



Bal Bharati
PUBLIC SCHOOL
DWARKA



CLASS III



Dear Parent,

It's summertime when faces light up with a grin
As holidays are about to begin
Time to bond with grandparents too,
Be a helping hand at home, that is what you should do!

Holidays! The word excites and overwhelms us. *Summer Vacation* is the most enviable part of school life! It brings the moments when you once again have your child all to yourself. This is the time when family bonds are strengthened and the most vivid childhood memories are created.

However, it is also time for our children to learn values and skills with lots of activities around. Create an atmosphere of purposeful living and recreation to instil value for time and effort towards even the smallest thing; be it the simple task of caring for a plant, or laying the table for dinner. Adopt an herb, a house plant or a pet, bake a cake, sing-along, paint, draw and compose a song or take up a hobby. Equip your child with the most basic skills such as organising the work area, and wardrobe. Learning to put things in order develops layered and logical thinking in children while inculcating a love for clutter-free and tidy living spaces.

It is time to rejuvenate and revitalize with Summer Holiday Homework comprising of constructive, mindful and reflective activities which will make your child active and observant. These activities are specially designed for the children to help them set goals to stay mentally and physically active throughout the summer break.

What we learn with joy, we never forget!

Happy Holidaying!

Regards

Suruchi Gandhi
(Principal)



SUMMER SORTED WITH FUN ACTIVITIES

JUNE 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<p>1</p> <p>Make a list of your blessings</p> 	<p>2</p> <p>Start your day with healthy fruit salad</p> 	<p>3</p> <p>Go cycling on World Bicycle Day</p> 	<p>4</p> <p>Visit a library and select few books to read</p> 
<p>5</p> <p>World Environment Day - Plant a tree</p> 	<p>6</p> <p>Jog your mind - play scrabble</p> 	<p>7</p> <p>Organise your book shelf</p> 	<p>8</p> <p>Fun with shapes</p> 	<p>9</p> <p>Make ice cream</p> 	<p>10</p> <p>Jog your mind - crossword fun</p> 	<p>11</p> <p>Let's Exercise</p> 
<p>12</p> <p>Enjoy movie outing with family</p> 	<p>13</p> <p>Visit a museum</p> 	<p>14</p> <p>Move with the ball</p> 	<p>15</p> <p>Do an art project</p> 	<p>16</p> <p>Visit grocery store with your parent/ grand parents</p> 	<p>17</p> <p>Donate old clothes and toys</p> 	<p>18</p> <p>Try one new recipe</p> 
<p>19</p> <p>Sports day with your family</p> 	<p>20</p> <p>Unplug for 24 hours</p> 	<p>21</p> <p>International Yoga Day</p> 	<p>22</p> <p>Do some origami - make some paper flowers & birds</p> 	<p>23</p> <p>Make breakfast for your mom & dad</p> 	<p>24</p> <p>Read some stories</p> 	<p>25</p> <p>Visit the zoo</p> 
<p>26</p> <p>Lay table to help your mom</p> 	<p>27</p> <p>Take a day trip</p> 	<p>28</p> <p>Learn a magic trick</p> 	<p>29</p> <p>Wash your parent's car</p> 	<p>30</p> <p>Ready to go back to school</p> 		





Hurray! Summers again and it's time for a break! Let us break the monotony of doing the same boring home assignments and explore interesting ongoing themes through different subjects.

There are two themes, labeled as Theme 1 and Theme 2. Choose **any one theme** and explore about the same through the projects defined under each subject.



Spend time with your grandparents, either personally or on phone. Share your experiences and feelings with them. Also, listen to their experiences and stories.

Wishing you all 'A HAPPY AND HEALTHY' summer break!



We Before Me

We feel happy when someone cares for us and shares his/her belongings with us. They make us feel special and loved. Likewise, we must also share our things with others and care for them. We must show love towards others regardless of their age, the kind of work they do or the place they live.

Exciting ENGLISH

Conducting an Interview

Write four questions on how your parents take care of your grandparents (both maternal and paternal). Conduct an interview with your parents. Read out the questions and translate them in the regional language for better understanding. Record their answers in English on an A4 size sheet and read out the questions and answers in the class.

हर्षाती हिंदी

रक्तदान, बचाए प्राण

मान लीजिए कि आपके किसी पड़ोसी को रक्त की अत्यधिक आवश्यकता है। आपको लोगों को रक्तदान करने के लिए प्रोत्साहित करना है। इसके लिए एक आकर्षक पोस्टर बनाकर उस पर स्लोगन लिखें। रक्तदान की आवश्यकता पर पाँच-छः पंक्तियाँ भी लिखें।





Invigorating EVS

A Visit to nimal Shelter Home/Farm

Make a list of any two nearby animal shelter homes or animal farm (such as poultry farm) and visit them with your parents. Talk to the caretakers about the animals in the shelter home or animal farm. Ask questions like, name of the animals, what food they eat, how frequently do the doctors visit them, etc. Also ask them how they take care of the animals in their shelter homes or farms. Click some pictures of the caretakers while they are taking care of the animals. Also click some selfies with the animals in their shelters or farms under adult supervision. Prepare a scrapbook by pasting the pictures of both the shelter homes or farms and document all the information collected.

Magnetic MATH

A Visit to Old Age Home

Ask your parents to take you to any nearby old age home or to the elderly people of your society. Take some sweets or greeting cards for them along with you. When you meet them; greet them with warmth, talk to them and click pictures with them. Ask them about their daily routine, starting with the time at which they wake up in the morning till the time they go to bed. Note the time and the activity which they do each day. Represent the information you collected in a graphic organiser like table, timeline, etc. on a chart paper. Also take the print of the pictures that you clicked and paste them on the chart paper.

THEME 2

Fun with Games

Playing games is fun. Games build up the feeling of togetherness and bonding. They help in keeping our body fit and healthy. Games play a very important role in the overall development of our personality.

Exciting ENGLISH

Sports Pictionary

Create a sports pictionary by using colourful sheets. Find one sports related word for every alphabet. Write all the words in your pictionary followed by their meaning and picture.

हर्षाती हिंदी

आओ, कॉमेंटेटर बनें

आप सभी ने टी०वी० पर कमेंट्री तो अवश्य सुनी होगी। टी०वी० पर आने वाली कमेंट्री को ध्यान से सुनें। उसी तरह अपने मनपसंद खेल की कमेंट्री लिखें। ध्यान रहे कि वह कमेंट्री सात-आठ पंक्तियों से अधिक न हो।

Invigorating EVS

A Check on Pulse Rate

The number of times your heart beats in one minute is your pulse rate.

- To find your pulse rate, place your index and middle finger of your right hand on the inner side of your wrist of the left hand. Feel the throbbing and count the number of beats in one minute.
- Prepare a record sheet (as shown in the sample template) for yourself and any four people such as your siblings, parents or friends. Record the pulse rate of each of them in the relaxed position and note it in the record sheet. Then, do any one physical activity for a minute and again record the pulse rate immediately.



- On the basis of the recorded data, write the conclusion in your record sheet by answering the following question.
 - Did you observe an increase or decrease in the pulse rate, recorded before and after the physical activity?

Name of the Person	Name of the Activity	Pulse Rate Before the Activity	Pulse Rate Just After the Activity

One Earth, One Family, One Future

My Country, My Pride

Hockey is the National Sport of India. Make a model of a hockey field. Take an empty sweet box. Make the layout of the hockey field on the sweet box and make the lid of the box as the information board for the hockey to be attached to the sweet box, as shown in the sample below.

Fill the board with information based on the following parameters.

- Number of players in the game, captain of the Indian Hockey team (male and female), any two international and national awards won by the Indian Hockey team along with their years, present coaches of the Indian Hockey teams, etc.
- Names and photographs of eminent Indian Hockey players such as Dhyhan Chand, Ritu Rani, etc.
- Names of any two movies based on the sport, Hockey, such as, Chak De India, Gold, etc. (If you have not watched any movie so far, you may watch it and write its name. Also, write one most inspirational moment you observed in the movie.)



Magnetic MATH

Let's Make it and Play it!

Create your own golf game using cardboard. Refer to the sample image. Make 5–6 target tunnels of different widths. Make sure that each tunnel is wide enough for a tennis ball to pass through. Label each tunnel with the number of points that the player will be awarded for passing the ball through it. Assign points to the tunnels according to their widths. For example, assign lowest point to the widest tunnel. The objective of the game will be to pass the balls through the tunnels in one minute and collect maximum points. Write the rules of the game on an A4 sheet and paste it on the box. Decorate the game as you like. Play the game with your friends and siblings and calculate the score in a score card for each player.

