BAL BHARATI PUBLIC SCHOOL, DWARKA CO-SCHOLASTIC SYLLABUS 2025-26 CLASS I

GENERAL KNOWLEDGE

LEARNING OBJECTIVES

- 1.To inculcate in children the habit of exploring the latest happenings, events and current affairs.
- 2.To develop awareness of their surroundings and broaden their mental horizons.

| MONTH | COURSE CONTENT | |
|--------------------|--|--|
| APRIL AND MAY | Our friends -Animals and plants | |
| JULY | Entertainment | |
| AUGUST | My Country India | |
| SEPTEMBER | Playful Sports and Games | |
| OCTOBER | Informtion technology, Tales and Texts | |
| NOVEMBER | Tales and Text (contd), Science Wonders | |
| DECEMBER | Our Surroundings | |
| JANUARY | Mother Nature | |
| FEBRUARY | World around Us | |
| ASSESSMENT TERM I | Continuous assessment during regular classes | |
| ASSESSMENT TERM II | Continuous assessment during regular classes | |

SUGGESTIONS TO PARENTS:

- 1. Children should be encouraged to read good books and newspapers.
- 2. Children should be encouraged to participate in quiz, debates, extempore etc.

LIFE SKILLS

LEARNING OBJECTIVES

- 1.To inculcate the value of empathy fairness, responsibility and courage in children.
- 2. To help children distinguish betweenwhat to stand for and what to stand against.

| MONTH | COURSE CONTENT |
|------------|----------------|
| 1111011111 | COOKSE CONTENT |

| APRIL | Likes and Dislikes,,Growing up | |
|-----------|--------------------------------|--|
| MAY | Touches and Looks | |
| JULY | Body Ownership | |
| AUGUST | Rules for Safety | |
| SEPTEMBER | Private Parts, Feelings | |
| OCTOBER | Secrets, Telling | |
| NOVEMBER | Its not your fault, Strangers | |
| DECEMBER | Emergency | |
| JANUARY | Trusted Grown-ups | |
| FEBRUARY | Child's Info | |
| | | |

- 1. Encourage your children to read different books based on value education.
- 2. Appreciate, encourage and reinforce positive behaviour.

COMPUTER SCIENCE & ARTIFICIAL INTELLIGENCE

LEARNING OBJECTIVES

- 1. Familiarization with computer parts and functions
- 2. Basic Digital literacy
- 3. Introduction to Al
- 4. Introduction to safe technology usage
- 5. Introduction to block coding through Scratch J

| MONTH | COMPUTER SCIENCE | ARTIFICIAL |
|-----------|-------------------------------|--|
| | | INTELLIGENCE |
| APRIL-MAY | Computer a Magic Machine | Demonstrate an Al-powered voice |
| | | assistant answering questions |
| JULY | Computer - Its Parts and Uses | Demonstrate an Al-powered Voice |
| | | Assistant |
| AUGUST | The Keyboard and the Mouse | Use an Al-based typing tool that gives |
| | | real-time feedback on key presses. |
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1. Encourage the children to practice and revise the chapter related concepts taught in school.

<u>ART</u>

LEARNING OBJECTIVES

- 1. To enable the students to understand themes and how colours are used to express feelings.
- 2. To develop, in the student, an understanding of art and craft in a variety of contexts.

| MONTH | COURSE CONTENT |
|---------------|---|
| APRIL AND MAY | Wonder Colours(page 4), Beat the heat(page5), Snowy Mountains(page 6), Happy |
| | Mothers Day (pages 28-30) |
| JULY | Flying kites(page 8), Complete half(page 9), Isabella the princess(page 10,Blooming |
| | flower page 10 |
| AUGUST | Slimy snail (page 11), Independence Day (page 12), Mass fishing(page 13), Birds palace |
| SEPTEMBER | Msass fishing(page 15),Krishna Janamashtami(page 16),Dinosaur Safari(page |
| | 17),Colourful parrots(page 18) |
| OCTOBER | Paper fun(page 19), Leafy Meal (page 20), Bouncy Bear(page 21), Happy Diwali (page 26) |

| NOVEMBER | Walt Disney(page 22), Water Queen fish(page 23), Fluttering Butterfly (page 24) |
|--------------------|---|
| DECEMBER | Dancing Peacock (page 25), Artistic Flower (page 27), Happy Kids(page 7) |
| JANUARY | Pasta Reindeer (page 31), Tiny Fish (page 32), Pigeon (page 33) |
| FEBRUARY | Auto Octopus (page 34), Happy Holi (page 35), Hungry Birds (page 36), Rainbow (page |
| | 37), Beyond the frame (page 38) |
| ASSESSMENT TERM I | On the basis of work done during the class. |
| ASSESSMENT TERM II | On the basis of work done during the class. |

WESTERN DANCE

LEARNING OBJECTIVES:

- 1. To develop stamina and physical skills
- 2. To help children learn the technique and skill involved in dance.

| MONTH | COURSE CONTENT |
|--------------------|--|
| APRIL | Western Free Style Dance (2)(Jazz basics) |
| MAY | Western Free Style dance follow ups on random songs |
| JULY | Independence Day practice |
| AUGUST | Patriotic Dance |
| SEPTEMBER | Theme based dance, Project show |
| OCTOBER | Practice of previous dances |
| NOVEMBER | Dance practice for winter carnival |
| DECEMBER | Aerobics warm ups and free style dance follow ups |
| JANUARY | One Jazz dance routine |
| FEBRUARY | Practice of all the dances |
| ASSESSMENT TERM I | Grading according to their performance during the class. |
| ASSESSMENT TERM II | Grading according to their performance during the class. |

CLASSICAL DANCE

| MONTHS | COURSE CONTENT |
|--------|-----------------|
| APRIL | Mudras |
| MAY | Classical dance |
| JULY | Patriotic Dance |

| AUGUST | Patriotic dance ,Folk dance |
|--------------------|--|
| SEPTEMBER | International dance |
| OCTOBER | International dance |
| NOVEMBER | Dance practice for winter carnival |
| DECEMBER | Folk dance |
| JANUARY | Folk dance |
| FEBRUARY | Practice of all the dance items, shlokas and steps |
| ASSESSMENT TERM I | Grading according to their performance during the class. |
| ASSESSMENT TERM II | Grading according to their performance during the class. |

- 1. Parents should encourage children to watch western and classical dance styles and help them practice.
- 2. Parents should encourage children to take part in dance activities conducted by the

WESTERN MUSIC

1. To enable the students to grasp the basic element of music through simple exercises on rhythm.

| MONTHS | COURSE CONTENT |
|--------------------|--|
| APRIL | Introduction to western music and it's origin |
| MAY | Peace prayer, song-We shall over come |
| JULY | Vocal exercises through vowels, C major scale |
| AUGUST | Contemporary singing style, techniques, forms |
| SEPTEMBER | Contemporary singing style, techniques, forms |
| OCTOBER | Warm up session and revision |
| NOVEMBER | Imagine by John Elton |
| DECEMBER | Christmas Carol, It's Christmas time |
| JANUARY | Warm up session and revision |
| FEBRUARY | Vocal exercises with lip roll |
| ASSESSMENT TERM I | Grading according to their performance during the class. |
| ASSESSMENT TERM II | Grading according to their performance during the class. |

- 1. Parents should create a musical environment at home.
- 2. Parents should sing along with their children so as to motivate them.

PHYSICAL EDUCATION

LEARNING OBJECTIVES:

- 1. To make the students healthy and active.
- 2. To improve the fitness level of students by exercises.

| MONTH | COURSE CONTENT |
|--------------------|---|
| APRIL | Spoon and lemon race |
| MAY | Fun with Skipping |
| JULY | Rainbow Cone Race, Freeze Dance Fun |
| AUGUST | Balloon Balance, Animal Walk Parade |
| SEPTEMBER | Cone and Scoop Balance, Frog Island Hop |
| OCTOBER | Bunny Walk |
| NOVEMBER | Hoopla Fun |
| DECEMBER | Get Fit-Stay Fit (Aerobics) |
| JANUARY | Skip and through |
| FEBRUARY | Fun with Frisbee |
| ASSESSMENT TERM I | On the basis of their performance and participation |
| ASSESSMENT TERM II | On the basis of their performance and participation |

WORK EXPERIENCE

- 1. To enable the students to discover their natural talent and to make them creatively inclined.
- 2. To enable the students to thinkbeyond the textbooks and develop an artistic eye.

RHYTHM AND HUES

| MONTH | COURSE CONTENT |
|---------------|----------------|
| APRIL AND MAY | Greetings |
| JULY | Habits |
| AUGUST | Good Manners |

| SEPTEMBER | Make a Wish |
|--------------------|--|
| OCTOBER | My Friend, My Buddy |
| NOVEMBER | Pictionary |
| DECEMBER | Tell a Tale |
| JANUARY | I sense |
| FEBRUARY | Role Play |
| ASSESSMENT TERM I | Assessment on the basis of work done during the class. |
| ASSESSMENT TERM II | Assessment on the basis of work done during the class |