

Dear Parent,

As we usher in the summer holidays, we are excited to share with you a set of enriching activities designed to nurture empathy and compassion in our children. The activities go beyond academic achievements, focusing on fostering meaningful connections and instilling valuable life skills. Each activity has been thoughtfully curated to engage families in experiences that cultivate pro-social behavior and self-awareness. These activities are opportunities for children to develop a deeper appreciation for the world around them and the diverse communities they belong to. Let's embark on this journey together, nurturing not just academic excellence, but also developing sensitive hearts of our children.

Take your children for vegetable and grocery shopping. Let them partake in the experience of buying locally available fruits and vegetables directly from the green grocers to familiarize them with diverse and seasonal produce. They will also acquire basic tenets of financial transactions.

Assign laundry washing of the home to children by using washing machine. This will help them understand various fabric types and instill responsible independence in them.

Collaborate with the Resident Welfare Association (RWA), and let children be the custodians/guardians of the common park for the month.

Arrange a folk night in the residential society, encouraging your child and their friends to don traditional attire from their respective cultures. They may also bring food items from their local cuisines. Encourage your child to organize a family get-together for extended
family/cousins. Let your child take the lead in planning activities, food, and inviting for the family gathering.

- Family Recipe Book: Cook together and compile favorite recipes of family members into a family recipe book.
  - Community Clean-Up: Organize a neighborhood clean-up day where children in your residential area can work together to clean up parks or public spaces to promote pro-social behavior and environmental stewardship.

Designate a weekly game night to play board games, card games, or puzzles together.

To promote a sense of community and acquaint children with diverse socio-economic cultures, accompany your children to a local "langar" or community lunch.

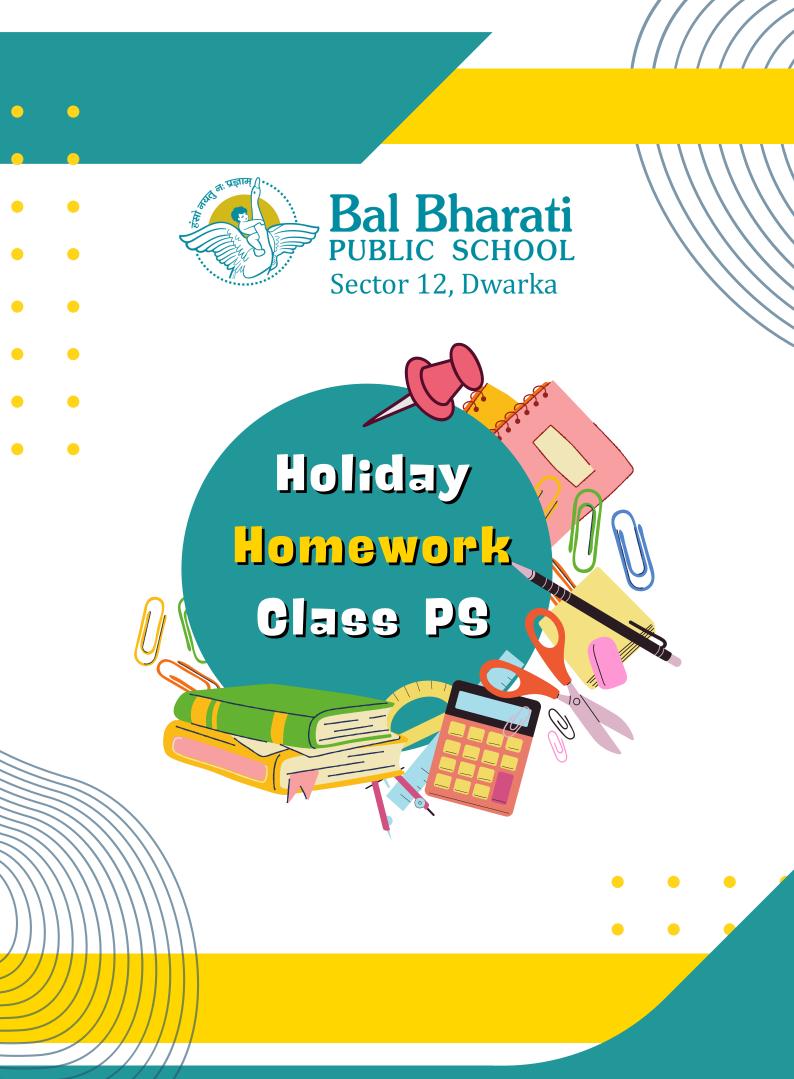
Collaborate with your children and assemble "nourishment kits" for guards, rickshaw pullers, and community helpers toiling in the summer sun.

Accompany your children to a local animal shelter and tend to animals together, fostering compassion and empathy in children.

Happy parenting and bonding with children!!!

Warm regards Suruchi Gandhi Principal

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Summer days are great fun, To swim and play in the sun. With ice-creams and lemonade, Memories of summer can never fade.

#### Dear Parent

Welcome to our Summer Vacations Homework Adventure! Summer vacations are all about fun and adventure. The National Curriculum Framework emphasizes the importance of holistic education acknowledging that learning extends beyond the confines of the classroom. Summer holiday homework for children, as proposed by the NCF, is designed to foster creativity, curiosity and independent thinking. It aims to provide children with opportunities to explore areas of interest, engage in hands-on activities, and develop essential life skills. This encourages self -directed learning and enables children to discover the joy of learning outside traditional academic settings.

By engaging in hands-on activities suggested by NCF, children develop critical thinking, problem solving abilities and become more confident learners .Our specially maneuvered holiday homework will encourage fun and creativity in learning by making it more interactive ,relevant to real-life situations and aligned with the holistic development of children.

The exciting and enriching activities are sure to keep our little ones engaged during the sunny days ahead. Let's embark on a journey of discovery and joy together by providing fun hands -on experiential learning opportunities.

#### Few guidelines for Parents as Co-facilitators:

- 1. Make reading a regular practice with pictures and large text. Let your children select the book for you to read aloud.
- 2. Have an interesting bed-time story session with them.
- 3. Familiarise them with AI coding concepts through playful activities such as simple coding games, enhanced Scavenger hunt, virtual pet care etc.
- 4. Encourage them to spend time with their grandparents..
- 5. Have meals together. Teach them to be grateful to God and encourage them not to waste food.
- 6. Keep a check on their screen time and engage them in activities that combine play and learning.

#### Expected Competencies to be developed

This package aims at developing the following competencies -

- 1. Recognise 'self' as an individual belonging to a family and community.
- 2. Practice safe use of material and simple tools.
- 3. Innovate and work imaginatively to express a range of ideas and emotions through art.
- 4. Recognise different emotions and make efforts to regulate them.
- 5. Sort objects into groups and sub-groups.
- 6. Identify and extend simple patterns in his/her surroundings, shapes and numbers.
- 7. Show care for and joy in engaging with all life forms. Wishing you a very pleasant time together! Regards

(Amrita Malhotra) Headmistress

# Bal Bharati

JUNE 2024

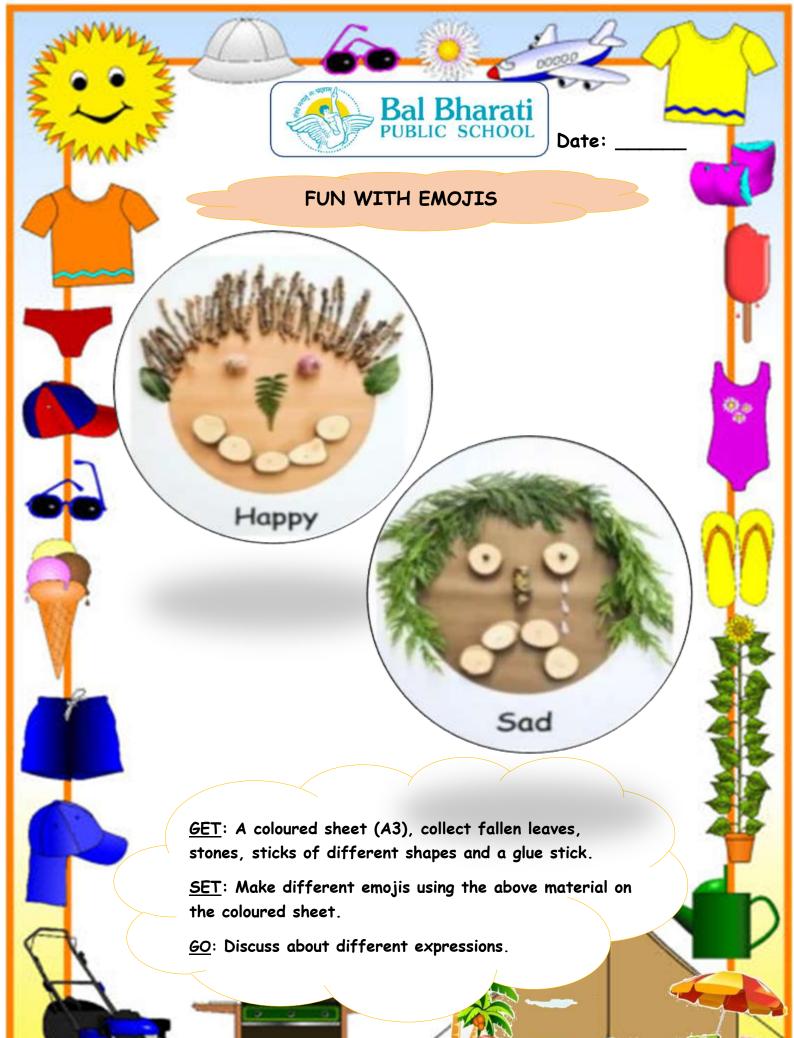
#### DAILY FUN WITH YOUR LITTLE ONE!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Sip it up! [Milk Day) Have a glass of your favourite milkshake.
2 Challenge: Spend the entire day as a Screen -free day.	3 Enjoy the Ride (World Bicycle Day) Take a ride on your bicycle.	4 Mon and me- Help your mother in filling water bottles.	5 Be Planet Smart (World Environment Day) Plant a summer vegetable garden.	6 Neighbourhood Scavenger Hunt – Explore the places around your neighbourhood with a family member.	7 From farm to plate, Make food safe. (World Food Safety Day) Cook a dish with your mother.	8 Ocean Explored (Oceans Day) Make water animals with play dough.
9 Kitchen tools are so cool- Explore the kitchen tools with your mother.	10 Watermelon Seed Counting- Eat a watermelon and count its seeds.	11 Sow and Reap- Plant seeds from something you've eaten.	12 Clean out Closet - Organise your wardrobe with your mom.	13 Windy Wheel - Make a pinwheel.	14 I can help- Help your mother in laying the dining table.	15 Nature Trail – Go for a Nature walk.
16 My Hero, My world - Father's Day Prepare a lemon mojito for your dear father.	17 Wash your bike/car with your father.	18 Furry fun- Wash your soft toys.	19 Science Fun - Explore items that sink and float in your bath tub.	20 Me the explorer - Collect fallen leaves and discuss their shape and colour with your family.	21 Karo Yog, Raho Nirog (International Yoga Day) It's time for yoga moves.	22 Music Mania- Make music using utensils.
23 I Spy - Play Hide and Seek with your family.	24 Swinging Munchkins- Swing on the swings.	25 Suno kahaani- Nani/Dadi ki zubaani- Create a stick puppet of your favourite character.	26 Summer is my season- Decorate a summer tote bag.	27 Ice Cube Discovery- Play with ice cubes outside. Watch how quickly they melt.	28 Kind Little Hearts- Place water bowls for birds and stray animals outside your house.	29 Stargazing - Count the number of stars.

Aao School chalein It's time to pack your bag.

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**Note** :Parents are requested to click photographs of their ward while doing these activities, paste them in a well presented scrap file and submit the same on July 3,2024.





## "आओ बनाएं हम ! "

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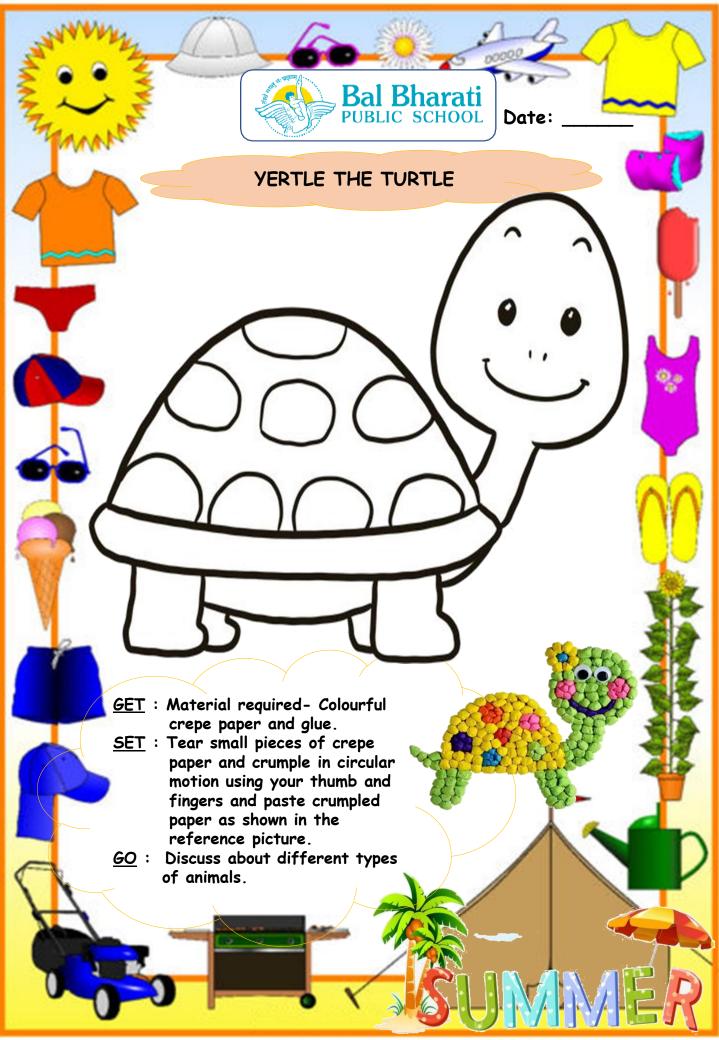
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लाओ - गोंद, वेल्क्रो, गता, रंगीन कागज़, चेहरे और चेहरे के अंगों की तस्वीरें।

तैयार - चेहरे के विभिन्न अंगों के चित्रों को काटें। अंगों को सही स्थान पर वेल्क्रो के साथ चिपकाएँ और एक सुंदर A4 साइज बोर्ड गेम बनाएं।

चलो - अपना परिचय पांच वाक्यों में दें ।



## NUMBERS COUNTING FUN!

Bal Bharati

Date:



<u>GET</u>: A cardboard, any colour chart paper, origami sheets, marker, paper cups, glue and scissors (to be used by adults only).

<u>SET</u>: Cut 10 medium size circles of different origami sheets and cover cardboard with any light colour chart paper.

<u>GO</u>: (1) Paste 10 circles at equal distance on

the cardboard (as shown in the pic).

- (2) Make big dots on each circle from numbers
  - 1 to 10 (see pic for reference).
- (3) Write any number from 1-10 on each paper cup.Your number correlation board game is ready.

## CODING IS MY SUPERPOWER!

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Date:

Square

Circle

Triangle

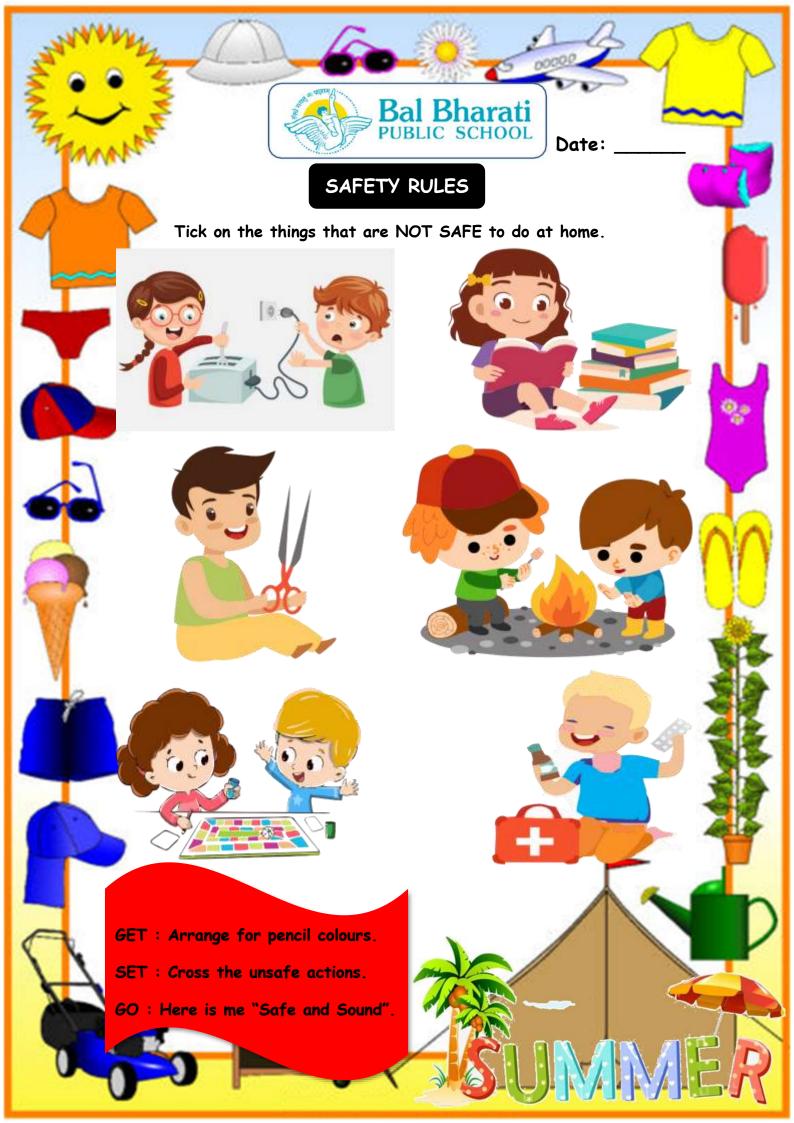
Rectangle

Rectangle

Rectangle

GET: Colourful origami sheets, glue and scissors ( to be used by adults only).

SET: Cut different shapes of coloured origami sheets in circle, square, rectangle and triangle shapes (size and colour as per given). GO: Help your ward to complete the picture of engine by pasting different shapes according to given colour code. Discuss where engine can be used and importance of Railways.



# FRUTY FANTASIES

PUBLIC

Bal Bharati

SCHOOL

Date:



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## FRUIT POPSICLES

<u>GET</u> - Assorted fresh fruits (such as Strawberries, Blueberries, Kiwi, Mango etc.), Fruit juice or Coconut water, Popsicle mould and Popsicle sticks.

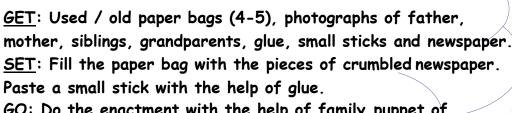
<u>SET</u> - Wash and chop fruits into small pieces. Fill popsicle moulds into chopped fruits. Pour fruit juice or coconut water into the moulds, covering the fruits. Insert popsicle sticks into the moulds. Freeze for at least 4-6 hours or until completely solid

<u>GO</u> – Remove from moulds and enjoy your homemade fruit popsicles with your family.

## FAMILY BOND

Bal Bharati

Date:



<u>GO</u>: Do the enactment with the help of family puppet of each member.

