



District Disaster Management Authority, South West
Office of the DISTRICT MAGISTRATE & Deputy Commissioner
OLD TERMINAL TAX BUILDING, KAPASHERA, NEW DELHI-110037

F./SDM/DW/DDMA/2025/26315

Dated: 15/04/2025

ADVISORY

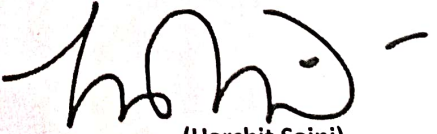
Preparedness Measures for Upcoming Heatwave

It has been brought to notice through the Meteorological Department that a severe heatwave is expected to affect various parts of the region in the coming days. In view of this, all educational institutions are advised to take necessary precautionary and preparedness measures to ensure the health and safety of students and staff.

The following guidelines must be followed with immediate effect:

- I. Rescheduling School Timings i.e consider early morning shifts to avoid peak heat hours (12 PM to 4 PM)
- II. Limit or reschedule outdoor activities, including sports and assemblies.
- III. Ensure adequate availability of drinking water in all classrooms and premises.
- IV. Encourage students to bring their own water bottles and drink water frequently.
- V. Install or check functionality of fans, coolers, or ventilation systems.
- VI. Advise students to wear light, loose-fitting, and light-colored cotton clothes. Recommend caps or umbrellas for students walking or commuting in open areas.
- VII. Monitor students for symptoms of heat exhaustion or heatstroke: dizziness, nausea, rapid heartbeat, fatigue. Keep ORS (oral rehydration salts) and a basic first aid kit accessible.
- VIII. Train staff to respond to heat-related emergencies. Educate students through brief sessions on heatwave precautions.
- IX. Keep communication lines open with parents and guardians regarding school schedules or health advisories.
- X. Ensure classrooms are shaded and windows have curtains or blinds to reduce direct sunlight. Use non-electrical cooling methods such as wet curtains, water sprinkling if necessary.

We urge all schools to remain alert and take proactive steps. Timely action can help safeguard the health of our young learners during extreme weather events.


(Harshit Saini)

SDM, Dwarka/SDM DDMA

DISTRICT SOUTH-WEST