<u>**COVER NOTE**</u>
<u>**Holiday Homework**</u>

<u>**Classes IV & V**</u>

Dear Parents,

Popsicles and splashes bright,
Running through the pure sunlight.
Kites that fly and songs we sing,
Oh, what joy the summer brings!

As the warmth of summer begins to glow, we at **Bal Bharati Public School** welcome this cheerful season as a time for **joy, discovery, and meaningful learning beyond the classroom**. Summer offers a beautiful opportunity to nurture curiosity, creativity, and responsibility in children through simple, everyday experiences.

This year's holiday homework is thoughtfully designed around key themes from the **United Nations Sustainable Development Goals**—specifically **SDG 2: Zero Hunger** and **SDG 15: Life on Land**. Through fun and purposeful activities, children will explore the importance of healthy food, reducing food waste, growing plants, protecting animals, and caring for our environment. These projects aim to help children think globally and act locally—with compassion and awareness.

At **Bal Bharati**, we promote a **holistic and interdisciplinary learning approach**—where science, art, math, language, and values come together in exciting, hands-on ways. Baking becomes a fun math activity, gardening reveals science in action, and a family discussion about food waste builds both awareness and empathy.

Encourage your child to explore, observe, and reflect—through books, nature walks, sketching, storytelling, and small acts of kindness. Let's also maintain a healthy balance between screen time and real-world exploration. This is a wonderful time for dancing, doodling, building, playing, and having meaningful family conversations.

Let this summer be a season of **curiosity, creativity, care—and learning that lasts a lifetime**. Here's to making memories, discovering new ideas, and becoming thoughtful young changemakers!

Regards

(Suruchi Gandhi)
Principal

Bal Bharati PUBLIC SCHOOL DWARKA

2 ZERO HUNGER

SUMMER HOLIDAY EXPEDITION SDG 2 HUNGER HEROES UNITE !

HUNGER HEROES FOOD DROP

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JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Bucket Blast Sunday – Create Your Summer Bucket List ✏️	**2** 🎨 Draw Your Dream House	**3** 💬 Read Your Favourite Storybook	**4** ⚡ Kitchen Lab Day – Make Lava Lamp Using Butter https://www.youtube.com/watch?v=D5Nh6LugmRQ	**5** Green Hero Day 🌱 Plant a Tree & DIY Recycled Craft	**6** 🎬 Watch a Kids' Movie	**7** 🌳🔍 Nature Detective 🍃 Leaf Print & Scavenger Hunt
8 🌊 Ocean Explorer 🐠 – Make Ocean-in-Bottle Craft	**9** 🍉 Picnic Palooza – Home/Park Picnic	**10** 🎵 Sing or learn a new song with karaoke. 🎤	**11** 📔 Make a Mini Story Picture Book	**12** Folk Art Fiesta Mandala on A3 size Cloth	**13** ✨🌌 Starry Skies – DIY Glow Constellation Map	**14** 🌈 Water Play Time
15 🎁 Father's Day – Make a 🥇 Medal for Dad	**16** 📹 Mini Vlogger – Record "My Day" Video	**17** 🎭 Put on a mini play with grand parents.	**18** 🎉 Party Time! 🦋🕺 Dress-up and Dance	**19** 👐 Kindness Counts! 🎁 Donate a Toy	**20** 🌱 Mini Garden – Make Recycled Pot Garden	**21** 🧘 Solstice Sunrise Yoga! 🧘
22 🥭 Mango Day 🥤 Smoothies	**23** 🕊️ Kabir Jayanti – 📖 Doha Reciting	**24** Make music with utensils and record a video.	**25** 💻 Coding Champ Day – Try Scratch or Blockly	**26** 🚭 Anti-Drug Day – 📝 Make a chart on "healthy affirmations".	**27** Watch Jagannath Yatra on TV	**28** 🏕️ Indoor Camping, & Paper Boats Craft ⛵
29 ✏️ Stats Day – Have 🎲 Fun with Numbers 🔢	**30** 🎪 Wrap-Up Carnival Slideshow					

EXPECTED COMPETENCIES

1. Multidisciplinary Expression through activities
2. Logical thinking and Real Life Application
3. Understanding money and basic math operations
4. Environmental awareness and Healthy Choice
5. Map Reading and Financial Literacy
6. Collaboration and Critical Thinking
7. Nutrition and Life style awareness

ENGLISH

EXPEDITION I FARM TO PLATE

- Create a comic strip about the journey of a tomato from a seed to your plate.
- Interview a chef or a family member about traditional recipes and their importance.
- Organize a mini "Food talk Show" at home with your friends or siblings.

EXPEDITION II MY TIME CAPSULE

- Create a small 'Time Capsule' (Box or Scrapbook).
- Include a letter to your Future self , a news clipping , a drawing and any 1 personal item.
- Decorate and label your Time Capsule.

FARM

FARM

हिंदी
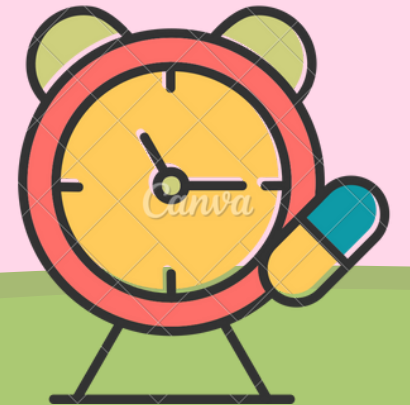
गतिविधि 3 : अत्तिरिक्त भोजन नए विचार

- बची हुए भोजन से बनाई गई स्वादिष्ट व्यंजन की वीडियो या फोटो लेकर एक पीपीटी तैयार करे ।
- जैसे बचे हुए राइस से आप कटलेट बना सकते है , बची हुई रोटी से आप रजस्तहना का प्रसिद्ध चूरमा बना सकते है , ऐसे ही अलग अलग व्यंजन तैयार करे ।

गतिविधि 4 : भोजन है जीवन का आधार

- A4 साइज शीट पर या किसी बड़े चार्ट पेपर पर आप सूंदर पोस्ट तैयार कर सकते है जिसमे भोजन की बचत पर लोगो में जागरूकता दर्शायी गए होगी और कुछ ऐसी कविताये या सन्देश लिखे जो लोगो को जागरूक कर सके ।

MATHEMATICS

Café

EXPEDITION 5:
FUEL CHECK - HOMEMADE VS FAST FOOD CALORIES

- Survey 10 friends or family members about their favourite food. Create a Bar Graph
- using the results on a Graph Paper. Now, Estimate the
- calories in a homemade meal and compare it with the fast food meal.

Kcal

KCAL

EXPEDITION 6:
THE MATH CAFE

- Create a pretend cafe menu with food items and prices.
- Make 5 sample bills.
- Add simple discounts (like 10 percent) to a few bills.
- Decorate your menu and bills creatively.

WORLD AROUND US

🔍 EXPEDITION 7: PLANT IT ! WATCH IT ! EAT IT !

- Grow a vegetable in a pot and document it's growth with pictures and notes.
- Research and present 5 seasonal foods in your region.
- Create a simple, healthy, no cook recipe and demonstrate it in a short video.

EXPEDITION 8: TRAVEL BUDDY SCRAPBOOK

- Choose a country or an Indian State..
- Collect 5 key facts : Food , Dress, Landmarks, Currency , Language.
- Add a simple travel budget (Tickets, Food, Stay)

LIFE SKILL CORNER

NUTRITION DETECTIVE

Track your meals for 5 days.

Classify food items into proteins , carbs , fats, vitamins .

Draw the picture of a balanced meal and write a paragraph on your learnings.

ARTS & EXPRESSION

🎨 DAD'S DELIGHT - A FRUIT CAKE SURPRISE

Bake a simple fruit cake and express your love through a handmade gift. Past the photos in a scrap file.

Explorer Note

"Ahoy kids! This is Popeye the Sailor Man! Remember—don't waste yer food! There's hungry mouths out there, so eat what ya take and be strong to the finish, like me spinach!"