

**BAL BHARATI PUBLIC SCHOOL, DWARKA**  
**CO-SCHOLASTIC SYLLABUS 2024-25**  
**CLASS I**

**GENERAL KNOWLEDGE**

**LEARNING OBJECTIVES:**

1. To inculcate in children the habit of exploring the latest happenings, events and current affairs.
2. To develop awareness of their surroundings and broaden their mental horizons.

MONTH	COURSE CONTENT
MARCH	My Country
APRIL	Around the World
MAY	Environment
JULY	World of Science
AUGUST	World of plants and animals
SEPTEMBER	Art and Literature
OCTOBER	Grammar and Language
NOVEMBER	Sports and Games
DECEMBER	Moral Values and Life Skills
JANUARY	Mind Games
FEBRUARY	Mind Games
<b>ASSESSMENT TERM I</b>	Continuous assessment during regular class
<b>ASSESSMENT TERM II</b>	Continuous assessment during regular class

**SUGGESTIONS TO PARENTS:**

1. Children should be encouraged to read good books and newspapers.
2. Children should be encouraged to participate in quiz, debates, extempore etc.
3. Children should be encouraged to participate in brainstorming quiz activities.

**LIFE SKILLS**

**LEARNING OBJECTIVES:**

1. To inculcate the value of empathy, fairness, responsibility and courage in students.
2. To help children distinguish between what to stand for and what to stand against.

<b>MONTH</b>	<b>COURSE CONTENT</b>
MARCH	Growing up
APRIL	Likes and Dislikes, Choosing
MAY	Touches and Looks
JULY	Body Ownership
AUGUST	Rules for Safety
SEPTEMBER	Private Parts, Feelings
OCTOBER	Secrets, Telling
NOVEMBER	Its not your fault, Strangers
DECEMBER	Emergency
JANUARY	Trusted Grown-ups
FEBRUARY	Child's Info

**SUGGESTIONS TO PARENTS:**

1. Encourage your children to read different books based on value education.
2. Appreciate, encourage and reinforce positive behaviour.

**COMPUTER SCIENCE**

**LEARNING OBJECTIVES**

1. To expose the students to different softwares used in technological applications.
2. To promote problem solving abilities and logical thinking in learners.
3. To make the students realize and appreciate the use of computers in everyday life.

<b>MONTH</b>	<b>COURSE CONTENT</b>
MARCH - APRIL	Computer a magic machine
MAY	Computer a magic machine
JULY	Computer its parts and uses
AUGUST	The keyboard and the mouse
SEPTEMBER	Paint Introduction

OCTOBER	MS-Paint, Worksheet-1
NOVEMBER	Data and Memory
DECEMBER	Tux Paint Introduction
JANUARY	Patterns and Puzzles
FEBRUARY	Worksheet-2
<b>ASSESSMENT TERM I</b>	Continuous assessment during regular computer class
<b>ASSESSMENT TERM II</b>	Continuous assessment during regular computer class

**SUGGESTIONS TO PARENTS:**

1. Encourage the children to practice and revise the chapter related concepts taught in school.

**ART**

**LEARNING OBJECTIVES:**

1. To enable the students to understand themes and how colours are used to express feelings.
2. To develop, in the student, an understanding of art and craft in a variety of contexts.

<b>MONTH</b>	<b>COURSE CONTENT</b>
MARCH - APRIL	Colouring( Shapes)
MAY	Colouring Join the Dots
JULY	Step by Step Drawing Doodle Art Activity Grid Drawing Activity Patterns,Typography art
AUGUST	Half and Half Drawing Activity Paper Impression Activity Imaginative Drawing Activity Finger Impression Activity
SEPTEMBER	Air Blow Painting Activity Toothbrush Splatter, Transport Shapes

OCTOBER	Sand Paper Activity Grass Pasting Activity Q- Tip Impression Activity
NOVEMBER	Wood Paper Pasting Activity Sticker Pasting Activity
DECEMBER	Clay Modelling Craft Card Making Punch Holes Activity, Discarded 3D art
JANUARY	Foil and Jute Pasting Activity Origami Cotton Impression Activity Popsicle Stick Pasting Activity
FEBRUARY	Completion of Art Book , stick figure drawing
<b>ASSESSMENT TERM I</b>	On the basis of work done in the class
<b>ASSESSMENT TERM II</b>	On the basis of work done in the class

### **DANCE**

#### **LEARNING OBJECTIVES:**

1. To develop stamina and physical skills
2. To help children learn the technique and skill involved in dance.

#### **WESTERN DANCE**

<b>MONTH</b>	<b>COURSE CONTENT</b>
MARCH	Aerobics warm ups and free style dance follow ups
APRIL	Western Free Style Dance (2)(Jazz basics)
MAY	Western Free Style dance follow ups on random songs
JULY	Independence Day practice
AUGUST	Patriotic Dance
SEPTEMBER	Sports meet practice Disneyland themed dance

OCTOBER	Sports meet practice Disneyland themed dance
NOVEMBER	Dance practice for winter carnival
DECEMBER	Aerobics warm ups and free style dance follow ups
JANUARY	One Jazz dance routine
FEBRUARY	Practice of all the dances
<b>ASSESSMENT TERM I</b>	Grading according to their performance in the class.
<b>ASSESSMENT TERM II</b>	Grading according to their performance in the class.

### CLASSICAL DANCE

MONTHS	COURSE CONTENT
MARCH	Mudras
APRIL	Classical dance
MAY	Classical dance
JULY	Patriotic Dance Shlokas
AUGUST	Patriotic dance ,Folk dance
SEPTEMBER	Sports meet practice,International dance
OCTOBER	Sports meet practice,International dance
NOVEMBER	Dance practice for winter carnival
DECEMBER	Folk dance
JANUARY	Folk dance
FEBRUARY	Practice of all the dance items, shlokas and steps
<b>ASSESSMENT TERM I</b>	Grading according to their performance in class
<b>ASSESSMENT TERM II</b>	Grading according to their performance in class

#### **SUGGESTIONS TO PARENTS:**

1. Parents should encourage children to watch western dance style forms and make them practice.
2. Parents should encourage children to take part in dance activities conducted by the school.

## WESTERN MUSIC

### **LEARNING OBJECTIVES:**

1. To enable the students to grasp the basic element of music through simple exercises on rhythm.
2. To encourage students to use music to express feelings and imagination.

<b>MONTHS</b>	<b>COURSE CONTENT</b>
MARCH-APRIL	Introduction to western music and it's origin
MAY	Peace prayer, song-We shall over come
JULY	Vocal exercises through vowels, C major scale
AUGUST	Contemporary singing style,techniques,forms
SEPTEMBER	Sports meet practice
OCTOBER	Sports meet practice
NOVEMBER	Imagine by John Elton
DECEMBER	Christmas Carol, It's Christmas time
JANUARY	Warm up session and revision
FEBRUARY	Vocal exercises with lip roll
<b>ASSESSMENT TERM I</b>	Grading according to their performance in class
<b>ASSESSMENT TERM II</b>	Grading according to their performance in class

### **SUGGESTIONS TO PARENTS:**

1. Parents should create a musical environment at home.
2. Parents should sing along with their children so as to motivate them.

## PHYSICAL EDUCATION

### **LEARNING OBJECTIVES:**

1. To make the students healthy and active.
2. To improve the fitness level of students by exercises.

<b>MONTH</b>	<b>COURSE CONTENT</b>
MARCH-APRIL	Spoon and lemon race
MAY	Fun with Skipping
JULY	Yoga Se Hoga (Yoga aasans)
AUGUST	Mini Marathon-(Independence Day run)

SEPTEMBER	Boogie -Woogie (Fitness through dance moves)
OCTOBER	Frog race
NOVEMBER	Hoopla Fun
DECEMBER	Get Fit-Stay Fit (Aerobics)
JANUARY	Skip and through
FEBRUARY	Fun with Frisbee
<b>ASSESSMENT TERM I</b>	On the basis of their performance and participation
<b>ASSESSMENT TERM II</b>	On the basis of their performance and participation

### WORK EXPERIENCE

#### LEARNING OBJECTIVES:

1. To enable the students to discover their natural talent and to make them creatively inclined.
2. To enable the students to thinkbeyond the textbooks and develop an artistic eye.

### RHYTHM AND HUES

MONTH	COURSE CONTENT
MARCH-APRIL	Telephone Conversation
MAY	Greetings
JULY	Habits
AUGUST	Good Manners
SEPTEMBER	Make a Wish
OCTOBER	My Friend, My Buddy
NOVEMBER	Pictionary
DECEMBER	Tell a Tale
JANUARY	I sense.....
FEBRUARY	Role Play
<b>ASSESSMENT TERM I</b>	Assessment on the basis of work done in the class
<b>ASSESSMENT TERM II</b>	Assessment on the basis of work done in the class

**HOUR OF CODE (AI)**

<b>MONTH</b>	<b>COURSE CONTENT</b>
April	Natural things and Artificial things
May	Natural things and Artificial things
July	Computer - A Smart Machine
August	Smart Machines we use
September	Alexa, Siri (Smart assistants)
October	Smart Watches
November	Draw with AI
December	Natural & Artificial Intelligence
January	Coding with Code.org
February	Coding with Code.org