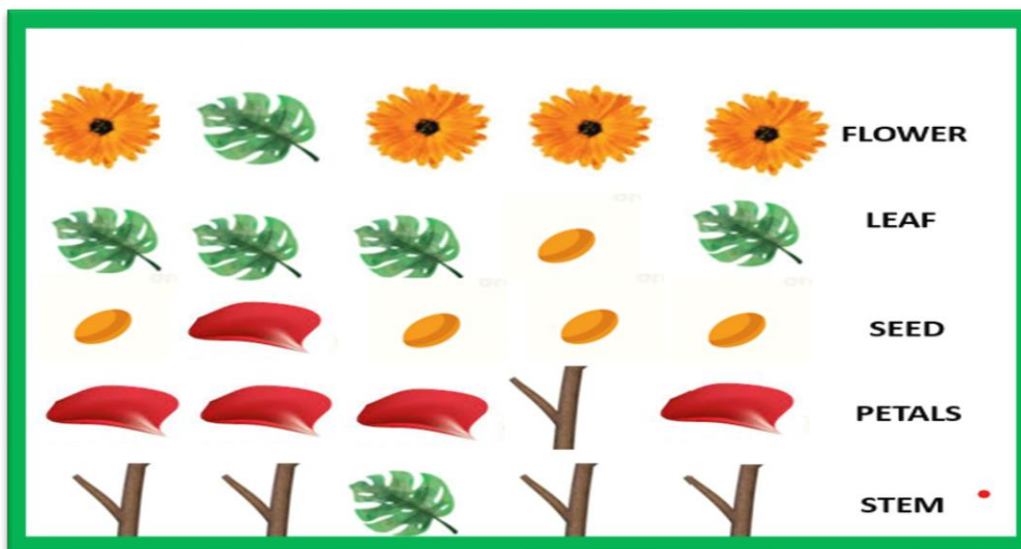
ODD ONE OUT

LEARNING OUTCOMES - The child will be able to-

1. build his/her logical thinking.
2. identify the object that does not belong in a group.



A fun activity to understand the concept of Odd one Out can be arranged by the facilitator during the virtual circle time. A few objects related to the theme “Plants” e.g., plants, leaves, twigs, stems, petals, will be shown with the help of a **picture** during virtual circle time. Facilitator will encourage the children to identify the object which is different from rest of the objects in a group.



For odd one out worksheet, kindly refer to the bibliography

FIND THE DIFFERENCE (VISUAL DISCRIMINATION)

LEARNING OUTCOMES –The child will be able to: -

1. compare color, shape, size & position between two pictures or objects.
2. enhance concentration skills.
3. improve observation skills.

Visual discrimination helps a child to see subtle differences between objects or pictures and to see if something matches up. Spotting the difference can be the first step in learning to discriminate visually between items. Let the child observe the given pictures carefully & spot the difference.

For find the difference worksheet, kindly refer to the Bibliography.



GROSS AND FINE MOTOR SKILLS

Note -Facilitator's choice to take up any one activity.

COLOURING IN ENCLOSED FIGURE-

LEARNING OUTCOMES –The child will be able to-

1. improve fine motor coordination.
2. practice for pencil grip.
3. stimulate creativity.
4. encourage self-expressions.



Colouring is important in childhood education for a lot of reasons. Pre- Schoolers gain hand strength by all hand related fine muscle skills, especially for handwriting. Writing takes strength and dexterity and colouring helps exercise their muscles. Hand strength will also support child's proper pencil grip. Let's encourage children to colour the beautiful garden scene with colourful colours.

For colouring in enclosed figure worksheet, kindly refer to the bibliography.

LEAF PRINTING IN SERIATION

Arranging things in seriation will help the children to differentiate and compare things of different sizes and also will enable them to arrange the objects sequentially from smallest to biggest or from shortest to tallest.

LEARNING OUTCOMES –The child will be able to-

1. learn about colour and different sizes of leaves.
2. differentiate between various sizes of leaves.
3. arrange leaves in seriation.

MATERIAL REQUIRED:

1. One A3 sized white sheet
2. Four leaves of different sizes
3. Green poster colour
4. Paint brush
5. One small bowl of water
6. A paper plate



STEPS:

1. Take a paper plate and pour some green poster colour on it.
2. Apply green colour on back of the leaves using a paint brush.
3. Now print the impression of leaves on white sheet in a seriation order from the smallest to the biggest.

SPRING YOGA

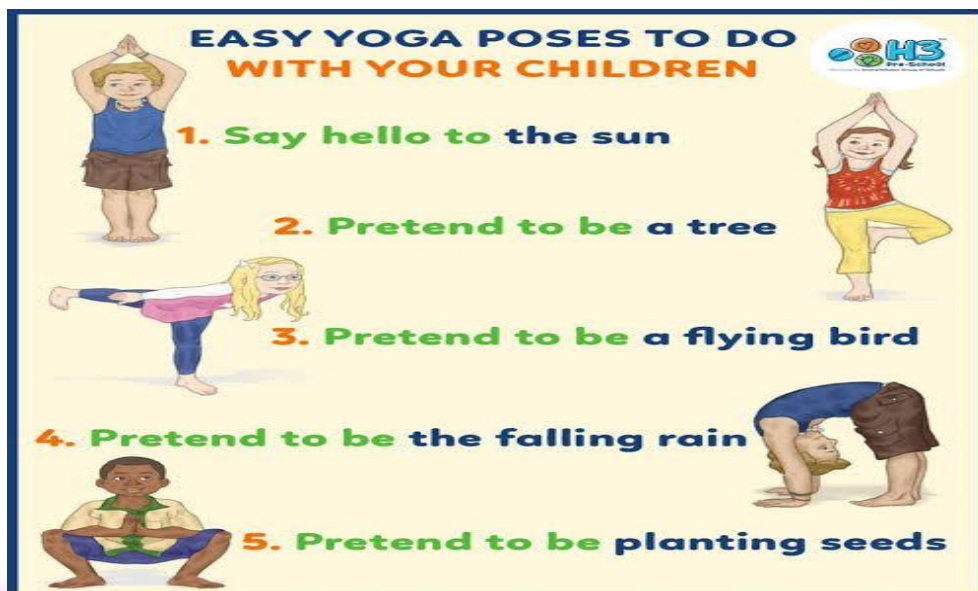
BREATHE-CALM-CONNECT WITH NATURE

Yoga serves as an inspiration guide. It improves strength, balance, and flexibility. Yoga means more energy and positive mindset. Through yoga we can encourage the creativity of children. Yoga caters their energy level and different learning style.

LEARNING OUTCOMES – The child will be able to-

1. learn various poses of yoga.
2. enhance their eye hand coordination.
3. enhance their fine and gross motor skills.

Facilitators can encourage the children and engage them in learning yoga steps.



CREATIVE EXPRESSION AND EXPERIENTIAL LEARNING

The main focus of NEP 2020 is on creativity and critical thinking to encourage logical decision making and innovation. An art integrated learning makes the entire teaching learning process fun filled and joyful.

Children can develop skills much faster when they enjoy or when they are having fun. The hands-on learning and experiences are much more effective than simply being told about them, as rightly said in the proverb.

"Tell me, I'll forget, show me, I'll remember, involve me, I'll understand."

AIR EXPERIMENT

AIR CAN MOVE OBJECTS

This experiment will help children to discover and observe the power of air to move objects. The facilitator may take this experiment during virtual circle time.

LEARNING OUTCOMES- The child will be able to:

1. develop critical thinking skills.
2. enhance his/her reasoning skills.
3. discover the property of air.



MATERIAL REQUIRED -

1. straw
2. petals

STEPS TO BE FOLLOWED-

The facilitator will ask the children to blow the straw near the petals and observe its movement. She will further tell that air is invisible. It has no shape, smell or colour. We can only feel the air.

FANCY DRESS

(PLANTS/FLOWERS/FRUITS/VEGETABLES)

Fancy dress can be super fun and an enjoyable experience for our young learners. It encourages creative thinking and develops self-confidence.

LEARNING OUTCOMES--The child will be able to-

- 1) develop listening and speaking skills.
- 2) gain confidence.
- 3) enhance his/her creativity.



4) enjoy the activity.

ACTIVITY- FANCY DRESS



Fancy dress can be organised for our tiny tots on the Theme- “PLANTS”. They can dress up and resemble their favourite plant/flower/vegetable or fruit, during virtual circle time. It will be appreciated if the children wear self-created attire.

It will be a very enriching and enjoyable experience for our young learners and will boost their self-confidence.

COLLAGE MAKING

LEARNING OUTCOMES--The child will be able to-

1. enhance his/her fine motor skills.
2. develop his /her cognitive skills.
3. become aware of colours and texture.
4. understand and enjoy the use of multiple resources in making a collage.



Collage is a form of artwork that is made by assembling different pieces to create new art of work. It can be made from a variety of materials like magazine and newspaper clippings, bits of coloured or handmade papers, photographs, etc. Collage activity helps the children to reason, be creative and develop their imagination.

The facilitator will discuss about various things plants need to grow with the children and encourage them to make a collage on growing a plant using paper cut-outs and different items during virtual circle time.

MATERIAL REQUIRED –

- wrapping paper/ magazine paper cut out of three flowers.
- Three buttons.
- Two green colour popsicle sticks/straw.
- Blue colour play dough.
- Cut-outs of leaves and sun.
- Image of a girl/boy holding a watering can.
- Bits of brown paper.
- One A-4 size blue pastel sheet.
- Brown crayon.
- Fevistick.



STEPS TO MAKE A COLLAGE-

1. On an A-4 Size sheet, mark the section for the soil and paste bits of brown paper.
2. Paste cut-out of the sun on the top left side and cut-out of a girl holding a watering can.
3. Paste a button on the centre of each flower.
4. On green colour popsicle stick, paste cut-out of flowers and leaves.
5. Make small water droplets flowing from the watering can with blue playdough.
6. "Growing A Plant" collage is ready.



BRIDGING ACTIVITIES

Dear Facilitators,

Bridging activities provide a window into a child's developmental progress on a continuum of learning that spans not just weeks or months but several years. It consists of different hands-on learning base activities which helps the child to observe, explore and learn various concepts, which is an important part for their all-round development.

ACTIVITY - FEED THE BUNNY LETTER GAME

LEARNING OUTCOMES: The child will be able to –

- 1) enjoy learning the sounds of letters.
- 2) associate the sound with the correct letter.

Letter games are extended learning activities and make learning letters and their sounds joyful. Feed the Bunny is a perfect way for young learners to practice letters during spring time.

MATERIAL REQUIRED: -

Bunny box

- 1) A bunny box may be prepared, using any big sized empty bowl /box.
- 2) Box may be filled with paper shredding/pom- poms/coloured pasta/soil/grass.

Bunny Puppet: -

- 1) One small box /container covered with white paper.

2) Cut-out of a bunny face

3) fevicol

(Puppet may be kept in the box)

Carrots/ Seasonal vegetable: -

1. Five –Six cut-outs' carrots/any seasonal vegetables may be used.
2. The carrots may be planted in the bunny box.
3. On each carrot write one letter.
4. Pegs/Tongs



Facilitator may encourage children to play this game at least once a week to recapitulate the letters during the virtual circle time.

TO PLAY:

- 1) Facilitator will pronounce a sound of any one letter.
- 2) Children will identify the letter, listening to the sound.
- 3) They will pull the carrot out with the help of tong/peg.
- 4) And feed the bunny.

BASKET BALL

LEARNING OUTCOMES

The child will be able to: -

1. develop his/her gross motor skills
2. develop eye hand coordination
3. learn to hit the target

MATERIAL REQUIRED

Old newspaper and a bucket.

STEPS

- 1- Give your child an old newspaper/unused sheets.
- 2- Ask him/her to tear the paper into pieces and crush the paper to make balls of different sizes.
- 3- Place the bucket 4 feet away from the throw point, so that your child can target the ball in the bucket.



MILESTONES ACHIEVED

The activity that I enjoyed doing the most _____

SOCIAL AND EMOTIONAL MILESTONES-

- I have understood that plants and trees are important. Yes/No
- I enjoy taking care of plants Yes/No
- I promise to adopt a plant. Yes/No
- I have understood "Reduce, recycle, reuse " and will use this moto in my everyday life.
- Yes/No

LANGUAGE AND LITERACY MILESTONES-

- I can understand the significance of festival Basant Panchami. Yes/No
- I can recognise and name all the letter learned. Yes/No
- I can play letter sound games. Yes/No

LEARNING MY MOTHER TONGUE-

- मैं व्यंजन "क" एवं " त" की पहचान और उस से शुरू वाले शब्द बता सकता हूँ/ सकती हूँ। (हाँ/ नहीं)
- मैं व्यंजन "क" एवं " त" से शुरू वाले चित्रों को दीवार से पढ़ सकता हूँ/ सकती हूँ। (हाँ/ नहीं)
- मैं व्यंजन "क" एवं " त" को सही ढंग से लिख सकता हूँ/ सकती हूँ। (हाँ/ नहीं)

COGNITION AND UNDERSTANDING RELATED MILESTONES-

- I enjoyed working on Puzzles and could solve them. Yes/No
- I can observe and spot the odd one out. Yes/No
- I can easily read word wall. Yes/No
- I can relate quantity with numbers. Yes/No
- I am good at learning parts of plants. Yes/No
- I can identify difference between two pictures. Yes/No

FINE MOTOR SKILLS RELATED MILESTONES-

- I enjoyed colouring in enclosed figure. Yes/No
- I enjoyed doing leaf printing and seriation. Yes/No
- I performed spring yoga. Yes/No

CREATIVE EXPRESSION RELATED MILESTONES-

- I could make a collage. Yes/No
- I can do the air experiment. Yes/No

NOTE: - Parents are requested to guide and help their wards to complete the above blanks after asking relevant questions to them. Also, kindly share the feedback with the respective Class Teachers.