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July 21, 2022

Conscious Parenting for Adolescents
Online Parent Session
Classes VI-VIII

Dear Parent,

As parents we aim towards the universal goals of parenting- to nurture our children into happy, independent and successful adults. However, many a times out of the deep love and concern we have for our children, we may end up making decisions for them, thus stifling their aspiration and passions. Also, the parenting journey has never been easy and out of frustration we may verbally express our insecurities. This may hamper their growth and diminish their self esteem.

We have always been equal stakeholders and have together shouldered the colossal and joyous responsibility of bringing up our children. To further facilitate and enable you to effectively manage the challenges of parenting adolescents, **the school has organized an online parent session on “Conscious Parenting of Adolescents”**.

The session will be conducted by the School Counsellor Ms. Saaneya Kapoor on July 23, 2022- Saturday from 10:30 a.m.-11:30 a.m. The link will be shared shortly by the class teacher.

Looking forward to your active participation.

(Suruchi Gandhi)

Principal