



Bal Bharati
PUBLIC SCHOOL
Sector 12, Dwarka

Holiday Homework

CLASS VII (2025-26)

Tiny tasks, big gains!

CLASS VII

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1	ENGLISH
2	HINDI
3	MATHEMATICS
4	SCIENCE
5	SOCIAL SCIENCE
6	SANSKRIT
7	FRENCH

HOLIDAY HOMEWORK (VII)

ENGLISH

1. INNOVATIVE PROJECT WITH REAL TIME EXPERIENCE

TOPIC- PROJECT/ ACTIVITY- 1	Family Recipe Storybook: "Flavours of My Family" Instructions: <ul style="list-style-type: none"> Interview family members about their favourite recipes. Write the recipe in English with a short story/memory attached to it (e.g., "This is my grandmother's secret cake recipe that she made for every birthday.") Compile 4-5 recipes into a small recipe book.
LEARNING OUTCOME/ SKILL ENHANCED	Instructional writing Storytelling Sequencing
RESOURCES	Canva (Free templates for storybooks & recipe layouts) https://www.canva.com/ Book Creator (Perfect for school storybooks) https://bookcreator.com/
MODE OF SUBMISSION	<ul style="list-style-type: none"> Recipe Book in a pen drive
RUBRICS	<ul style="list-style-type: none"> Content & Creativity Language & Grammar Structure & Flow

2. SUBJECT ENRICHMENT

SUBJECT	ENGLISH
ASSESSMENT PARAMETER	SUBJECT ENRICHMENT
TOPIC	"A Day in My Life: Self-Reflection through Words and Art"
PROJECT/ACTIVITY	Students will complete a Daily Reflection Journal for a selected day. It includes: <ol style="list-style-type: none"> 1. Date and mood rating 2. Reason for feeling 3. Act of kindness 4. Something new they learned 5. Artistic expression (optional sketch, emoji, or color that reflects their day)

LEARNING OUTCOME/SKILL ENHANCED	<ul style="list-style-type: none"> ➤ Enhances vocabulary and imagination ➤ Cultivates critical thinking and reflective skills ➤ Encourages a reading habit- Enhances self-awareness and emotional intelligence <ul style="list-style-type: none"> - Develops written communication and expressive language skills - Promotes mindfulness and well-being - Integrates language, value education, and art
RESOURCES (Online Links)	<ul style="list-style-type: none"> - NCERT Life Skills Guide - Canva for visual reflections - CBSE SEL Guidelines
MODE OF SUBMISSION	Handwritten journal (scanned as PDF) - Digital journal (Google Docs, Slides, Canva)
RUBRICS	Total: 20 Marks 1. Reflection Quality (5 marks) - Thoughtfulness, relevance of content 2. Language Use (5 marks) - Clarity, grammar, and expression 3. Creativity (5 marks) - Use of visuals, presentation style 4. Completion (5 marks) - All elements present and submitted on time

GUIDELINES

- **The objectives of the project work are to enable learners to:**
 - To provide students with a space for mindful reflection
 - To strengthen emotional vocabulary and self-expression
 - To build empathy and value-based thinking through personal reflection
- **The expectations of the project work are that:**

- Students write honestly and reflect thoughtfully
 - Incorporate expressive elements like emojis, sketches, or short creative writing
 - Neatly presented work, either handwritten or digital
- **Scope of the project:**
- Cross-disciplinary (English + Life Skills + Visual Arts)
 - Can be done daily, weekly, or as a 3-day/5-day series
 - Encourages NEP focus on holistic, experiential learning
- **Expected Checklist:**
- Date and Day written
 - ✓ Mood emoji selected and reason explained
 - ✓ Act of kindness shared
 - ✓ Learning of the day recorded
 - ✓ Optional visual/art element included
- **Mode of presentation/submission of the Project:**
- Handwritten journal (scanned as PDF)
 - Digital journal (Google Docs, Slides, Canva)

3. MULTIPLE ASSESSMENT

SUBJECT	ENGLISH
ASSESSMENT PARAMETER	MULTIPLE ASSESSMENT
TOPIC	"Voices of Wisdom: Conducting and Documenting a Short Interview"
PROJECT/ACTIVITY	Students will conduct a short interview (5-6 questions) with a person of interest - a family member, teacher, community helper, or local leader - and write a Q&A article capturing the responses in a journalistic format. This promotes communication, listening, and writing skills.
LEARNING OUTCOME/SKILL ENHANCED	<ul style="list-style-type: none"> -Enhances reading, writing, and communication skills - Develops understanding of scientific and historical contexts - Fosters creativity and storytelling - Builds 21st-century skills: critical thinking, collaboration, digital literacy- Develops communication,

	<p>questioning, and listening skills</p> <ul style="list-style-type: none"> - Enhances comprehension and journalistic writing - Builds confidence and respect for different perspectives - Integrates 21st-century skills: collaboration, critical thinking, digital literacy
RESOURCES (Online Links)	<ul style="list-style-type: none"> - CBSE Expression Series Guidelines - How to Conduct an Interview - Padlet or Flipgrid for recording responses
MODE OF SUBMISSION	<p>Typed or handwritten Q&A article (scanned PDF)</p> <ul style="list-style-type: none"> - Video/audio interview clip (optional)
RUBRICS	<p>(Total: 20 Marks)</p> <p>1. Content Relevance & Depth (5 marks) - Meaningful questions and insights</p> <p>2. Language & Expression (5 marks) - Grammar, vocabulary, clarity</p> <p>3. Presentation & Formatting (5 marks) - Proper Q&A structure, neatness</p> <p>4. Engagement & Reflection (5 marks) - Thoughtfulness in the process and personal learning shared frame balance</p>

GUIDELINES

- **The objectives of the project work are to enable learners to:**
 - To build real-world communication skills
 - To learn how to ask open-ended, respectful questions
 - To understand and appreciate diverse perspectives through active listening
- **The expectations of the project work are that:**
 - Students should select an appropriate interviewee and prepare questions in advance
 - The interview should be conducted respectfully
 - Answers should be recorded accurately and summarized in article form
 - The article must follow a Q&A format or narrative style

➤ **Scope of the project:**

- Combines English (writing), ICT (recording/presenting), Social Science (community awareness), and Value Education (ethics and empathy)
- Promotes NEP goals of real-life, interdisciplinary, experiential learning

➤ **Expected Checklist:**

- ✓ Interviewee name and background
- ✓ 5-6 well-formed, open-ended questions
- ✓ Clear responses documented
- ✓ Article formatted properly
- ✓ Reflection on what the student learned

➤ **Mode of presentation/submission of the Project:**

- Typed or handwritten Q&A article (scanned PDF)
- Video/audio interview clip (optional)

ग्रीष्मावकाश कार्य (कक्षा सातवीं - विषय हिंदी)

कॉमिक्स निर्माण	
मूल्यांकन मापदण्ड (बहुविषयी मूल्यांकन/ विषय संवर्धन)	बहुविषयी मूल्यांकन
विषय	हिंदी
परियोजना कार्य	<p>कॉमिक्स निर्माण</p> <p>विषय-पौष्टिक भोजन-स्वस्थ जीवन</p> <p>सामूहिक प्रक्रिया में पाँच-पाँच विद्यार्थियों के समूह बनाए जाएँगे प्रत्येक समूह के सदस्य निम्नलिखित बिंदुओं पर आधारित परियोजना तैयार करेंगे:-</p> <ol style="list-style-type: none"> 1. पौष्टिक भोजन की उपयोगिता 2. पौष्टिक भोजन की कार्यनुसार आवश्यकता तालिका द्वारा--चित्रात्मक प्रस्तुति 3. पौष्टिक भोजन से ही स्वस्थ जीवन संभव है। 4. व्यर्थ भोजन के पुनः उपयोग हेतु सुझाव। 5. जितना खाओ; उतना लो अर्थात आपको जितना खाना है उतना ही भोजन अपने प्लेट में लेना है। <p>कॉमिक्स कुल 6 से 7 पृष्ठ की होगी। प्रथम पृष्ठ विषय सदस्यों के नाम आदि सूचनाओं के लिए प्रयुक्त होगा। अन्य पाँच पृष्ठ प्रत्येक उपभाग के लिए निर्धारित हैं।</p>
मुख्य उद्देश्य	<p>* विद्यार्थियों को अपने स्वास्थ्य के प्रति जागरूक करना और शारीरिक श्रम व व्यायाम के महत्व के बारे में जानेंगे।</p> <p>* पौष्टिक भोजन के लाभ व जंक फूड खाने के दुष्परिणामों से अवगत कराना</p> <p>* भोजन को व्यर्थ ना करना।</p> <p>* रचनात्मकता</p> <p>* कल्पना</p> <p>* भाषाईबुद्धि</p>

सहायक सामग्री	https://youtu.be/e41aosfuzYk?feature=shared https://youtu.be/RgFHNt4IRYg?si=HL3AOxhpL2vMue0f https://youtu.be/5ilCFilZWmM
जमा करने का माध्यम	* परियोजना कार्य
रूब्रिक	<ul style="list-style-type: none"> • प्रस्तुतिकरण - 2 • मौलिकता - 1 • विषय-वस्तु - 2

बाल भारती पब्लिक स्कूल,द्वारका
ग्रीष्मावकाश गृह कार्य - कक्षा VII - 2025 -2026

विषय	हिंदी - कक्षा VII
मूल्यांकन मापदण्ड (बहुविषयी मूल्यांकन/ विषय संवर्धन)	(विषय संवर्धन)
उपविषय	पसंदीदा लेखकों को श्रद्धांजलि - साहित्यिक कैलेंडर 2025
परियोजना / गतिविधि	<p><u>गतिविधि 1:</u></p> <p>आइए अपने कुछ सर्वकालिक पसंदीदा लेखकों को श्रद्धांजलि दें।</p> <p>नीचे दी गई सूची में से किसी एक लेखक को चुनें-</p> <p>1. महादेवी वर्मा 2. रवींद्रनाथ टैगोर 3. प्रेमचंद</p> <p>4. सूर्यकान्त त्रिपाठी निराला 5. कबीरदास 6. मीराबाई</p> <p>एक साहित्यिक कैलेंडर तैयार करें जिसमें निम्नलिखित विवरण शामिल हों।</p> <ul style="list-style-type: none"> ➤ कवर के रूप में लेखक/ कवि का पोर्टफोलियो/चित्र ➤ उनका निजी जीवन ➤ उनकी शिक्षा ➤ लेखन की शैली और वे किस युग से संबंधित थे ➤ प्रसिद्ध रचनाएँ ➤ उपलब्धियाँ ➤ उनकी किसी भी प्रसिद्ध पुस्तक पर एक पुस्तक समीक्षा <p>पुस्तक समीक्षा के लिए, आपको पुस्तक का शीर्षक, यह कब लिखी गई, शैली, प्रमुख विषय और पात्र, यह क्यों लोकप्रिय है और आपको पुस्तक के बारे में क्या पसंद है, यह शामिल करना होगा।</p>
सीखने के परिणाम / कौशल में वृद्धि	<ul style="list-style-type: none"> • विद्यार्थी विभिन्न प्रमुख हिंदी साहित्यकारों के जीवन, कृतित्व और योगदान को पहचानना सीखेंगे। • साहित्यिक विधाओं (कविता, कहानी, नाटक आदि) में उनके कार्यों का महत्व समझेंगे। • विद्यार्थियों को भारतीय संस्कृति, समाज और जीवन मूल्यों की झलक साहित्यकारों के विचारों के माध्यम से मिलेगी। • सहिष्णुता, करुणा, स्वतंत्रता और समानता जैसे मूल्य स्पष्ट होंगे।
संसाधन (Online Links)	<p>https://in.pinterest.com/skortcheva/calendars/</p> <p>https://www.exoticindiaart.com/book/details/hindi-calender-nze521/</p>

जमा करने का तरीका	<p>Online Submission on CANVA at - holidayhomework2025@gmail.com</p> <p>Please write the following details in the subject :</p> <p>Name :</p> <p>Class & Sec :</p> <p>Roll No :</p>
मूल्यांकन बिंदु	<ul style="list-style-type: none"> • प्रस्तुतिकरण • मौलिकता • विषय-वस्तु
मूल्यांकन मापदण्ड (बहुविषयी मूल्यांकन/ विषय संवर्धन)	बहुविषयी मूल्यांकन
उपविषय	टाइम मशीन - 2025
परियोजना / गतिविधि	<p><u>गतिविधि 2:</u></p> <p>आपने ऐसे किरदार देखे होंगे जो किताब में यात्रा करते हैं। लेकिन क्या होगा अगर वे भविष्य में यात्रा करते हैं ? आइए उन्हें किताब से बाहर निकालकर आज की दुनिया में ले चलते हैं। कल्पना करें कि किताब का आपका पसंदीदा किरदार 2025 में जी रहा है। एक दृश्य या छोटी कहानी लिखें जिसमें किरदार, किताब से बाहर निकलकर आज की दुनिया में यात्रा करता है। अपने अवलोकनों को अपने परिवार के सदस्यों के साथ साक्षात्कार के रूप में दर्ज करें। इसे ज़्यादा आकर्षक बनाने के लिए चित्र/चित्र/रेखाचित्र जोड़ें।</p>
सीखने के परिणाम / कौशल में वृद्धि	<ul style="list-style-type: none"> • विद्यार्थी भविष्य की दुनिया की कल्पना करते हुए नए विचार प्रस्तुत कर सकेंगे। • वे कहानी, कविता या चित्र के माध्यम से अपनी सोच को रचनात्मक रूप में व्यक्त कर पाएंगे। • भविष्य की दुनिया में समाज, पर्यावरण, विज्ञान और तकनीक के संभावित प्रभावों पर विचार कर सकेंगे। • सामाजिक परिवर्तन और उनके प्रभावों को समझने की क्षमता विकसित होगी।
संसाधन (Online Links)	<p>https://www.timemachine.eu/time-machine-organisation/</p> <p>https://zeenews.india.com/hindi/technology/time-machine-travel-man-came-from-future-to-meet-his-younger-self/1709567</p>

जमा करने का तरीका	<p>Online Submission on CANVA at - holidayhomework2025@gmail.com</p> <p>Please write the following details in the subject :</p> <p>Name :</p> <p>Class & Sec :</p> <p>Roll No :</p>
मूल्यांकन बिंदु	<ul style="list-style-type: none"> • प्रस्तुतिकरण • मौलिकता • विषय-वस्तु

सहायक सामग्री	https://youtu.be/e41aosfuzYk?feature=shared https://youtu.be/RgFHNt4lRYg?si=HL3AOxhpL2vMueOf https://youtu.be/5ilCFilZWmM
जमा करने का माध्यम	* प रयोजना काय
रूफ क	<ul style="list-style-type: none"> • प्रस्तुतिकरण - 2 • मौलिकता - 1 • विषय-वस्तु - 2

2. (ववषर् सांवर्यन)

ववषर्	हहिंदी - कक्षा VII
मूलर्ांकन मापदण्ड (बहुववषर्ी मूलर्ांकन/ ववषर् सांवर्यन)	(ववषर् सांवर्यन)
उपववषर्	पसांदीदा लेखकों को श्रद्ांजल - साहहव्यर्क कैलेंडर 2025
पररर्ोजना / गततववधर्	<p><u>गतिविधि 1:</u></p> <p>आइए अपने कुछ सिवकालिक पसिंदीदा िेखकों को श्रदिांजलि दें। नीचे दी गई सूची में से ककसी एक िेखक को चुनें-</p> <p>1. महादेी िमाव 2. रििंद्रनाथ टैगोर 3. प्रेमचिंद</p> <p>4. सूर्वकान् िरिपाठी तनरािा 5. कबीरदास 6. मीराबाई</p> <p>एक साहहत्यर्क कैिेंडर िैर्ार करें तजसमें तनम्नलिखखि विरिण शालमि हों।</p> <ul style="list-style-type: none"> ➤ किर केरूप में िेखक/ कवि का पोटवफोलिर्ो/धचि ➤ उनका तनजी जीिनि ➤ उनकी लशक्षा ➤ िेखन की शैिी और िे ककस र्ग से सिबिधिि थे ➤ प्रलसदि रचनाएँ ➤ उपित्धिर्ाँ

MATHEMATICS

1. INNOVATIVE PROJECT

ASSESSMENT PARAMETER	INNOVATIVE PROJECT
TOPIC	Data Handling
PROJECT/ACTIVITY	<p>Data Detectives</p> <p>Choose a Topic of Interest -</p> <ul style="list-style-type: none">• Daily water usage per family member• Favorite type of transport used in their locality• Daily time spent on physical activity vs screen time• Number of books read by family members by genre• Weekly household waste (dry vs wet) <p>Prepare a scrapbook and collect data from at least 10-15 people</p> <p>Organize the data using frequency table</p> <p>Calculate the Mean, Median, and Mode of the data</p> <p>Compare two categories (e.g., boys vs girls, weekdays vs weekends, online vs offline habits) and create a double bar graph</p>
LEARNING OUTCOME / SKILL ENHANCED	<p>Data Collection and Representation</p> <p>Application of Measures of Central Tendency (Mean, Median, Mode)</p> <p>Graphing and Comparative Thinking</p> <p>Communication, Critical Thinking</p> <p>Interdisciplinary Thinking and Awareness</p>
RESOURCES (Online Links)	<p>Khan Academy - Statistics Basics</p> <p>Math is Fun - Data Handling</p>
MODE OF SUBMISSION	Scrapbook
RUBRICS	<p>Accuracy of Calculations</p> <p>Completion of task</p> <p>Analysis and Reasoning</p> <p>Presentation</p>


2. SUBJECT ENRICHMENT

ASSESSMENT PARAMETER	Subject Enrichment - Project-based Learning
TOPIC	Integers
PROJECT/ACTIVITY	<p>Integer Maze Game</p> <p>Design a board game or maze using integers. Include paths where players must solve integer operation problems (addition, subtraction, multiplication, or division) to move forward.</p> <p>Ensure at least 10 integer problems are embedded in the game.</p> <p>Write game rules and demonstrate one example of gameplay.</p>
LEARNING OUTCOME/SKILL ENHANCED	Applying integer operations in gamified situations
RESOURCES (Online Links)	Khan Academy- Integers
MODE OF SUBMISSION	Physical Submission of board game/ maze
RUBRICS	<p>Creativity and Presentation</p> <p>Conceptual Understanding</p> <p>Originality of Activity</p> <p>Timely Submission</p>

3. MULTIPLE ASSESSMENT

ASSESSMENT PARAMETER	MULTIPLE ASSESSMENT
TOPIC	"Mathematics in Art: Exploring Rangoli and Island Traditions"
PROJECT/ACTIVITY	This project invites students to delve into the geometric intricacies of Rangoli designs, a traditional Indian art form, and explore the rich artistic heritage of the Andaman and Nicobar Islands and Lakshadweep. Students will analyze mathematical concepts within these art forms and create their own designs inspired by these cultures.
LEARNING OUTCOME/SKILL ENHANCED	Students will be able to <ul style="list-style-type: none">□ Understand the mathematical principles underlying Rangoli designs.□ Explore the traditional art and artifacts of the Andaman and Nicobar Islands and Lakshadweep.□ Create original Rangoli designs incorporating geometric concepts and cultural motifs.□ Develop presentation skills to showcase artistic and mathematical understanding.
RESOURCES (Online Links)	<ul style="list-style-type: none">□ Videos:<ul style="list-style-type: none">• Making a Rangoli Using Mathematical Shapes• Mathematical Rangoli Designs□ Articles:<ul style="list-style-type: none">• Traditional Handicrafts of Andaman and Nicobar Islands• Craft of India - Lakshadweep Island• https://www.linkedin.com/pulse/local-handicrafts-art-lakshadweep-explore-craftsmanship-dqjzc?utm_source=chatgpt.com

EXPLANATION OF THE PROJECT	<p>1. Introduction to Rangoli and Geometry:</p> <ul style="list-style-type: none"> • Study the history and significance of Rangoli in Indian culture. • Analyze basic geometric concepts: symmetry, reflection, rotation, and tessellation. • Examine examples of Rangoli designs highlighting these concepts. <p>2. Cultural Exploration:</p> <ul style="list-style-type: none"> • Research the traditional art forms of the Andaman and Nicobar Islands, such as shell crafts, wood carvings, cane and bamboo products. • Investigate Lakshadweep's handicrafts, including coconut shell artifacts and coir products. • Identify common motifs, patterns, and color schemes used in these regions.Andaman Love+2andamanworldtravels.com+2Andaman Tourism+2Andaman Tourism+7The Wander Therapy+7youngintach.org+7 <p>3. Design Creation:</p> <ul style="list-style-type: none"> • Sketch original Rangoli designs incorporating geometric principles and inspired by the researched island art forms. • Utilize symmetry and pattern repetition to enhance the designs. • Optionally, create the designs physically using traditional Rangoli materials or digitally using design software. <p>4. Presentation and Reflection:</p> <ul style="list-style-type: none"> • Prepare a presentation explaining the mathematical concepts and cultural elements in the design. • Reflect on the integration of mathematics and art, and the insights gained about the island cultures.
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MODE OF SUBMISSION	<ul style="list-style-type: none"> • Create a Rangoli mural on A3 sheet (using form sheets) combining individual designs, showcasing a fusion of mathematical patterns and cultural motifs. <p>For example</p>  <ul style="list-style-type: none"> • Prepare a project report explaining the mathematical concepts and cultural elements in the design.
RUBRICS	<ul style="list-style-type: none"> • Understanding of geometry • Cultural integration • Creativity and aesthetics • Presentation quality • Reflection and insight
Values and Interdisciplinary Integration	<ul style="list-style-type: none"> • Mathematics: Geometry (symmetry, patterns, tessellations) • Art: Traditional designs, color theory, cultural symbolism • Social Studies: Cultural heritage of Andaman and Nicobar Islands and Lakshadweep • Technology: Digital tools for design and presentation

SCIENCE

1. INNOVATIVE PROJECT

	ACTIVITY	LEARNING OUTCOMES
TOPIC	Interview with Grandparents - Understanding Digestive Issues and Remedies	
	<p>Interview with Grandparents - Understanding Digestive Issues and Remedies-</p> <p>1.Prepare a Questionnaire Make a list of thoughtful and simple questions to ask your grandparents about common digestive problems such as:</p> <ul style="list-style-type: none"> i)Acidity ii)Diarrhoea iii)Hiccups iv)Constipation v)Stomach ache <p>2.Conduct an Interview</p> <ul style="list-style-type: none"> i)Have a conversation with your grand parents and ask them about: ii)Their personal experiences with these digestive problems iii)Home remedies they use or recommend for relief iv)Traditional habits that help in improving digestion <p>3.Record the Tips as a Podcast</p> <ul style="list-style-type: none"> i)Record the audio of your grandparents sharing their remedies ii)The podcast should be 1-2 minutes long iii)Give your podcast a creative title (e.g., “Grandma’s Healing Secrets” or “Dadi ke Nuskhe”) <p>4. Click a Picture Take a photo while interviewing your grandparents (with their permission)</p>	<p>Understand Common Digestive Problems</p> <p>Explore Traditional Home Remedies</p> <p>Develop Communication Skills</p> <p>Enhance Listening and Questioning Abilities</p> <p>Learn Basic Podcasting Skills</p> <p>Promote Family Bonding and Respect for Elders</p>

2. SUBJECT ENRICHMENT

Assessment Parameter	SUBJECT ENRICHMENT
Topic	NUTRITION
Project/Activity	<p>1. ROLL NO. 1-15- The Journey of a Cookie through the Digestive System Show how a cookie is broken down step-by-step from mouth to large intestine. Include: Mouth → Esophagus → Stomach → Small Intestine → Large Intestine → Anus Explain roles of enzymes, digestive juices, and organs involved.</p> <p>2. ROLL NO. 16-30-The Story of Photosynthesis Narrate how a leaf performs photosynthesis. Include: Role of sunlight, water, carbon dioxide, stomata, chlorophyll Personify elements (e.g., Mr. Sun, Miss Chlorophyll) for a fun twist!</p> <p>3. ROLL NO. 31-48-The Journey of Grass in a Ruminant's Digestive System Follow a blade of grass eaten by a cow/deer. Include: Rumen → Reticulum → Omasum → Abomasum → Intestines Use cartoon-style narration to explain how cud is chewed and digested. How to Make Your Storyboard:</p> <ul style="list-style-type: none"> • Use A4 or chart paper, or compile panels in a notebook or scrapbook. • Make at least 8-10 panels showing step-by-step sequence. • Include colored drawings, creative characters, arrows, and labels to show processes clearly. • Write neatly using simple language. • You may also make it as a foldable booklet or a comic strip!
Learning Outcome/Skill Enhanced	Art Integration <ul style="list-style-type: none"> • Exploration • Analysis • Critical thinking • Communication

Resources (Links)	https://www.storyboardthat.com/storyboards/c6839bf5/journey-of-food- from-mouth-to-anus https://www.storyboardthat.com/fr/storyboards/2660d72c/ms-cookies- journey-to-the-digestive-system https://www.storyboardthat.com/storyboards/df040fb5/photosynthesis- story2
Mode of submission	Offline (Project File)
Rubrics	Originality -2 Presentation-2 Creativity -1

3. MULTIPLE ASSESSMENT

Assessment Parameter	MULTIPLE ASSESSMENT
Topic	FORESTS: OUR LIFELINES
Project/Activity	<p>Choose any 2 out of the following 3 activities:</p> <ol style="list-style-type: none"> Forest Diary: A Week in the Life of a Tree Imagine you are a tree living in a forest. Write a 5-day diary describing: Your daily experiences The animals/birds that visit you The weather and seasons Any threats you face (e.g. logging, fire, pollution) Format: Creative writing (with drawings) Mini Forest @ Home (Terrace Garden / Balcony Garden)- Create a small “green corner” at home using pots, plastic bottles, or any recycled container. Plant at least 3 native plants or herbs, take care of them during the holidays, and maintain a Plant Growth Log: Date of Planting, Plant Name, Watering/Fertilizer, Growth Observations, Photos or Sketches (before & after holidays) Format: Photo journal or scrapbook Poster / Collage: Forests - Our Green Lungs Make a creative poster or collage showing: Benefits of forests, Forest products we use daily, Threats to forests (deforestation, forest fires), Slogans like: “Save Forests, Save Life”, “Forests - The Earth’s Lungs” Format: A3/A4 size sheet (handmade or digital)
Learning Outcome/Skill Enhanced	<p>Observation</p> <ul style="list-style-type: none"> • Exploration • Analysis • Critical thinking <p>Communication</p>
Resources (Links)	https://www.youtube.com/watch?v=BvHzWuMW24I
Mode of submission	Offline (Project File)
Rubrics	Originality -2 Presentation-2 Creativity -1

SOCIAL SCIENCE

1. INNOVATIVE PROJECT

Assessment Parameter	INNOVATIVE PROJECT
Topic	Environment
Activity	RECYCLE AND UPCYCLE Recreate anything from your old T-Shirts and give it an earthy look. Like- paint a T- Shirt, a rug from old T-Shirts etc. And use it for class and home decoration. Paste its picture along with a catchy caption in Social Science notebook.
Learning Outcome/Skill Enhanced	Creativity, Imagination, Observation, Linguistic Intelligence, Spatial Intelligence, Analytical Skills, Logical Intelligence
Resources	https://www.hgtv.com/design/make-and-celebrate/handmade/creative-ways-to-upcycle-old-t-shirts-pictures https://www.youtube.com/watch?v=xp2CmlR4SPo
Mode Of Submission	Online and Offline (Photographs)
Rubrics	Creativity: 1 Mark Content: 2 Marks Originality: 2 Marks

2. SUBJECT ENRICHMENT

ASSESSMENT PARAMETER	SUBJECT ENRICHMENT
TOPIC	Exploring Diversity in India - Culture, Traditions, and Lifestyles
PROJECT/ACTIVITY	"Cultural Collage: Unity in Diversity" - Choose any one Indian state and create a detailed collage or scrapbook showcasing its culture. Include: <ul style="list-style-type: none">• Traditional attire, food, art, dance/music forms• Language, festivals, and historical monuments• A short paragraph on how this reflects India's diversity and unity Bonus (Optional): Record a short video (1-2 minutes) explaining your work.

LEARNING OUTCOME/SKILL ENHANCED	<ul style="list-style-type: none"> • Understanding India's rich cultural diversity • Enhancing observational, creative, and research skills • Encouraging appreciation and respect for different traditions • Developing visual presentation and summarizing ability
RESOURCES (Online Links)	<ul style="list-style-type: none"> • https://www.incredibleindia.org • https://knowindia.india.gov.in • https://www.culturalindia.net • NCERT Class 7 Social Science textbook: https://ncert.nic.in/textbook.php <p><i>(Books, magazines, family discussions, and local library resources are also encouraged.)</i></p>
MODE OF SUBMISSION	<ul style="list-style-type: none"> • Collage or scrapbook (physical submission after vacation or clear photos uploaded) • Paragraph typed or handwritten and scanned/uploaded (PDF format) • Optional video presentation (shared as a file or unlisted YouTube link)
RUBRICS	<p>Content Accuracy: 1 MARK</p> <p>Creativity & Presentation: 1 MARK</p> <p>Research & Depth: 1 MARK</p> <p>Originality: 1 MARK</p> <p>Effort & Completion: 1 MARK</p>

3. MULTIPLE ASSESSMENT

ASSESSMENT PARAMETER	MULTIPLE ASSESSMENT
TOPIC	"Time Travel Diaries - A Journey Through Medieval India, Earth's Landforms, and Democracy"
PROJECT/ACTIVITY	<p>Create a 'Time Travel Diary' that includes:</p> <ol style="list-style-type: none"> 1. Historical Journal Entry - Imagine you're living in Medieval India during the rule of a Sultan or a Mughal emperor. Write a diary entry describing your life, occupations, governance, and culture. 2. Geography Scrapbook Page - Design a creative scrapbook page on landforms. Include drawings/photos, real-life examples, and how people adapt to these physical features. 3. Civic Comic Strip - Design a 6-panel comic strip titled "Why Democracy Matters" showing a scenario where democratic values solve a real-life school or community problem.

LEARNING OUTCOME/SKILL ENHANCED	<ul style="list-style-type: none"> • Critical Thinking: Connecting past with present and evaluating governance systems. • Creativity: Expressing understanding through artistic and narrative means. • Communication Skills: Writing for different formats - diaries, comics, and scrapbooks. • Research Skills: Using multiple sources for authentic information.
RESOURCES (Online Links)	https://ncert.nic.in/textbook.php (Class 7 Social Science) https://kids.britannica.com/ https://www.britannica.com/place/India/Medieval-India https://www.nationalgeographic.org/encyclopedia/landform/ https://www.cbse.gov.in/
MODE OF SUBMISSION	Handwritten with pasted printed elements
RUBRICS	Content Accuracy: 1 MARK Creativity & Presentation: 1 MARK Research & Depth: 1 MARK Originality: 1 MARK Effort & Completion: 1 MARK

संस्कृतनवाचार-परियोजनाकार्यम् - (5 अङ्काः)

विषयः	संस्कृतम् (कक्षा-सप्तमी)
मूल्याङ्कनबिन्दवः	संस्कृतनवाचार-परियोजनाकार्यम्
विषयवस्तु	कथा-कथनम् (पञ्चतन्त्र एवं हितोपदेश)
गतिविधिः	पञ्चतन्त्र एवं हितोपदेश में संस्कृत की अनेकों शिक्षाप्रद कथाएँ वर्णित हैं। किसी भी एक कथा को ऐनिमेशन-विडियो एवं कार्टून-स्ट्रिप् के माध्यम से संस्कृत में प्रस्तुत करें। चित्रकथा के निर्माण के लिए किसी भी सॉफ्टवेयर जैसे कि – BITABLE, CANVA, CARTOON STORY MAKER, ANIMAKER इत्यदि का प्रयोग किया जा सकता है।
अधिगमपरिणामाः/ कौशलवर्धनम्	समस्यासमाधानम्, वाक्यनिर्माणसामर्थ्यम्, भावाभिव्यक्तिः
संसाधनसङ्केतः	BITABLE - https://biteable.com CANVA - https://www.canva.com CARTOON STORY MAKER - https://cartoon-story-maker.informer.com/1.1/ ANIMAKER - https://www.animaker.com/
प्रस्तुतीकरणमाध्यमः	यू-ट्यूब, पीडीएफ, अथवा जी-ड्राईव लिंक https://forms.gle/1bTu26WwEfZQJY4W9 संकेत पर प्रेषित करें।
रूब्रिक्स	लेखनकौशलम्- 2 अङ्कौ, मौलिकता -2 अङ्कौ, प्रस्तुतीकरणम् – 1 अङ्कः = (5 अङ्काः)

बहुविध-मूल्याङ्कन-गतिविधिकार्यम्- 5 अङ्काः

विषयः	संस्कृतम् (कक्षा-सप्तमी)
मूल्याङ्कनबिन्दवः	बहुविधमूल्याङ्कनम्
विषयवस्तु	योगः कर्मसु कौशलम्
गतिविधिः	21 जून को अन्तर्राष्ट्रिय योग दिवस के रूप में मनाया जाता है। संस्कृत में योग एवं व्यायाम पर आधारित अनेकों श्लोक हैं जिनके माध्यम से योग का महत्व जानने को मिलता है। ऐसे ही योग से संबन्धित 3 श्लोकों को अर्थ सहित गाकर वीडियो के माध्यम से प्रस्तुत करें एवं साथ ही तीन योगासनों को करते हुए उनके लाभों का संस्कृत में वर्णन कर वीडियो के माध्यम से प्रदर्शित करें।
अधिगमपरिणामाः/ कौशलवर्धनम्	वाचनकौशलाभिवृद्धिः, श्लोकमाध्यमेन संस्कृतवाक्यानाम् अवबोधनम्, विश्लेषणात्मकता, स्वास्थ्यजागरणम्
संसाधनसङ्केतः	https://youtu.be/149Iac5fmoE योगाधारितश्लोकाः https://www.shiveshpratap.com/sanskrit-shloka-on-yoga-and-vyayam-international-

	yoga-day/
प्रस्तुतीकरणमाध्यमः	यू-ट्यूब लिंक https://forms.gle/1bTu26WwEfZQJY4W9 संकेत पर प्रेषित करें।
रूब्रिक्स	वाचनकौशलम्- 2 अङ्कौ , उच्चारणशुद्धिः -2 अङ्कौ , प्रस्तुतीकरणम् – 1 अङ्कः = (5 अङ्काः)

विषयसम्बर्धन-गतिविधिकार्यम्- 5 अङ्काः

विषयः	संस्कृतम् (कक्षा-सप्तमी)
मूल्याङ्कनबिन्दवः	विषयसम्बर्धनम्
विषयवस्तु	संस्कृतसम्वाद-लेखनम्
गतिविधिः	<ul style="list-style-type: none"> • 2 पात्रों का चयन करें (जैसे – छात्र और शिक्षक, फलविक्रेता और ग्राहक, दो मित्र, आदि)। • उन पात्रों के बीच संस्कृत में 6-8 पंक्तियों का संवाद तैयार करें। • संवाद में दैनिक जीवन की परिस्थितियों का उपयोग करें – जैसे बाजार में बातचीत, विद्यालय में मुलाकात, पुस्तकालय में संवाद आदि। • संवाद को सुंदर रूप में प्रस्तुत करते हुए A4 पेज पर लिखें।
अधिगमपरिणामाः/ कौशलवर्धनम्	लेखनाभिव्यक्तिः, वाक्यनिर्माणसामर्थ्यम्, भावाभिव्यक्तिः
संसाधनसङ्केतः	उदाहरण (संक्षिप्त-संवाद): रमेशः – नमस्ते। भवतः नाम किम्? राहुलः – मम नाम राहुलः। भवतः नाम किम्? रमेशः – मम नाम रमेशः। त्वं कुत्र गच्छसि? राहुलः – अहं पाठशालां गच्छामि।
प्रस्तुतीकरणमाध्यमः	संवाद को A4 पेज पर लिखकर उसे पीडीएफ् माध्यम से जी-ड्राईव लिंक https://forms.gle/1bTu26WwEfZQJY4W9 संकेत पर प्रेषित करें।
रूब्रिक्स	लेखनकौशलम्- 2 अङ्कौ , मौलिकता -2 अङ्कौ , प्रस्तुतीकरणम् – 1 अङ्कः = (5 अङ्काः)

FRENCH

1. INNOVATIVE PROJECT

TOPIC	"Ma Ville Idéale" (My Ideal City)
PROJECT/ACTIVITY	Write a descriptive paragraph about your ideal city, including: <ul style="list-style-type: none"> - Location and geography - Infrastructure (transportation, buildings, etc.) - Amenities (parks, museums, etc.) - Unique features
LEARNING OUTCOME/SKILL ENHANCED	<ul style="list-style-type: none"> - Learning Outcomes 1. Students will be able to use vocabulary related to city life and infrastructure. 2. Students will be able to describe their ideal city using the future tense. 3. Students will be able to use imperative and conditional tenses in context. 4. Students will demonstrate creativity and critical thinking skills. -Skills Enhanced 1. Writing skills (descriptive paragraph) 2. Speaking skills (presentation) 3. Critical thinking and problem-solving 4. Creativity and self-expression
RESOURCES (Online Links)	<ul style="list-style-type: none"> 1. French language textbooks and workbooks 2. Online resources (e.g., Duolingo, etc.) 3. Map of a city (real or imaginary) 4. Art supplies (markers, colored pencils, etc.)
MODE OF SUBMISSION	Offline (Project File)
RUBRICS	Originality -2 Presentation-2 Creativity -1

2. SUBJECT ENRICHMENT

SUBJECT	FRENCH
ASSESSMENT PARAMETER	SUBJECT ENRICHMENT
TOPIC	Digital Travel Brochure (<i>Brochure touristique</i>)
PROJECT/ACTIVITY	Create a brochure promoting a French city with key facts, attractions, and local foods.

LEARNING OUTCOME/SKILL ENHANCED	Canva, MS Word, photos, maps
RESOURCES (Online Links)	
MODE OF SUBMISSION	Printed or PDF brochure
RUBRICS	Content & Design (10 marks) <ul style="list-style-type: none"> • Language Accuracy (3) • Visual Design (2) • Relevance of Info (2) • Organization (2) • Creativity (1)

3. MULTIPLE ASSESSMENT

SUBJECT	FRENCH
ASSESSMENT PARAMETER	MULTIPLE ASSESSMENT
TOPIC	"Présente-toi !" - Introduce Yourself in French (Flipgrid Video Activity)
PROJECT/ACTIVITY	<ul style="list-style-type: none"> ▫ Students will record a 1-2 minute video on Flipgrid introducing themselves in French. ▫ The video should include: <ul style="list-style-type: none"> • Name (<i>Je m'appelle...</i>) • Age (<i>J'ai ... ans.</i>) • Nationality (<i>Je suis ...</i>) • Likes/Dislikes (<i>J'aime... / Je n'aime pas...</i>) • Favorite food or hobby (<i>Mon plat préféré est... / Mon passe-temps favori est...</i>) • A fun fact (<i>Un fait amusant sur moi est...</i>)
LEARNING OUTCOME/SKILL ENHANCED	Students will be able to introduce themselves in French using full sentences, including name, age, nationality, likes/dislikes, and a fun fact.
RESOURCES (Online Links)	FrenchPod101
MODE OF SUBMISSION	1-2 minute Flipgrid video submission
RUBRICS	Speaking & Presentation (10 marks) <ul style="list-style-type: none"> • Pronunciation (2) • Fluency (2) • Vocabulary Range (2) • Grammar Accuracy (2) • Creativity & Expression (2)