



Bal Bharati
PUBLIC SCHOOL

FACILITATION MODULE

PRE SCHOOL

**GUIDELINES TO NURTURE EARLY
LEARNING**

10th JANUARY 2022- 31st JANUARY 2022



**THEME OF THE MONTH:
PEOPLE WHO HELP US**

Dear Parent,

“Stand aside for a while and leave room for learning, observe carefully what children do, and then, if you have understood well, perhaps teaching will be different from before.” ~ Loris Malaguzzi

Welcome to the New Year and New Beginnings. We are looking forward to a productive partnership with the stakeholders, our parents, to ensure that our children can achieve their highest potential in a happy and positive environment. Together we can make a difference!

As appended in NEP 2020, “The foundational years are of critical importance for a child's growth and development throughout life”. A balanced and holistic ECCE curriculum paves the way for a child's successful academic and a joyful learning performance. By adding 'foundational stage' to the formal school system, NEP 2020 has laid a foundation of holistic, fun-filled, stress-free, uniform, child-centered learning for all early learners in India.

We append another learning module in line with our theme of this month “ People Who Help Us”. Let us come together and provide our children a happy and joyful learning experience.

Each activity in the module is designed in accordance with the NEP (2020) which aims at the holistic development of our children. The activities in the module comprises multifaceted, multilevel, play based, flexible, activity based and discovery based that will surely help in the overall development of the young learners.

While developing the activities, the focus is laid on developing social capacity, sensitivity, good behaviour, courtesy, sensitivity, ethics and general awareness.

Thank you once again for your support and co-facilitation in these extraordinary times.

THEME OF THE MONTH: PEOPLE WHO HELP US

The learning programme is from 10th January 2022 to 31st January 2022.

The following topics are to be taken up during the month:

FESTIVALS OF THE MONTH:

- Lohri
- Makar Sakranti
- Pongal
- Republic Day

VALUE/SOCIAL SKILLS

- Gratitude
- Respect for the Nation

LANGUAGE AND COMMUNICATION

- News of the day
- I wish to be... (Structured Conversation)
- Puppet Show on Our Helpers (Dramatic Play)
- Tools used by the Helpers
- Vocabulary Words: farmer, chef, doctor, firefighter, driver, electrician, plumber, barber, tailor.
- Market Scene- A Visit to the Market.

LITERACY ENGLISH

- Letter and Sound Recognition: Rr and Uu
- Sight Words - Her, His and You

HINDI LANGUAGE

- शब्दावली- वायु, वर्षा, वक, वानर, वाहन, बन्दर, बादल, बटन, बरगद, बेर, बोतल, बल, बलवान

LITERACY HINDI

- मौखिक ध्वनि विश्लेषण
- व्यंजन व और ब

BLOCKS AND MATHS

- Pre-Number Concept (Up/Down)
- Comparing and Puzzles
- Recognition and correlation of numbers - 1 to 10
- Shape - Oval

CREATIVE EXPRESSION

- Kite Making Activity
- Robot Making Activity
- Tri-Colour Book Mark
- Unity Dolls
- Tri- Colour Salad (Fireless Cooking)

Dear facilitators

The teaching learning material in this facilitation module has been divided into three weeks as during the first week, the children are going to enjoy their Winter Vacations. As we are all aware that early experiences in a child's life are meant to build a strong foundation, therefore the activities are designed moving from simple to complex, known to unknown and from concrete to abstract.

Week 1: 3rd January 2022 to 7th January 2022

Winter Vacation

Week 2: 10th January 2022 to 14th January 2022

- Greetings
- Social Values
- Festivals - Lohri, Pongal and Makar Sakranti
- Kite Making Activity
- Sight word "her"
- व्यंजन व
- Recognition of Numbers 1 to 10
- Learn about People Who Help us

Week 3: 17th January 2022 to 21st January 2022

- Vocabulary Words (Tools of our Helpers)
- Recognition and writing of letter "Rr"
- Shape - Oval
- शब्दावली 'व' से संबंधित शब्द
- Concept of Up and Down
- Sight Word "his"
- Virtual Tour to Market Place
- Correlation of Numbers (quiz and puzzles).

Week 4: 24th January 2022 to 31st January 2022

- Republic Day
- Fireless Cooking (Tri Color Salad)
- Sight Word" You"
- Recognition and writing of letter" Uu"
- व्यंजन ब
- शब्दावली 'ब' से संबंधित शब्द
- Learn about the Tools of our Helpers
- Comparing activity

PRAYERS HAVE POWERS

When we teach our children to pray, we introduce them to God and we let them grow their personal relationship with Him. Prayer is a way to communicate with God directly. Teaching children to pray helps them to understand that God is always accessible and always there for them.

For the video link, kindly refer to the bibliography.



NAMASKAR



Children's emotional well-being during their early years has a powerful impact on their social relationships. At Bal Bharati, we give utmost importance to the development of "Social Skills" and values amongst our children and to begin with one of the most important aspect is Greetings! Greetings are very important as it sets the tone for the conversation. "Bharat' and 'Bharati' greet each other, their friends and all elders with "NAMASKAR".

For the video link, kindly refer to the bibliography.

FIT AND HEALTHY YOU

Physical activity in children is important for a wide variety of reasons. It increases muscle and bone strength and also helps in improving their concentration level. Exercise is a vital component of any child's development—laying the foundation for a healthy life. So, let's begin our day with exercise.

Let's Jump...



Let's Stretch...



Let's Bend...



Let's Hop...



SOCIAL VALUES: GRATITUDE AND RESPECT FOR NATION

Gratitude is one of the most important virtues of human emotions. A simple 'thank you' as an expression of gratitude can make a remarkable difference in our lives. It is essential to inculcate such values in our tiny tots so that they understand the importance of people who selflessly render their support and services in keeping us happy and safe. In this module, we have tried to make our children value the contribution of our freedom fighters who have given us this opportunity to enjoy our independence, express gratitude towards our soldiers who ensure our safety and to all the Community Helpers who render their services towards our comfortable living and well-being.



FESTIVALS

'Festivals are the best time of the year,
They bring loads of fun and cheer'.



CELEBRATION OF A SUCCESSFUL HARVEST

India is a country of dynamic culture, and every Indian celebrates many festivals throughout the year. Every festival is unique in its way. Let us know more about the festivals celebrated during the month of January.

Bharat and Bharati are having a conversation (Video call) with their cousin brother Sameer who lives in London. He wants to know about the festivals, traditions, and culture of India.

Bharat: Hello, Sameer! How are you?

Sameer: Hello Bharat and Bharati! I am good. Hope you are doing well too.

Bharat and Bharati: We are fine. Thank you. Wishing you a very Happy New Year Sameer.

Sameer: Happy New Year to you too. My mother told me that you all will be having grand celebrations soon in India.

Bharati: Yes Sameer, we will be celebrating Lohri and Makar Sankranti. I also bought new colourful clothes for the celebrations and we would be flying kites too during Makar Sankranti.

Bharat: Sameer, Makar Sankranti is a harvest festival, celebrated in the Eastern part of the country.



Bharati: Sameer, let me tell you about Pongal. It is also a harvest festival celebrated in the Southern part of the country thanking the Sun God for a good crop and cooking a traditional rice dish.

Bharat: Yes Sameer, the first yield of crop is celebrated in different parts of the country with different names. Like Lohri, is celebrated in Northern part of the country.

Sameer: So, Lohri, Makar Sankranti and Pongal are harvest festivals with different names?

Bharat: Yes, you are correct.

Sameer: It sounds exciting. Please tell me more about these festivals.

Bharat: Sure! Sameer, wait a second, let me take you to Uncle Chadda, our neighbour. He celebrates Lohri, in a grand way.

Bharat: Namaskar Uncle, I am on a video call with my cousin.

Sameer - Namaskar Mr. Chaddha. I can see you collecting some logs of wood on my phone's screen. What are these uncle?

Uncle: Namaskar Sameer! I am stacking logs and making arrangements for bonfire to celebrate Lohri.

Bharati: Uncle, please tell us more about this festival.

Happy Lohri



Uncle: Sure dear, Lohri, is a harvest festival where people pray to God for a good crop throughout the year.

Sameer: But why do we light the fire?

Uncle: By lighting the pious fire, we bring good vibes and energy, while praying for everyone's good health and well-being. People dance around the bonfire, offer rewri, popcorns, peanuts to the fire and sing the traditional Lohri song. Do you know Lohri also marks the end of Winter season and onset of Spring.

Sameer: Wow, sounds exciting. I would plan to come to India to celebrate Makar Sankranti, Pongal and Lohri with all of you.

Bharat & Bharati: Yeah, that would be so much fun. Bye for now.



Happy Pongal!

'Eat Your Way Through India's Harvest Festival'

Dear Facilitators

A good harvest leads to good food, Lets teach our children to appreciate the toil and hard work of the farmers in growing the crops and providing us food, which is our basic need. As we all know, India is home to a host of harvest festivals which not just place primacy on the bounty of the earth, but also showcases special dishes made from the season's freshest ingredients. As food is the essence of all celebrations, let's enjoy the special dishes cooked during the three major harvest festivals of India i.e Pongal, Makar Sankranti ad Lohri with the help of a video.



For the video link and worksheet, kindly refer to the bibliography.

LOHRI SPECIAL

Dear Facilitators,

Let's make our learners plant some seeds and watch them grow. They should be encouraged to nurture their plants.

The kids may also make their own mini bonfires using tea light candles.

They may involve their families as well for an added pep to the fest.

1. **Fly a Kite**- Kite making by Origami sheets and straw.
2. Have **Sarso Da Saag** and **Makki Di Roti**
3. Enjoy the Goodies -Have Rewari, Gajaks and Moongfalis too.
4. **Dance**-Grab a dhol or connect your ipads/phones to the speakers and dance to Bhangra beats "balle balle dance".

LEARNING OUTCOMES

The child will be able to

- Understand more about the festivals of Lohri, Makar Sankranti and Pongal
- Know why we celebrate these festivals.
- understand how we celebrate them.

"Facilitator's choice to take up any one Activity"

For the worksheet, kindly refer to the bibliography.





REPUBLIC DAY



Republic Day is celebrated as the constitution of the country came into effect on January 26, 1950. Republic day celebrations are spread across three days, beginning with the Prime Minister of India paying tribute to the soldiers who sacrificed their lives for the nation, at Amar Jawan Jyoti, India Gate. The President then hoists the Tricolour at the Red Fort to the accompaniment of the National Anthem. Then the ceremonies begin with a 21-gun salute. The celebrations conclude with the Beating Retreat ceremony by the armed forces (Army, Air Force, Navy) on 29 January at Raisina Hill.

आओ तिरंगा फहराएँ, आओ तिरंगा लहराएँ;

अपना गणतंत्र दिवस है आया, झूमे, नाचे, खुशी मनाएँ।

ACTIVITY TIME

UNITY DOLL

Prior to the Republic Day, we find many people selling the National Flag at traffic lights, in the market areas and at many other places. We must respect our National Flag by taking care of the following points-

- ❖ Do not use the National Flag as a toy and throw on roads or dustbins.
- ❖ Hoist the flag at a height in a suitable manner.
- ❖ Saffron band should be the topmost.
- ❖ Do not let the flag fall/touch the ground.

Hands-on activity to try to teach "Unity is Strength" and how we all are united despite being of different cultures.

Material Required: Orange, White, Green colour Origami paper, Glue, Crayons.



ROLE PLAY ACTIVITY

P.S. For the activities Unity Doll and Tricolour Bookmark, the facilitators may frame simple steps to conduct the activities as per their interest and creativity.

The child may dress up as any Community Helper and speak a few lines about how he/she can contribute towards the nation's growth. The child may speak a relevant famous dialogue of a freedom fighter. i.e. If the child plays the role of a farmer, he/she can say "जय जवान जय किसान", in case of a soldier - "तुम मुझे खून दो, मैं तुम्हें आज़ादी दूँगा।"



"Facilitator's choice to take up any one Activity"



- Tricolour Bookmark: What better way to bring together knowledge and patriotism in a single go!

What all you need?

- ✓ White hard paper
- ✓ Paints
- ✓ A punching machine
- ✓ A ribbon



Learning Outcomes:

The child will be able to:

- understand that unity is strength.
- Know about the colours of the Indian National flag.
- respect and value the freedom fighters.
- Learn to take care of the Indian National flag.

SALAD MAKING

The facilitator will take up the concept of Tricolour through the salad making activity. Then she will explain about the importance of including raw fruits and vegetables in our daily diet.

Facilitator will tell the students, that fruits and vegetables are known as Protective Foods and eating seasonal fruits and veggies protect us from diseases and keep us fit and healthy.

The facilitator will take up the activity Salad making during the virtual circle time.

Ingredients:

- *Papaya/Oranges diced into small pieces
- *Banana/Radish/peeled apple diced into small pieces
- *Kiwi/Cucumber/steamed peas/Broccoli diced into small piece
- *Lemon juice
- *Salt and Pepper
- *Chat Masala
- *A rectangular tray



Facilitator will ask the students to arrange the pieces of fruits and vegetables on the tray following the sequence of colours in an Indian Tricolour flag. Students will add a dash of lemon juice and sprinkle some salt and pepper to enhance the flavour.

And the healthy Tricolour Fruit and Vegetable salad is ready.



Learning Outcomes:

The child will be able to:

- ✓ know the names and colours of different fruits and vegetables.
- ✓ inculcate healthy eating habits.
- ✓ explore a new recipe of making a healthy salad.
- ✓ Know the colours of our National Flag.

STRUCTURED CONVERSATION

Bharat -Mummy today you are not going to the office?

Mummy- Bharat and Bharati, Today is 26th January.

It's our Republic Day and it's a National Holiday.

Bharat -What is the meaning of Republic Day?

Mummy- Bharat and Bharati, on this day, in the year 1950, our country India was declared a Republic. So, every year on 26th January, we celebrate Republic Day by hoisting the National flag, singing the National Anthem and organising a big event with special parade at the Rajpath in New Delhi.

Bharati -Mummy, I have seen people standing in attention position while singing the National Anthem. Why do we have to do so?

Mummy - Singing the National Anthem gives an opportunity to show our thankfulness for the sacrifices that have been made by so many people. We stand as a mark of respect to the brave hearts.

Bharat -Why do we have to respect our country mummy?

Mummy - By showing respect to our country, we show our appreciation for our motherland.

Let us all watch the Republic Day celebrations now.

Bharati- Sure Mummy.

Link for Republic Day Parade (Virtual Tour): https://youtu.be/JkeG_tRQHoU

For the PPT, kindly refer to the bibliography.

LET US DO IT!

Patriotism is the feeling of expressing gratitude for the country utilizing freedom and rights. Facilitators must inculcate a strong love and appreciation for our country amongst the young learners.

Dear facilitator,

On the occasion of Republic Day, the children may be asked to send a voice message to the soldiers, the real heroes, as a token of their appreciation.

Dear Soldier,

Thank you for your selfless duty, bravery and courage.

I salute you!

(Name of the child)



LANGUAGE AND COMMUNICATION

Dear Facilitators,

Dreams and aspirations of children are truly inspiring. Children while growing up, want to become teachers, Pilots, doctors, artists, or Astronauts. As facilitators, we need to enhance the children's skills and confidence and encourage them to explore and venture out into their world of dreams and discover their core skills while pursuing their interests and talents.

I wish to be ...

Bharat- Hey! Bharati, Ravi is calling us.

Bharati- Let's go Bharat.

Bharat- Let me call Meena, Kuldeep, Manju, and Sarfaraj.

Bharati- Hey friends! How are you all doing?

Meena- I am fine. These days I am learning something very interesting.

Bharat-What's that?

Meena-You all know, I am so fond of colours.

Manju- Wait, let me guess, Painting...

Meena- Yes Painting, I wish to become a Painter.

Manju-Wow, that's great. Let me announce Ladies and Gentlemen, We have the little Picasso on the floor.

Sarfaraj -Manju, you are amazing as an announcer.

Manju-You know what! dear friends, I wish to be a News Reader when I grow up.

Kuldeep- Yes Manju, then you will be requiring different dresses as you will appear on our TV screens. I can help you stitch the dresses as I wish to open my own boutique.

Sarfaraj - Well! in case you want to enhance your looks, I would be the right choice as a Makeup Artist.

Manju- Wow! that would be great.

Bharati- Manju, my friend, I love to drive. I would love to take you around as your cab driver.

Ravi-Mind blowing Bharati. In case you find any trouble in your car, straight away come to my Garage. I would love to fix up your car as I wish to become a Car Mechanic.

I Can
And
I Will



Bharat- Today we had a great time, knowing what we all wish to be. Let's go back home. Mumma is calling us. Ha ha ha...Bye for now!

LEARNING OUTCOMES

The child will be able to:

- have a strong sense of identity.
- feel connected with and contribute to the society.
- develop confidence and become involved learners.
- enhance communication skills and sense of wellbeing.

PEOPLE WHO HELP US

Dear Facilitator,

A community helper is a person who helps keep our community functioning well. This would include firefighters, mail carriers, dentists, doctors, construction workers, and mechanics. It's important for children to know the people in the community who provide a supporting role. Children should feel that they are able to approach a member of the fire brigade or police services, without being scared, and understand how seriously they will be taken when they are relaying information and they are to be used in emergency situations.

Interaction with People Who help us:

Today is Bharat's birthday.

Let's see how Bharat celebrates his birthday and who all help him throughout the day.

Bharat - Hey, Bharati tomorrow is my birthday.

Bharati- Yeah! Birthday means Party time. But Bharat, just see your hair, looking so shabby.

Bharat- Let's go to a salon.

Bharat and Bharati go to the nearby salon.

Bharati- Hello ma'am, my brother needs a neat haircut.



Hairdresser- Hello, come on in, the hairdresser will give you a haircut.

The Hairdresser gives a neat look to Bharat's hair.

Bharati-Wow! Thanks for a lovely cut. Bharat is looking great now.
Hey, Bharat Why don't we order a cake?

Bharat - Of course, Let's go to the baker.

Bharati- Namaskar! Baker Uncle, how are you?

I am so excited to see the yummy cakes.

Please give us a pineapple cake and tell us more about your work.

Baker - I am fine, Thanks.

It's so nice that you are interested to know about it. Well! We the bakers, bake cakes, muffins and pastries and bread using an oven. We work in a bakery. Here is your Pineapple cake. Do come again.

Bharati-Sure. Thank You

Bharat- Oh! my god Bharati, where is this smoke coming from?

Bharati-I think there is a fire in the nearby building.

Let me call the Fire brigade. I remember the emergency number 101.

The Fire Brigade comes for help.

Bharat- Thank you so much for your help, sir.

Firefighter- Fighting fires is a firefighter's primary task.

We wear the proper safety gear to put out fire.

Bharati- Oh! See the cute little Puppy. It got hurt during this accident.

Let's go to a doctor.

Bharat- Bharati, to a Veterinary Doctor.

Bharat and Bharati take the Puppy to the Vet.

Veterinary Doctor- Good job. You saved the life of this puppy

Bharati- Doctor uncle, I would like to know more about your work.



Veterinary Doctor - Doctor who treats animals is called Vet.

Bharati-I would like to become like you, when I grow up. Thank you. Have a nice day.

Bharat and Bharati take the puppy home for further care and along with Mummy and Papa they adopt it. They take good care of the puppy and celebrate Bharat's birthday with it.



Baker uncle baker uncle
bake a cake

With driver uncle I will
come to take

It's my birthday and I
want to celebrate

With the helpers at
home and security
guards at the gate.



LEARNING OUTCOMES

The child will be able to:

- Know about our community helpers
- Recognise and trust the people who are charged to serve and protect
- Learn new vocabulary ask and answer questions

For the video link and worksheet, kindly refer to the bibliography.

I check your body with a stethoscope
I help you cure diseases and bring ray of hope.
Doctor



Come to my class to learn and grow
You touch my heart with the love you show
Teacher



TOOLS USED BY PEOPLE WHO HELP US

The facilitators will talk to the learners about the various helpers and the jobs they do. She will further explain to the children that all the helpers use different tools to do their work. To make the learning more impactful the facilitators may use a PPT on the TOOLS USED BY THE HELPERS.

Learning Outcomes

- The child will be able to:
- learn about various tools used by the helpers.
 - understand that tools make work easy.
 - Know that different helpers use different tools.



For the PPT, kindly refer to the bibliography.

ENGLISH LITERACY

INTRODUCTION OF LETTER "Uu"

The facilitator may introduce letter Uu and its sound to the students with the help of words beginning with letter Uu.

Let's learn the letter sound

u-/u-/u-/u-

u-/u-/u-/u-

u-/u-/u-/u-

U is for up, u-/u-/u, up.



U is for umbrella, u-/u-/u, umbrella.



U is for under, u-/u-/u, under.



U is for us, u-/u-/u, us.



U is for urban, u-/u-/u, urban.



LEARNING OUTCOMES

The child will be able to:

- recognize and understand the formation and sound of letter "Uu".
- learn and correlate the words beginning with letter 'u' sound.
- enhance their vocabulary.
- learn to use the new words in small sentences.

For the video link and worksheet, kindly refer to the bibliography.

LETTER Uu

ACTIVITY TIME

u..u..Umbrella

Tearing and Pasting Activity



The facilitator will guide the children to draw an outline image of an umbrella. The students will then be guided to do tearing and pasting activity using their favourite colours of origami sheets.

Let's go u..u..Upstairs

Climbing the stairs allows the children to build their physical strength and gross motor skills making them fit and active. Inculcating this habit at a young age will help in building leg muscles, strengthening balance and coordination and boosting spacial awareness. The facilitators will motivate the young learners to include climbing stairs as a healthy habit in their daily routine.

So, let's go u..u..upstairs wherever we can!



**CAN
YOU
GUESS?**

The facilitators will play a guessing game with the young learners. They will be encouraged to guess the words starting with the letter u.

a. I am going on a trip to visit my aunt and _____.
(uncle)

b. The pile of trash looks _____.
(ugly)

c. When it rains, you open your _____.
(umbrella)

d. The opposite of over is _____.
(under)

e. The person who calls the strikes in a baseball game is an
_____.
(umpire)

STRUCTURED CONVERSATION

Bharat- Namaskar Uncle!

Uncle- Namaskar Bharat. How are you?

Bharat: I am fine Uncle. Thank you.

Uncle: Look Bharat, I have brought something for you.

Bharat: Wow...This umbrella is so colourful. Here in Mumbai, we have heavy Monsoon. Thank you, Uncle, for this wonderful gift.

Bharat: Uncle! Meet my friend Riya who lives on the fifth floor of our building.

Riya: Uncle, where do you live?

Uncle: Bharat, we live in a Rural area.

Bharat: Rural? What is rural, Uncle?

Uncle: Bharat. rural areas are small areas. We see lesser number of people there and very few houses. You will find large fields where farmers grow crops for us. We get to hear sounds of birds, animals and even insects during the night time.

Bharat- That sounds exciting Uncle, I love to hear the sounds of different birds and insects. But why can't we hear them here.

Uncle: Bharat that is because of the hustle and bustle of the traffic and the sounds of factories in the urban areas.

Bharat: Please tell me more about the Urban areas?

Uncle: Sure, dear Bharat. Urban areas are big towns and cities. You live in an urban area. We see lots of strong and huge buildings, malls, hospitals and markets here. We find a lot of traffic on the roads.

Bharat: I am glad to know this uncle, Thank you! We will surely visit you during our winter break to enjoy the rural surroundings. Please take us around to see how the farmers grow crops there.

Uncle: That will be great Bharat!



INTRODUCTION OF LETTER "Rr"

"Facilitator's choice to take up any one Activity"

Ten Little Reindeer

(Tune: Ten Little Indians)

One little, Two little, Three little reindeer,
Four little, Five little, Six little reindeer,
Seven little, Eight little, Nine little reindeer,
Playing in the snow.

LEARNING TO WRITE THE LETTER R



ACTIVITY TIME

Sock Rabbit

Collect a use white sock and stuff it with cotton. glue on paper ears and googly eyes, use your marker to make nose and the whiskers tie off the end of the sock to make a tail. Our Sock Rabbit is ready.



Letter "Rr"

Dear facilitator,

Arrange letter 'R' Animal Sound Game. Children may think the animals or birds starting with letter R like rooster, reindeer, rhinoceros, rabbit, rat, racoon etc.

Animal sound game

Rock like a rooster in the coop,
Rocking for the barnyard group.
Hear the R sound in my name,
Play the R sound animal game.



R for Robot

Dear Facilitator,

Robot making activity may be taken up during the virtual circle time using rectangular cut-outs.



For the video link and worksheet, kindly refer to the bibliography.

R: Ribbon dancing

Make ribbons from streamers stapled to straws or build a collection from ribbon scraps you have around home. Let children enjoy Ribbon dancing.



LEARNING OUTCOMES

The child will be able to:

- recognise and differentiate between upper case and lowercase "Rr".
- relate the first sound of the objects beginning with "Rr".
- enhance his/ her active vocabulary.

TONGUE TWISTERS

Letter 'r'

Red lorries Run on the Right side,
Round Road Roller on the wide side.

IT IS
FUN



Letter 'u'

Ugly duckling looking for umbrella,
Ugly duckling Urge to meet Cinderella.
Ugly duckling looking upset,
Ugly duckling couldn't take rest.

LET'S
DO
THIS



VOCABULARY WORDS

Facilitators will encourage little learners to look around for our helpers. The names and work areas of our helpers will be explained with the help of PPT.

Facilitators will encourage the children to read the pictures and repeat the names of these helpers with a double clap, e.g.

Doctor treats sick people,

Clap-clap-clap,

Farmer grows crops,

Clap-clap-clap!

(Each PPT slide will be read this way using clap beats.)

LEARNING OUTCOMES

The child will be able to:

- read vocabulary words with pictures.
- use vocabulary words regularly.
- enhance word bank & develop confidence.

For the PPT, kindly refer to the bibliography.

SIGHT WORD - Her, His, You

It's essential to teach students to memorize sight words as a whole so that they can recognize them instantly. These words can be learnt effortlessly by providing a print-rich environment to the learners. Once students master sight words, they are able to understand at least half of the words in any particular text. Moreover, teaching sight words not only helps students read more fluently, it helps them write more efficiently too.

The facilitator will explain the meaning of the words - her, his and you. Then she will frame a sentence for each sight word as an example. She may then ask the learners to frame a few sentences using the above sight words.

LEARNING OUTCOMES

The child will be able to:

- develop listening skills.
- identify the sight words "her", "his" and "you" and understand their usage.
- comprehend the sentences read aloud by the facilitator.

For the PPT, kindly refer to the bibliography.



BLOCKS AND NUMBERS

CORRELATION OF NUMBERS 1-10

Learning to compare quantities helps Preschoolers begin to make sense of relationships between numbers. It helps build children's language and social skills as well as a general understanding of their immediate environment. It is so important to develop this early confidence so that they don't "fear" Math like many adults do.

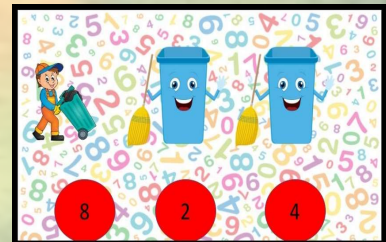
QUIZ

The facilitator will play a quiz wherein the child is required to count the number of tools for each helper given and identify the correct answer.

Learning Outcomes:

The child will be able to-

- count the objects and identify the correct number.
- recognize numbers from 1-10
- develop an understanding of the number concept



For the PPT, kindly refer to the bibliography.

PUZZLES

We love to play with puzzles. We like the way they challenge our thinking and exercise our minds. Puzzles are also an important educational learning tool for toddlers and young children as they provide many skills and mental learning benefits and opportunities. Puzzles help children practice social skills and language skills. So, let's have fun by matching numbers to the correct quantity.

Activity1: Facilitator will have discussion on helpers and their tools with the children and then play the following puzzle with them.

Children have to count and map the number of objects(tools) to the correct number by dragging the correct number of tools (from the right side) in front of the number and helper (on the left side).

For the PPT, kindly refer to the bibliography.



Learning Outcomes:

The child will be able to:

- count numbers from 1 to 10 in a sequence.
- understand that a certain quantity has its corresponding number symbol.
- associate the corresponding quantity with the number.
- Identify the tools used by different helpers.

Activity 2: Help the gardener to number the flowers in serial order from numbers 1-10 by dragging the number to the center of the flower.



Learning Outcomes:

The child will be able to:

- Enhance observation skills
- Build his/her visual discrimination and thinking skills.
- Count numbers serially from 1-10

For the PPT, kindly refer to the bibliography.

COMPARISON

Preschoolers who are just learning to compare larger quantities begin by matching the objects one-by-one to see which group has more or less number of objects. Then, as children gain more experience with comparing, they learn to compare quantities.

- Exposure to early number concepts makes them more creative and allows them to solve critical problems by analyzing them.

Heavy and Light

Facilitator will first ask the children to bring several types of things, some that are light and others that are heavy, like cotton and a ball. The facilitator will ask the children to hold both the things in separate hands and help them notice how a ball is heavy than cotton. Children may be asked to repeat with different things available at home like different fruits and vegetables or their toys.



For the worksheet, kindly refer to the bibliography.

MAKING OF A BALANCING SCALE

Making of a balancing scale to make them understand the comparison between heavy and light. Pre-Schoolers always love to weigh every item. They play "Which one is heavier?" game and we can now help them make a balance scale at home.

Material required for the activity:

- 1 big disposable glass
- 2 small disposable glasses
- 1 scale/ruler
- Cello tape
- Sketch pen
- Thread
- 1 eraser
- 1 lemon
- 1 pencil
- 1 onion
- 1 origami sheet



The learners will make their balancing/weighing scales under the guidance of the facilitators. The facilitators and the learners may refer to the hints given below to make their own balancing scale.

Step 1: Keep the big disposable glass upside down and paste a sketch pen on its top (bottom) with the help of cello tape.

Step 2: Make two holes on the opposite sides on both the small glasses to tie the thread across.

Step 3. Balance a scale on the top of the big glass and hang the two small glasses with their threads on the scale.

Now your Balancing scale is ready. Start comparing the weights of the objects.

Learning Outcomes:

The child will be able to-

- ❖ Compare two objects.
- ❖ Learn about the concept of heavy and light.
- ❖ Differentiate between heavy and light objects in his/her immediate environment.

PRE-NUMBER CONCEPT 'UP AND DOWN'

Rolly Polly Rolly Polly up, up, up
Rolly Polly Rolly Polly down, down, down
Let's all jump up, up, up
Let's all sit down, down, down
Let's all wave up, up, up
Let's all bend down, down, down
Rolly Polly Rolly Polly up, up, up
Rolly Polly Rolly Polly down, down, down



Let us see some examples for better understanding of the concept.



The boy is climbing up the stairs.
The girl is stepping down the stairs.
An aeroplane is flying up in the sky.
The fish is swimming down in the water.



SING ALONG

Up in the blue sky,
What do you see?
A small bird, a big bird,
Flying in the sky.
Up in the night sky,
What do you see?
A small star, a big star,
Twinkling at me,
Down in the big sea
What do you see?
A big fish, a small fish
swimming in the sea
Ha, ha, hahaha
La, la, lalala

For the PPT, kindly refer to the bibliography.

OVAL SHAPE



Dear facilitators,

As oval is a new shape, the discussion will be initiated by explaining that every object in our environment has a certain shape (by using real objects). For example: -

- A ring is a circle
- A cheese slice is a square
- A newspaper is a rectangle
- A pizza slice is triangle



Children have already learnt these shapes, so a riddle will be asked to introduce oval shape: -

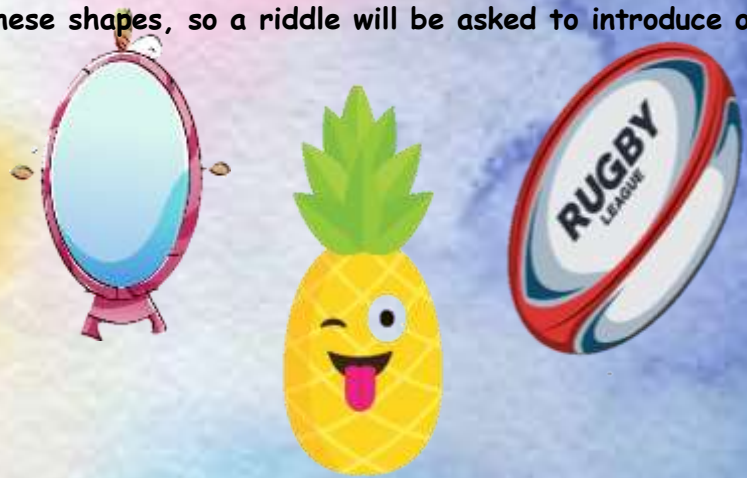
RIDDLE

Pineapple, mirror and rugby!

I look like all of them,

I might look like a circle,

But much taller than that!



***Answer-Oval**

For a better understanding of the shape, children can be asked to look around their house and find oval shaped objects eg. Top of a spoon, Egg, Balloon, Mirror, Oval leaf. etc.

Learning Outcomes

The child will be able to:

- recognize oval shape.
- enhance eye hand coordination.
- enhance thinking skills.
- enhance aesthetic skills.

Do you know the oval boy?

Do you know the oval boy,
the oval boy, the oval boy?

Do you know the oval boy
who dances like me.

Do you know the oval boy,
the oval boy, the oval boy?

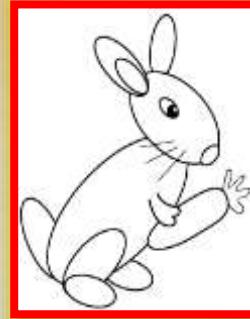
Do you know the oval boy
who looks like me.

For the video link, kindly refer to the bibliography.

BUNNY PUPPET WITH 'OVALS'

MATERIAL REQUIRED:

- Crayons
- Wool
- Googly Eye
- Fevicol/glue
- Cardboard
- Wooden Stick



STEPS TO BE FOLLOWED: -

- Come children! Let's trace and count the number of ovals in the bunny.
- Now colour the carrot using crayons.
- Paste some wool and googly eye.
- Give a cardboard base and cut it from the outline.
- Attach a stick behind and your Bunny puppet is ready.

For the worksheet, kindly refer to the bibliography.

Learning Outcomes

- The child will be able to:
- Strengthen number sense
 - understand the shape and identify the same in different objects found in the immediate environment.
 - enhance creative skills



oval

A VIRTUAL TOUR TO THE MARKET

A child's first step towards learning is observation. When he/she starts observing his/her surroundings, the learning automatically begins. By taking children through the virtual tours to different places, the facilitators may enhance their learning as they learn while they observe. To help the children learn about a market, a virtual visit to market is planned. The facilitators may show the video 'A Virtual Visit to the Market' to the children during their virtual circle time sessions.

Learning Outcome:

The child will be able to-

- learn new words.
- learn about various things we get in the market.

For the video link, kindly refer to the bibliography.

LITERACY HINDI

शब्दावली

भावी पीढ़ी के सर्वांगीण विकास का मूल आधार भाषा है। मौखिक कौशल के विकास हेतु चित्र पुस्तक में दी गई शब्दावली की भूमिका अत्यंत महत्वपूर्ण है। बाल गीतों व कहानी के माध्यम से शब्दावली में दिए गए शब्दों को सुनने, बोलने अथवा पढ़ने के लिए प्रोत्साहित किया जाएगा।

सीखने का प्रतिफल:

छात्र 'व' छात्रा

- कविता के माध्यम से शब्दावली के शब्दों को जान पाएगा / पाएगी।
- शब्दों के सही उच्चारण पर बल दे पाएगा / पाएगी।
- श्रवण एवं वाचन कौशल से भाषा का विकास कर पाएगा/ पाएगी।
- शब्द भंडार में वृद्धि कर पाएगा/ पाएगी।

शब्दावली- वायु, वर्षा, वक, वानर, बन्दर, बादल, बरगद, बेर, बोतल, वाहन, बल, बलवान
सरल कविताओं के माध्यम से शब्दावली के शब्दों को सुनने व पढ़ने का अभ्यास कराया जाएगा।



हाथी हूँ मैं बड़ा बलवान,
रंग है मेरा बादलों के समान,
बल से करता सारे काम,
सूँड से होती मेरी पहचान।


बादल के क्या जी में आई,
जग की करने चला सफ़ाई।
ज़ोर ज़ोर से गरज रहे हैं,
सुनकर बंदर काँप रहे हैं।
वर्षा ने तब रूप दिखाया,
सारा प्रदूषण दूर भगाया,
शहर को फिर से स्वच्छ बनाया।



For the PPT, kindly refer
to the bibliography.

पहेलियाँ

पहेलियाँ बड़ी ही मजेदार होती हैं। पहेलियाँ बच्चों की एकाग्रता ध्यान और मस्तिष्क की निपुणता में मदद करती हैं। पहेलियों से बच्चों की समझ और रचनात्मकता में सुधार होता है। पहेलियों के माध्यम से अध्यापिका पुनरावृत्ति हेतु शब्दावली में दिए गए शब्दों का अभ्यास कराएंगी। बच्चों को व्यंजन व और ब से शुरू होने वाले शब्द बोलने के लिए प्रोत्साहित करेंगी।



डाल - डाल पर उछलूं मैं,
फुर्तीला बहुत हूँ मैं,
वृक्ष पर समय बिताऊँ मैं,
बताओ बच्चों कौन हूँ मैं?

वानर



हल्का हरा मैं होता हूँ,
पीठा फल कहलाता हूँ,
पक जाने पर रंग मैं बदलूँ,
भूरा - लाल हो जाता हूँ,
बोलो बोलो कौन हूँ?

बेर

व्यंजन 'ब'

सीखने का प्रतिफल

- छात्र 'व' छात्रा
- ❖ व्यंजन 'ब' की पहचान कर पाएगा/ पाएगी ।
- ❖ श्रवण एवं वाचन कौशल से भाषा का विकास कर पाएगा/पाएगी ।
- ❖ शब्द भंडार में वृद्धि कर पाएगा/ पाएगी ।
- ❖ भाषा के कौशल (पठन, श्रवण, लेखन) का विकास कर पायेगा / पाएगी ।

अध्यापिका बच्चों को व्यंजन 'ब' से शुरू होने वाले शब्द बोलने के लिए प्रोत्साहित करेगी।

गोल गोल में होता हूँ,
कमीज की शान बढ़ाता हूँ।
काज बिना अधूरा हूँ
सोचो सोचो मैं कौन हूँ?



ब बटन

अध्यापिका वर्चुअल सर्कल टाइम के दौरान भारत और भारती के बीच एक संरचित बातचीत के माध्यम से व्यंजन ब से शुरू होने वाले शब्दों को सुनने का प्रयास कराएंगी।

भारत: अरे भारती तुम अभी तक बिस्तर पर लेटी हो। चलो जल्दी से बस्ता पहनो और बोतल टांगो हमारी स्कूल बस तैयार खड़ी है।

भारती: भारत आज मुझे बुखार है। मैं स्कूल बस में भी नहीं जा पाऊंगी।

भारत: कल तुमने बोतल में बर्फ भर कर उसका पानी जो पी लिया था। अब तुम दूध और बिस्कुट खाओ और बिस्तर पर आराम करो।

भारती: धन्यवाद भारत, शाम तक मैं ठीक हो जाऊंगी। हम दोनों बगीचे की सैर करेंगे और अपनी प्यारी बिल्ली के संग खेलेंगे।

अध्यापिका द्वारा बच्चों को व्यंजन ब की बनावट का प्रयास आटे या सूजी में कराया जाएगा।

तत्पश्चात् बच्चों को उत्तरपुस्तिका में व्यंजन 'ब' लिखने के लिए प्रोत्साहित किया जायेगा। इसके

अलावा, व्यंजन 'ब' से संबंधित शब्दावली को सुदृढ़ करने के लिए एक पी पी टी दिखाई जाएगी।

व्यंजन "ब" पर आधारित पी पी टी तथा कार्यपत्रिका के लिए कृपया बिब्लिओग्राफी देखें।

(व्यंजन " ब "की आवाज़ सहित पी पी टी को देखने के लिए, प्रत्येक स्लाइड के ऑडियो बटन को क्लिक करें।)

व्यंजन 'व'

व

सीखने का प्रतिफल

छात्र व छात्रा

- ❖ अपने वातावरण में 'व' ससम्बंधित शब्दों की पहचान कर पाएगा/ पाएगी |
- ❖ श्रवण एवं वाचन कौशल से भाषा का विकास कर पाएगा / पाएगी | शब्द भंडार में वृद्धि कर पाएगा/ पाएगी|
- ❖ भाषा के कौशल (पठन, श्रवण, लेखन) का विकास कर पाएगा / पाएगी |

बच्चों को व्यंजन 'व' से शुरू होने वाले शब्दों के चित्र दिखाए जाएंगे तथा मौखिक ध्वनि विश्लेषण द्वारा उनकी पहली ध्वनि को सुनने और पहचानने का अभ्यास कराया जाएगा।



वर्षा



वृक्ष



वस्त्र



विजेता

आओ पढ़े व्यंजन 'व' की कहानी,
सुने और सुनाएं 'व' की कहानी।

व्यंजन 'व' की कहानी

वीरवार का दिन था। बहुत तेज़ वायु



चल रही थी और वृक्ष भी तेजी से

हिल रहे थे, तभी ज़ोर से वर्षा



होने लगी। विकास और वंशिका के वस्त्र गीले हो

गए थे।



गीले वस्त्र बदलकर दोनों ने वर्णमाला को पढ़ने का अभ्यास किया। उन्होंने वर्णों से वाक्य भी बनाए।



विकास ने वंशिका से पहले वाक्य बना लिए और फिर दादाजी ने विकास को विजेता घोषित किया।



अध्यापिका द्वारा बच्चों को व्यंजन 'व' की बनावट का प्रयास आटे या सूजी में कराया जाएगा। तत्पश्चात बच्चों को उत्तरपुस्तिका में व्यंजन 'व' लिखने का प्रयास भी कराया जायेगा। इसके अलावा, व्यंजन 'व' से संबंधित शब्दावली को सुदृढ़ करने के लिए एक पी पी टी दिखाई जाएगी।

व्यंजन "व" पर आधारित पी पी टी तथा कार्यपत्रिका के लिए कृपया बिब्लिओग्राफी देखें।

MILESTONES ACHIEVED

- I can name some of our community helpers. YES/NO
- I respect people who help us with their services. YES/NO
- I know about the tools which are used by the people who help us. YES/NO
- The pre number concept of up and down is clear to me; I speak and use these concepts and words meaningfully. YES/NO
- I can recognise and co relate numbers from 1 to 10. YES/NO
- I am aware of the sight words her, his and you. YES/NO
- I enjoyed working on Puzzles and could solve them. YES/NO
- मैं व्यंजन 'व' की पहचान तथा उस से शुरू होने वाले शब्दों को बता सकता/ सकती हूँ। हां / नहीं
- मैं व्यंजन 'ब' की पहचान तथा उस से शुरू होने वाले शब्दों को बता सकता/ सकती हूँ। हां / नहीं
- I enjoyed celebrating the harvest festivals. YES/NO
- I know the dishes prepared and eaten during Makar Sankranti, Lohri and Pongal. YES/NO
- I know about our National festival - Republic Day. YES/NO
- I salute the soldiers of our country. YES/NO
- I can recognise and write letter "Uu" and letter "Rr". YES/NO
- I can identify objects with oval shape in my immediate environment. YES/NO