

BAL BHARATI PUBLIC SCHOOL, DWARKA
CO-SCHOLASTIC SYLLABUS (2023-24)
CLASS V

GENERAL KNOWLEDGE

LEARNING OBJECTIVES

1. To make the children aware of their surroundings.
2. To broaden their mental horizon and help them to develop a keen power of observation.
3. To inculcate in children the habit of exploring the latest happenings, events and current affairs.

TEXT BOOK

Do You Know? - 5 - Cambridge Learn

MONTH	COURSE CONTENT
April	Pages - 1,2,3,4,5,6,7,8 Current affairs
May	Pages - 9,10 Current affairs
July	Pages -11,12,13, 14,15,16 Current Affairs
August	Pages -17, 18,19,20,21 Current affairs
September	Pages -,22,23,24,25,26 Current Affairs
October	Pages - 28,29,30,31,32,33,34 Current affairs
November	Pages - 35,36,37,38,39,40 Current Affairs
December	Pages - 41,42,43,44,45,46,47,48 Current affairs
January	Pages,49,50,51,52,53,54,55,56,57 Current affairs

February	Pages-61,62,63,64,65 Current Affairs
Syllabus	Mid Term Project - Character dramatization of any scientist and their contribution Pen & Paper Test - Page 1 to 13 and Current Affairs
	Final Term Project - Character dramatization of any sports person and their inspiring stories Pen & Paper Test - Page 28 to 45 and Current Affairs

SUGGESTIONS TO PARENTS:

1. Encourage children to read different books.
2. Encourage your child to watch the news and discuss current affairs with them.
2. Discuss current affairs with your children.

LIFE SKILLS

LEARNING OBJECTIVES

1. To inculcate the value of empathy, fairness, responsibility and courage in students.
2. To help the students distinguish between what to stand for and what to stand against.

TEXT BOOK

My Fifth Safety Book - 5(Revised Edition)

MONTH	PROJECT	VALUE
April	Unit 1 - Introduction Unit 2 - Self-Esteem	To learn to know and appreciate yourself
May	Unit 3 - Feelings	To learn to be comfortable with your feelings
July	Unit 4 - Body Ownership	To learn how to make choices that are good and safe
August	Unit 5 - Bullying Unit 6 - Scared	To empower students to stand up against bullying and raise an alarm when scared
September	Unit 7 - Secrets Unit 8 - Choosing	To learn not to keep secrets and to tell them to right people
October	Unit 9 - Strangers	To learn to identify and ask questions before trusting someone
November	Unit 10 - Safety Rules	To learn to be safe by following certain safety rules

December	Unit 11 - Growing Up	Learn to be gender neutral
January	Unit 12 - Emergencies	To be vigilant and learn to solve unexpected problems
February	Unit 13 - Share with POSCO	Share your secrets and problems with the people you trust.

SUGGESTIONS TO PARENTS:

1. Encourage children to read different moral value based books.
2. Appreciate and encourage positive behaviour

COMPUTER SCIENCE

LEARNING OBJECTIVES

1. To expose the students to different softwares used in technological applications.
2. To promote problem solving abilities and logical thinking in learners.
3. To make the students realize and appreciate the use of computers in everyday life.

TEXT BOOK

IT Planet Streaming without Buffering - 5

MONTH	COURSE CONTENT
April	Introduction to Artificial Intelligence
May	Introduction to Artificial Intelligence
July	Ch-4 Scratch Programming
August	Ch-4 Scratch Programming
September	Ch-3 Windows File Management
October	Ch-6 Word Table and Mail Merge
November	Ch-6 Word Table and Mail Merge
December	Ch-7 PowerPoint - Introduction
January	Ch-8 PowerPoint - Creating slides
February	Project Work
Syllabus	Mid Term - MS word tables and mail merge project
	Final Term - Powerpoint Project

SUGGESTIONS TO PARENTS:

1. Children should be encouraged to use the softwares learnt for useful purposes like making their birthday invitation card, meal menu of the week, schedule for studies, bills, presentation and projects.

CLASSICAL DANCE

LEARNING OBJECTIVES

1. To develop stamina and physical skills.
2. To help children learn the technique and skill involved in Indian classical dance.

MONTH	COURSE CONTENT
April	1. Chanting of Shloka 2. Writing and Learning Shlokas 3. Body oriented exercises like-stretching, bending, body rotating etc.(108)
May	1. Complete the exercises (1 to 5) 2. Revision of April Syllabus
July	Folk dance steps (1 to 5) with rhythm
August	Folk dance steps (1 to 5) with rhythm
September	Practice of Creative Dance Items
October	Practice of Folk dance steps
November	Practice of Folk dance steps
December	1. Complete Report Writing on Folk Dance steps (1 to 15) 2. Video related to dance
January	Theory -What is Mudra?
February	Mudra (ASANYUKTA HASTA MUDRA)
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Term - 3: On the basis of work done from December to February.

SUGGESTIONS TO PARENTS:

1. Parents should encourage children to watch classical dance performances.
2. Parents should encourage children to practice the steps taught in school.

WESTERN DANCE

LEARNING OBJECTIVES

1. To enhance the students' stamina and physical skills.
2. To help children learn the technique and skill involved in Western dance.

MONTH	COURSE CONTENT
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April	1. Definition of Dance 2. Importance of Body Stretching. 3. Follow Ups (Dance Steps)
May	1. Preparation of Dance Routines 2. Revision of April Syllabus
July	Introduction of Jazz Dance and learning its basics
August	Free-Style Dance Routines
September	Difference between Free-Style Dance and Technical Dance (eg. Jazz/Hip Hop/Bollyhop/ Basic Contemporary)
October	Introduction of Basic Contemporary Dance Style with Follow Ups
November	Elaboration of Hip Hop Dance and Bolly Hop Dance Style with Dance Routines
December	Revision of all the previous Dance Forms learnt
January	Warm Up Sessions and Dance Follow Ups
February	Introduction of Bollywood Dance Style with Bollywood Music
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term : On the basis of work done from December to February.

SUGGESTIONS TO PARENTS:

1. Parents should encourage children to watch western dance style forms and make them practice.
2. Parents should encourage children to take part in dance activities conducted by the school.

WESTERN MUSIC

LEARNING OBJECTIVES

1. Students will gain understanding of analysis and composition of Western Music.
2. Students will develop skills to become life long learners of Western Music both as participants and as audience.

MONTH	COURSE CONTENT
April	1.Introduction to W/Music,Origin and it's forms or genre 2. Terminology & Rudiments of music
May	1.Vocal Exercises (eg: Humming,Lip rolls,vocal fry etc) 2. Scales, Dynamics, Breathing and Vowel Exercises
July	Assembly Prayers
August	Harmonies/Accapella / Patriotic songs
September	Practice of songs

October	Practice of songs
November	Practice of songs
December	Gospel songs, guitar, keyboard, drum class and instrumental related pieces
January	Music project Work and Theory
February	Accapella related songs and music videos will be shown
Syllabus	PT 1: On the basis of songs learnt in April & May.
	Mid Term: On the basis of songs learnt from July to September.
	PT 2: On the basis of songs learnt in October & November.
	Term - 3: On the basis of songs learnt from December to February.

SUGGESTIONS TO PARENTS:

1. Parents should encourage children to watch western music performances.
2. Parents should encourage children to practice the songs taught in school.

ART

LEARNING OBJECTIVES

1. To develop creativity and imagination through a range of complex activities.
2. To improve childrens' ability to control materials, tools and technique.

TEXT BOOK

Art Wizard - 5

MONTH	COURSE CONTENT
April	Colour theory and colour wheel, water colour technique
May	Object Drawing 3D objects and 3D craft Doodle art
July	Pencil Shading and Staedtler Shading Landscape - Village Scene
August	Tree Study and Flower Study, Leaf Shading, Still Life, Table Lamp, typography art
September	Clay Modelling Card Making (Using different painting techniques)
October	Pattern Designing, Madhubani Bird, Folder Making, human figure study
November	Introduction to mix media colours, Landscape and any festival scene, Border Design, Winter Season Composition and Drawing

December	Snowman Puppet / Paper Sculpture, Landscape (Oil Pastels), Christmas Decorations, New Year Card Making
January	Creative landscape and stockings flowers
February	Completion of the Rise Up Art & Craft book and the drawing file
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term : On the basis of work done from December to February.

SUGGESTIONS TO PARENTS:

1. Parents should motivate their children to visit Art Gallery, Sahitya Kala Academy
2. Parents should motivate their children by displaying their work at home.

PHYSICAL EDUCATION

LEARNING OBJECTIVES

1. To make the student healthy and active.
2. To help student to develop interest in games and sports.

MONTH	COURSE CONTENT
April	60 mtr Sprint, Skating, Taekwondo
May	Shuttle Run and Fun Games
July	Football, Fun games, Kho-Kho
August	Football skills, Rope skipping
September	Football matches, Kho-Kho
October	Athletics (long jump, high jump)
November	Volleyball, Basketball
December	Badminton, T.T, Taekwondo
January	Table Tennis and Cricket
February	Football and Inter Class Competitions
Syllabus	PT 1: 60 mtr race, Shuttle run, Long / High jump
	Mid Term: Grades will be given according to the activities done from April to September
	PT 2: Table Tennis, Ball throw, Game Skills Test
	Final Term: Grades will be given according to the activities done in January and February

WORK EXPERIENCE

LEARNING OBJECTIVES

1. To enable the students to discover their natural talent and to make them creatively inclined.
2. To enable the students to think beyond the text books and to develop an artistic eye and a sense of aesthetics.

PARYAVARAN MITRA CLUB

MONTH	COURSE CONTENT
April	Tracking our own contribution to make a plastic free world 1)Poster making 2)Slogan writing
May	Understanding Sustainable Development goals and debate on it
July	Understanding sustainable consumption and production & Circular Economy Role play of electronic gadget
August	Making of models using renewable sources of energy
September	Making Toys from Trash based on four R's- Reduce, Reuse, Recycle & Refurbish
October	1)Understanding proper waste management 2)Extended producer responsibility
November	Environment Awareness Rally, Awareness Quiz 1)Air Pollution 2)Water conservation
December	1) Street play / Nukkad Natak on issues related to environment 2) Creative expressions like writing poem and articles
January	Know the environmentalist 1)Jane Goodall 2)Mehka Gandhi 3)Sunderlal Bahuguna
February	Compassion towards animals 1)Mask Making 2)Puppet Making 3)Fashion Parade
Syllabus	PT 1 - Syllabus covered in April & May
	Mid Term - Syllabus covered in July & August
	PT 2 - Syllabus covered from September to November
	Final Term - Syllabus covered from December to February

TINY TANKS

MONTH	COURSE CONTENT
April	“Kindness starts with me”: Creative Writing
May	Greetings: How do we greet people?
July	Part with Plastic - a drive
August	Preparing Cards and Rakhi for soldiers serving overseas
September	Road Safety Measures
October	Donate used children's books to a school library
November	Kindness zone with tissue paper flowers
December	Making of Paper Bags
January	Gadgets: Their Uses and Effects
February	Teach computer skills to elderly
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term: On the basis of work done from December to February.

RHYTHMS AND HUES

MONTH	COURSE CONTENT
April	Swatting Sight Words, The Picture Tells it All
May	One Act Play
July	Web a Tale, Tale with a Different Tail
August	Write Your Own, Dialogue Tableaux
September	Role on the Wall, Role Play
October	Mime, Second Chance
November	Storytelling
December	Interviews, Pretend Play
January	Fictional Friends
February	Pen Pals
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term: On the basis of work done from December to February.

HEALTH & WELLNESS

MONTH	COURSE CONTENT
April	Know Your Grocery Bag
May	Eat Right Challenge
July	Wholesome Meal
August	Get Well Soon Messages
September	How to avoid food spoilage?
October	You are what you eat!
November	FAT (Food Adulteration Test)
December	Mini Olympics
January	Scavenger Hunt
February	Create a Kitchen Garden
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term: On the basis of work done from December to February.

Hour of Code

MONTH	COURSE CONTENT
April	Introduction to AI
May	Introduction to AI
July	AI in daily life
August	AI in daily life
September	Application of AI
October	Application of AI
November	AI Games
December	Scratch Programme
January	Scratch Programme
February	Project work
Syllabus	PT 1: On the basis of work done in April & May.
	Mid Term: On the basis of work done from July to September.
	PT 2: On the basis of work done in October & November.
	Final Term: On the basis of work done from December to February.