



Bal Bharati
PUBLIC SCHOOL

**Summer is a time for fun
To jump and play in the sun
Shades are on, Flip flops too
In summer there's so much to do!
I'm glad, summer is here
As it's the best time of the year!**

Dear Parent

Summer brings with it the ever-smiling sun and lots of fun. Vacation is the time for parents to become teachers and friends. It is a perfect time to spend time with your ward and develop an everlasting bond.

An interesting and engaging 'Holiday package' has been creatively designed for our little ones to make the vacation time more fun. The multi-sensorial activities will stimulate their learning and memory, refine their motor, cognitive and language skills.

Few guidelines for Parents as Co-facilitators:

- Make bedtime reading a regular practice with your children.
- Have meals together. Teach them to be grateful to God and encourage them not to waste food.
- Involve them in planning meals and help you in cooking. Let them make their own vegetable and fruit salads.
- Keep a check on their screen time and engage them in activities that combine play and learning.
- Positive reinforcement is the most powerful way of creating a strong emotional bond with your child.
- Help your child become a caring human being by developing habits such as respecting elders, spending time with grandparents, helping in arranging dining table and so on.
- Encourage your child to take care of personal hygiene by inculcating habits like washing hands frequently, covering his/her nose/mouth while sneezing or coughing, avoid sharing towel/handkerchief with others.

Happy Holidays!
Regards

(Amrita Malhotra)
Headmistress





JUNE 2023



DAILY FUN WITH YOUR LITTLE ONE!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Shaker shaker, Energy Booster- Have a glass of your favourite milkshake.	2 My Cushion Castle- Build a cushion fort.	3 Riders on the run (World Bicycle Day) Take a ride on a bicycle.
4 Happy Hands- Make your own hand sanitizer.	5 I care for you (World Environment Day) Plant a sapling.	6 Hungama in Pajamas- Have a pajama party with your family.	7 Row your boat - Make a paper boat.	8 Salad Frenzy - Decorate salad with a family member.	9 Let's clean up- Clean your room.	10 Little Einsteins- (Float or sink) Find 2 (each) objects that float or sink.
11 Fond Memories- Make a memory game out of family photographs.	12 Dil se Dosti - Visit your neighbours and exchange your likes and dislikes.	13 Sow and Reap- Plant seeds from something you've eaten.	14 Clean out Closet - Organise your wardrobe with your mom.	15 Windy Wheel - Make a pinwheel. Now blow the pinwheel and watch it spin.	16 Mom and me - Help your mother in laying the dining table.	17 In the lap of nature-Go for a Nature walk. Listen to the sounds of birds, collect leaves of different shapes, textures and sizes. Discuss about the same.
18 Clay Play - Make summer related objects such as umbrella, mango, hat, sun with clay.	19 My Hero, My world - Father's Day Prepare a watermelon mojito /chuski for your dear father.	20 Furry fun- Wash your soft toys.	21 Yoga se hoga- (International Yoga Day) It's time for yoga moves.	22 Me the explorer - Collect fallen leaves and discuss their shape and colour with your family.	23 Bingo Party- Play number/ letter Tambola with your family.	24 Music Mania- Make music using utensils.
25 I Spy - Play Hide and Seek with your family.	26 Swinging Munchkins- Swing on the swings.	27 Suno kahaani- Nani/Dadi ki zubaani- Create a stick puppet of your favourite character.	28 My chirpy buddies - Watch the birds and discuss about them.	29 Fancy feet -Show your dance moves.	30 School chaley hum -It's time to pack your bag.	

Note: Parents are requested to click photographs of their ward while doing these activities, paste them in a well-presented scrap file and submit the same on July 3, 2023.





SPOT THE DIFFERENCE

A



B



GET: A crayon.

SET:

- Look at both the pictures carefully.
- Spot 5 differences from picture A and circle them in picture B.

GO:

- Time Limit - 2 minutes
- Discuss about the significance of good habits.





SPRINGTIME FRIEND

Help your child to make a Ladybug craft.



GET: A paper plate painted with red colour, big black bindis, black paper, googly eyes.

SET: Stick black bindis on the red paper plate, paste a semi-circle of black paper on the top of the plate and googly eyes on it.

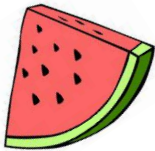
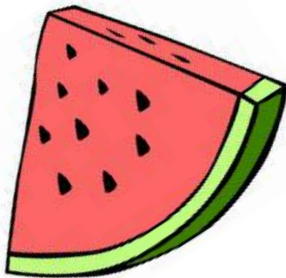
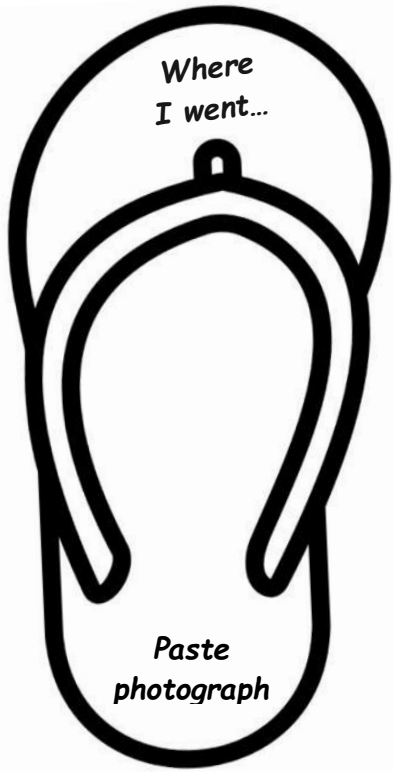
GO: Here is your own ladybug, ready to fly.





ALL ABOUT SUMMER SEASON

GET: Photographs, glue stick.
SET: Paste photographs according to the headings.
GO: Discuss about summer season.





TINIEST ADVENTURERS



GET :

- A big round shape cut from red pastel sheet.
- Six circles cut from pastel sheets of different colours.
- Eyes as shown in the picture.
- Glue

SET:

- Fold the biggest red circle in half.
- Paste all the other circle shapes as shown in the picture.
- Make eyes on two red paper strips.

GO : Put all the pieces together and paste them.

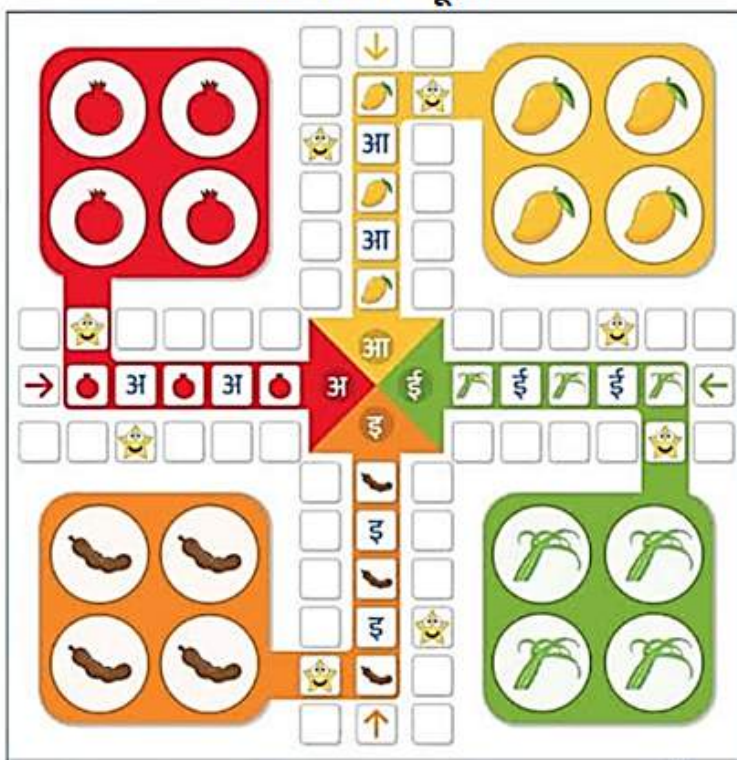




आओ खेलें - लूडो



इमली



अनार



ईशक



आम

सामग्री :

1. एक चौकोर गत्ता 12" x 12"
2. रंगीन कागज़ I
3. स्वरों के चित्र I
4. चिपकाने के लिए गोंद एवं सजावट की सामग्री I
5. खेलने के लिए डाइस व लूडो की गिट्टियां / बटन I.

निर्देशानुसार :

1. चौकोर गत्ते को दिए गए खेल के अनुसार रंगीन कागज़ एवं चित्रों से सजाएँ I
2. स्वर अ, आ, इ, ई से सम्बंधित चित्रों के अनुसार ही रंग लें I
3. अब यह खेल तैयार है I





COOKING WITH COCKTAILS



My Special Day with DAD 'Father's Day.'
"My Dad is so special, he is strong and smart,
That is why I love him so with all my little heart!! "
Happy Father's Day!!

Fun Activity with Dad: Making Watermelon Popsicles (Chuski)

GET:

- 1 glass watermelon juice, juice of $\frac{1}{2}$ lemon
- Sugar powder (if required)

SET:

- Remove seeds from the watermelon and grind to extract its juice and sieve it.
- Add lemon juice to it and mix well
- Add sugar powder (if required)
- Mix and pour in kulfi moulds.
- Freeze for at least 3 hours and it is ready.

GO:

Enjoy the mouthwatering chuski with your Dad and have fun!





SUN IS SHINING, KEEP ON SMILING



GET:

- Coloured sheet for handprints, brown sheet for ice-cream cone.
- Glittery pom-poms.
- Cotton and glue.

SET:

- Trace your hand and take a cut out.
- Cut the cone shape from brown sheet (with an elder's help)
- Spread cotton to look like whipped cream.

GO : We are ready to make ice cream by pasting handprint on cone ,cotton and pom pom as cherry on top.





मेरा साथी कौन ?



सामग्री:

- २" x २" के १२ चौकोर गते ।
- रंगीन कागज़ एवं सजावट की सामग्री ।
- व्यंजन एवं उन व्यंजनों से सम्बंधित चित्र ।
- चिपकाने के लिए गोंद ।

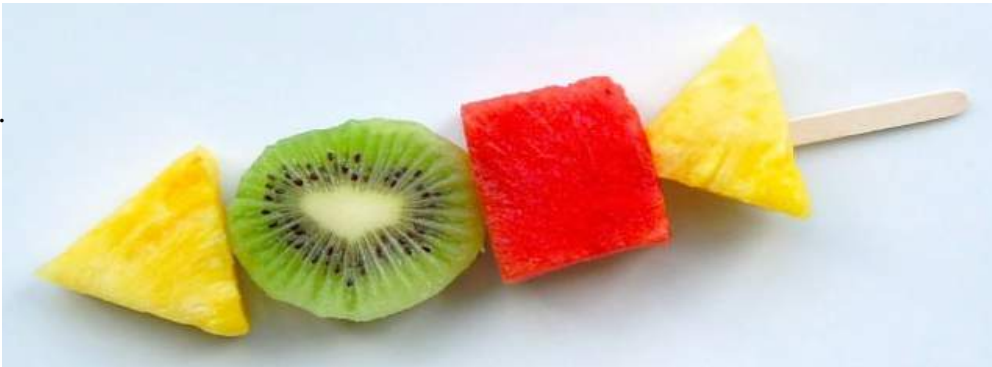
निर्देशानुसार :

- दिए गए सभी गत्तों के टुकड़ों को रंगीन कागज़, चित्रों एवं सजावट की सामग्री से सजाएं ।
- इन सभी चित्रों को अपने व्यंजन से मिलाएं और खेलें ।





FRUIT WANDS



This activity will help children to gain confidence and create an environment for healthy eating habits. It will also improve their mathematical and scientific skills.

GET

- One round shape piece of Kiwi
- One square shape piece of watermelon
- One triangle shape piece of Pineapple
- One rectangle shape piece of Mango
- 12-inch wooden skewers
- Cookie cutter

SET

- Take a 12-inch skewer or smaller is a fine size.
- Pre-cut fruits into different shapes. Use cookie cutters to cut shapes (like stars or hearts).
- Take skewers and arrange fruits as shown in the picture.
- Cool it in the fridge and serve as morning snack.

GO: Yummy fruit wands are ready to serve.





SIGHT WORD TREASURE HUNT **(Circle the Sight words)**

Word Search is a great game to improve observation skills, concentration and memory besides accomplishing the long-term aim of building the vocabulary of the child. Summer break can be utilised to play word search with the child on a regular basis. A paragraph from a magazine, newspaper, story book etc. should be selected each day and the whole family could get together to search for a pre-decided set of words e.g - He, She, They. The winner will be the person to search/spot the maximum number of words.



GET: Arrange newspaper.

SET: Find sight words.

GO: Speak them aloud.





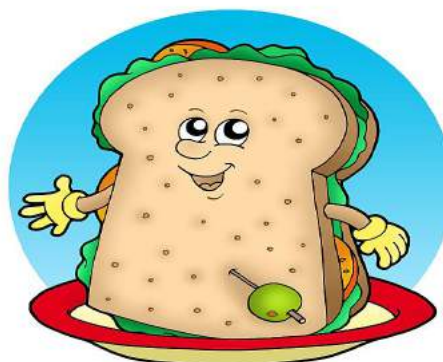
BBPS LITTLE WONDERS: COLD COOKING

SMILEY VEGGIE SANDWICH

Hello little chefs! It's time to make a tasty and nutritious smiley sandwich. This super yummy recipe can become your all-time favourite snack. So let's get started.....



EASY TO MAKE AND EASIER TO EAT
IT'S EASY TO HOP RIGHT OFF THE
PLATE!!! GUESS WHO AM I ????



I AM A SIZZLING SANDWICH...

GET

- 4 bread slices, 1/2cup curd
- 1/2cup grated vegetables (carrot, cucumber, onion)
- 2 teaspoons butter for spreading
- 1/2 teaspoon of black pepper, Salt(to taste)
- 1 tsp tomato ketchup (for garnishing)
- 4 sliced black olives (for garnishing)

FOR STUFFING:

- In a container add curd, all grated vegetables, black pepper and salt. Mix all the ingredients well to make a thick paste.

SET :

- Cut square bread slice into a round shape using a bowl or glass.
- Place 2 bread roundels on a plate and apply butter on each.
- Spread and place stuffing between bread roundels and press it tightly.
- Place two sliced black olives and squeeze ketchup on the top.

GO : Relish your SMILEY VEGGIE SANDWICH.....

